It is easy enough to be pleasant When life flows by like a song. But the man worth while is one who will When everything goes dead wrong. For the test of the heart is trouble,

And it always comes with the years, And the smile that is worth the profess of Is the soille that chines through tears.

When nothing tempts you to stray, When without or within no volce of sin Is laring your soul away : But it's only a negative virtue Until it is tried by fire,

It is easy enough to be prodent,

Is the one that resists desire.

And the life that is worth the honor

By the cyale, the sail, the fallen, Who had no strongth for the strife, The world's highway is combored to-day, They make up the sum of life. But the virtue that conquers passion.
And the serves that lides in a smile,

It is these that are worth the homege For we find thent but once in a while. -Ella Wheeler Wilcox.

## WHY HE CHOSE THE PARSIES

A very pretty story concerning President McKinley is told by the Washington correspondent of the Philadelphia Record In the course of a year many autograph alluma are sent to the President for his algusture and the request is almost invarlably prouted.

One album faid before the President contained the picture of a flower on every this care the Provident did not follow usual custom of putting his name on the first page, as he is expected to do. slowly turned over the large until caus to a bunch of pundos in the middle of the book

The pancy is Mrs. McKinley's flower and the President smiled when he under the picture this southwent : You cannot guasa the power

Of a shaple little flower. He took his non and wrote under "William McKinley," and sont the allum back to the owner, who if the little story and the continient attached conce to her will find an added pleasure and significance la the acquisition.

### Children Cry FOR FLETCHER'S CASTORIA

Bomo mon are always getting larry ; for but they don't keep busy. There is nothing hyperitical about the wagging of a dog's tail.

Wise is the man who knows what not say-then docan't say it. We naturally refuse to believe that

people who praise us are liars. We know from experience how good man feels after paying his debta.

It's caster for love to find the way that it is for dad to pay the bills. No man wants his wife to know every-

thing he knows about himself. There are no to-morrows on the calenda of the clup who does things. Some mon borrow trouble because they

have heard that it drives men todrink Occasionally a mandosen't show but test in drewing because he can't afford it. The casical way not to settle an arge

ment is to get two woman interested in I CASTORIA For Infants and Children.

The Kind You Have Always Bought

Cun not be done any better unywhere prices are right. If you require anything in the printing line, from a visiting can't to a paniphlet let us have youronler.

HOW TO LIVE TO BE 100 I. Eight hours' sleep every night.

2. Bleep on your right side. 3. Keep your bodroom window open. 4. Have a mat at your bedroom door. 5. Keep your hed away from the wall

a. No cold bath in the morning but hath at the temperature of the body. 7. Exercise before brookfast.

2. Lat little meat and be sure that it well conked. ft. Drink no milk. This applies to adults

10. Eat plenty of fat to food the colls which dastroy discuss germs, 11. Avoid intoxicants which destroy the

cells that combat discour. 12. Allow no pot animals in your living

rooms as they carry disease germs. 13. Live in the country if you can.

14. Watch the three D's-drinking water damp and drains. 18. Have change of coougation. 16, Take frequent and short holidays.

17, Limit your ambition.

18. Keep your tentiur.

### Children Cry FOR FLETCHER'S CASTORIA

WORLD GETTING BETTER It has been my opportunity during the past twenty years to make three extended fourneys around the world, and in addition to visit many nations more frequently. This has onabled me to observe changes and tendencies and also to get a line as it were on world situations. In the light of these repeated journeys and investigation ! on every hand signs are multiplying that

### TACTPUL REMARK

show the world is gotting better-John It.

Mrs. Yatleigh, a lady who did not belie ber name, got thirsty during a social enter talmment, and smilingly mentioned the fact to a group of young mon standing near her chair. There was a rath to supply he want, and the young minn who roughed her first with a glass of water she complimented on his quickoess."

"Oh, that's nothing," he replied lightly. "I am used to it. - I got into many a circus and menagerie when I was a boy by carry ing water to the clephant."

you know-"

Don't bother me."

"Why Minuria, its too while to go out through any opening we've got !" "I know, it Gerald," quietly responded ble wife. "That was what I was trying to tell you.

