

## The Action Free Press

THURSDAY, FEBRUARY 28, 1914

### A ROUND TRIP

At theville the trip begins.  
We soon reach the Hotel Centre.  
The gates of Bleachland we push  
Apart, and slowly enter.  
Within are dreams of every kind,  
And many of every nature.  
We are safe, our dangers past,  
Will chase us from the station.  
But, when we've encroached Sunbrighton,  
We've no need to worry;  
The journey back to well-aware.  
We take in quite a history.  
—Julie M. Lippmann.

### GREETING READY

Mrs. Flannigan: "An' do it be true  
What I hear that your son Mike is engaged  
to be married?"

Mr. O'Flaherty: "It do be that, and  
nearly soon, too."

Mrs. Flannigan: "An' where the boy,  
now?"

Mr. O'Flaherty: "Burro he be in bed,  
Waitin' for me to wash his transom."

### POSTPONING A RESOLUTION

The postponement of a resolution weakens it. A trivial resolve, executed as soon as it is formed, has more of development in it than twenty resolutions that have to do with next year. A postponed resolution is in reality idle now; that is to say, a vague wish. It does not call up the features of decision and it gropes with the present.

Simple and Sure.—Dr. Thomas' Electro Oil is so simple in application that a child can understand the instructions. Used as a liniment the only direction is to rub, and when used as a dressing to apply. The directions are so plain and unambiguous that they are readily understood by young.

"Doing it now" is the root of success.

Money may be saved by avoiding sure things.

### Children Ory FOR FLETCHER'S CASTORIA

Man is the architect of his own misfortune.

The under dog gets a lot of sympathy, but what he wants is help.

Mills' World Powders were devised to speedily relieve children who suffer from the ravages of worms. It is a simple preparation warranted to destroy stomach and intestinal worms without pain or injury to the delicate system. They act thoroughly and painlessly, and though some cases may cause vomiting, that is an indication of their power of action and not of any nauseating property.

Why not resolve to get even with the world by paying our debts?

Unfortunately, the man who loses his temper always finds it again.

Whose poverty comes in at the door love makes a noise like a flying machine.

### Children Ory FOR FLETCHER'S CASTORIA

And many a father who thinks he is saving money when he gives his daughter in marriage, discovers later that he has a nose to law to support.

Be generous—but never give your friends away.

**Watch Your Liver.**  
If it is Lazy, Slow or Tired  
Stir It Up By the Use of  
Milburn's Laxo-Liver  
Pills.

A lazy, slow or torpid liver is a terrible affliction, as it holds back the bile, which is needed to move the bowels, and lets it into the brain, causing fits, convulsions, Constipation, Catarrh of the Stomach, Sick Headache, Languor, Pain under the Heart, etc.

Mrs. Wesley Hockridge, Middle Station, N.B., writes—"For several years I had been troubled with pains in the liver, and consulted many physicians from several cities, but was told that there was nothing to be done for me by them. I then tried Milburn's Laxo-Liver Pills and I have had no trouble since. I can honestly recommend them to everyone who has liver trouble."

Milburn's Laxo-Liver Pills are 25c a box, 50c a bottle, and can be had at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

### THEM-HEARTED

"Why does Miss Hockridge close her eyes when she sings?"

"Perhaps has a tender heart."

"It don't quite agree with it."

"Maybe she can't bear to see how we suffer."

### "MY GREATEST BLUNDER"

In the Great Library, Chicago, is a book in which five hundred men, out of work, have written of the "greatest blunder of my life." Here are some extracts:

1. Didn't save what I earned.

2. Did not as a boy realize the value of education.

3. If I had taken better care of my money, I would be better in health and mind.

4. Did not realize the importance of sticking to one kind of employment.

5. The greatest blunder of my life was when I took my first drink.

6. One of the greatest blunders of my life was not to perfect myself in one of the lines of business I started out to learn.

