MY RADE

Why should I bold my was so dear? The work of training must be done, I must be taught what I would know I must be led where I would go. And all the rest melained for me. Till that which is not been I see Is to be found in trusting Ther. -Anna I. Waring.

MEMORY

All people have not only a memory but a tenacious memory for mine things. If for nothing useful, if no for things observed, for things learnt for thought, for events, for persons for the outsides of things, for words for names, for dates-yet for follow Vanities, triffes, grudges connected with wif: and especially for losses wrongs, slights, anales, disparagements injerior, real or fancied, inflicted i the course of a lifetime on that dear wif. If memory is not put to it legitimate uses, subjected to tule given work to do, it degenerates into a more deposit, a residuum of worth less refuse, degrading the nature i should elevate, supplying the minwith wawbolesome food, on which i largely broods and ruminates. Of the same class is the memory roused out of the lethergy by the presence of others-as, for example, on the revival of former acquaintance-into a sort of malignant activity; a memory dis sociated from sympathy, recalling precisely the things which pught to be forgotton - misfortunes, humiliation and the like-and forcing on reluctant ears with unflinching accouracy of detall facts long arased from busier fuller, better trained memories, as though implied by a cort of pecessity to let loose the unmannerly growd of revived images where it gives most annoyance. How often we wish for others the reverse of what we desire for ourselves! If they could only forget !- Blackwood's Magazine.

Miller's Worm Powders do not need the after-help of castor oil or any pargative to complete their thoroughness, because they are thorough le themselves. One does of them, and they will be found palatable by all children, will end the worm trouble by making the stomach and bowels untenable to the parasites. And not only this but the powders will be certain to exert most benefical influences in the digestive organs.

A good day's work is the best prayer

Immorality awaits the genius who invents wireless politics.

Homelimes we need the tides of grief

The man who hange his head against

hard facts feels his bumps and calls them faith.

Corns cripple the feet and make walking a torture, yet sure relief. in the ships of Holloway's Corn Cure to within reach of all.

He who fears to make foes falls to make friends,

If you would make sure of your sine being fruitful bury them under a pre team of plety.

If then possiderest what they art I say of thee. -Thomas A. Kemple.

Children Cry FOR FLETCHER'S CASTORIA

There is nothing purer than bonesty ; nothing awester than charity nothing warmer than love; nothing richer than wiedom; nothing brighter than virtue; nothing more steadfast

COULD NOT STRAIGHTEN UP For Lame Back.

Women are coming to understand that week, lame, and aching backs from which they suffer are due to wrong action of the kidneys. The hidneys are overtaxed -given more work that they can do, and when the back sches and pains it is almost impossible to do her housework, for every On the first alga of any weakness ! the back Donn's Kidney Pills should be taken, and thus do away with any

suffering from kidney trouble.

Mrs. A. J. Lalonde, Kingston, Ont.,
writes:—"I am writing to tell you what a wonderful cure Donn's Kidney Pills did for me. I was suffering with a lame back, and for about seven days could hardly straighten up for the pain. I had used quite a few of other kinds of pills, and received no retief. Just then my sister came and told me about Doan's Kidney Pills, and what they had done for ber, so I decided to try them. I used three boxes, and I am completely cured. and I do not besitate to recommend

Price, 50c. per box, 3 boxes for \$1.25. at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, If ordering direct specify "Donn's."

HE DIDN'T

Pat, being brought before the re corder for the first time, the following conversation sound Recorder-"What is your name!

Pat-"Patrick Casey." Recorder-"What is your occupa-Pat-"O'im a saller."

Pat-"Shure, an' does your honou think O'l came from Ireland in a

IT COULDN'T BE DONE It was in a motor-box, and the rentleman Kolland that the conductor did not demand any fare from a policeconstable who was riding. After the constable had slighted the old gentleman beckoned the conductor to him. "Don't policemen pay farce?" he asked, suspicious that the conductor and I was in despair until a friend adtor was giving a friend free convey vised me to give Dr. Wood's Norway. "No, sir." answered No. 2000 Pine Syrup a trial. I got a bottle: and with a grin, "you can't get two-"Lile por ano 'redgoo' a to suo some At which the old gentleman indig-

PALPITATION OF THE HEART.

