- They sing about the glories of the man And the books are full of stories of the wonders be has dongs-
- There's something sort of thrilling in the flag that's wavin' high, And it makes you want to boller when the boys go marching by ; But when the shoutin's over Aghtin's done, somebow,
- We find we're still depending man behind the plow. In all the pomp and splendor army on parade.
- And through all the awful darkson that the smoke of bettle made. In the halls where jewels glitter and where aboutin' man debate, In the place where rajers deal
- bonors to the great, There's not a single person who'd Or have modale, if it wasn't for
- man behind the plow. We're a buildin' snightiest cities we're gaining lofty rights.
- We're winning lots of glory and settin' things to rights, We're showing all creation how world's affaire should sen :
- Future sees will game in wonder at the things that we have done. 1. ---And they'll overlook the feller, just th es me as we do now. Who's the whole concern's foundation -that's the man behind the plow.

A MAN'S MOTHER

But your mother's life has stood by his side fighting the wolf from the door with her naked hands as a woman must fight.

She worked not the sight by the ten hour day of the union but the twentyfour hour day of the poor wife and She cooked and cleaned and scrubbed

and down getting drinks for thirsty will give immediate relief. Many sof lips, covering restless little sleepers, listening for croupy coughs. She had time to listen to your stories | moniale

of boyleh fun and frolic and triumph. She had time to may the things that spurred your ambition on. She never forgot to cook the little

dishes you liked. She did without the dress she needed that you might not be ashamed of your ciothes before your fellows.

Remember this now while there yet time, while she is living, to pay back to ber in love and tenderoose some of the debt you owe her. You can never pay it all, but pay down something on account this very night.

Miller's Worse Powders prove their value. They do not cause any violent disturbances in the stomach, any pale or griping, but do their work quietly and painlessly, so that the destruction of the worms is imperceptible. Yet they are thorough, and from the first dose there is improvement in the condition of the sufferer and an entire committee of manifestations of internal

Ohildren Cry FOR FLETCHER'S CASTORIA

THE REVIERD PAILURE

eightedness. For it is the very people who voluntarily assume responsibility The boy's face was a dull red under his tan. He would rather have taken any kind of punishment than face bifather, but he went straight to the

"I've failed," be said briefly. Ther he turned his back and stood at the window trying to whictle. "Dick," his father called.

The boy turned, the whistle dying on his lips, his uyes full of surprise. He knew how much his father wanted him to pass, yet there was so reproof in his voice ; he was even smiling a ttie, and his grip brought a rush of

damb gratitude to the boy's throat. "Began to 'make up' too late, didn't you?" his father asked." The boy nod

"Well, it was a failure, of conject whether it stays a failure or not depends upon what it has done for you, Pallure is one of the commonest things in life-fallure in a man's business, in his ambition, in his hopes. Jewitt failed the other day-do you know what his creditors are going to do?"

"No," they boy answered, eagerly. "Bet him up again. It was a signi-Scant failure conditions be conidn't hold out against without dishonesty, so be let everything also go and kept his honor ; and his creditors are going to help him on his feet because they believe in him. Now, Dick, I believe in my boy, and I am going to let him deside for himself. I'll find you s position, or you can take the year over and try again. That would be tough, I know, perhaps too tough for you. I skall not say a word if you choose

But the boy's head was up now, bi eyes clear and determined, looking

straight into his father's. "I'm going to take it over," he de

A Cure for Fever and Ague.-Disturbances of the stomach and liver always precede attacks of fover and ague, showing derangement of the digreeive organe and deterioration in Suffered With Kidney Trouble thanquality of the blood. In three affinente Parmeles's Vegetable Pille have been found most effective, abat ing the fever and subduing the ague in a few days. There are many who are subject to these distressing disturbannes and to these there is no better pre paration procurable as a means

Truth may also be a joy forever, but

it is seldom a thing of beauty. Many the man who is oure he laright hasn't enough spergy to go sheed. A woman seldom finds any good her bushend by the detective method A good way to respect people is no

The man who has plied up a fortune

to be intimately acquainted with

NEVER NEGLECT HEADACHE.

