GRIT

What makes the troubles of every day
Break like bubbles and fade away?
Grit.

What wins a victory from defeat?
What never knows it when its beat?
Grit.

What have men honored since time began?
What makes a man want to be a man?
Grit.

Brother, take heart when ill winds blow;
Work on, hope on, be a man, and show your
Grit.
—Kansas City Times.

TEMPTED THROUGH LONELINESS

It is pretty well agreed that next to the wanderer lost on the prairie or in the pathless forest in understanding what is meant by loneliness, comes the stranger in a big city. To be jostled by crowds and yet never see a familiar face is an experience that taxes the resources of the stoutest heart. Many a good man and woman have gone wrong because in their loneliness they respond to the first advantages made them, and these were from the unworthy.

Young people who live in cities should be on the watch for strangers who stray into church services or to the young people's meeting. Often something in dress or manners betray the fact that they are in unaccustomed surroundings, but their agony of loneliness, their longing for a friendly word and the clasp of a cordial hand, may not be so evident. And one who goes away from the house of God without the help of a kindly greeting is in greater danger lending an ear to the whispers of temptation. Be sure it is not your fault if loneliness drives some stranger in your town to choose evil rather than good.

A NEW DISEASE

Young Featherhead, soon after purchasing his elegant new touring-car, was taken with a swelling on the back of his neck. He went and consulted his physician about it.

"Doctor," he said "are there such things as automobile diseases?"

"It is not unlikely," was the doctor's response, "at leased automobiling may develop tendencies to diseases that lie dormant under ordinary conditions."

"Well, I wish you would look at this spot on the back of my neck and tell me if the excessive use of my motor-car has anything to do with it."

The doctor complied.

"H'm!" he said gravely. "That looks as if it might be either a carbuncle or an automo-bile."

Children Cry
FOR FLETCHER'S
CASTORIA

BRIEFS

Many a live wire gets short circuited.

The works of the Most High are his best words.

Cheer up. If you have nothing you can't lose.

We all like to be good to ourselves but don't know how.

Take every chance you can get—provided you can get it honestly.

People who are easy to live with are jewels and should be treasured.

People who make a show on credit seldom make creditable showing.

Some are sure they will find rest in heaven because they are sleepy in church.

The fellow who won't spend his money for his vacation is saving it for the undertaker.

Bad habits cost money, but there are men who seem to think them worth the price.

It takes more than a coat of arms to prevent neighbors from getting a glimpse of family skeletons.

Zam-Buk
is the best known for eczema, heat, rashes, eczema, sore feet, chapped hands, &c. 50c box.
All Druggists and Stores.

FINDING FAULT WITH THINGS

Don't keep finding fault with things any more than with people. There are some boys and girls who always think the day is too warm or not warm enough, and the dessert is too sweet or needs more sugar, and they are not the pleasantest children in the world. The fault-finding habit is a bad one, even if you can only find fault with things.

THERE IS NOTHING
FOR THE LIVER
SO GOOD AS
MILBURN'S
LAXA-LIVER PILLS

They will regulate the flow of bile to act properly on the bowels, and will tone, renovate, and purify the liver, removing every result of liver trouble from the temporary, but disagreeable, bilious headache to the severest forms of liver complaint.

Mrs. John E. Barton, Mill Cove, N.B., writes:—"I suffered, more than tongue can tell, from liver troubles. I tried several kinds of medicine, but got no relief until I got Milburn's Laxa-Liver Pills. They are a wonderful remedy."

Milburn's Laxa-Liver Pills are 25 cents per vial, or 5 vials for $1.00, at all dealers, or mailed direct on receipt of price by the T. Milburn Co., Limited, Toronto, Ont.