# Was Badly Nerve Pills Built

Mrs. Frank Blough, Barnle, Ont., writes:-"I embrace the opportunity to write you saying that I have used Milburn's Heart and Nerve Pills, and found them very helpful to me. I was very badly run down, and was taking doctor medicine. My son, out West, wrote me saying, 'Motherl you use the Milburn's Heart and Nerve Pills, they will he better for you than doctor's medicine.'
This I did with good results. I often recommend them to other people. My doctor tild not know I was tusing them, he used to say 'Why! I hever saw any one's heart gain up like yours has. You do not need any more medicine."

Miliburn's Heart and Nerve Pills are 80c. per box, 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited,

Nearly all children are subject to worms and many are horn with them. Span them suffering by using Mother Graves Worm Exterminator, the best rensely of the kind that can be had.

Money makes the mare go and the ghost

An ounce of charity is letter than & to: Talk is cheap-unious you hire a lawyer to hand It out.

Perhaps our cross is nothing more than a not of principles which it would be wel for every consumer to practice. Real them and then adopt them as your very

First .- I do not patronize the mail order system because it is selfish and greedy and for the reason that I buy at home, where my interests are. Second.-If this community is goo

ought to be good enough for my family and I to buy our necessarios in. Third .- I will not take the word of the mail order house for its goods, as I want to

what I pay for. Fourth.-I do not patronise the mail order houses because they demand cash in sulvance, and when I am "broke" and sick

and need supplies my homedealer is willing Fifth.-I patronise the home dealer

case of error is willing to rectify. Sixth -I patronize the home merchant because I helieve a man ought to spend his money in the community in which be bled with such allsarna it.

chant because I believe the man who sells what he produces and buys what he needs at home cannot be injured by deceptive catalogue pictures or alleged largains. Eighth. -I do not patronise the mail order houses because they frequently sol damaged and fulerior goods, which it avults a man nothing to attempt to ex-

that is unsatisfactory. criter house in a distant city because the can teatify to its value as a lubricant. local merchants help to support the public solools where I soul my children, and the churches and the dependent poor in my

Tentle -I patronize the local moreliant because he does not try to trick me into buying "cheap" goods, which because of their defectiveness prove to be expensive. and further, because should ill lack or bereavement come my way my local dealer would not only prove that he was neighbor and a friend; but a man, with a man's hourt and a man's Inclination to do good; not a soutless corporation like the mail order system, whose only instinct is

grood and a further desire for gain. Let all citizens follow this creed and they will be blessed with happy house and a happy life. They will prosper financially and at the same time improve their moral standard. Do for your neighbor what you would like him to do for your then you ure tiolog your full duty to yourself and all mankind

Moral . Buy and sell at home.

HE TIKED CHICKEN A patient in the hopeltal had been kep low diet for a couple of weaks, un have no healtation whatever in stating that | naturally he longed for a square meal. One morning the doctor found him much hotter that it seemed his appetite | whose rest would otherwise be broken.

could at last be safely appeared. "Do you think you could out a eliloken to-lay, Tim I' nakul the dector. "Faith, un' ol could, sor," esgerly reonded the patient.

And what would you like to have it stuff al with you queried the dector. "If it's all the same t' you," answere fim, "ol'd lolk t' have it athuffed with

other chicken, sor,"

Ohildren Ory FOR FLETCHER'S CASTORIA

### HIS LABOR LOST

Mr. und Mrs. Blatable Bood in an upart ment house, but us theirs was the lower that they exercised a sort of augurvision over the little lawn to front. One morning Mrs Histable found her husband in the rear of the building, engaged in strapping the lawn mower on the handlebar of libs

"Why Clorald, how ridloulous ! Don't "It isn't ridiculous at all," he retorted. "I've carried hoavler weights than this."

"But-" "I know what I am doing, Miranda. Hho said nothing more. With a vast amount of work he succorded at last in tying and strapping the implement across his bleyele and started to trustle the

nutchine out to the road. Then he made a discovery.

# Down. Milburn's Heart and

Her Up.

Why suffer from come when they can painlessly rooted out by using Holloway's

A BUSINESS CREED

see what I am buying, and I want to get

because he stands back of his goods and in

Seventh .- I patronize the home mer

and beld in strict confidence. The Oil for the Athlete.-In rubbing

There are more ways than one for woman to have her way.