is often a source of speat suffering, and its presence is likely symptomatic of some issage burking in the system. To get rid of the besdache, and thus revent more arrious troubles, it is absolutely necessary to cleaner the system of all waste and poisonous matter, and keep the bowels well open, the clogging of the bowels being one of the principle causes of bandacks. Burdock Blood Bittess regulates the bowels, and makes their movement free and natural. A ours for headachs; a medicine that

curve where others fail Mrs. L. Banks, Mt. Hanley, N.S. writes: "Several years ago I was a constant sufferer from headache. I was all ren down, and nothing strend to do me say good. I read of Burdock Blood litters, and decided to give it a trial. The result was marvellous, the headache stopped entirely, and I feel betty in B.B.B." Manufactured only by The T. Milbern Co., Limited, Toronto, Out.

Too often the charity that begins at some im't worthy of mention. Rolleves Asthma at Little Expense.

Thousands of dollars have been valuly spent upon remedies for asthma and soldom, if ever, with any relief. Dr. -8. K. Kieer. J. D. Kellogg's Asthma Remedy, despite its assurance of benefit, costs so little that it is within reach of all. It is the national remedy for authors, far removed from the class of doubtful and experimental preparations.

When a man loses his beart his head

has to do a lot of extra work. For Asthma and Catarrh. -It is our of the chief recommendations of Dr. Phomas' Eclectric Oil that it can be word internally with as much success as it can outwardly. Sufferers from and patched and nerved from dawn anthen and osterrh will find that the until bedtime, and in the night was up Oil when used spoording to directions ferers from these allments have fou relief in the Oil and have sent testi

Children Cry FOR FLETCHER'S CASTORIA

AFRAID OF BRAPOMSIBILITY

Do not be afraid of responsibility matter of fact responsibility is your best friend. Through it you grow

Through it you succeed. A great many people profess their willingness to help in various enterprises, provided they have no responsibility in the matter. Help of that sort is absolutely worthless. A helper who disclaims all responsibility is handicap to any cause so unlucky as to have his allegiance.

Some workers are laughed at by their fellow amployees for assuming responsibility unnecessarily. The weight of the whole establishment seems to rest on their shoulders. They are thinking bow to bave a little needless expenditure berg, or make a little profit there, just as if the surplus were to go into their pockets. The shortsighted laugh and prove their short

who will climb over their heads some Do not be afraid of responsibility. It may look rather grim, but it is your best friend. Do not try to dodge it To escape it is to run away from suc-



to your family to give it a trial ! It ends pain and it 600 has all Druggists & Stores.

has a little good sense and a little If a man is old and ugly, and his wife is young and beautiful, it may

a sign that he has more dollars than

For Ton Years.

These who have never been troubled with kidney trouble do not know the suffering and misery which those affected undergo.

Weak, issue or aching back comes from the kidneys, and when the kidneys are out of order the whole system becomes derayed. deranged.

Donn's Kidney Pills go right to the sent of the trouble, and make their action regular and natural.

Miss Mary Doley, Possifield Ridge, N.B., writes:—"I now take great pleasure in expressing myself for the benefit I have obtained from your wonderful medicine, Donn's Kidney Pills. Having been a sufferer with kidney trouble for the last ter years, had having spent hundreds of deflers in the so-called 'Quack' curve, from which I derived no benefit whatever, and after having been advised to try Donn's Kidney Pills, I at once purchased a bent stall from the first obtained relief, and after having taken five beans am new completely owned.

Donn's Kidney Pills are 50 outs per box, or three losses for \$1.26, at all

place by the first land on the said

The Kind You Have Always Bought, and which has been in two for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to decrive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the bealth of Infants and Children-Experience against Experiment.

What is CASTORIA

Castoria is a harmious substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Poverishness. It cures Diarrison and Wind Colic. It relieves Teething Troubles, cures Constipution and Platulency. It assimilates the Food, regulates the Stomack and Bowels, giving healthy and natural sloop. The Children's Panacon "to Mother's Friend.

CASTORIA

Bears the Signature of The Kind You Have Always Bought In Use For Over 30 Years.