NA-DRU-CO
Extract of
Wild Strawberry
Compound
is safe, reliable, and most effective in all cases of Diarrhoea, Cholera Infantum, Summer Complaint, and Cholera Morbus.
In 25c. and 50c. bottles at your Druggist's.
NATIONAL DRUG AND CHEMICAL CO. OF CANADA, LIMITED. 211

AN INTERRUPTED STORY

He was telling a thrilling story out of his wallet of a thousand and one hair-breadth escapes, and his pretty listener was leaning anxiously toward him hanging on his very utterance. "The wolves were upon us," he said, "bellowing and roaring, as I have so often heard them. We fled for our lives—I don't deny it. But every second we knew the ravenous pack were gaining on us. At last they were so near that we could feel their muzzles——" "Ah!" gasped out the lady. "How glad you must have been that they had their muzzles on!"

Dr. Morse's
Indian Root Pills
cure many common ailments which are very different, but which all arise from the same cause—a system clogged with impurities. The Pills cause the bowels to move regularly, strengthen and stimulate the kidneys and open up the pores of the skin. These organs immediately throw off the accumulated impurities, and Biliousness, Indigestion, Liver Complaint, Kidney Troubles, Headaches, Rheumatism and similar ailments vanish. Dr. Morse's Indian Root Pills are
Save Doctors' Bills

In the causes of infantile mortality cholera morbus figures frequently and it may be said that complaints of the bowels are great destroyers of child life. If all mothers would avail themselves of so effective a remedy as Dr. J. D. Kellogg's Dysentery Cordial many a little one could be saved. This Cordial can be given with safety to the smallest child, as there is no injurious substance in it.

Cuts made by barbers are not satisfactory for illustrating purposes.

Suffered With
Nerve Trouble
FOR TWO YEARS
IMPOSSIBLE FOR HIM TO SLEEP

Mr. Chas. W. Wood, 34 Torrance St., Montreal, Que., writes:—"For two years I had suffered with nerve trouble, and it was impossible for me to sleep. It did not matter what time I went to bed, in the morning I was even worse than the night before. I consulted a doctor, and he gave me a tonic to take a half hour before going to bed. It was all right for a time, but the old trouble returned with greater force than before. One of the boys who works with me, gave me half a box of Milburn's Heart and Nerve Pills. I took them, and I got such satisfaction that I got another box, and before I finished it I could enjoy sleep from 10 p.m. until 6 a.m., and now feel good."

Milburn's Heart and Nerve Pills are 50 cents per box, or 3 boxes for $1.25, at all dealers, or mailed direct on receipt of price by the T. Milburn Co., Limited, Toronto, Ont.

Alma Ladies' College
ST. THOMAS, ONT.
Unsurpassed for residential education. The "Ideal College-Home" in which to secure a training for your life's work. Thorough courses in Music, Painting, Drawing, High School, Business, College and Domestic Science. Large campus, healthy environment. Resident nurse. Insure health of students. Rates moderate. Every girl needs an ALMA training. Handsome prospectus sent on application to Principal. 32

POPULARITY MEANS TAKING PAINS

Popularity is very largely a question of taking pains. Most people can be agreeable if they try. A lack of friends may be attracted to laziness or selfishness quite as often as to more glaring defects. The capacity for winning friendship is inborn in everybody. It is only a question of taking the pains to cultivate it, and of making the effort to conquer the selfishness which repels liking.

Sleeplessness.—Sleep is the great restorer and to be deprived of it is vital loss. Whatever may be the cause of it, indigestion, nervous derangement or mental worry, take a course of Parmelee's Vegetable Pills. By regulating the action of the stomach, where the trouble lies, they will restore normal conditions and healthful sleep will follow. They exert a sedative force upon the nerves and where there is unrest they bring rest.

As a rule a woman ceases to be a man's affinity if he has to support her.

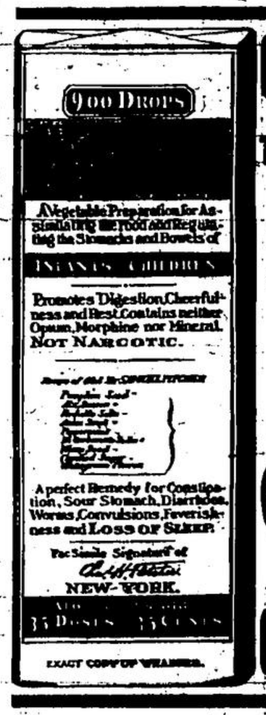
A safe and sure remedy for a child troubled with worms is Mother Graves' Worm Exterminator.