It to Usually Caused by Nervous or Digestive Troubles. Painitation is rarely if ever due to my discase or weakness of the boart. It is almost invariably the result of peryous or digestive trouble. The best of the heart arises within itself. There are nerves in the muscles of the beart. and they regulate its beating, although the speed or rate of the besting is not of their choosing. If they were not hold in check they would set a rate about double that which is actually maintained.

The heart is supplied from the brain with two pairs of regulating person One pair, the cardio motor nerves, net only to spur up the heart to quicker action. They are usually inactive. waiting the occasion for applying the spor. The other pair, the rardio in hibitory pertes, are always in action. It has been said that the heart runs in a pair of tightly held reins, and the simile is true for these herves check beogs edt

Fear, worry, disorder of the stomach or nervous system causes these cardio inhibitory perves to relar; then the beart begins to race. There is bothing the matter with the heart itself, and he one need be starmed about that organ just because it beats too rapidly. its palpitation is due to a paychological or a physical cause something that has caused the relaxation of the reins and allowed the cardle motor nerves to apply the spur-New York World

CHATTY WELSHMEN.

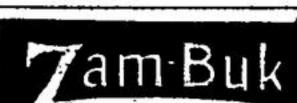
Meet Talkative, It is Baid of All the British Islanders. Is the Welshman the most garrulous man in the British isles? The result of an impartial test by a London newspaper has shown that for actual talks. iveness the typical Welshman beads the list; next in order come Irishmen. then Boots, and last of all the English

Unobtrusty inade in a number of well known London restaurants, clubs and public places, the tests invertably gave the same results. By means of test watch the following table was

Welshmon-Very talkative, animated in manner and speaking at an average rate of 200 words a minute. Irishmen-Also very talkative. less animated in manner; average rate

of speech, 100 words. Bootchmen-Far less talkative and deliberate in manner; apoke at an average rate of 120 words. Englishmou-Almost allout, be first to speak; dogustic and deliberate to manner, speaking 100 to 120

words a minute. The comparative silence of the men. n siriking contrast to the vivacious chatter of the women folk, was as usual noticeable. A curious detail was that dark men were always the bigger



Seathing - Ends poin and amorting, att SOL Las. All Donaghite and Store

GOVERNORS-GENERAL OF CAM The Hight Hon. Viscount Monck

G. C. M. G. -1807. The Right Hon. Lord Lingar, G. M. G. (Sir James Young)~1800. The Right Hon, the Karl of Dufferin K. P., K. C. B., G. U. M. G.-1872

The Most Hon. the Marquis of Lorne, K. T., G. C. M. G., P. C.-1878 The Most Hon, the Marquis of Lands lowne, U. M. G., etc. -- 1883.

Preston, G. U. B.-1888. The Right Hon, the Earl of Aber leen, K. T., G. C. M. G.-1803. The Right Hon, the Karl of Minto.

G. C. M. G.-1806. The Right Hon, the Karl Grey, G. C. M. (1.-100) His Royal Highness the Duke of Connaught and Strathearn, K.G., K.P. G. O. B., G. C. S. I., G. C. M. G., G. C.

. K., G. C. V. O. -1011. THE WOMAN HE WANTED A middle-sged man approached the soturer, and began 1-5

"I say, mister, you told a story 'bout the widow raising a mortgage on on

"You my friend; that was a tree

story. It happened only The years "Well, sir, could you tell me wh hat widow is? She's just the kind of woman I've been looking for all the