PROVED HIS CONTENTION

The mother was at the soo with ber little boy, and the boy said, "Mother. come and see the dangeroos," The mother corrected him, saying, 'Not dangeroos, dear-kangaroos." "No, mother, dear," said the boy "they are dangeroos. Come and 17

show you." He led his mother to where there animals, "These Animals Are Dengarlous."-London P. I. P.

RHEUMATISM

Completely Cored by GUE PILLS

Mr. W. G. Reid, of Hamilton, Out one of the best known and most highly respected commercial travellers in Canada, was a cripple from Rheumatism and suffered terribly. GIN PILLS cured him. Mr. Reid writes as follows:

ripple with Muscular and Inflammatory Rheumatism, I tried almost everything known to medical science to relieve me of the intense pain and inflammation. I sought change of climate in Kentucky and other Southern points without relief. Your manager in this city recommended GIN PILLS and I have since taken eight boxes and am now cured. I consider GIN PILLS the conqueror of Rheu-matism and Kidney Diseases."

Gin Pilis is sold with 'a positive refunded. 50c. a box, 6 for \$2.50. Sample free if you write National Drug and Chemical Co. of Canada, Limited,

Corns cripple the feet and make walking a torture, yet sure relief the shape of Holloway's Corn Cure li within reach of all.

BE THE RIGHT BORT If people avoid you, if you have sense of being alighted or ignored, do not jump to the conclusion this it a friendly. Young folks who are let alone must not hold the world responsible altogether. Perhaps it is rather selfish but it Is not Indifferent. It always ready to welcome the righ sort of people, and if you are left out side the circle it is because you are no the right sort altogether. The world is looking for cheerful people, entertaining people, reliable people. It wants smiles and good sense and helpfulness. You can be the right sort if her-just as if she didn't know it all you will. Try it.

Freed From That Weak, Languid, Always Tirod Fooling, by Lydia E. Pinkham's Compound.

Thessalon, Ont .- "I cannot speak too guid, always tired feeling, I get a bot-

speak highly enough of it. I take pleas-

Mrs. Annin Cameron, Thousalon, Ont. Women who are suffering from those doubt the ability of Lydia E. Pinkham's Vegetable Compound to restore their

There are probably hundreds of thou-sands, perhaps millions of women in the United States who have been benefited by this famous old remedy, which was years ago by a woman to relieve wo-man's suffering. If you are sick and need such a medicine, why don't you try it?

If you want special advice write to

A fool can shatter a wise man's arrument with an idiotic laugh.

It is a Liver Pill .- Many of the ail ments that man has to contend will have their origin in a disordered liver which is a delicate organ peculiarly susceptible to the disturbances that come from irregular habits or lack care in sating and drinking. This accounts for the great many liver ragulators now present on the attentior of sufferers. Of these there is ponsuperior to Parmelee's Vegetable Pills Their operation though gentle effective, and the most delicate can us

Children Cry FOR FLETCHER'S CASTORIA

You won't be forced to est rords if you pay compliments. The man who attends strictly to hi own business seldem has a headache

the next morning. Occasionally a young man married girl to reform her—thinking he car break her of the habit of pointing out every toe cream and oyster sign she

WAS SO NERVOUS COULD NOT EAT OR SLEEP.

There are many people who become worn, weak and miserable because their nerves become so unstrung they cannot sleep, and wherever there are ones troubled in this way they will find that Milburn's Heart and Nerve Pills will restore the deranged nerves to full life They do this by their invigoration

the whole system to a perfect condition.

Mr. George McBeath, Round Hill,

N.B., writes:—"I take the pleasure of
writing to tell you the great benefit

Milburn's Heart and Nerve Pills did for me. I was so nervous I could not eat or sleep, and could not even do my work, and I (siled to a shadow. Finally I consented to try Milburn's Heart and Nervo Pills, and have only taken two boxes, can cat and aloep as well as over I did I can't praise your medicine too highly.

My wife is taking them now for palpitation of the heart and is improving

The price of Milburn's Heart and North Fills is 50 cents per box, 3 boxes for \$1.25. For sale at all dealers or mailed direct on receipt of price by The T. Milbers Co., Limited, Toronto, Out.