It pays to be honest but it is not always possible to name the one who gets the pay.

Children Cry
FOR FLETCHER'S
CASTORIA

HER SECRET

The newly-married pair were seated in a cosy armchair before the fire. "Dearest," said the young bride, "have you any secrets you hide from your little wifey?" "None, my pet!" replied hubby proudly. "Then I, too, will have no secrets from you!" said the lady in heroic tones. "What, have you a secret?" he asked in a startled voice. "Only one—and I am going to tell it to you." There was a long pause; then—"Go on!" he muttered hoarsely. "For some weeks," said wifey slowly, "I have had a secret longing for a new costume and hat to match for a New Year's present." [illegible]



CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of Chas. H. Fletcher.
In Use For Over Thirty Years
CASTORIA
THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

The Merchants Bank
OF CANADA

Every person who receives and pays out money should have a chequing account. Payment by cheque is the most practical, convenient and safest method of handling all financial transactions, whether of a business or personal character. The return of cancelled cheques are vouchers for every sum paid out; they show what disbursements have been made and to whom. Deposits are received by this Bank subject to cheque withdrawal. We pay the same attention to small depositors as we do to large ones and encourage their accounts.

Interest allowed on all Savings accounts, compounded half yearly.

Total Assets - $81,928,962.49

ACTON BRANCH:
F. A. MacLean - Manager

Storey's Mitts
Warm and Strong
If you want a pair of gloves or mitts in Horsehide, Calf or Buckskin, Sheep or Mulesskin, be certain to specify Storey's. In no other way will you get equal value. To prove it, slip on a Storey mitt, say the Wool Knit Wrist and Lined Kind shown below. Warranted genuine horsehide. Waterproof and fireproof. Just the thing for warmth and comfort.
Sold at all stores. Every mitt is tagged Storey's. Insist on Storey's.
W. H. STOREY & SON, Limited.
Acton, Ontario.

THERE CAN BE NO SYRUP SO PURE AND WHOLESOME AS
DIAMOND BRAND
Maple Syrup
JUST TRY A TIN FROM YOUR GROCER
Your money returned if not entirely satisfactory. Every tin absolutely guaranteed by Burns & Connors Limited, Montreal
FOR SALE NOW BY
J. C. HILL, WOODHALL & McKAY AND GEO. SOPER

Automobiles and Implements

Agent for the famous Ford Motor Car.

Sole agent for Cockshutt and Dain Machinery, and Fleury Plows, and a full line of Repairs for Plows and Machinery.

A good line of Buggies and Harness, Lap Rugs and Rubbers. Prices right.

Also Floor Oil.

Farmers who are thinking of building a Silo this year give us a call and get our prices.

B. F. Caldwell - Acton

LOSING THE CAPACITY OF ENJOYMENT

There are two ways of spoiling our capacity for enjoying things. One is by having too much of them, and the other is not having enough. The employees in a candy factory are usually given permission to eat all the sweets they wish. This not a proof of benevolence on the part of the proprietor. It is only long-headed business economy. Generally the permission is taken advantage of so heartily that after a week the new employee never wishes to see a chocolate drop again.

But on the other hand, our faculty of enjoyment may die for lack of nutrition. It is said of a great English scientist that when he was a small boy he showed marked musical ability; but destiny turned him into an entirely different line and his musical taste atrophied. When he was a man of fifty he had no power to enjoy music or to understand it. The harmonies of the finest orchestra meant no more to him than the clamor of a machine shop.

Young people who devote themselves to having a good time, lose appreciation through surfeit. And those who postpone enjoyment till they have grown rich or famous, lose the faculty through lack of nutrition. Too much or too little, the result is the same irretrievable loss.