# Coughed Almost All Night

### With That Dry Tickling Sensation in the Throat.

A had cough; accompanied by that distressing, tickling sensation in the

throat is most aggravating. Dr. Wood's Norway Pine Syrup beals the mucous surfaces, relieves oppression and tightness of the chest, removes accumulated mucous or phlegm, quites even the most obstinate and distressing coughs, securing sleep and rest at night, not only to the sufferer, but to others Mrs. Duel Marshall, Basswood Aldge,

N.B., writes:—"Just a few lines to let you know what Dr. Wood's Norway Pine Syrup did for me. I took a nevero cold, coughed almost all night with that dry, tickling sensation in my throat. The first bottle did me so much good, I thought I would try a second one, which I am pleased to may resulted in a complete cure. I can strongly recommend it to any one suffering from a cough or any

The price of Dr. Wood's Norway Pine Syrup is 25c. a bottle; the large family size, 50c. three pine trees the trade mark, and is manufactured only by The T. Milburn Co., Educate, Toronto, Oct.

For Infants and Children.

**Nothers Know That Genuine Castoria** The Proprietary or Photoal Hediciache Alerie lable Preparation for is-uim lating the jond and Regula-ling the Slamacht and Bounts of Always Bears the INFANTS CHILDREN Promotes Digestion Chestid ness and lest Contains peles Opium Morphine nor Horral With Wall Betracker Aperical Remark for Counting Hors. Sour Stonach Discrines. Worms. Conventions. Frentsk For Over head and LOSS OF SLEEP

Thirty Years

COULDN'Y FOOL HIM The farmer had bought a pair of shoes in

GIM PILLS Brought Rallet

I heard of your GIN PILLS and decided to give them a trial at once.

THE REASON WHY

One of the most noteworthy character-

istics of the Jewish race, which disprove

Otrlylo's assertion that Jows are lacking to

the "Carpenter" in the London Express.

Indeed, they are the inventors of most

"Jow" stories, and the bost audience for

them. The other evening a Jewish friend,

the story of a co-religionist who was en

when you back horses ?" "Well, my dear,"

came the gental reply, "I don't shuftle the

seelingly lucky at cards, but very on

fortunate on the turf. His wife wordered

a cense of humour, is their capacity for en-

BID CASTLUMAN.

Larder Lake, Ont., March 26th.

WHY HIS DAD OBJECTED Young Harold was late in attendance for Suntay-Holool, and the minister inquired the ofty shore the cause. "I was going fishing, but "Now, can't I sell you a pair of shoe father would not let me," unnounced the room?" suggested the clerk. lad. "That's the right kind of a father to "Bon't git frosh with me, somy!" replied the farmer, bristling up. "I don't have," replied the rov. gentleman. be explain the reason why he would not let believe shoes kin be raised on trees any you goy" "Yes, sir. He said there wasn't more's I believe rubbers grow on rubber alt obough for two." troce, or cysters on cyster plants, l'grash!

NOT NARCOTIC.

Yat Simbe Signiture of

al Hate

THE CENTAUR CONDAIN.

MONTREALL NEW YORK

Ath months old

Heart Copy of Wrapper.

15 Dust's - 35 Crats

### DOCTORS DID HIS BLADDER WAS NOT HELP HER TERRIBLY INFLAMED

But Lydia E. Pinkham's Vegetable Compound Restored Mrs. Bradley's Health-

Her Own Statement Winnipeg, Canada .- "Eleven years ago I went to the Victoria Hospital, Montreal, suffering with a growth. The doctors said it was a tumor and could not be removed as it would cause instant death. They found that my organs were affected, and said I could not live more than six months in the condition I was in. "After I came home I saw your silver-

tisement in the paper, and commenced taking Lydia E. Pinkham's Vegetable Compound. I took it constantly for two years, and still take it at times, and both my husband and myself claim that it was the means of saving my life. highly recommend it to suffering Women."-Mrs. ORILLA BRADLEY, 284 Johnson Ave., Winniper, Manitoba, Can. Why will women take chances or drag

out a sickly, half-hearted existence, missing three-fourths of the joy of living, when they can find health in Lydia E. Pinkham's Vegeta-For thirty years it has been the stan- V dard remedy for female ills, and has restored the health of fa thousands of women

who have been trou- (d) ments as displacements, inflammation ulceration, tumore, irregularities, oto If you want apecial advice write to Lydia E. Pinkham Medidine Co. (confidential) Lynn Mass. Your letter will be opened read and answered by a woman,

change. But the man I patronize-the down, the athlete, can find nothing finer home merchant, the man who helps to pay then Dr. Thomas Eclectric Oil. It renders the town, the county and the state tax- the muscles and shows pliable, takes the will exchange any article I buy from him scremes out of them and strengthous them. for strains that may be put upon them. It Ninth .- I spend my money with my stands pre-eminent for this purpose, and home merchant in preference to some mall athletes who for years have been using it ! A lisalthy man can afford to take

# With

Weak back is caused by weak kidneys, and it is hard for a woman to look after her household duties when ahe is suffering from a weak and aching back, for no woman can be strong and well when the kidneys are out of order.