It's surprising how surprised a girl

CASTORIA The Kind You Have Always Bought Bears the Chart Hitches

KITCHENETTER

Paste an envelope in your onokbook for recipes that you out from papers and magazines. When making desserts allow one seaping tablespoonful of granulated

sugar to each egg and a half pint of Always in cooking vegetables start them in boiling water. A teaspoonful of salt to each two quarts of water is

For an appetizing salad minoe couple of green peppers, mix them with three tablespoonfuls of chopped chives and serve on white lettuce paver with French dressing. Shredded red cabbego and white celery cut fine make a very popular

salad. Sprinkle the top of the salad with a tablespoonful of minced unken and dress with oll and vinegur. When cooking ketchup, jelly, etc., try putiling a few marbles in the kettle to prevent burnlog. The heat will keep the marbles rolling and thus pre vent the ketchup, sto., from atloking

to the kettle. When roasting a fowl in a gas stove put three tablespoonfuls of water into the meat tin at the bottom of the stove. You will find the ateam will make the produced from roots and herbs over 30 bird tender and offviate the necessity of centinually besting (r.

Mothers can easily know when their Lydia E. Pinkham Medicine Co. (conf. | children are troubled with worms. dential) Lyan, Mass. Your letter will and they lose no time in applying the wrapper; & pine trees the trade mark,

MABEL'S CHITCHAT

Dear Kisa -- Dick and I have just come back from a delightful week end visit to a particularly charming young matron of our acquaintance who seems to have discovered the secrets of true bospitality, that virtue so rare in this bustling life of today. I am going to tell the story of hospi-

tality as it was told to me. "When we were first married," said this young matron, "we didn't have a apare room at all 'If people came to visit us we had to turn out of our room and camp on couches during the visit. Hot when we moved into a larger house said to my busband:

"'Do you remember the story of the women who kent a room ready for a prophet so that he might come and go so be pleased without troubling any one? Her bomitsity brought her good lack in time of trouble, and I think it would be rather nice if we had a prophet's chamber, too, a little room always ready for our friends." "If our unique spere room has not

brought us luck it has certainly ensbled us to make a number of grateful and warm friends who can be trusted to stand by us in time of trouble. "It's quite an ordinary little room. this prophet chamber of ours, with a single bed, a big chair which can be turned into a second bed if necessary. a washeland and a dressing table with s chest of drawers below it. These

that we think our guests are likely to beed, so that they beed not mind coming without a bag. "One akle of the chest belongs to men visitors and the other to women. lowing things:

drawers are stocked with everything

"A pair of pajamas. "A pair of loose slippers which will be comfortable to tired feet. "list" a dosen collers of different sizes, so that any man will be able to fit bimself with a clean one if he needs it to the morning.

"A rator and shaving soap. "Clean bandkerchiefs. "On the side belonging to the women

"A nightgown. "A thin woolen yest for those who like something warm under the gown. "A dressing jacket and a dressing rown, a pair of bedroom silppers in be shape of 'mules.' These fit any one. because only the toes are slipped into "A well stocked pincushion.

"A little pot of tollet cream. "A bottle of can de cologne.

"Waving pins and hairping. "The greats who visit us often have oothbrushes labeled with their names. but for the chance gnest I always keep a supply of new brushes." Now, tsn't this a splendid idea? have begun to get things together al ready for a prophet's room.

To talk of something else: A very clever woman has dramatized "Little Women," and the play is having a great run here in New York. Miss Aldrich has made Jo and Meg. Amy and Beth, to my nothing of Laurie and the professor, Marmes and Aunt March such real characters to all of her readers that L who was brought up on the book, was afraid the play would be disappointing. Quite the reverse was the case. It is charming, and even Jo's boots-the famous beloved old boots that "were given her by a friend who knew a lady who knew an actor"-these actual boots

were loaned by John Olcott, a nephew of the author, who was one of Mer's scene. Everything is right, from the gerantums blooming on the window silf to the old fashloned pictures and chairs, and, yes, there was Beth's doll eradie. looking an if it had been up in somebody's attic for fifty years, too precious to throw away, too "queet"

for the children of today, who must have bram beds for their dolls. There is Jo, of course. Where else could she be but lying on the floor in front of the fire, enting an apple, with her wonderful hair bundled into a net? "Christmas won't be Christmas without any presents"-the very words of the book. And a lump rose in my throat as I remembered the Christmas I found "Little Women" in my stocking, put there by father. Then there was Laurie, not quite

