

The Acton Free Press

THURSDAY, APRIL 24, 1913

I CAN DO IT

The grade is steep and the hill is long. But the pug-nose slings its merry song. I can do it. I can do it. I can do it.

I CAN DO IT

The load it drags is far from light. But it pulls with all its sturdy might. And its song is as clear as a bell. I can do it. I can do it. I can do it.

I CAN DO IT

The grade of life is steep and long. But what of that if your heart is strong? You can do it. You can do it. You can do it.

I CAN DO IT

The load you bear may not be light. But beyond the hill is a wide, wide world. I can do it. I can do it. I can do it.

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MRS. DEPENDER

A heart may beat true under the ragged coat. That instinct of chivalry which rushes to the defense of the weak and the oppressed dwells in every manly boy, be he rich or poor, big or little.

He wasn't very big, but he was a sturdy little chap, with a face that bore the marks of much thinking and premature responsibility. He was calling his evening papers good and loud and every foot of the way.

A ragged young girl was walking flowers near by, when a man, rushing to catch his car, knocked her against the side of the building. Without stopping, probably without noticing what he had done, he continued his rush, when the boy stepped in front of him defiantly: "Hey, what do you want to knock a girl down for? Hit me; I'm big enough."

The man paused in surprise, and then the flower-picking girl, who was the flower girl picking up her wares, and understood. Without a moment's hesitation he went back to her, gave her enough money to make her eyes sparkle with joy, and but for the fact that he was my dear, that I hurt you, I didn't see. Then turning to the boy he continued: "You said you were big enough, young man, but you're a great deal bigger than you think. Men like you will have a lot to do with keeping the world in a condition of self-respect."

Then he caught his car, and the boy and girl stood there wondering what he meant.—H. H. Messenger.

HAD HAD SORE FOUR YEARS

KAM-BUK HAS HEALED IT!

Mrs. Wilson, 115 Wickson Ave., Toronto, says: "About four years ago a sore spot appeared on the right side of my face. This spot increased in size until it became about half an inch in diameter and very painful. I was in a constant state of pain. I had it enlarged, tried positions and all kinds of salves, but it was a mere cure for the time. I had it enlarged, tried positions and all kinds of salves, but it was a mere cure for the time. I had it enlarged, tried positions and all kinds of salves, but it was a mere cure for the time."

"I don't see how you can bear it," said a girl to a friend who paid weekly visits to a children's hospital, taking along picture books and games for entertaining the little ones. "I'm too sympathetic to see such suffering. The misery was in the world but by keeping away from it, she made herself a more cheerful person. I believe that life will be easier for everybody, and incidentally cheat himself out of the chance to be helpful."

Be fair with yourself.—Do not try to cheat the mind by working the eye. HOW DOES YOUR WORK RANK? How does your work rank in the scale of importance? Which do you consider most necessary, to take things easy, or to put your very best into your work? Do you find it hard to turn your thoughts from some anticipated pleasure to your work, or is it difficult on the other hand, to force yourself to forget about your work as you go to your vacation?

When a young man's work ranks third or fourth in the scale of his interests, it is not surprising that he is not very successful. If his heart is not set on his work, his pleasure second, and his work poor third, it is safe to say that he will never get to the top of the ladder.

As a verminiferous there is nothing so potent as Mother Greene's Worm Exterminator, and it can be given to the most delicate child without fear of injury to the constitution.

Children Cry FOR FLETCHER'S CASTORIA

THE LIFE THAT BEARS STRIVING Our ideal is a life from which struggling has been eliminated, a life where everything good comes easily, and everything bad and unpleasant is banished out. But character is not developed in such a lifeless existence. For making men and women, the life which means striving and sacrifice is vastly superior to that where the sky is always unclouded. Do not quarrel with God's plan for your best development. Do not find fault with His scheme for making you all that you ought to be.

