KEEP AT IT If the job you have it tough. Keep at it; If the road you tread is rough, It your goal is far away. Do not give up in dismay, You will reach it some fine day,

Chep at it. If you're fighting for the right, \_ Keep at it; Bettle on with all your might, Keep at it; Fon it matters not how strong, Seem the remperts of a wrong, Right will conquer them 'ere long.

Keep at it: If you want to reach the top, Keep at it : Forge shead and never stop. Keep at it; Steep indeed may be the bill But the goal's not hopeless till

You let failure crush your will,

BOTTLED HAM Admiral Peary, we are told by writer in the Woman's World, used only ten as a elimulating drink on ble polar expeditions. The fact of for him frequent opportunity

I:am talking with a than who questions me in regard to my arctic work, says the admiral, and I remark. "Tra is much better than Probles ham." "Posbles ham ?" he says. "What le Peobles ham?

"Did you never hear of Peoble ham? I reply, and then I go 'on There were two old Soutch women Mrs. McWhirter and Mrs. McBear who met on the road one day and Mrs McWhirter said, 'Loch, wuman ye's far free hame the day !

" 'Aya,' said Mrs. McBean, 'I was julat yout at Pachles, Saunders Mc Nabb, o' Pechles, Reeps rate guld bam. Oor John, ye ken, likes a bit guid ham an' is aye yammerin' about the hau

bein' ower fat and over saut.' " 'Oor Tam,' said,' said Mrs. M Whirter 'le the same wy. There's nas pleasin' him wi' his ham. Faith, I'll there is work to do.

has tae gie McNahb a trial. "Bo Mrs. McWhirter journeys inti Posbles, and she says to Saunders McNabb, the grocer, "Gle us a pund o'

"What kind wad ye like? asked "Ob, just the kind that Mrs. Me

Bean gets,' hald Mrs. McWhirter. "McNabb smiled faintly. "'A'richt,' be said. 'Whaur's yer bottle ?"

No matter how deep-moted the core or wart may be, it must yield Holloway's Corn Cure if used as direc-

#### A FOOR DOG

A man in Missouri recently sued

rallway company for damages for the death of a bound killed on the track. The company defended itself upon the following points : Said dog was chasing a rabbit up

defendant's track in violation of the game laws. Said rabbit lived on defendant's right of way, and was therefore the

property of the defendant. Plaintiff's dog was a trespassor and was hunting defendant's property without permission.

Anid deceased was not much of a dog anyhow, or it could easily have kept out of the way of the defendant

And having fully answered, defend ant praye to be discharged.

#### Children Cry FOR FLETCHER'S CASTORIA

THIRTY YEARS LATER

constal barber. One is raminded of the tomorial artist who operated in the same village for fifty years and never made a mistake. In his sariy days a handsome boy sat into his chair. "Bhave, air I' asked the barber.

"You flatter me," laughed the youth "You flatter me. No. I can only use Yours passed. In fact, thirty waste

"Helicont, sir ?" neked the harber. "You flatter me !" sighed the man

"No-only a shave." As a vermidde there is no preparation that equals Mother Graves' Worse Exterminator. It has saved the lives of countiess children.

ONE IDEA "What are these society people we bear about P' asked Mrs. Corntnerel. "I donno," replied the farmer. "hu

folks that make a regular habit of wearin' their Sunday clothes every

ONLY HIS GRAMMAR

"There sin't nothin' very bad about me ma'am there aln't," said the beggar at the back door. . "Think not?" again. said the lady with the spectacles, "How about your grammar?"

## Suffered With A Lame Back

CLD BOT STRAIGHTEN UP. Many people fail to understand the

then the back aches or becomes weak Heted in some way.

Heed the warning, oure the back and labor of any chances of serious kidney while following.

p to walk, and hardly able to sit down to the pains in my back, hips, and legation pains in my back, hips, and legation without similar to the same and medicines, without specified. One day I read about Doan's leasy Fills and decided to try them, were I had half a box used I felt a great

#### AN BLEPHANT MOTHER

Should there be a baby elephant at he Zoo do not fall to see his mother put him to had. . I saw it once and it was such a pratty sight that I should like to tell you about it. When I reached the enclosure be-

louging to the mother elephant, there was a little fellow dropped to his kneed on the carefully trodden bed, and after a few soft grunts from his mother he lay as a Well-trained child of the elephant family ought to lie. The mother's work, however was not yet done. She took up delicately the hay from the edge of the bed and began toming it lightly along his sides and op towards ble back until its ridges no longer showed.