7. My greatest blunder was when I left school in the fifth grade.

8. The turning point in my life was when, at fifteen, I ran away from home.

9. Spent my money foolishly when I was earning good wages.

When I let myself be misled in thinking that I need not stick to one thing.

10. Self-conceit and not listening to my parents.

12. Was to fool away my time when at school.

### Children Ory FOR FLETCHER'S CASTORIA

### MYSTERY OF NIGHT

No two persons see precisely alike any more than any two persons hear precisely the same. The differences are due to the organs of vision and hearing, but also to the differences in mental makeup of the individuals.

There are more numbered problems as to sight than any other sense. It is the most wonderful and at the same time the most inexplicable sense that we possess. Every school child is taught that we see because the light reaches the retina of the eye after passing through the lens. This is not the whole truth, however, for the lens is the external surface which is in direct contact with the external air, the aqueous or watery humor, and the crystalline and vitreous humors.

The eye is thus made up of three semicircular lenses, through which the light passes to the retina. When observed from outside it is plain that all the images appear to be reversed in the eye. We see everything upside down, but in some way this reversal is corrected, so that things appear to us as they are. This simple point has not yet been explained by the most advanced science.

But the eye sees not only images and light; it also distinguishes color. And here is one of the greatest problems in the field of the eye and vision.

Light is composed of waves.

Castoria is a harmless substitute for Castor Oil, Paraffin, Drops and Soothing Syrups. It is an emollient. It contains no oil, either Mineral, Vegetable or Animal. It relieves Irritation, Warts and allays Fovarishness. It cures Diarrhoea in Wind Colic. It relieves Tooth-aching Troubles, Cures Constipation and Flatulence. It stimulates the Bowel, regulates the Bladder and Movels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. H. Fletcher. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that strive with and endanger the health of Infants and Children—Experiments that are easily detected.

### What Is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paraffin, Drops and Soothing Syrups. It is an emollient. It contains no oil, either Mineral, Vegetable or Animal. It relieves Irritation, Warts and allays Fovarishness. It cures Diarrhoea in Wind Colic. It relieves Tooth-aching Troubles, Cures Constipation and Flatulence. It stimulates the Bowel, regulates the Bladder and Movels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

### GENUINE CASTORIA ALWAYS

Bears the Signature of

*Dr. H. Fletcher*

### The Kind You Have Always Bought

In Use For Over 30 Years.

Two Standard Bottles, 77 Fluids. Ounces. Retail 50c.

### Acton's Electric CHOPPING MILL!

Chopping & Rolling done Daily  
SATISFACTION GUARANTEED

### FLOUR AND FEED FOR SALE

B. F. Caldwell - Acton

### SHOPS WANTED NORTH

A druggist lately received a hurried call from a small girl who desired Unilex and Unilex.

"Unilex and Unilex," repeated the druggist, "ordered by the doctor's order, Gog to use 'em at the same time?"

"Yes," promptly replied the youngster, "she hit 'em with a pitcher."

Sweet and palatable, Mother Graves' Worm Extminisher is acceptable to children, and it does its work surely and promptly.

Our idea of a fussy man is one who is not speaking terms with his own conscience half the time.

They may be other courses, but Hollaway's Corn Cure stands at the head of the list so far as results are concerned.

Never trust a man whose dog crawls under the house when he sees him enter the frontgate.

**Education and Guidance.**

The American Practitioner declares that such increases with education and civilization as to the number of those that are ignorant of the right to self-government. The savage rarely takes his own life. In Italy, Russia and Spain, where the standard of education is low, the fewest suicides on the continent of Europe occur, while in England, France, Germany, where the people are more sensitive and refined and where the standard of education is higher, the percentage is much increased."

**How the Wind Will Blow.**

The professor of natural phenomena had acquired a gasoline car.

"The day to come," he said to his class a few weeks later, "when the fire will burn and puncture places the interior to the exterior, the cutting time and the old adage 'till the wind blows' will have a blowout that may shake the old star from its kennel and hurl the slipper to kingdom come!"—Cleveland Plain Dealer.