Her Cough Racked Her Terribly. DR. WOOD'S HORWA PINE SYRUP

Effected A Cure. Obstinate coughs and colds yield the greatful, soothing and healing power of Dr. Wood's Norway Pine Syrup, and for the racking, persistent cough, often present in consumptive cases, it will be found exceedingly beneficial and pleasant to take. The use of it is generally indicated wherever symptoms of threat, or lung troubles appear, but especially so with all persons of a community or cutarrial tendency, as its prompt danger, and restore the throat and lungs to a sound healthy state if used in time Mrs. Edward Patterson, Young's Cove Road, N.H., writes:-"I have had occasion to use Dr. Wood's Norway Pine Syrup, and can say that it is certainly my lungs, and left them in a very weak state. The cough racked me terribly,

before I had it half gone I found relief. used two bottles, and have never been bothered since. I would not be without It in the house." Price, 25c.; family size, 5th. Manufactured only by The T. Million Co., Limited, Toronto, Ont.



Always Bought Bears the

Signature For Over

The devil is worried by the people who work for the good, not by them

Mothers can easily know when their children are troubled with worms, and they lose no time in applying the best of remedies-Mother Grave's Worm KEterminator.

400 Drops

A legetable Proposition for As-stable in the food and Ricgian-ting the Stimuchs and Roberts of

INTINIA CHILDREN

Promotes Distriction Churchs

peas and Rest Contains neither

Open, Morphine nor Mineral.

Among of the Branch Branch

Aperiect Remedy for Constian-

Worms Convulsions Feverish

ness and LOSS OF SLEEP

15 Dosis 150 15

NOT NAMOOTIC.

签

THAT'S ALL

"And be?" "Him? Ob, his shoes are mates."

Two and a Half Hours on Operating Table

Sectialist Could Not Remove Stant In The Bladder GIN PILLS PASSED IT

JOLIETTE, P.O. "During August last, I went to Mon real to consult a specialist as I had been suffering terribly with Stone in He decided to operate but said the

atone was too large to remove and too hard to crush. I returned home and was recommended by a friend to try They relieved the pain. I took two boxes and went back to the specialist. He said the stone was smaller but be could not remove it although he tried for two hours and a half. I returned home and continued to take GIN PILLS, and to bly great surprise and joy, I GIN PILLS are the best medicine

the rest of my life". I. ALBERT LESSAND. soc a box-6 for \$2.50-at all dealers, money back if they fail to give relief. Sample free. National Drug & Chent. Co. of Canada, Limited, Toronto

the world and because they did me so

much good, I will recommend them all

A Simple and Ohean Medicine .- A simple, chesp and affective medicine is something to be desired. There is no medicine so effective a regulator of The Right Hon. Lord Stanley, of the digostive system as Parunlee's Vegetable Pills. They are simple, they are chean, they can be got anywhere and their benefical action will prove their recommendation. They are the medicine of the poor man and those do well in giving them a trial.

Ohildren Ory FOR FLETCHER'S CASTORIA

TWO VIEWS "You shouldn't be dissatisfied," said the optimist. "Look at all you have. "Yes," assented the posselmist, "but look at all I haven't.

At Regular Intervals-Says Lydia E. Pinkham's Vogotable Compound completely cured her.

Adrian, Texas. - "I take pleasure is adding my testimonial to the great list

mand hope that it will be of interest to suffering women. For four years I suffered orrhages ubtil I would be mearly

doctors and none of them could do more than relieve me for a time. "I saw your advertisement in a paper and deckled to try Lydia E. Pinkham's Veretable Compound. I took seven boxes of it and used two bottles of the Sanative Wash, and I am completely cured of my trouble. When began taking the Compound I only weighed ninety-six pounds and now I weigh one hundred and twenty-six pounds. If anyone wishes to address me in person I will cheerfully answer all letters, as I cannot speak too highly of the Pinkham remodies."-Miss JES-MR MARSE, Adrian Texas.

Hundreds of such letters expressing gratitude for the good lords & Pinkham's Vegetable Compound has accom-placed are constantly being received. proving the reliability of this grand aid | looking up said t "Eleven."

If you want special advice write to Lydia E. Pinkhum Medicine Co. (could destine) Lyun, Mass. Your letter will be opened, read and answered by a woman and held in stript confidence.