A Safe Pill for Sufferers.—There are pills that instantly purge and fill the stomach and intestines with pain. Parmelee's Vegetable Pills are mild and effective. They are purely vegetable, no mineral purgative entering into their composition and their effect is soothing and beneficial. Try them and be convinced. Thousands can attest their great curative qualities because thousands owe their health and strength to timely use of this most excellent medicine.

The best way to induce other people to respect your advice is to keep it to yourself.

A VETERAN OF THE BOER WAR
TESTIFIES AS TO THE EFFICACY OF BURDOCK BLOOD BITTERS FOR THE CURE OF
BOILS

Mr. D. M. McBlaine, Niagara Falls, Ont., writes:—"It is with pleasure I testify to the sterling qualities of your Burdock Blood Bitters. After the Boer War, through which I served in the 1st I. L., I suffered from boils, constipation, and sick headaches, and tried many preparations, but got relief from none till an old comrade of mine got me to try the Burdock Blood Bitters. To say I got relief is to put it mildly. It made me myself again, viz., a man who knows not what it is to be sick, and who has been, and is still, an athlete.

"To anyone in want of purified blood and the resultant all round vigorous health, I can conscientiously recommend B.B.B."

Burdock Blood Bitters is manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

Some would-be orators make a noise and let it go at that.

It Testifies for Itself.—Dr. Thomas' Eclectric Oil needs no testimonial of its powers other than itself. Whoever tries it for coughs or colds for cuts or contusions, for sprains or burns, for pains in the limbs or body, will know that the medicine proves itself and needs no guarantee. This shows why this Oil is in general use.

A man may be sure he's right, yet lack the nerve to go ahead.

Children Cry
FOR FLETCHER'S
CASTORIA

Many a self admitted brave man is unable to prove it.

Warts on the hands is a disfigurement that troubles many ladies. Holloway's Corn Cure will remove the blemishes without pain.

HARDSHIP A GYMNASIUM

The way to acquire self-reliance is to depend on one's self. Necessity is the mother of invention, and it is seldom that ingenuity is marked in those for whom the way is made too easy. Whatever call hardships are the gymnasium in which are developed the qualities necessary for success.

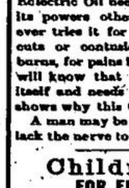
TWO WOMEN TESTIFY
What Lydia E. Pinkham's Vegetable Compound Did For Their Health—Their own Statements Follow.

Halliburton, P.E.I.:—"I had a doctor examine me and he said I had falling of the womb, so I have been taking Lydia E. Pinkham's Vegetable Compound and it has done me a lot of good. All the bearing-down pains have vanished. I have gained ten pounds in weight, the discharge is all gone, and I feel better than I have for a long time. I think any woman is foolish to suffer as I did for the sake of a few dollars.

"You can use my letter as a testimonial. It may encourage other poor women who suffer as I did to use your Vegetable Compound."—Mrs. Geo. Collicutt, Halliburton, Lot 7, P.E.I.

Read What This Woman Says:

New Moorefield, Ohio.—"I take great pleasure in thanking you for what your Vegetable Compound has done for me. I had bearing down pains, was dizzy and weak, had pains in lower back and could not be upon my feet long enough to get a meal. As long as I laid on my back I would feel better, but when I would get up those bearing down pains would come back, and the doctor said I had female trouble. Lydia E. Pinkham's Vegetable Compound was the only medicine that helped me and I have been growing stronger ever since I commenced to take it. I hope it will help other suffering women as it has me. You can use this letter."—Mrs. Carrie Lloyd, New Moorefield, Clark Co., Ohio.



THE VICAR'S EXPLANATION

Last Christmas a certain vicar was invited to a big dinner at the house of one of the leading men in town. At the dinner table he was placed opposite a good. The lady of the house was placed on the vicar's left. Seeing the goose, he remarked, "shall I sit so close to the goose?" Finding his words a bit equivocal he turned round to the lady and said in a most apologetic tone, "Excuse me, my lady, I meant the roast one."

