

IT DOESN'T PAY

It doesn't pay to frown! When you're frowning...

AIR

Air has no color. In summer air is lighter than it is in winter.

WHEN BUYING YEAST INSIST ON HAVING THIS PACKAGE



DECLINE SUBSTITUTES

A wise parent doesn't discuss other people's failings before the children.

CHILDREN'S EVIL HUMOR

Unlucky Infants Whose Parents Label Them for Life.

HOW TO KEEP WELL

BY JOHN W.S. McCULLOUGH, M.D., D.V.M., CHIEF OFFICER OF THE PROVINCIAL BOARD OF HEALTH.

THERE are five chief ways in which disease spreads. These are: Water, Food, Milk, and Contact.

Food frequently carries disease because it becomes contaminated with germs...

SOME GIBBER HYSTERIA

The Anecdote of How a Sentimental...

Explains the "Telegraph." The death of that accomplished woman, Lady Gellie...

CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J.C. Williams.

THE GRAND TRUNK RAILWAY

Passenger Service. The following is a list of the passenger trains...

Reduce the Cost of Living. Put up lots of Strawberries. WE SELL GRANULATED AND ICING SUGARS.

SUMMER SESSION. Now open in Shaw's Business Schools, Toronto, continues until August 26th.

ACTON LIVERY AND BUS LING. Having purchased the livery and goodwill of the business from Mr. A. McCann...

The Merchants Bank OF CANADA. CAPITAL PAID UP - \$1,000,000. RESERVE FUNDS AND UNDIVIDED PROFITS - \$750,000.

EMPIRE BUSINESS COLLEGE. The only College in Canada teaching all Typewriter Keyboards. SIX MONTH'S COURSE DAY \$40, NIGHT \$20.

UNDERWEAR. Delpark, Balbriggan, and fine wool in 2-piece suits and combinations, priced .50 to \$2.00.

Notice to Farmers NEW DAIRY IN ACTON. Saxe & Rubinfoff. Have opened a wholesale Cream Dairy Business in Acton.

ELLIOTT Business College. Young and Charles Streets, Toronto, Ontario.

BOOTS, SHOES & RUBBERS. All Lines of Footwear at Bargain Prices.

W. WILLIAMS Mill Street Acton.

CEMENT. K. COOPER, ACTON, CEMENT CONTRACTOR for Bridges, Silos, Walks, Floors, Walls etc.

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Very nearly the whole of the air is composed of two gases only—oxygen (four-fifths) and nitrogen (one-fifth).

WOULD HE DUCK? An inspector was visiting a country school. He was asking some of the children questions.

LAD KIDNEY TROUBLE FOR SEVERAL MONTHS DOAN'S KIDNEY PILLS CURED HIM.

BARNHILL ANATOMY. The former big league baseball manager, who had been canned because the team finished last as usual...

HELPFUL HINTS. An envelope with the corner cut off is handy to fill your salt and pepper boxes.

CHILDREN CRY FOR FLETCHER'S CASTORIA. Miller's Worm Powder will drive worms from the system without injury to the child.

WHY THOMAS? "Why is it that the telephone operator is so all women?" Mrs. Thomas asked her husband.

Was Troubled With CONSTIPATION FOR OVER FIVE YEARS. Unless one has a free action of the bowels, at least once a day, constipation is sure to ensue...

Children Cry FOR FLETCHER'S CASTORIA. The schoolmaster possessed a very short temper and became extremely irritable when not obeyed at once.

DRIVE ANTHONY BEFORE IT. The smoke of vapor from Dr. J. D. Kellogg's Asthma Remedy gives asthma no chance to linger.

GET DIARRHOEA FROM DRINKING BAD WATER. People moving from one place to another are very subject to diarrhoea on account of the change of water, change of climate, change of diet, and what not.

UNABLE TO SLEEP OR DO ANY WORK. SUFFERED FROM NERVOUSNESS. Mrs. Thomas Harris, 8 Corvair St., Kingston, Ont., writes: "I had been a constant sufferer from nervousness and was unable to sleep at night or do any work through the day."

Notice to Farmers NEW DAIRY IN ACTON. Saxe & Rubinfoff. Cream cans will be supplied to all farmers desiring to supply cream and cans will be paid upon delivery daily for all cream delivered.