Don't get discouraged. History is full of "also rans." Life is a conundrum that everybody gives up sooner or later. A sensible young man never throws himself at the feet of a girl who throws herself at his head.

When one considers the press against heads by which some people acquire fame, he doesn't care much whether he acquires it or not. No one need endure the agony of coarseness with Holloway's Corn Cure at hand to remove them.

QUAKER QUIPS Success can seldom be bought on the bargain counter. The breath of scandal is the ill wind that blows nobody good. Don't strike a man when he is down. Even an idea will seldom do that. It takes a mighty man to be truthful and popular at the same time. Love in a cottage is slight, provided it also supplies a town house for the winter.

BEAKING THE NEWS Marton, who had been told to report her misdeeds promptly, came to her mother one day, sobbing piteously. "Mother—I broke a brick in the fireplace." "Well, that isn't very hard to remedy. But how on earth did you do it, child?" "I pounded it with father's watch."—Pittsburg Press.

A FALSH STATEMENT "What's your body hurt in that train smash, wasn't he doctor?" "Very. We had to amputate both legs." "How sad; will he pull through all right?" "Oh, yes; we'll have him on his feet again in less than three months."

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Fletch-son and has been made under his personal supervision since his infancy. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Dr. J. C. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years.

PLEASANT THOUGHTS

"Sorry, Brown," said the doctor, after the examination. "You're in a very serious condition. I'm afraid I'll have to operate on you." "Operate?" gasped Brown. "Why I haven't the money for operations. I'm only a poor working man." "You're insured, are you not?" "Yes, but I don't get that until after I'm dead."

"Oh, that'll be all right," said the doctor, consolingly.

"MY BACK HAS NEVER TROUBLED ME

Since Taking GIN PILLS

Lynn's Brook, N.S., Feb. 26th. "You are perfectly free to use my name in any way to benefit GIN PILLS, for they deserve the highest praise. My back has never troubled me since taking GIN PILLS and my wife feels much better after taking GIN PILLS for her back. She thinks GIN PILLS will make a complete cure."

JAMES L. NAUSS.

GIN PILLS will always relieve Lame Back, Sciatica in Back and Legs, Rheumatism, Burning and Scalding Urine, Painful Urination, Weak or Strained Kidneys, and always prevent taking cold in the kidneys and bladder. Every box is sold with a positive guarantee to give prompt relief or money refunded. 50c. a box, 6 for \$2.50. Sample free if you will write National Drug and Chemical Co. of Canada, Limited, Toronto.

Children Cry FOR FLETCHER'S CASTORIA

THE SAME REASON Young Betty had just told her mother of her engagement to a charming young man who was not only well-to-do but also a member of the world's gentry, and he met with immediate objection. "Now, mother, dear," said the young man, "don't get angry with me for falling in love with her. Besides, you were poor and girl yourself when you first met father."

"Yes," replied Mrs. Betty, "so I was. But so was your father. And I married him because I knew he would succeed."

"Well, mother," he said, "and she is going to marry me because she didn't see you?"

MOTHERHOOD SUGGESTIONS

Advice to Expectant Mothers The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for herself. Of course nearly every woman nowadays has medical treatment at such times, but many approach the experience with an organ untried for the kind of strength, and when it is over her system has received a shock from which it is hard to recover.

There is nothing more charming than a happy and healthy mother of children, and indeed child-birth under the right conditions need be no hazard to health or beauty. The unexplainable thing is that, with all the wisdom of advanced science and broken health resulting from an unprepared condition, and with ample time in which to prepare, women will persist in going blindly to the trial.

Every woman at this time should rely upon Lydia E. Pinkham's Vegetable Compound, a most valuable tonic and invigorant of the female organism.

In many homes once children there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women healthy and strong.

If you want special advice write to Lydia E. Pinkham Medicine Co. (consultant) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

THE NEEDS OF THE NEW ENGLAND HOUSEKEEPER is a matter of common remark, and the husbands in that part of the country are supposed to appreciate their advantage.

