

ECONOMIZING. You had the cost of living up. Our fuel begins to vary. We can't afford a posthouse. So pass the iron lock, Mary. The choicest cuts are not for us. The plums make us shiver. O, Mary give the company. Another call to Mary. Edgar A. Grant, in Detroit Free Press.

THE ELEMENTS OF SUCCESS. Brain and muscle—the same elements which have produced business success in the past—will produce it now and will always produce it. John W. Whitaker.

A MOVING LAND. One of the broad slopes of Mount Gringone, France, is reported to have become detached from its foundation, and to have moved over a distance of nearly a quarter of a mile, carrying with it soil, meadows and woods, and covering up in its passage roads and bridges that stood in the way. A chestnut grove has travelled 100 feet without suffering any apparent damage, but many small lakes have been formed by the damming of the waters.

Children Cry FOR FLETCHER'S CASTORIA

THE LITTLE CHAPS' QUERY. At an examination in an English school, the teacher was so pleased with his class that he said they could ask him any question they liked. Some were asked and replied to, feeling one little fellow in deep thought the teacher asked him for a question. The boy answered with a grave face: "Please, sir, if you was in a soft mud heap up to your neck and I was to throw a brick at your head would you duck?"

The transition from winter's cold to summer's heat frequently puts a strain upon the system that produces internal complications, always painful and often serious. A common form of disorder is dysentery, to which many are prone in the spring and summer. The very best medicine to use in subduing this painful ailment is Dr. J. D. Kellogg's Dysentery Cordial. It is a standard remedy, sold everywhere.

Suffered From Her Heart, Could Not Stand Hard Work

Mrs. Harry Smith, 31 Eagle Ave., Bradford, Ont., writes: "I have suffered with my heart a good deal, and could not stand any hard work. I was doing with the Doctor's Heart Pills. I had to stop doing anything, but, however, a friend told me about your Milburn's Heart and Nerve Pills, so I got a box and tried them. I had to take several boxes before I felt any benefit, but after doing so I found them beginning to help me so I continued their use and am now in a position to do all my own work, which I feel I would have to give up."

Milburn's Heart and Nerve Pills are specific for all heart and nerve troubles, whether troubled with their heart or nerves, and if you will only give them a trial you will be sure that they will have the desired effect.

A HOT WAVE TALE. Gilbert Wright, of Chatham, a suburb of Lowell, Mass., says that a setting of eggs which the hen had abandoned when almost ready to hatch, hatched out without the hen's assistance at the British. The heat had become so intense that it drove the hen off the nest, but it was warm enough for the atmosphere to take the place of the hen, and the setting was duly hatched.

The Ladies of Acton May Now Have Beautiful Hair. E. J. Hazard has the Artistic and Guaranteed to Grow Hair, or Refund Your Money.

E. J. Hazard backed up by the manufacturers of HALVIA, the Great Hair Grower, guarantees it to grow hair.

HALVIA destroys dandruff in ten days. The roots of the hair are so nourished and fed that a new crop of hair springs up, to the amazement and delight of the user. The hair is made soft and fluffy. Like all American preparations HALVIA is distinctly perfumed. It is hard to find an actress who does not use HALVIA continually.

HALVIA is a non-sticky preparation, and is the ladies' favorite. A large general dealer, Geo. The Scotch Drug Co., of St. Catharines, Canadian distributors.

Was Troubled With Sour Stomach and Biliousness

Miss Jessie O'Leary, Campbellford, Ont., writes: "I was troubled with sour stomach and biliousness for two years and could get no relief until I tried Milburn's Laxative Liver Pills. I had only taken them a short time when I felt like a new person and now I can recommend them to all sufferers."

There are very few people who have never suffered from a sour stomach or biliousness, but to those who are we can highly recommend our Milburn's Laxative Liver Pills, as they are safe for these most dangerous but very unpleasant complaints.

The price of Milburn's Laxative Liver Pills is 25c per vial or 5 vials for \$1.00 at all dealers or mailed direct on receipt of price by The T. Millburn Co., Limited, Toronto, Ont.

MATING

"This is the mating season," said a clergyman. "I shall add probably to my income by mating youths and maidens in this soft brilliant summer weather."

He smiled. "I mated a girl yesterday," he said, "to a youth with a rather thick head. At the beginning of the ceremony I said to him—"

FALL FAIRIES ARE COMING. List of exhibitions which readers of the Acton Free Press in this section will probably attend:

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CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Ayer & Co. It has been made under his personal supervision since its infancy. Allow no one to convince you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA. Castoria is a harmless substitute for Castor Oil, Purgative, Drops and Soothing Syrup. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea, Wind Colic, and all the other ailments of Infants and Children. It regulates the Bowels and gives healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of

Chas. H. Fletcher The Kind You Have Always Bought In Use For Over 30 Years.

Warts will render the prettiest hands unsightly. Clear the excruciations away by using Holloway's Corn Cure, which acts thoroughly and painlessly.

PRECIPITATION is the ruin of the young; hesitation the ruin of the old. —Louis Alphon.

WAS TROUBLED WITH HEADACHE FOR SEVERAL YEARS. Dr. told him to try Burdock Blood Bitters.