The flies that are now in your kitchen and dining room were probably feasting on some indescribable nastiness less than an hour ago, and as a single fly often carries many thousands of disease germs attached to its hairy body, it is the duty of every housekeeper to assist in exterminating this worst enemy of the human race.

WILSON'S
FLY PADS

Kill flies in such immense quantities as cannot be approached by any other fly killer.

CONSCIENTIOUS
Plumbing and Heating
IS NOT A MYTH WITH US

To the contrary, we make it the most important factor. So, if you favor us with your patronage, you will enthusiastically endorse us.

FRED SMITH, Plumber
Quebec St. - GUELPH - Phone 337

150,000 Free Homesteads
ALONG THE LINE OF THE
CANADIAN NORTHERN RAILWAY
IN
Manitoba, Saskatchewan and Alberta

The Government has thrown open for entry 150,000 Free Homesteads—160 acres each—along the lines of the Canadian Northern Railway in Manitoba, Saskatchewan and Alberta. At least 75,000 of these are within a radius of 10 miles of operated lines of the Company, while the balance will be served by Branches now under construction or projected.

Alberta, the Province already noteworthy for its fertile lands and salubrious Climate—takes first place in the total of homesteads offering. But the wonderful Wheat Lands of Saskatchewan are well represented in the free Farms which have been thrown open for entry. Manitoba—the oldest settled of the three—holds out a large number.

Manitoba, 21,800 Saskatchewan, 48,080 Alberta, 74,000

Western Canada is so big that practically every farming condition is met with in the combined total. There is open prairie, the bluff country, which needs some clearing, and also the rolling land where loam and climate are admirably adapted to the needs of mixed farming. The atmosphere—Clear, Dry and Invigorating—makes this land the best land to live in.

The best Homesteads are rapidly being taken up, and intending settlers will be well advised to make their selection without delay.

Write for a free booklet giving the location and a description of the land being offered. A copy will be mailed to anyone making application to E. L. Fairbairn, Asst. General Passenger Agent, Canadian Northern Building, Toronto, Ont.

THIS MAN'S STORE IS CROWDED
BECAUSE WE DO HIS PRINTING

WE CAN CROWD YOUR STORE IN THE SAME WAY

Catalogues, Handbills, Folders and Commercial Forms Our Specialty

...Call at This Office For Jobwork...
THE ACTON FREE PRESS

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of Chas. H. Fletcher

THE IDEALS OF YOUTH

The influx of new blood into the economic and social systems of our country, when the schools send out their graduates into the general life of the nation, is particularly valuable because of the ideals these young people bring with them. It is fashion in some narrow-minded circles to sneer at the illusions of youth, but the illusions of youth are far preferable to the delusions of maturity. The man who has forgotten that there is anything in life but money-making is vastly wider of the mark than the youth who comes out of college feeling as if he could almost master the evils of this world single-handed. The optimism and the idealism of youth is the nation's life blood.

GOOD ADVICE

There is a good story told of a well-known actor-manager, who, although a follower of the sport of kings, has one great dislike—that is betting. When anyone asks him what horse he is going to back he generally replies in the following way: "I'm going to back a little filly I've often backed before; I've never won anything on it yet, I've never lost a penny." "Oh, whatever horse is that?" is the inquiry. "Oh, a little filly called Common Sense ridden by Tommy Let-It-Alone," is the invariable reply.

CLERICAL WIT

The late Dr. Norman Macleod was enjoying a trip among the Western Isles with some friends, clerical and lay, among whom was a certain minister of the name of Honey. One morning this gentleman had been late in rising, and rushed into the saloon with indications of a hasty toilet upon him, some time after the breakfast-bell had rung. Dr. Macleod, looking with a merry twinkle in his eye, greeted his friend with the words—"Hello, here comes Honey, fresh from the comb!"