**Education and Guidance.**

"I have had occasions to use Dr. Wood's Norway Pine Syrup, and can say it most certainly is a wonderful medicine. Last winter my little girl, just a year old, took a severe cold, which settled on her lungs. I tried everything, and was almost, in despair, when by chance I read of Dr. Wood's Norway Pine Syrup, and decided to try it. I got two bottles, and as soon as I started to use it I could see it was taking effect. I gave her three bottles in all, and they completely removed the trouble."

Dr. Wood's Norway Pine Syrup is a universal remedy for sufferers from all bronchial troubles. Coughs and Colds of all kinds, Bronchitis, Sore Throat, Whooping Cough, and Throat and Lung Troubles, disappear quickly after a few doses have been taken.

It will stop that distressing, tickling cough, the throat which causes coughing and keeps you awake at night.

A stony man is not popular, but he usually has his price.

The self-made man should never forget to make himself agreeable.

The mosquito probably mistakes the signs made at blue for impatience.

Any girl would rather be loved than to be left.

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Refuse substitutes.

**IMBALANCE ADDS TO INJURY**

A clergymen was being shaved by a barber who had evidently become unseated by the previous night's dissipation. Finally he cut the clergymen's chin. The latter looked up at the artist reproachfully and said: "You see, my man, what comes of having drinking."

"You sir," replied the barber, exclaiming, "it makes the skin tenter."

**CASTORIA**

For Infants and Children.

The Kind You Have Always Bought.

Bear the Signature of

*Dr. H. Fletcher*

**MAKE HABIT YOUR ALLY**

Every good habit we make lessens the struggle necessary to live rightly. Habits

of industry, of self-control, of helpfulness

when once established, do almost automatically that which once was possible only by a supreme effort. We sometimes make by making our habits our opponents rather than our allies.

### TRUNKS OF ELEPHANTS.

They Serve Many Purposes and Take the Place of Handbags.

Elephant trunks are used because they have such varied feelings, such a wide range of intelligent appreciation. Doubtless this is in part due to the possessiveness in the trunk of an organ the development of which has itself been developed by the use of it. Very great brain power could not have been developed as an accompaniment merely of hoofs; hands, however imperfect, were necessary or something else that would serve as a partial substitute.

My watching a herd of elephants any one can quickly see the large range of uses to which the trunk is put and the large range of needs and emotions which it develops and satisfies. During courtship the bull and cow cause the trunk to be used in various ways. Elephants are very curious, and the trunks continually appear to be reversed in the air above them, uncorking, twisting, feeling each breath of air. Now and then a great ear is flapped. Now and then the weight of the body is slightly shifted from one end to another. Then the trunk is withdrawn for any length of time. Nor are they long silent, for sounds from subtitled squeaks or growls and occasional sharp calls there are quite frequent, especially when very bad. Like the elephant, the trunk can only move a very measured number of steps. At a distance of eighty yards or so, when to my dull colored hunting clothes, I could walk slowly toward them or shift my position without fear of discovery.—Theodore Roosevelt in "Scribner's Magazine."

Elephant watches the great beasts the

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### Every Home Has Dozens of Uses for Panshine

Keeps woodwork and paintwork spotlessly clean and white. Scours pots and pans. Cleans cutlery and glassware. Makes bathtubs spick and span. Keeps kitchens immaculate and sweet.

### PANSHINE

is a clean, white, pure powder that has no disagreeable smell, won't scratch and will not injure the hands. Buy Panshine. You'll be glad you did.

Large Sifter Top Tin 10c. At All Grocers

### THE GRAND TRUNK RAILWAY

PASSENGER TRAINS

Time of Running is the time at which passengers travel call at Action.

GRAND TRUNK

TIME OF RUNNING

GRAND TRUNK

TIME OF RUNNING</