His bits of dialogue reported as follows shows that there may be another side to the matter. "Martha, have you wiped the sink dry yet?" asked the farmer as he made final preparations for the night. "Yes, Josiah," she replied, "Why do you ask?"

"Well, I did want a drink, but I guess I can get along until morning." Newark (N. J.) Star.

A LESSON IN ETIQUETTE The captain was trying to impress upon the waiter the importance of saying "Sir" in addressing his superior. "How's her head?" he asked. "Not by east," answered the old tar gruffly. Another trial was without success.

"Let me take the wheel," said the skipper, "and you ask me the question." "Ow's her head?" roared the sailor. "Not by east, sir," replied the captain. "Keep her so, my man," said the old tar, "while I goe forward and has a smoke."

NOT A BEHIVE

They were nearly married and on their honeymoon trip. They stopped at a skyscraper hotel. The bridegroom felt a little weak and the bride said she would slip out and do a little shopping. In due time she returned and tripped lightly up to her room, a trifle awed by the number of doors that looked all alike. But the great size of her own and tapped gently on the panel.

"I'm back, honey, let me in," she whispered. "No answer." "Honey, honey, let me in," she called again, rapping louder. "No answer."

"Honey, honey, it's I, your Queenie, do let me in." There was silence for several minutes—then a man's voice called out faintly, came from the other side of the door.

"Madam, this is a bathroom—not a ladies' lavatory."

Miller's Women Powders are devised to promptly relieve children who suffer from the ravages of worms. It is a simple preparation warranted to destroy stomachic and intestinal worms without shock or injury to the most delicate system. They act thoroughly and painlessly, and though in some cases they may cause vomiting, that is an indication of their powerful action and not of any nauseating property.

MADE HIM DRIVE ANYWAY Master (to coachman): "Go down to the well, Thomas, and fetch Bridget a bucket of water." Thomas: "Beg pardon, sir, but I was engaged to drive 'brass' out and to fetch water for the cook."

Master: "Very well; just harness the horses and drive Bridget to the well."

Suffered With A Lame Back

COULD NOT STRAIGHTEN UP.

Many people fail to understand the significance of a lame, weak, sore or aching back. When the back aches or becomes weak it is a warning that the kidneys are affected in some way.

"I was suffering with a lame back, and for two weeks was not able to straighten up to walk, and hardly able to sit down for the pains in my back, hips, and legs. I had tried all kinds of pills, plaster, liniments and medicines, without any relief. One day I read about Doan's Kidney Pills, and decided to try them. Before I had half a box used I felt a great deal better, and by the time I had used two boxes, I was cured. I have no hesitation in recommending Doan's Kidney Pills."

Mr. C. Grace, Hamilton, Ont., writes: "I was suffering with a lame back, and for two weeks was not able to straighten up to walk, and hardly able to sit down for the pains in my back, hips, and legs. I had tried all kinds of pills, plaster, liniments and medicines, without any relief. One day I read about Doan's Kidney Pills, and decided to try them. Before I had half a box used I felt a great deal better, and by the time I had used two boxes, I was cured. I have no hesitation in recommending Doan's Kidney Pills."

When we laugh at our troubles we lighten them. Troubles and smiles cannot chum together.

The Beauty of a Clear Skin.—The condition of the liver regulates the condition of the blood. A disordered liver causes impurities in the blood and these show themselves in blemishes on the skin. Paroselle's Vegetable Pills in acting upon the liver act upon the blood and a clear, healthy skin will follow intelligent use of this standard medicine. Ladies, who will fully appreciate this prime quality of these pills, can use them with the certainty that the effect will be most gratifying.

RATHER THIN Two farmers were comparing notes about the elder they had manufactured. "How many barrels have you put up this year, Joe?" asked the other. "Only seven, Silas," was the reply. "Got any handy?"