Doan's Kidney Pills go right to the stat of the trouble, cure the week, aching back, and prevent any and all of the serious kidney troubles which are liable to become deep rooted into the system if not attended to at once. Mrs. Augustus Jinks, Demorestville,

Out., writes:—"For several years I had been troubled with weak back and kidneys. I had terrible dissy headaches, and could not aleep at night. A friend of mine asked me to try Doan's Kidney Pills, and I did so, and in a short Doan's Kidney Pills are 50c. per box, 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont, If ordering direct specify "Doan's."

SOBRIETY

It is commonly salt that one sees un drunkonness in Germany, and toor lagiven the croilt. But when facts are obtained from balilud the seenes, the view is not se favorable. According to statistics compiled by Johannes Loonhart, M. D., in seventy out of each one hundred convictions in Berlin the offence was found to laye been committed during intexication. In Charlottenburg, in 1904, one case in every five received in the hospitals was alcoholic. Kell spouds annually about \$300,000 for poverty, and a full third has been due to

Worms in children work havec. These surfaces. Miller's Worm Powelors will not only exterminate these worms, of whatever variety, but will serve to repair the injury 

### THE GAME OF FIRST AID.

Contests to Davelop Skill in Treating Mine Acaident Victims. A new kind of contest of skill that line its great open nir tournaments, its competing teams, its cups and. Its champions and even perhaps its bitter rivalries and partisan loyalty bets line swept over the cost mining sections of

practically unboard of in large furts of the country. First nid is the name of the new sport, the compelling teams demon strating their knowledge of how to most emergencies of accidents in cont

the United States in the past two

years, though up to the present it is

minos. Bets of rules linve been generally ngreed on and officially promulgated by a untional organization, so a toum from New Mexico could compete with the champion team of some l'empylvania district, for instance, and know the conditions to be met as well as n western football tenm knows the conditions to be met in a game with an eastern college.

Each feam consists of a captain and four men and usually another man for subject. At the tournaments each team, in turn, shows how it would meet some accident described by the judges.

At a recont New Mexico contest, for

sageway with toose rock. some tome logs, and with strings to mark the walls and roof of the pussageway. - Haturday Evening Post

### ANTARCTIC FORESTS.

King Edward's Land way beyond the

The coal was found by Communder Evans among the little bundle of foralls which Captain Boott and his three companions dragged through the bliggard with their other baggage on that memorable return journey which coat them their lives. The few thry fragments, under the light of science.

If it is true, as these specimens strongly indicate, that there is coul at the south pole. It follows that at some remote period there, must have been forests growing in this frozen, ice cov-"I had been suffering for some time with my Kidneys and Urine. I was constantly passing water, which was very scanty, sometimes as many as thirty times a day. Each time the pain was something awful, and no rest at and land. Stored up in the little bits of coal to the heat from a tropleal auu which ages ago should over the bills and fertile valleys of King Edward's Land, now a devolate ice waste-Lon-Cor. Philiadelphia Ledger.

Paper Cannone Now. London Tit-libs describes a project for the most remarkable of all uses of

I sent my chum 60 miles to get them and I am pleased to inform you that in less than six hours, I felt relief.

In two days, the pain had left me entirely. I took about half a box and paper-as a unbatitute for steel to s certain kind of cannon. The fumous Krupp works to Gertoday I feel as well as ever and my many have alroady manufactured kidneys are acting quito natural again. field ploces designed for the special GIN PILLS soothe the irritated bladder-heal the sick, weak, painful use of infantry. Their cullber is a kidneys—and atrengthen both these vital organs. Money back if they fail.

