IN AND OUT

The lazy little girl that skilvers all day In the sultry house at her listless play.
With a dreadful pain in her head. Will never, never know how nice and

Is the rooy little girl, that out in the Goes skipping about with her sled.

SHIP CALLED TROX DUKE Britain's next great battle ship is to be called the Iron Duke, after the Duke of Wellington, although that soldier came by the blokname in a roundabout way. He was never so nalled until long after Waterloo. from steamship, a novelty at the time. was built. In the Moreey, and named the Duke of Wellington, and so the vessel came to be known as the Iron Dake-the transition being easy and obvious. It was the duke's union of resolution and physical energy which made the popular name for the Mersey

Pills of Attested Value. - Parmelee's Vegetable Pills are the result of careful study of the properties of cartain roots and berbe, and the action of such | although we live a lifetime among medatives and laxatives on the digestive apparatus. The success the combounders have met with attests the That sudden, force outburst of chatvalue of their work. These pills have toring which most of us think misbeen recognized for many years as the takenly is the prelude to a fight is best cleaneers of the system that tun be got. Their excellence was recogmore popular dally.

Museed places of their paper are excellent to clean milrore. Piret rut the mirrows with a damp cloth, then polish with the paper.

Some candidates ought to take the rest care for their ingrowing politics. Whether the core be of old or new growth, it must yield to Holloway's Core Cure, the simplest and best cure offered to the public.

You know very wall that the excused the neck curves over on to the body, you offer others wouldn't entiry you. and all is well."

Dust Causes Asthma, -Even a little speck too small to see will lead to agontes which no words can describe. The walls of breathing tubes contract and it seems, so if the very life must pass, From this condition Dr. J. D. Hellogg's Asthmit Hemedy brings the favorite one. "Buchstaben," the have continued week and enfected. user to perfect rest and health. relleves the passages and normal breathing is firmly established again Handreds of testimonials received annually prove its effectiveness.

PAYS TO ADVERTISE.

The following paragraph from an article by Andrew Lang may prove profitably suggestive to those who have wares to sall and are shy about advertising them: "When a goose laye an ogg," said Mr. Lang, "she just waddles off as if she was ashamed of it -because she is a goose. When a hen lays un our she calls heaven and earth to witness to? The ben is a naturalborn advertiser. Hence the demand for hone' eggs exceeds the demand for roces sain, and the hen has all the business she can attend to."

An Oil for All Med .- The callor, the soldier, the fisherman, the lumberman, the out-door laborer and all who are exposed to injury and the elements will find in Dr. Thomas' Edsetric Oil a true and faithful friend. To sase pala, relieve colds, dress wounds, enbous lumbago and overcome shoumatiem, it has no equal. There-

A woman hasn't much use for a man whom she can't teach to be jeal-

## Ohildren Cry FOR FLETCHER'S CASTORIA

Copper can easily be cleaned by rub blaz with a out lamon dipped in table salt, then rinsing with clear water and polishing with a soft dry cloth.

Waxing Floors. Old floors can be waxed quite sucgives over to the work. The floore should first be washed thoroughly and then, when dry, coated with some floor oil, such as lineard oil. This should be at once rubbed with sawdust, which removes all surplus oil and polishes the floor. After this any wax may be used, according to its directions, and then, after a weighted brush is used, the old floors will be an smooth as new cak-

And There You Have IL "Hupposing," said, Mr. Mockton, 'that you were a voter." "Well?" rejoined his wife "And suppose I were a candidate."
"You want to know whather I would vote for your"

"That was the question I had in Yes, Leonidan, I would vote for you. But if I caught any other wemen voting for you I should con-

alder their action very forward and impertizent." Hourse of Hils Information. "This story of yours is all right," said the editor, "but your descripply impossible. If there was an automobile made as perfect as the

row. Where in the world did you get your ideas?" "That was easy," replied the author. "I got my friend Bragley to describe his new car." Infantile Chicken Broth.

Customor-What on earth is this broth made of, walter? Surely i ian't chicken broth? Walter-Well. sir, bit's chicken broth hip bits binfancy. Hit's made

hout of the water that the heggs are bolled bin .- London Tit-Dits. "Too many words are wearlsome."

sald Kwoter. "Brevity is the soul of "Not always," replied the observ-"Hut in any event it is always

commendable. The German army has 835 aubaldised road trains. Thuse are powerful automobiles pulling several cars.

COURTSHIP OF BIRDS.