When this was all done the small girl who had warned me not to disturb the proceeding, beaved a great sigh and turning to me said : "I would just like to know what they do it for."

So I told her, explaining the habit wild animals have of treading out their beds to make sure that there are no anakee in the grass; the necessity of dust powdering the young, whose skin is tender in the folds, and who are troubled by insects; the piling up of a dry grass around them to concest them

from the possible hunter. "My! Don't they know a lot? More talling what is said to be his favorite than some folks I fancy," said the tittle girl. "And she never punched nor pushed him, either, through he wasn't very quick," she added, speaking to a tired-looking woman who

stood by smiling. "No, dear," she said; "she has but one child to put to bed."-Exchange.

# CASTORIA The Kind You Mave Always Bought

More people go to church because they think they ought to than because It's lots easier to show enthusiasm when there is no need for it then when

There is nothing repulsive in Miller's Worm Powders and they are as pleasant to take as sugar, so that few children will refuse them. In some cases they cause vomiting through their action in an unsound stomach, but this is only a manifestation of their cleansing power. No Indication that they are hurtful. They can be thoroughly depended upon to clear the system of worms.

It is better to be honest from force of circumstances than not at all. A man naturally draws round him friends adapted to his own code of

The Oil for the Farmer .- A bottle of Dr. Thomas' Eclectric Oil in the farm house will save many a journey to the doctor. It is not only good for the children when taken with colds and the croup, and for the mature who euffer from pains and achee, but there are directions for its use on sick cattle. There should always be a bottle of it in the bouse.

MYSTERIES OF ASTRONOMY Uncle-Yes Tommy, It is quite possible that there are people in the

Tommy - Well, what becomes o them when there isn't any moon?"

SEFORM AND AFTER "Do you mean to say that such a physical wreck as he gave you that black eye P' asked the magistrate. "Sure, your honor, but he wasn't physical wreck till after he gave me the black eye," replied the complain-

## THOUSANDS OF PEOPLE SUFFER UNTOLD AGONY Dyspepsia.

It is one of the most prevalent troubles of civilized life, and the poor dyspeptic cannot even enjoy a meel without distress-ing after effects, for nearly everything that enters a weak dyspeptic stomach acts as an irritant. Burdock Blood Bitters will regulate the stomach, stimulate sceretion of the saliva, and gastric juice to facilitate digretion, remove acidity, and Mrs. Dennis Hobert, St. Boniface, Man., writes:-"I have used Burdock Blood Bitters, with great success, for dyspopels, indigestion and sour stomach. I was terribly troubled with my stomach for months, and spent a lot of money without getting any relief, until I han-pened to see about a woman using it, and her trouble seemed the same as mine. I tried one bottle, and was so much relieved, I bought five more, and the taken them, and I now can est any-Manufactured only by The T. Milburn ... Limited, Torquio, Ont.

A bookkeeper out of a job is naturily a man of no account. There would be more people at the

#### Children Cry FOR FLETCHER'S CASTORIA

MONEY THAT TALKS At the present time the queillon of mirecilon against counterfelt bank men is being discussed in England. ad much attention is being attracted y a new invention known as the

"menking" bank note. Should a system of the kind adopted the note will not only concern the eye, but will awart its genuineness in a loud and intelligent voice should it be placed in a phonograph.

-In fact the onto parries agrees phrase would highly recommend them to all which is inscribed on the edge just as in a phonograph cylinder, using a specially prepared paper for this burpose. Any kind of phrese can natur. Size, 50 can's fire the whole of the state of the voice.

State, at all dealers, or mailed direct or when it will speak for (see it, second of price by Milburn Co. to the will speak for (see it, second of price by Milburn Co. to the will speak for (see it, second of price by Milburn Co. to the will speak for (see it, second of price by Milburn Co. to the will speak for (see it, second of price by Milburn Co. to the will speak for (see it, second of price by Milburn Co. to the whole it will speak for (see it, second of price by Milburn Co. to the whole it will speak for (see it, second of price it of ally be used, and its purport is of little

The Kind You Have Always Bought, and which has been in use for ever 80 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" and but Experiments that trifle with and endanger the boulth of Infants and Children-Experience against Experiment.