"Certainly." And Joe went down into the cellar, returning soon with some of the apple fluid in a big tin. "Here, Silas," he said, "try that." And Silas sipped. "Well, what do you think of it?" inquired Joe. "Silas shook his head dubiously. "How many barrels did you say you put up, Joe?" he asked. "Seven."

"Well, Joe, if you'd had another apple you might have made eight."

FELL AWAY TO A SHADOW.

All Her People Thought She Had CONSUMPTION.

Mrs. Wm. Magle, Lower Ship Harbor East, N.S., writes: "I am sending you a testimonial of my cure by Dr. Wood's Norway Pine Syrup. Last May I took a cold, and it settled on my lungs. I got so bad I could not rest at night. I had two doctors to treat me but got no relief. "All of my people thought I had Consumption. I had fallen away to a shadow. I had given up all hope of ever getting better again until my daughter went to a store one day and bought one bottle of Dr. Wood's Norway Pine Syrup. After taking half of it I felt better, so I got two more, and thanks to them, I am well to-day, and able to do my house work. I cannot say too much in its praise, and I shall always keep it in the house."

Dr. Wood's Norway Pine Syrup contains all the lung healing virtues of the famous Norway Pine tree which makes it the very best preparation for Coughs, Colds and all Throat and Lung Troubles. See what you get "Dr. Wood's" when you ask for it. There are many imitations on the market.

Price, 25 and 50 cents. Be sure the name, The T. Millburn Co., Limited, is on the yellow wrapper.

"NO! I DON'T ADVERTISE"

WE ALL ADVERTISE. A man advertises his character by his deeds, his wisdom by his words or by his silence. A merchant's store, stock and windows speak either well or ill of his business. So when a man says "No, I do not advertise," he knows not what he says. What he really means is that he does not publish printed advertisements.

Some proclaim this as though it were a virtue—yet spend much effort and invest much money in advertising their business through mediums other than the printed word. They may make their wares fit for a king—yet hesitate to introduce them to Brown or Smith. This is inconsistency.—Advertiser's Bulletin.

THE NEW SPRING HATS

The Hawes Von Gal at \$3.00 The Borlinda Hat at \$3.50 Tig Morley Hat at \$2.50 Nelson's Special at \$2.00

The Best Hat Values in the trade.

R. E. NELSON

Merchant Tailor Men's Furnishings

Wycham Street GUELPH - ONT

The Merchants Bank

OF CANADA

Every person who receives and pays out money should have a checking account. Payment by cheque is the most practical, convenient and safest method of handling all financial transactions, whether of a business or personal character. The return of cancelled cheques are vouchers for every sum paid out; they show what disbursements have been made and to whom. Deposits are receipted by this bank subject to cheque withdrawal. We pay the same attention to small depositors as we do to large ones and encourage their accounts. Interest allowed on all Savings accounts, compounded half yearly.

Total Assets \$81,928,962.49

ACTON BRANCH: F. A. MacLean - Manager

Storey's Gloves

Warmest Kind For Cold Weather

Tougher horsehide will never be found, because the best is used for Storey's Gloves and Gauntlets. And yet the skin, because carefully tanned by the chrome process, is made pliable, insuring extraordinary wear resistance. Waterproof and fire-proof—the best working gloves on the market.

Sold at all stores. Insist on Storey's.

With Storey's Acton, Ont.

CONSCIENTIOUS Plumbing & Heating

IS NOT A MYTH WITH US

To the contrary, we make it the most important factor. So, if you favor us with your patronage, you will enthusiastically endorse us.

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Table with 4 columns: Train Name, Time, Destination, and Notes.

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FIRST QUALITY BREAD - CAKES WEDDING CAKES BIRTHDAY CAKES ETC. - ETC.

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The popular Imperial Counter Check Books, manufactured by the Appleford Counter Check Book Co., Limited, Hamilton, may be ordered at The Park Plaza.

Samples and prices of all styles shown on application. Prompt Delivery. There are many imitations in use in Acton that you other Check Book.

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