Romarkable Habits Enter Into the Instincts of Mating "Of all the bird tribe by far the most interesting in its customs of courtably and marriage is the ruff. They are a remarkable example of selection by the female, and it is pos-

sibly from a contemplation of these interesting creatures that Mr. Bhaw originally got his idea for 'Man and Supermen," said Dr. F. H. Korkman in an address before a London

"The rulf is a swashbuckling bird with an imposing collar or rull of feathers round his neck and a fascinating creat of feathers on his head. His whole object in life is to please Miss Ruff, but he plays quite a passive part and can only stand and wait to be chosen, and not all of the male birds are fortunate anough to be so favored. When the time for choosing comes round the male birds take up their position on a hillside and wait for the glad moment, making themselves look as bewitching as bossible. "But of a colony of twenty-two ruffs observed only eight were chosen y the discriminating females, and of these only two-both of them very gaudy, dressy birds - were chosen built steamship to fit him like a perfect | time after time. One can only sympathize with the poor rule who were left out in the cold altogether, and

> sion with some philosophy. "Even the London sparrow is extremely interesting in his courtable, them without knowing it. The mating of the sparrows may be observed at any time between March and June. really a courtably conducted in spar-

hope that they accepted their exclu-

"The cocks sarround a lady sparnised from the first and they grow row, each crying out shrilly his own excellences and the shocking demerits of the others. The lady accepts all this homego by pecking furiously at all the excited auttors, but eventually she makes boy choice and hier of with one, and they live happily together for the rest of the season. "The cormorant also has a most interesting way with bim. When he is 'in love' he lies down and, twisting his neck round, lays it flat along his back. And if Miss Cormorant is touched, as she should be, by this display of misery and devotion, she genty careases with her bill the feathers of Mr. Cormorant at the point where

> Blook Evolution. "Hooks" have progressed from an rods or bits of bark. For the derivation which connects "book" directly with "beech," both having been "boo" in Anglo-Baxon, is the

German word for letters of the ulmeans literally "beach Many book words go back to such vegetable origin. The Latin "liber." a book, whence comes our "library," was properly the inner bark or rind of a tree, especially of papyrus. The Greek "bibloo," whence "Bible" and "bibliophile," meant much the same thing. "codex" was a block of wood, and "leaf" is obvious.

Marked by Hibbons. Women guides and interpreters i Budapest wear a different colored speak. They are to be seen walking dried with a soft cloth, much of the about the city, waiting at railway stations and driving in carriages. Some have two or three ribbons, and others have four, five or six. Bright red represents English, a helictrope or lavender is German, a brilliant yellow means French, a pale blue is Italian, a brown means Danish, Datch is a nile green, and so on throughout all the colors and most

nations of the earth. Tribute To the Box. Whether a dog is the best friend of man cannot be answered by me, but of all the animals which have become domesticated the dog has been shown to be the only one that never knows the difference of caste, foranke to go next door to the family I trouble. that has the blue ribboned, silver belled poodle or the felt wrapped collie.-Colonel John H. Lewis.

An Eye Experiment. The two eyes really see two lects. If the two foreduzers be held. one at the distance of one foot, the other two feet in front of the eyes, and the former be looked at, two phantoms of the latter will be ob-

served, one on each side. If the latter figure be regarded, two phuntoms of the userest finger will be observed mounting guard, one on lecreant Auditor. "You went to sleep during your 'Yes," replied Mr. Meekton. rietta has been rehearding that speech for a week. I told her I had better not come here. I knew some-thing like this would happen if she

Leonidast' every now and then." Most Likely. Tommy-Papa, a river is fed by small streams, fan't it? Papa-Yes, my son. Tommy-Then I s'pose that is what makes its mouth water, tan't

Not a Chance. Paying Teller-You must some one to identify you before can pay this check. Have you any friends in this town? Biranger-Not one. I'm the

Had Salt Rhoum. Could Scarcely Do Work.

Skin diseases are invariably due bad or impoverished blood, and while spinsels, unions, eschulots, eggs, and not usually attended with fatal results spinsels, unions, eschulots, eggs, and are nevertheless very distressing to the

Among the most prevalent are: Salt Rheum, Eczems, Tetter, Rash, Boils, Pimples, and Itching Skin Bruptions. Burdock Blood Bitters drives out all the humor from the blood, and makes it pure and rich.

when she has the toothache. Mrs. Eliwood Nesbitt, Apaley, Ont., writes:- "I had Salt Rheum so bad I could scarcely do my work. I took two treatments of doctor's medicine, but they did use 'no good. A friend told me his wife had had Salt Rheum, and that Surdock Blood Bitters had cured her, so I got a bottle, and before I had it all taken my hand was better." Burdock Blood Bitters is manufac-Limited, Toronto, Out.