### What is CASTORIA

Castoria is a harmioss substitute for Castor Oil, Paregarie, Drops and Southing Syrups. It is Pleasant. It contains polither Oplum, Marphine nor other Narcotle substance. Its age is its guarantee. It destroys Worms and allays Foverishness. It cures Diarrheea no! Wind Colle. It relieves Teething Troubles, cures Coustipation and Flatuloney. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sloop. The Children's Panacon-The Mother's Priend.

CASTORIA ALWAYS CENUINE Bears the Signature of

The Kind You Have Always Bought

In Use For Over 30 Years.

THE DESTRUCT COMPLETS, TO INCOME PROPERTY, MANY VALUE AND

Parents and children often differ is their views concering the uses to which various articles should be put. As thus ! Mother (at breakfast)-You ought

table, George. George-I am using it, mother. have got the dog tied to the lag of the



have preved Zam-Suk best for ecrome and skin disease." As a mether you ewe it to your family to give it a

triel ! It dads pals and It 500 box all Druggiets & Stores

Reform like charity should begin at A person alone feels pretty loneso all slone in the world, but too man

relatives are not desirable. . The Pill That Leads Them, Pills are the most portable and compact of all preparations and when easy to take are the most accepable o all prepartions. But they must at test their power to be popular. As Parmelec's Vegetable Pills are the must popular of all pills they mus fully meet all requirements. Apourstely compounded and composed of ingredients proven to be effective in the digestive organs there is no sures medicine to be had anywhere.

"O. Willie, Willie I" cried a teacher to a hopelessly dull pupil. ever do you think your head is for?" Wille, evidently thought this was another of the troublecome question that teachers were always asking pondered it deeply.

"Please, mles," he replied at length to keep my collar on !"-Exchange.

ERRPING UP APPEARANCE "Did the burglare who broke in your house get anything? "About three hundred dollars worth of jewiry."

ewellery." "I did'at but three hundred do lare worth of jewellery looks better In the papers than a 'twelve dollar

"I didn't know you had that much

### COURS TOU CAROUTE TALK TO HER

SHE WAS SO NERVOUS. Discuses of the nervous system ar body may be sound while the nervous troubles and worry which fall to the lo of one who has to took after the trouble; incident to boundseeping, and when the

nerves become unstrung the heart is ul-In Milbum's Heart and Nerve Pills ombined a treatment that will core all forms of pervous disorder as well as act on the heart itself, and for this reason we

writes.—"I wish to tell you that I have used Milburn's Heart and Norve Pills. I was so nervous I could hardly let anyone talk to me until a neighbour told me to try your Milburn's. Heart and Neive Pills. I got three boxes, and did not

A woman who can't be flattered too pessimistic to ever make a happy

Could Hardly Live for Asthma Writes one man who after years of suffering has found complete relief through Dr. J. D. Kellogg's Asthma Ramedy. Now he knows how needless has been his suffering. This match less remedy gives sure relief to all filioted with asthma, Inhaled smoke or vapor it brings the belp needed. Every dealer has it or car get it for you from his wholesaler.

#### Ohildren Cry FOR FLETCHER'S CASTORIA

CONCERNING PRICES There are some boys who cannot see

high fence without wanting to climb t, and some older people want to defy anything in the way of a restriction. A probibition frets them regardless of the thing prohibited. Some illogical minds argue from this fact that all prohibition is wrong, but we cannot do away with fences because they stir up some boys to climb over them "Thou shalt not," began in Eden, and it will stand until the world is restored to the peace and purity of that primeval garden.

HER SERIOUS MISTAKE

"What caused the coolness between you and that young doctor? I thought You were engaged." "Rie writing is rather illegible. H sent me a note calling for 10,000 kies-

"I thought it was a prescription and ook it to be filled."

### WROTE BACK

A friend once wrote to Mark Twain health, and concluding, "Is there any- you sak for it. There are many imitathing worse than having toothache tions on the market and earsche at the same time !" Twaln wrote back-"You rheuma ism and St. Vitue dance."

# PEOPLE OF ONTARIO The Hospital for Sick Children

It would take more space than you can spare to tell of the good work done by the Hospital for Blok Chilme, in a few words, tell you of the steady growth of this Hospital. In the year 1875 there were only six nots and beds, one nurse, 44 in-patients and 67 out-patients. In 1913 there

were 350 cots and beds, 64 nurses, 1,294 In-patients and 17,863 on During the 37 years of the Hos

pital's existence, 19,370 in-patients have been admitted, and 133,724 outetlents bave been treated, a-total of 183,094, or an average of 4,188 per year. Of the 19,370 in-patients, 8,485 were from places outside of Toronto. cured, and 5.711 were improved. This of the 1.294 in-patients last year, 341 came from 218 places outside of Tor-

conto, so that the Hospital is not last, but a Provincial Institution. In the Orthopedic Department in 27 years, nearly 700 boys and girls have been treated for clubfeet, and about 600 were corrected. Half of these came from places outside of Toronto. help from the people of this Province. The Corporation of Toronto grants \$15,000, not only for the city children, but towards the maintenance of all patients in the Hospital, and the citisens of Toronto donate an average of \$15,000 annually to the funds of the

Will you, kind reader, think of what our money will do? It helps to resome health and strength, and gives sound limbs and strength feet to crippled boys and girls.