Growing is in inverse proportion to

It Has Many Qualities .- The man Relectric Oil is armed against many Ilia. It will cure a cough, break a cold. prevent sore throat: it will reduce the swelling from a sprain, ours the most pereletant scree and will speedily heal outs and coffusions. It is a medicine chest in itself, and can be got for a quarter of a dollar.

THE BAND WEEDED DELLL

The solonel of a certain regimen ent for the bandmaster one day and complained very bitterly of the band, which he described botly as a "diagrace to the regiment, sir."

Naturally the bandmaster, who was very proud of his band, was most indignant and demanded to know what was the complaint about it.

"Why, sir," said the tractible colone! "the men who exarch is the front rank and play those instruments they push in and out"-recening the trombones-"cannot keep time, sir! They never by any chance push in and out together. I'll have it changed, let me

tell you!" It was no good the bandmaster explaining that each man played a differant note, and that each note was formed with the slide in a different position-The colonel still persisted that the effect was not uniform, and vowed that he would order the men to be drilled until such time as they could pash in and out together.

Caulda't Bo Housework MEART WAS SO RAD.

Mrs. Thomas Melville, Saltcouts, Sask., writes:-"I thought it my duty to write heart was so had I could not aleep, eat, nor walk about the house. I could not do my housework at all, what my hushand could not do had to go undone. had two small children depending on me besides three men to cook for, and it worried me to not be able to do anything My husband had taken some of your pills, some years ago, and insisted on me trying them, so I started, and I fore I had taken them two weeks I w considerably better, and before I had taken two boxes I was doing my own work again. Anyone suffering from heart or nerve trouble of any kind should just give your pitts a trial. If anyone ares to write to me. I will gladly give them all the information I know

cerning your wooderful medicine." Milburn's Heart and Nerve Pills Mc. per box, or 3 boxes for \$1.26, at all dealers, or malled direct on receipt of Price by The T. Milburn Co., Limited,

GOT TO MARN IT Dr. Pighead visits Mr. Ookham, the

great pork dealer. "Well, my dear sir, I don't see that here is anything radically wrong with you. Go to bed early, don't drink anything stronger than coffee, and you'll on all right in a week." "What! Are you not going to give

any medicine " "Cortainly not You don't need "But you get your money just the

"Well, I don't think it is a square deal, B'polin' you sound me, but s mustard plaster on the back of my neck, and glume a dose of salts? Everybody that works for me's got to oarn ble salary."

READILY ANGWERED The rallway ticket collector in Kagland put his head in at the carriage

"Tickets, please," he said. The scalling one looked at blu Joobalia padnoe. "Ont un ticket (hie); don't bother me," he sald-settling down again.

door and addressed the jobly individual

The collector at once produced seeint book, and after comulting table of fares, exclaimed : "Five and six, please." "What's that?" queried the more

Ohildren Cry FOR FLETCHERS CASTOR

"Five and six, please," repeated

The other thought a moment

MOLECULES ARE INVISIBLE

Vot Their Tracks Through Space Con B. Dissersed It came to be evident about the midthe of the last century that in order to explain certain facts connected with the relative weights of games, matter most not merely consist of atoms, but that these stoms most have the power of uniting in amail groups. In forming a rempound, indeed, this must be so. For instance, carbonic acid gas most roasist of one atom of rerbon, which along with two atoms of oxygest, forms a small group of three

The notety of the reacaption was m the notion that oxygen bleef, in the siate of gas, as it exists, for example, in the sir, repuists of small groups of stome; In this case, two. To such small groups of alume was given the name molecules. I molecule is that portion of a substance which can exist in the free state. As oxygen does in air. As ston graruity exists in combination. but stome may and sometimes de orlet separately, in which case they also are termed molecules. Now, ran molecules be seen? In their

existence a more assumption? The ancan be made which correspond as closely in their behavior to real molerules is practically certain. Moreover, although no one has ever seen a molerule, still the track of a molecule moving through scace has been seen, and, Just as Robinson Crusse was right in inferring the existence of man Friday from his footstep temperated in the sions a to executary less and on bear cule may just as certainly be inferred from the track it baves.- Sir William ". " ay to Harper's.