The Hind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to decelve you in this. All Counterfolts, Imitations and "Just-us-good" ure but Experiments that tride with and endanger the health of Infants and Children-Experience against Experiment.

## What is CASTORIA

Castoria is a harmioss substitute for Castor Oil, Paregorle, Drops and Soothing Syraps. It is Pleasant. It contains neither Oplum, Morphine nor other Narcotle substance. Its une is its guarantee. It destroys Worms and allays Feverishmess. It cures Diarrhon and Wind Colle. It relieves Toething Troubles, cures Coustination and Flatulency. It madmilates the Food, regulates the Stomack and Howels, giving healthy and natural sleep. The Children's Panacon-Tie Mother's Friend.

GENUINE CASTORIA Bears the Signature of

The Kind You Have Always Bought

In Use For Over 30 Years.

When running dates or figs through the mest chopper add a few drops of lemon fulce to prevent the fruit from deal." clogging the chopper. .

effect upon worms. They have been Press. in successful use for a long time and recognized as a leading preparation for the purpose. They have proved their power in numberless cases and have given relief to thousands of children, who, b. for the good officer of this superior compound. Yould

brand of popularity at out rates. Ohildren Cry FOR FLETCHER'S CASTORIA

One can never buy a satisfactory

are of great use in preparing lunches, to fasten the waxed paper around sandwither, caker, fruit, etc. If table aliver is placed in hot soapribbon for each language which they sads immediately after being used and

Rubber bands are inexpensive and

## ACOLD Developed Into

work of polishing will be saved.

fore, it should have a place in all home place, wealth or habitation. The medicines and those taken one jour phriveling, half starved dog, clinging about to the wasted toller in the humblest to the wasted toller in the humblest will develop into brouchitis, postuments, abode of a hungry family, will never some other serious throat or lung

Dr. Wood's Norway Pine Syrup is particularly adapted for all polds, coughs, bronchitis, pneumonia, asthma, whoop-ing cough and all troubles of the throat and lungs. Three points in favour o Dr. Wood's Norway Pine Syrup are: I. Its action is prompt. 2. It invigorates as well as heals, and soothes the throat and lungs. 3. It is pleasant, barmless and agreeable in taste.

Mrs. Albert Vait, Brockville, Out. writes:-"Just a liue to let you know about Dr. Wood's Norway Pine Syrup Our oldest little girl is now six years old. When she was four months old she got a cold which developed into Bronchitis, and we tried everything we could think of and had two doctors attending her, but it was no good. One day I read in your almanac about Dr. Wood's Norwey Pine Syrup, so I tried it, and before abe had finished one bottle of it, the dry backing cough had nearly a gone. There is nothing equal to it and we are never without it in the house. See that you get "Dr. Wood's" when you ask for it, as there are numerous imitations on the market. The genulae is manufactured by The T. Milburn Co., Limited, Toronto, Out. couldn't shout, 'Are you listening,' Price, 25c.; family size, 50c.

> JOHN BULL ABROAD The Paris Liberte has discovered the most "aervy" of English touristsalways a self-confident race. This man entered a well-known restaurant. ascompanied by two little girls, ordered a bottle of mineral water and three plates, and began to eat sandwiches, which he had in his pockets.

> should like to inform you that this

The manager, overcome by this out-

rare, sporosshed him, and said,

Things that are good for your skin are all green vegetables, perticularly nearly all fresh fruit.

When baking ples, either fruit or ment, place the ple in a tin with a little cold water. It will save the eyean or gravy from bolling out. Even a girl's hundsche is forgotten

For Infante and Children. Kind You Have Alutys Bu Bignature of Charty Little MXCITABLE

"I understand be aweare a gree Miller's Worm Powders not mildly I would say that in the heat of pasand without injury to the child, and sion be finds it impossible to confine | well known on the Amazon for two there can be no doubt of their deadly | hmeelf to "Tut! tut!" - Detroit Free | centuries of the existence of a race

From Female Ills - Restored to Health by Lydia E. Pinkham's Vegetable Compound.

Belleville, N.S., Canada. - "I doctored for ten years for female troubles and did not get well. I read in the paper about Lydia E. Pinkham's Vegetable Compound and decided to try it. I write now to tell you that I am cured. You can publish my letter as a testimonial."

— Mrs. Suvaine Hanne, Belleville, Nova Scotia, Canada.