50c. a box, 6 for \$2.50. Hample free if you write National Drug and Chemical Co., of Canada, Limited, Toronto. 170 little less than two luches, and they are so light that a soldier can easily carry one. The advantages of that faseem, the resistance of these paper

plocos of the same caliber. to supplant those made of steel. They are merely for use in situations where

Medal of Panama Locks. with whom I was playing rook, told me | electric switchboard, which is cloverly and complained: "Why is it you always win at poker," she saked, "and always lose

> Carban Has Been Maltad. line melted carbon. He inclosed a lurge are light-formed of two carbon exhausted the atr. By using a powerful electric current he produced such a lieut that drope formed at the tipe of the carlsons. It has been augusted that in this he has shown the way to

and increase the strength.

after results. Mr. Henry P. White, Surretteville, N.B., writen: "I have been troubled

If you have had a hard winter. Na-Dru-Co Tastoless Preparation of God Liver Oil will help you to recuperate quickly and avoid the coughs and coldsee prevalent during

the changeable spring weather. In this preparation the nutritive and curative properties of the best Horwegian Cod Liver Oll pre combined with Hypophosphites. Cherry Bark and Malt Extract In a form that is really pleasant to take and easily digested oven by the

most delicate. NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED.

standard.

this locality".

Instance, ouch team was told to procovd on the manusption that a fall of rock in a mine had broken the leg of a wilner and had nearly filled the pay-The subject represented the injured influer, and each team gave the proper Brat aid for a fractured thigh, improvised a stretcher and carried him to unfety through the low passageway over the fullon rock, represented by

The Frigid Bauth Pole Once Burned Probably the most interesting of the Brott autarette expedition specimens which have just been placed in the Kntural History museum at South Konsington, are the few places of con! found by Captain Scott's party in lutitude 85 degrees, in the middle of the frees plateau that stretches from

tell a wonderful story.

some of these paper cannon. They are cility of transportation are, of course, tremsudous. And, strange as it may

guns is greater than that of steel field The paper cannon are not intended the movement of heavy flaid artillery

joying a joke at their own expense, says would be impracticable. Operation of the locks of the Pansma canal will be controlled from an designed as a reproduction in minis ure of the locks themselves. There are ludicating devices to show the poaltion of the valves, lock gutes, chains and water levels in the various lock chambers. Hy a system of mechanical futerlocking human errors of manipu lation are minimized, if not entirely prevented. Hed and green lights on the models show whother the gates are open or closed, and the water level te fullented by a pointer which travels up and down over a graduated scale

board .- Englusering Hecord. Folling the Counterfalten To foll the most skillful counterfeltor a method to now below adopted for outmying hanknotes and bonds with weeret design concented in the wavy tine lines of the geometrical designs. The firm or the hank interested has a screen, which is placed over any bond or note in question, and if the bond is genulus the design then appears clear-ly, but no one without this screen can

flui the design.-Exchange. Professor Otto Lummer of Breslay nuls—fo a licavy glass container and make diamonds.

# INDIGESTION

For Over Ten Years.

Weakening the body will never remove dyspepala or indigestion, on the con-trary, all efforts should be to maintain Burdock Blood Bitters will do this, and at the same time enable you to partake of all the wholesome food re-quired, without fear of any unpleasant

Worms in children work havee. These with Indigestion for more than ten years; peats attack the toucker linking of the interest tried several doctors, and different tines and, if left to pursue their ravages medicines, but all without success, undisturbed, will ultimately perferate the by Burdock Blood Bitters, I decided by Burdock Blood Bitters, I decided to give it a trial. I have taken and variety that elling to and food upon interior | bottle, and I feel that I am cured at lust. I can now do the same hard work I could before I was taken sick."
Burdock Blood Bitters is manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

### The Wonderful Spring Tonic

XXXXVNE COUNTY, MICHIGAN, WHERE

Roads have been built in the past six years,

during which time nearly every method of

road construction has been tested, now comes

out flat-footed and adopts concrete as the road

The story is best told in the following para-

graph which has been taken from the latest

report of the Board of County Road Com-

"With the completion of Plymouth Road,

we have abandoned every other form of con-

struction and have adopted concrete as our

standard. We feel that our experience of the

past six years warrants us in arriving at this

determination, based on its general satisfactor-

lness and its annual cost as compared with other forms of

construction. In addition to the economy in hauling, the

pleasure in driving and touring, and the increase in land

valuation, the concrete roads of Wayne County have been

the means of bringing tens of thousands of dollars to

Concrete roads will benefit any locality proportionately as

The fullest detailed information about concrete roads will

be sent to anyone interested, without cost or obligation.

TO-DAY

and Mufflers. See our Window.

Marchant Tullor

Men's Furnisher

25 per cent. off Sweater Coats, Sweaters,

NOTE-New Style Spring Hats are here.