Remember that your pocket-book must be the Hospital's friend, if the Hospital's to be the children's friend. to open the purse of your kindness to

opin the heart of its help to the . Remember that your money can help the Hospital build a bridge over which the feet of little children may travel on the Journey from sorrow to

NO HANDQUPYS IN FRANCE

Handcuffs are altogether out of date .France, and ares never need. Instead of the bracelete every policeman carries a carbriolet, which is a very rough and massively made article resembling a huge watch and chain some ten inches long, with a stout wooden crossbar at sither and. An expert can allp this over the wrist of an offender in a twinkling, and with both the crossbars in his hand has only to give It a twist to inflict the most excrucialing palu and compel instant and lamblike submission.

Another common method of pre venting escape is to make the prisoner place both his hands in hisalde trouser pockets and then pass a string around his wrists and around his water and hid blm walk. He can walk at a very smart pace, but any attempt to rue out of a shambling trut immediately brings blus down, toos to the pave

If no atring is handy "Il the brace buttone of the trousers are out off and the culturit is made again to put his hands in his pooksts. As in the former case he can only walk, since so soon as he frees his hands his nether garments fall about his legs and he is "sutrave" in the latest fashlon,

Few of these devices are apparent to the casual passer-by, who often won dere at the passive docility with which some villainous looking individual under arrest follows his taptor to the station.

Ulean Stomach, Clear Mind.-The stomach is the work shop of the vital functions and when it gets out of order the whole system cloge in sympathy. The spirit fage, the wind droops and work becomes impossible. The first care should be to restore healthful action of the stomsch and the best preparation for that purpose le Parmelee's Vegetable Pills. General use for years has won them a leading place in medicine. A trial will attest their value.

Many people mean well who do not

Drinking wouldn't be quite so bad I It didn't make a man want to talk

A man's political affiliations in these trying days are often merely a quee

# FELL AWAY TO A SHADOW.

COUSUMPTION.

Mrs. Wm. Martin, Lower Ship Harbor Best, N.B., writen: "I am sending you a testimonial of my cure by Dr. Wood's Norway Pine Syrup. Last May I took a cold, and it settled on my lungs. I got so bad I could not rest at night. I had two dectors to treat me but got no relief. "All of my people thought I had Consumption. I had fallen away to ! shadow. I had given up all hopes of ever getting better again until my daughter went to a store one day and bought me a bottle of Dr. Wood's Norway Pine Syrup. After taking balf of it I felt better, so I got two more, and thanks to them I am well to-day, and able to do my house work. Leannot my too much

in its praise, and I shall always keep it is Dr. Wood's Norway Pine Syrup contains all the long healing virtues of the famous Norway Pine tree which makes it the very best proparation for Coughs, Colds and all Throat and Lung Troubles. See that you got "Dr. Wood's" when

Price, 25 and 50 cents. See that the name, The T. Milburs Co., Limited, is on the yellow wrapper.

Woman wouldn't be half so attractive to man if he understood her. I is the inconsistent perversences that

our Canadian



# MAPLE LEAF PINS

Right away now-take a post card or a sheet of paper and write out the full names (Christian names and surnames) and full addrames of TEN boy friends or chums whom you know would like to earn some pocket money. (Bays: between # and If years of age- | Quebec St. no two lo the same family.)

Bign your name and address Mail the list complete with dive

cents in coin or stampe to us right away, addressing your letter to Sales Division, the 'Witness' Witness' Block, Montreal Your list of names should be malied within seven (1) days after you read this splendid offer. of names, we will send one of these beautiful Souvenir Pins to

perience in magazine or newspaper skilling—so much the better—send THEIR names. the names because perhaps you don't care; if you do, or if you yourself want to earn good pay for work for us—why tell us in a letter and we will emplain our whole manay-making siah to you—and heedden you will fearn

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