sandsome, I must acknowledge, as the bero of my dreams, but quite irresistible when you got to know him. He toused the girls and loved blarmes and paid special attention to Jo, and, oh, dear, if he didn't propose to her againt That dreadful accord if Louise Alcolt know how many girls have wept and wept over that chapter! When lieth dies there is not a dry dye in the house. And then come Jo and ber professor. Those of us who can forgive Jo for deserting her "boy" in the book have to fight all over again, for the professor is fat and has not a sense of humor like Laurie. The professor's proposal in the play takes pince in the orchard at Plumfield, for it would be impossible to have a rainstorm on the sings. Itut it's all just wonderful, and Pours devotedly.

NEXT TO CONSUMPTION THERE ARE MORE DEATES From PHEUMORIA

Than Any Other Lung Trouble. Preumonia is nothing more or less than what used to be called "Intlammation of

the Lungs." Consumption may be contracted from others, but as a rule pneumonia is caused by exposure to cold and wet, and if the cold is not attended to immediately serlous results are liable to follow. Them is only one way to prevent

moumonia and that is to ouro the cold on its first appearance. Dr. Wood's Norway Pine Syrup will do this for you if you will only take it in

Dr. Wood's Norway Pine Syrup contains all the essence and lung booking powers of the famous Norway Pine tree-Mr. Hugh McLood, Esterhany, Sank. writes-"My little boy took a very severe cold, and it developed into pneumonia. The doctor said he could not live. I got some of your Dr. Wood's Norway Pine Syrup, and he began to improve. Now he is a strong healthy child, and shows no sign of it ever coming

The price of this remedy is 25 and 50 cents per bottle. It is put up in a yellow he spend, read and answered by a best of remedies--Mother Graves' and is manufactured only by The T. Quebec St...

2000000000

E ALL ADVERTISE. A man advertises his character by his deeds, his wisdom by his words or by his silence. A merchant's store, stock and windows speak either well or ill of his business. So when a man says "No, I do not advertise," he knows not what he says. What he really means is that he does not publish printed advertisements.

Some proclaim this as though it were a virtue-yet spend much effort and invest much money in advertising their business through mediums other than the printed word. Theymay make their wares fit for a king-yet hesitate to introduce them to Brown or Smith. This is inconsistency .- Advertisers' Bulletin;

NEW SOFT HATS

The Latest New York Novelty in Serge Blue. Handsome style at See my Special Hard Hat at

THEY ARE LEADERS

R. E. NELSON

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- OF CANADA

Hvery person who receives and pays out money should have a chequing account. Payment by cheque is the most practical, posvenions and salest method of handling all financial transactions. whether of a business or personal character. The return of cancelled chaques are vouchers for every sum paid out; they show what disbursements have been made and to whom. Deposits are received by this Bank subject to cheque withdrawal. We pay the same attention to small depositors as we do to large once and encourage their accounts. Interest allowed on all Savings accounts, compounded half

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ACTON BRANCH: F. A. MacLean Manager

ford on my Warmest Kind

For Cold Weather Tougher horsehide will never be found, because the best is used for Storey's Gloves and Gauntlets. And yet the akin, because carefully tanned by the chrome process, is made pliable, insuring extraordinary fire-proof



CONSCIENTIOUS Plumbing . Heating

IS NOT A MYTH WITH US

To the contrary, we make it the most important factor. So, if you favor us with your patronage, you will enthusiastically endorse us.

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Planing Mills A RE you thinking of mak

ing a change in the arrangement of tooms in your to delenes, so the time for annual house cleaning arrives ? Diese it require repaire to placter? If so, we have in stock Patent Hard Wall Plaster in tacks. This only requires

the adding of water to make it ready to apply. How about renewing the old pine there with I in hardwood. making them sanitary and upto the minute in atyles? We have this flooring in Oak, Birch

and Maple. A Full Line of Building our Yards

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Commenced and and the same

Your chopping will be done quickly and well. on either plates or stones, if taken to the-

ROCKWOOD Chopping Mills

Oatmea Shorts The best at lowest

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