

THURSDAY, AUGUST 24 1916

FOLKS NEED A LOT OF LOVING

Folks need a lot of loving in the morning. The day is all before them, with every hour...

BE TRIVE FOR CHARACTER MATTER THAN REPUTATION

It is to be regretted that our attention should be so largely occupied with the external, with making a good impression...

Children Cry FOR FLETCHER'S CASTORIA

Wholesome and palatable, Mother Graces. When a child is unwell, it is difficult to get it to eat...

Was Troubled With CONSTIPATION FOR OVER FIVE YEARS.

Unless one has a free action of the bowels, at least once a day, constipation is liable to cause, then in the case of constipation...

Probably the strangest mine in the world is to be found in Pennsylvania. It is an iron mine, which freezes in the summer and flows in winter...

Unable to Sleep Or Do Any Work. SUFFERED FROM HER NERVES.

Mrs. Thomas Harris, 8 Corigan St., Kingston, Ont., writes: "I had been a constant sufferer, for many years, with my nerves, and was unable to sleep at night, or do any work through the day..."

CASTORIA For Infants and Children In Use For Over 30 Years.

Women plus for faith to man but not always with a satisfactory result. Happiness often consists in a judicious choice of the things to be forgotten.

NO ALUM MAGIC BAKING POWDER CONTAINS NO ALUM

THE MARKETS

CHINA AND INDUSTRY. TORONTO, Aug. 23.—Yesterday's Board of Trade official market quotations: Manitoba Wheat (Track, Day Port)...

WINNIPEG GRAIN MARKET.

WINNIPEG, Aug. 23.—A tremendous amount of grain is being shipped from the local market...

LIVESTOCK MARKET.

LIVESTOCK MARKET. TORONTO, Aug. 23.—Receipts at live stock at the Union Stock Yards yesterday consisted of 194 cars...

CATTLE MARKET.

CATTLE MARKET. BUTCHER CATTLE. Choice heavy steers, \$12.50 to \$13.75; good heavy steers, \$11.50 to \$12.50...

CHICAGO LIVE STOCK.

CHICAGO, Aug. 23.—Cattle—Receipts 12,000; market heavy, \$11.50 to \$12.50; market medium, \$10.50 to \$11.50...

HOW TO KEEP WELL BY JOHN W. S. McCULLOUGH, M.D., D.P.M., CHIEF OFFICER OF THE PROVINCIAL BOARD OF HEALTH.

THIS IS A DISEASE of the lungs caused by a germ known as the bacillus tuberculosis. This germ causes, in addition to tuberculosis of the lungs or consumption, many forms of tuberculous disease...

Medical Officer of Health, A.C.C., Ottawa. Q.—Why cannot a municipal council dissolve its M.O.H. if the majority of the Council so desire?

A ROAD MADE OF LEAVES

In most parts of the world leaves would be considered a very poor material for making roads, but in some countries they are used with great success...

Children Cry FOR FLETCHER'S CASTORIA

WHEN USING WILSON'S FLY PADS

A Woman's Problem - The Change of Life is a most critical period of a woman's existence, and neglect of health at this time invites disease and pain...

How to Feel Well During Middle Life Told by Three Women Who Learned from Experience.

Philadelphia, Pa.—"I started the Change of Life five years ago. I always had a headache and headache with bearing down pains and I would have faint fits very bad at times with dizzy spells and nervous feelings..."

Vegetable Compound, for nervousness and dyspepsia, when I was going through the Change of Life. I found it very helpful and I have since spoken of it to other women who suffer as I did...

TOBACCO GROWING.

Handsome Returns Have Been Secured in Southern Ontario. Many are the Ontario farmers who have never seen a field of tobacco and many do not care if they never do see one...

CUPPY FILING UP.

Value of Ontario Ore is Three Months Increase Five Millions. An increase in the production of silver in the Ontario district...

Wool Firms on its Merits.—The untold popularity of the Thomas Electric Oil Lamp is not attributable to any slight or advertising, for it has not been sold in the country...

South Africa as a Market.

Mr. W. J. Mann, Trade Commissioner, Cape Town, has forwarded the following information to the department of the estimated expenditure of the South African railways and harbors for 1916-17...

ROAD KIDNEY TROUBLE FOR SEVERAL MONTHS BOAN'S KIDNEY PILLS. CURED HIM.

Mr. Fred Stevens, Raymond, Alta., writes: "I am writing to bear my testimony of your wonderful medicine. I had suffered for several months with kidney trouble..."

Heavily, Mass.—"I took Lydia E. Pinkham's Compound, for nervousness and dyspepsia, when I was going through the Change of Life. I found it very helpful and I have since spoken of it to other women who suffer as I did..."

CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Watson. In Use For Over Thirty Years CASTORIA

Scenic River Cruise 100 Mile Daylight Round Trip to Wallaceburg

ACTON LIVERY AND BUS LINE

EMPIRE BUSINESS COLLEGE The Only College in Canada teaching all Typewriter Keyboards. SIX MONTH'S COURSE DAY \$40, NIGHT \$20

M. Saxe's Store News THIS WEEK Special Sale of Boots and Shoes.

Acton Creamery This is a permanent business. We have a well-equipped creamery. It is profitable to us and will be continued without interruption.

You Don't Have To! R. E. NELSON

THE GRAND TRUNK RAILWAY

Reduce the Cost of Living Put up lots of Fresh Fruits WE SELL GRANULATED AND ICING SUGARS AND EVERYTHING IN GROCERIES

ELLIOTT Business College

ACTON LIVERY AND BUS LINE

JONES ENGRAVING CO

BOOTS, SHOES & RUBBERS

W. WILLIAMS Mill Street Acton

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