BECAME SO WEAK
FROM DIARRHŒA
Had To Quit Work

Diarrhœa, especially if left to run any length of time, causes great weakness, so the only thing to prevent this is to check it on its first appearance. You will find that a few doses of Dr. Fowler's Extract of Wild Strawberry will do this quickly and effectively. Mr. Jno. R. Childerhouse, Orillia, Ont., writes:—"When in Fort William, last summer, I was taken sick with diarrhœa, and became so weak and suffered such great pain, I had to quit work. Our manager advised me to try Dr. Fowler's Extract of Wild Strawberry, so on my way home I bought a bottle, and after taking four doses I was cured. We always keep a bottle in the house. We have also used it for our children, and find it an excellent remedy for summer complaint."

Price 35 cents. When you go to get a bottle of "Dr. Fowler's," insist on being given what you ask for, as we know of many cases where unscrupulous dealers have handed out some other preparation.

The genuine is manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

THE GRAND TRUNK RAILWAY

PASSENGER TRAINS
The following is the time at which passenger trains call at Acton.

GOING EAST		GOING WEST	
No. 4	6.24 a.m.	No. 17	12.07 a.m.
No. 8	8.05 a.m.	No. 1	8.17 a.m.
No. 6	11.01 a.m.	No. 3	10.30 a.m.
No. 14	3.1[illegible] p.m.	No. 5	2.25 p.m.
No. 8	5.20 p.m.	No. 7	5.14 p.m.
No. 10	8.40 p.m.	No. 9	8.23 p.m.

The
Excelsior Bakery!

FIRST QUALITY
BREAD - CAKES
WEDDING CAKES
BIRTHDAY CAKES
ETC. - ETC.
MAPLE SYRUP and HONEY
HEINZ'S PICKLES 57 varieties
FRUIT and VEGETABLES
ICE CREAM
CONFECTIONERY Best lines
CALL TO-DAY

T. Statham & Son
BAKERS and GROCERS
Main St. - ACTON

The Berlin Steam Granite and Marble Works
CASPER BRAUN Proprietor
Designers and Builders of Statues, Mausoleums, Monuments, Markers and Head stones, and all kinds of
Artistic Cemetery Work
Wm. Hemstreet
AGENT, ACTON

WOOL! WOOL! WOOL!
WANTED
also sell all kinds of FURNITURE
M. Saxe - Acton

Your chopping will be done quickly and well, on either plates or stones, if taken to the—
ROCKWOOD
Chopping Mills
Flour - Oatmeal
Bran - Shorts
The best at lowest prices.
HARRIS & CO.
Limited

Beautiful New
Wall Papers
Will add beauty to your home and increase its value.
Ordinary Wall Paper makes ordinary looking rooms. No matter how tastefully you may furnish your home the entire effect may easily be spoiled by using papers that are not thoroughly suitable.
Don't run the risk of disappointment. Choose your paper from our new lines. Prices are very reasonable.
Paperhanging done to your complete satisfaction, 10c per roll.
All kinds Room Mouldings, Chair Rails, and Plate Rails at the lowest possible prices.
Stephen Cordiner
PAINTER, PAPERHANGER, ETC
PICTURE FRAMING A SPECIALTY
Mill Street - Acton, Ont

50 YEARS' EXPERIENCE
PATENTS
TRADE MARKS
DESIGNS
COPYRIGHTS &C.
Anyone sending a sketch and description may quickly ascertain our opinion, free, whether an invention is probably patentable. Communications strictly confidential. HANDBOOK on Patents sent free. Oldest agency for securing patents.
Patents taken through Munn & Co. receive special notice, without charge, in the
Scientific American.
A handsomely illustrated weekly. Largest circulation of any scientific journal. Terms, $3 a year, four months, $1. Sold by all newsdealers.
MUNN & Co. 361 Broadway, New York
Branch Office, 625 F St., Washington, D. C.

PATENTS
PROMPTLY SECURED
In All Countries
Ask for our Inventor's Adviser.
MARION & MARION
364 University St. corner St. Catharine Street, Montreal, Canada, and Washington, D. C., U. S. A.