COLD COMFORT.

Gome After the Little Faher Had Got His Punishment. The rest and small bey had sadly alabehaved and was locked in his room. Pretty soon his mether beard

"Marror," mid the shrill voice, "I'm

the shrill vulce arese: "Muvver, I'vy found some matches, an' I'm goin' to not fire to the cur-The mother remained indifferent.

"Murrer, don't you smell sumin' burnin'T' Even this draw no re-"If you don't smell nothin," the toke west on "it's 'cause I pulled of an' I'm goin' to die. Do you bear that,

mevvery I'm gole' to die." By this time the mother was oughly incomed, and, heatily preparing a cup of mustard and hot water, she burried upstabra. "If you're swallowed match heads" she announced, "you'll have to awa

low this to been them company." And down his throat. A little later the aggravating youngstor, sadder, wheer and much humbled

concluded to take the balance of his ounishment in silence. "I didn't really awallow the matches, muvver," he contritoly explained. "I knew you didn't womey," replied

the mother.-Oleveland Plata Dealer.

The For Young Players. One of the faults of the leastperienced doubles player which is most persistent is standing still. This is one of those necessities in doubles that are often overlooked. But no partner cen do justice to his team unless he moves after every shot to the cenber of the angle of the return. In other words, both men must constantly change their positions, moving back and forth toward one side or the other, secording to where they have sent the ball. If the not man has volleyed deep into the right hand corner both players more across to the right. The right hand player thereby protects the shot down his own skie line, and the court shot down the central diagonal of

the court Outing. Lubricant For Aleminium Many machinists, especially those mployed in the motor engineering industry, are frequently called upon work in abunialum. To satisfactorily do this work various inbricants have been tried which however, owing to their veletifity, are of little tree. soltable subricuat is tallow or cob bler's war. This latter does not dissolve quickly and consequently does

American Machinet. terrible moles of thumping and stamping came from Bob's room early one morning. "Robby, Bobby," railed his mother from downstairs, "what is going on

up there" "My about," replied Bob. Levels Parades.

Love results in many paradoxical dtustions," remarked the professor. "What is one" "To keep the love of another one must return it."-Buffale Express.

Mrs. Nubrido-My dear Jack he se Mrs. Longwood-So does my husband -- Harchen -- Roston Transcript.

Suffer From Headaches

MAKES LIFE MISERABLE

He scolds best that can

seet.-Dunbh Proverb.

It takes a person who has had end is anbject to headache to describe the suffer-ing which attends it. The dull throbbing. the intense pain, sometimes in one part of the head, sometimes in another, and then again over the whole head, varying in its severity by the cause which brings it on, purely indicates that there is something union with the system. The fact that Burdock Blood Bitters reaches the seat of the trouble is due to its success in relieving and permanently curing the Mrs. Andson, 416 15th Ave. Bast, Cal-

gary, Alta., writes: "For three years I was troubled all the time with sick bendaches, and unfered also with constinction, and kept breaking out in pimples and sores on my face. I tried everything till at last a took two bottles, and my skin is as clean and pure es a baby's, and I have never been troubled with the hendaches

Hurdock Blood Bitters is manufactured only by The T. Milburn Co., Limited, Torpato, Out.

Quebec St

with others to bleown disadvantage.

For Infants and Children. The Kind You Have Always Bough!

A Real Asthma Relief. Dr. J. D. Kellogg's Asthma Remedy has hever been advertised by extravagant state-

ments. Its claims are conservative indeed, when judged by the curewhich it performs. Expect real relief and permanent benefit when you buy this remedy and you will not have cause for disappointment. It gives perman-

ent relief in many cases where other so called remedies have utterly failed.