Wyndham Street

Warm

Ontario.

and Strong

R. E. NELSON

If you want a pair of gloves or mitts in Horsehide,

Calf or Buckskin, Sheep or Muleskin, be certain to

specify Storey's. In no other way will you get equal

value. To prove it, slip on a Storey mitt, say the Wool

Knit Wrist and Lined Kind shown below. Warranted

genuine horsehide. Waterproof and fireproof. Just the

Sold at all stores. Every mitt is tagged Storey's Insist

W. H. STOREY & SON, Limited.

thing for warmth and comfort.

on Storey's.

Acton

Concrete Reads Department

Canada Cement Company Limited

808 Herald Building, Montreal

they have benefited Wayne County, Michigan.

missioners of Wayne County, Michigan.

V nearly one hundred miles of Concrete

onle known.

Thus the great objection to Cod Liver Oil is removed and every one who is run down or suffering from throat or lung troubles can take advantage of its unique medicinal and strongthoning qualities.

Add to this the Tonio Hypophosphites, the healing Cherry Bark and the invigorating Malt Extract, and you have probably the finest food-

Get a 50c, or \$1.00 Lottle from your Druggist.



CABPER BRAUN - PROPRIETOR Designers ent Builders of Statues, lau berums Mornmenin, Markers and Hoadstines, and all kinds of

ADDRESS

The undersigned respectfully solicite the petronage of the public, and informs then that Well Fourpped and Stylish Ride can always be secure at his

A comfortable bus meste all p m Careful attention given to every order The wants of Com-

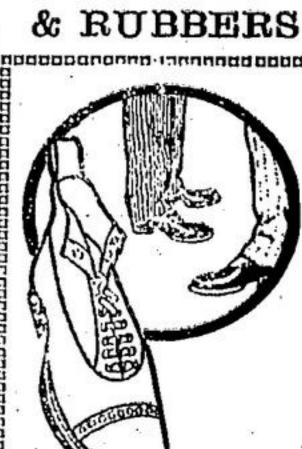
JOHN WILLIAMS

mercial Travellers fully met.

# Rockwood

Shorts The best at lowest

KOCKWOOD 



All Lines of Footwear at Right Prices

WILLIAMS Mill Street



# Acton's Electric CHOPPING MILL

Chopping Rolling done Daily SATISFACTION GUARANTEED FLOUR AND FEED FOR SALE

Caldwell

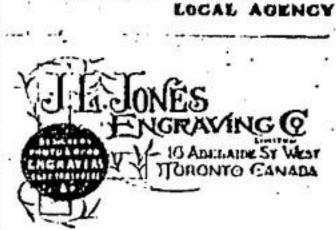
THE WAND TRUNK RAILWAY

PASSENGER TRAINS The tell-wing to the the at which personger THEST WEST IN No. 11 ... 6.10 a.m. No. 10 ... 8.18 a.m. No. 10 ... 9.10 a.m. No. 11 ... 10.10 a.m. No. 11 ... 10.10 a.m. No. 12 ... 11.24 a.m. No. 13 ... 9.11 p. m. No. 13 ... 8.10 p. m. No. 14 ... 8.24 p. m. No. 17 ... 9.24 p. m. No. 14 ... 9.24 p. m. No. 14 ... 9.24 p. m.

IMPERIAL COUNTER CHECK BOOKS

The popular Imperial Counter Check Hooks, manufactured by the Appleford Counter Check Book Co., Limited, Hamilten, may be ordered at the Paux Samples and prices of all styles shown on application. Prompt Delivery. -There are more Imperlate in use in

Acton than any other Check Book. The Acton Free Press



### The Berlin Sleam Granite and Marble Works

ARTISTIC CEMETERY WORK

WM. HEMSTREET, AGENT ACTON OR MILTON

# LIVERY

BUS LING

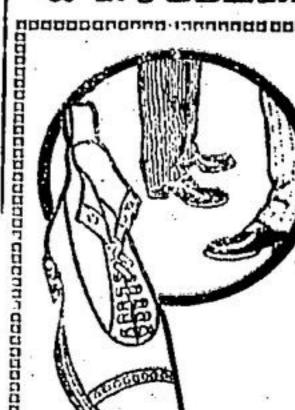
Chopping Mills All chopping will be done speedily and well on plates or stones.

prices.

HARRIS & CO., Limited

Oatmeal

BOOTS, SHOES



All Men's Rubbers at Bargain Prices



... University St. Con St Catherine St. Honter