Another Woman Recovers. Auburn, N. Y .- "I suffered from nervousness for ten years, and had such organic pains that sometimes I would lie ed contained one man and fifteen woin bed four days at a time, could not eat man. In the next we found a settleor sleep and did not want anyone to talk ment of two men, some twenty woor sleep and did not want unyone to talk to me or bother me at all. Sometimes I would suffer for seven hours at a time. Different doctors did the best they could for me until four months ago I began giving Lydis E. Pinkham's Vegetable Compound a trial and now I am in good health."-Mrs. WILLIAM H. GILL. No. 18 Pleasant Street, Auburn, New York. The above are only two of the thousands of grateful letters which are constantly being received by the Pinkham Medicine Company of Lynn, Mass., which show clearly what great things

pound does for those who suffer from woman's ills. ti you want spe-cial advice write to Share Lydia E. Pinkham deutlal)Lyun,Mass. Medicine Co. (count- y four letter will be spend, read and (n) annwered by a weman and hold in (d atrict bouldenne.

Lydia E. Pinkham's Vegetable Com-

Kisses speak louder than words over

Ohildren Cry FOR FLETCHER'S CASTORIA

The clean tablecloth catches early greate spot, Many mothers have reason to bless Mother Graves' Worm Externinator. because it has relieved the little once of suffering and made them healthy. Tears of joy and sadness flow from

the same tank. **Nerves Were** Unstrung. WOULD ALMOST GO OUT OF

MER MIND

Many women become run down and worn out by household cares, and duties never ending, and sooner or later find themselves with shattered nerves and ot a--"
On the first sign of any weakness of the heart or nerves you should avail yourself of a perfect cure by using Milburn's Heart and Nerve Pitts.

Mrd. Archie Goodine, Tilley, N.B., writes:—"When I was troubled with my "Oh, you are the manager, are you? heart, two years ago, I was very bad That is good. I was just going to send for you. Why lan't the band play- ing?"

Ing?"

My serves were so unstrung, sometimes I would almost be out of my mind. I doctored myself with everything I could get, until at last I got four bests of Milburn's Heart and Nerve Pills, and

they have cured me. I cannot speak too highly of this wonderful remedy. and will recommend it to all sufferers."
Milburd's Heart and Nerve Pills are 50c. per box, or 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited,

Not long since a Bootch school heard inspector saked the members of a

girl raised her hund. "You may tell," said the inspector. triumphantly.

UP THE AMAZON.

English Explorer Tells of a Voyage Up the Ris Vnirida. Some very strange tribal customs and picturesque experiences are related by Dr. Hamilton Blee, the explorer, who recently returned from a oxtending over seventeen months along the upper reaches of the great Amazon river. Speaking of his ascent of the His Ynirids, he

of the Ynirida.

scend to the river. The country on both sides teems with jaguars, tapirs, and anacondas, and the river is filled with rayss. The tapirs were so tame that they awam around our canoe-curious and absolutely fearless. Home stood on the shore whistling at us. I shot a magnificent specimen of Jaguar, and found inside of it a whole tapir.

For fifty days we descended the Ynirida without seeing a sign of a human being. We camped on shore at night, and Jaguars and tapirs would come up and nose us at will. They showed no fear of men. this journey we passed three great randales or rapids.

The first encampment we saw was thables village on the beach. These Indians had had no contact with whites; they do not belong to the great Tupi-Guarani family, which extends the whole length and breadth of the Ameson valley, but probably as members of the great Carib famnorthern and northeastern portions of Brazil.

was that the Indians for the most part not only lived back from the main streams, but in the villages were found a great predominance of women, who, from all we could make out, were permanent inhabitants of their respective settlements, while

the males were translants. This brings to one's mind the question whether this may not be the district whence come the reports so of women living glone, except at stated periods. Concerning these legends both Alfred Russel Wallace and Richard Free, the eminent English traveler and scientist of more than three generations ago, have written. By a Guainia Indian I was taken to a settlement of Indians living back several bours' distance from the Papannua, where I found a very intelligent native who spoke the Tupi-Guarani language, which would make it

and the Caribe. The Papanaua Indiana travel from their river to the upper Yeans, and have a well-made path nine miles in langth, which crosses elevated land flanked on the east and west by enormous impassable swamps and lawork I got this old Indian's good will, and he entered my service. At this point the Columbians I had, who had become mutinous

man of all ages, and any number of children. They had little or no food, but gave us smeked monkey to eat. Not a Hocommondation. "Have you any objection to my marrying your daughter?" "No," replied Mr. Cumrox. "To be candid, I've taken quite a liking "Then I may count on you as friand?"

"I shouldn't do anything like that if I were you. If you introduce

Capacity For Werry. arain. What's the matter now?" "that our little Bestrice may grow up and become a grand opera singer and have to support a husband who real to worry about."