This Woman KNOWS How D.D.D. Cures Skin Trouble

(This letter is just received :) Toronto. I am the mother of twelve children took a had by at the birth of my last child. I was laid up five weeks with a doctor altending my who does nothing but treat this kind of skin disease. Six weeks ago I heard of D. D. D. As used to tear my leg at night until it was a bleeding man I applied a bottle of D. D. D. I can't tell you the case it gave me. I never used to sleep with the pain. Many a time I nearly fell with disamers swer to that question in No. they can from want of sleep. Now my leg is comnot be men, but artificial molecules plotely boaled up, thanks to the blessed D. D. D. I bever expected a cure. I

Total Assets

on Storey's.

only got D. D. D. to take the terrible itch away but by degrees I was the log was yetting smaller. I have a thankful heart to-day.

Mrs. Still, our N. Weston Rd. The curos of D. D. D. are past belief. All droppists have this cooling, weathing wash and also the efficient D. D. D. attr

Come to us and we will sell you th first full size buttle on the guarantee that it will alop the iten at once or your money refunded.

E. J. Hannard, Druggiet, Acton rules that the existence of real mole D. D. D. Prescription-for IS Years-the Standard Skin Remedy

Merchants Bank

OF CANADA

Hvery person who receives and pays out money should have a chequing account. I'nyment by cheque is the most practical, conwealest and safest method of handling all foundlab transactions, whether of a business or personal character. The return of cascallal chaques are vonchers for every-sum paid out; they show what disbarrements have been made and to whom. Deposits are received by this Bank unbject to chaque withdrawal. We pay the tame attention

to small depositors as we do to large ones and encourage their accounts. Interest allowed on all Savings accounts, compounded half

ACTON BRANCH: F. A. MacLean

Manager

381,928,962.49



If you want a pair of gloves or mitts in Horschide. Calf or Buckskin, Sheep or Muleskin, be certain to specify Storey's. In no other way will you get equal value. To prove it, slip on a Storey mitt, say the Wool Knit Wrist and Lined Kind shown below. Warranted genuine horsehide. Waterproof and fireproof. Just the thing for warmth and comfort. Sold at all stores. Every mitt is tagged Storey's Insist

W. H. STOREY & SON, Limited. Acton. Ontario.

ADVERTISE"

2000000000 E ALL ADVERTISE. A man adver-

tises his character by his deeds, his wisdom by his words or by his silence. A merchant's store, stock and windows speak either well or ill of his business. So when a man says "No, I do not advertise," he knows not what he says. What he really means is that he does not publish printed advertisements.

Some proclaim this as though it were a virtue-yet spend much effort and invest much money in advertising their business through mediums other than the printed word. They may make their wares fit for a king-yet hesitate to introduce them to Brown or Smith. This is inconsistency .- Advertisers' Bulletin.

CONSCIENTIOUS Plumbing . Heating

IS NOT A MYTH WITH US

To the contrary, we make it the most important factor. So, if you favor us with your patronage, you will enthusiastically endorse us.

FREDSMITH, Plumber

GUELPH

Phone 337

PARRENGER TRAINS

No. 6 1 36 a.m. No. 14 2 15 p.m. No. 5 E 21 p.m.

He. I & Mp.m. An I



SHOES

where you have so many shapes and slass. Take a look at the above in our windows and get bequainted with the new styles. In our windows we can show but a few of per latest, but those shows will give you an bles of what our stock is like.

WILLIAMS "the Home of Good Shoes"

Mill Street

Rockwood

Chopping Mills

All chopping will be done speedily and well on plates or stones.

Oatmeal Shorts The best at lowest prices.

ACTON LIVERY

olicits the patronage of the pubic. and laforms them that Well Equipped and Stylink Rigor A comfortable bus meets all

BUS LING

The undereigned respectfully

trains between to.oo a.m. and 6.19 p. m. Careful attention given to every order. The wants of Com-mercial Travellers fully met.

JOHN WILLIAMS

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POULTRY Cash Paid for Poultry

M. SAXB . ACTON The Barkin Steam Grante and

Dosigners and Builders of Statues. Mauslooums, Monuments, Markers and loadstones, and all kinds of

ARTISTIC CEMETERY WORK

Marble Werks

WM. HEMSTREET, AGENT ACTON OR MILTON

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