Well Posted. chance to listen to."

Before the Party. "Better shave, old man." "I expect they will play kinning games and, if so, you may and yourself disqualified for youghness."

Untested. to borrow a cent."

You Can Cure CONSTIPATION By The Use Of MILEURN'S LAXA-LIVER PILLS. A free motion of the bowels delly should

A free motion of the bowels daily should be the rule of every one, for if the bowels do not move daily constipation is sure to follow and bring in its train many other troubles when the bowels become clogged up. You get Headaches, Jaundies, Piles, Hearthurs, Ploating Specks before the Hyes, Catarris of the Stomach, and those tired weary feelings which follow the wrong action of the liver.

Milburn's Laus-Liver Pills are 25c. a vial, 5 vials for \$1.00, at all dealers, or mailed direct on receipt of price by The F. Milburn Co., Limited, Toronto, Ont.

We reached a beautiful waterfall, over 100 feet high, which is a break between high precipitous hills running in a northeasterly and southwesterly direction. It took two days to convey our big cance around this fall, and five days more were spent in the hardest kind of work, smashing our way through to the sources Three days late, we began to de-

A curious feature of this region

line between the nation of that name

through exposure and hard work, were sent back. The old Indian had promised to get me natives for my party, but they did not turn up, so I had to compel him to take us down the river. The first village we reach-

yourself as a friend of mine mother and the girls will take it for granted that you haven't any social standing whatever." "I see you're barrowing trouble

"I was just thinking," she said, "Come. Lat's look over this month's bills and have something.

Giving Rim Practice. "Thank you, ma'am," said the old man to his little granddaughter, who had brought him his slippers, "or, rather," he continued, "thank you, You are not a ma'am." "No, grandpa," replied the six-year-old; "but I expect to be some day, and you might as well get used to maying it."

"Have you heard your wife lea-"I should say so," replied Mr. Meekton. "I want to say that I've heard Henrietts do a whole lot of lecturin' that the public never got a

"Have you many close friends here?" "Can't say. I've never tried

Mrs. Illijah A. Ayer, Pawcett Hill, N.B., writes:—"I was troubled with coninspector maked the members of a stipation for many years, and about three class that was under exuplination:

"What is the cause of the saltness of the saltness of the ocean?"

The ocean?"

What is the discovery which bind flashed upon her mind, one little on hand, and when I need a mild laxative on hand, and when I need a mild laxative

Easiest Way to Clean Cutlery-

> Just use a little Panshine sprinkled on a damp cloth, and let your cutlery be as dirty, greasy, grimy as it may, Panshine will make it glistening, sweet and clean in a For an easy shine, use

It's just as good for painted work and

woodwork-for pots, pans, linoleums and

bathroom fixtures. Panshine is a pure,

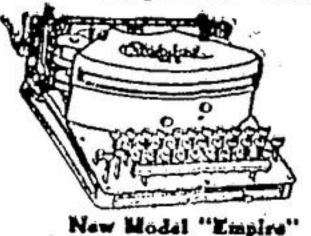
white and clean powder without any

disagreeable smell and does not harm

the hands. Large Sifter 10c. At all

lly, which embraces all the Indians of Venezuela, Quainta, and the central, The Empire Typewriter

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Meichliched 1840 JYCHRIFT is rightly described as "Economical Management." A shrewd business man is spoken of as thrifty because he saves. Perhaps only a dollar at a time, perhaps more, but the real secret of his success lies in the principle of saving. One dollar will start an ac-

count with this bank. All local cheques cashed at par. CAPITAL PAID UP 66.764.700 RESERVE FUNDS 66.220,000

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For Cold Weather Tougher horsehide will never be found, because the best is used for Storey's Gloves and Gauntlets. And yet the skin, because carefully tanned by the chrome



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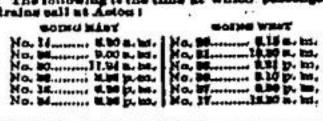
IS NOT A MYYTH WITH US To the contrary, we make it the most important

factor. So, if you favor us with your patronage,

you will enthusiastically endorse us.

THE GRAND TRUNK RAILWAY

PARRENGER TRAINS The following is the time at which passenger



POULTRY! POULTRY! Cash Pald for Poultry RAW FURS PURCHASED 74. SAKE - MCTON

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A tomiforiable but monid to trains between \$139 to me, and \$150 to me. Careful bittenilon given to every brider. The wants of Com mercial Traveliers fully med

JOHN MILLIAMS PROPRIBYON

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All .chopping will be done speedily and well on plates or stones. Flour Oatmeal

The best at lowest prices.

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