Mr. Henry Bird, Dumas, Sask., writes: "For over ten years I have been troubled with headache every morning, accompanied by an acidity or bitter taste in the mouth. Thinking the cause of it was the too great use of smoking tobacco, I have quit the pipe for two months, but it was always the same. I went to the doctor and he told me to try some of your Burdock Blood Bitters. I got a bottle and found quite a relief before I had done with it. I then bought another one and used it all. Now I can say that I am perfectly cured. I used to be without appetite especially in the morning and now I feel as good as a new man. I cannot too highly recommend Burdock Blood Bitters to all persons suffering from headache and sour stomach."

Burdock Blood Bitters is manufactured only by The T. Millburn Co., Limited, Toronto, Ont.

According to Government Estimates \$100,000,000 Was Made in Western Town Property During the Year 1909

Did you participate in these huge profits, or did you western friends for future consideration? In short, are you the man who made a profit, or the unfortunate one who had the chance but did not possess sufficient judgment to recognize the opportunity or sufficient courage to close a deal?

POE is a coming commercial centre. POE is located on the main line of the Grand Trunk Pacific Railway between Edmonton and Saskatoon. It is located in one of the finest farming districts in Western Canada. The surrounding country is settled by a progressive type of farmers and consequently will become the market centre for Northern Alberta. POE district possesses rich coal mines, is close to rivers and lakes, and large forests are easily accessible from this point. These natural resources insure for the residents of the town, first, low cost of living, and second, great commercial activity, two essential factors in the upbuilding of a town, thus creating valuable real estate.

POE as a Manufacturing Centre. This healthy and contiguous territory has the requirements outlined by large manufacturing concerns for the location of large factories or large enterprises of any kind employing large numbers of people. The rivers and lakes furnish water, the coal fields and forests furnish fuel and cheap building material, the fine farming lands furnish farm products, enabling the residents to live at a low cost.

The town is located on the main line of a transcontinental railway, ensuring the necessary transportation facilities. These combined conditions will furnish cheap labor, one of the most important features of a manufacturing centre.

Information Coupon. (Send name)—With a view to buying property in POE, Alta., please send me information with map and price list, and outline of your terms.

The Walch Land Co. LAND, TOWNSITES AND INVESTMENTS WINNIPEG - Northern Crown Bank Bldg. - CANADA

Dr. Miles' Nervine Completely Cured Our Little Boy of Fits.

A family can suffer no greater affliction than to have a child subject to fits or epilepsy. Many a father or mother would give their all to restore such a child to health.

"I am greatly glad to tell you of our little boy who was completely cured of fits. His convulsions began when he was four years old and had been for four years. I tried three doctors and one specialist but all of them said he could not be cured, but Dr. Miles' Restorative Nervine cured him. He is now healthy, bright and gay. It has been three years since he had the last spell. I shall give Dr. Miles' Restorative Nervine to all my children. You are at liberty to use this letter as you see fit and I am sure you will be glad to do so. If they enclose stamp for Dr. Miles' Restorative Nervine, send it to me. M. BOGUE, Winfield, Ind.

Dr. Miles' Nervine is just what it is represented to be, a medicine compounded especially for nervous diseases, such as fits, spasms, St. Vitus' dance, convulsions and epilepsy. These diseases frequently lead to insanity or cause weak minds. Dr. Miles' Nervine has proven most effective in relieving these dreaded maladies.

Sold by all druggists. If the first bottle does not benefit you, you may return it for a full refund. DR. MILES MEDICAL CO., Toronto, Can.

All good governments must begin at home.—Hawley. All the world's a stage, and all the men and women merely players.

Diarrhoea Dysentery Summer Complaint and all Bowel Troubles

Are Curable by the Use of DR. FOWLER'S Extract of Wild Strawberry

THIS STERILIZED REMEDY HAS BEEN ON THE MARKET FOR OVER 65 YEARS AND HAS YET TO FAIL TO DO WHAT WE CLAIM FOR IT.

If an unscrupulous druggist or dealer says:—"This is just as good or better," just say—"Give me 'Dr. Fowler's.' I know what I want when I ask for it, and give me what I ask for."

The price is 25 cents per bottle. See that the name, 'The T. Millburn Co., Limited, Toronto, Ont.,' appears on the label as we are the manufacturers and sole proprietors of this remedy.

THE BEST REMEDY

For Women—Lydia E. Pinkham's Vegetable Compound

"If there is anything I am proud of," said Emily Weston, the actress, "it is the descriptive powers of my cast. Once, when I was playing in Pittsburgh, my best friend went out to inspect some locomotive works, and here is how she described it when she got home: 'You poor, dear,' she said, 'a lot of sand into a lot of boxes, and you throw old stove lids and things into a furnace, and then you empty the molten stream into a hole in the sand, and every body yells and swears. Then you pour it out, let it cool and pound it, and then you put it in a thing that looks like a box. Then you screw it together, and paint it, and put steam in it, and it goes and makes a blue print of it. But one thing I forgot—they have to make a boiler. One must get inside and one gets outside, and they pound frightfully, and then they try to do the other thing, and you ought to see it!'"

WHY NOT? "When I was a boy with ringlets they used to call me Archie."

"I suppose now they call you Archie!"

Man, know thyself! then be thyself.—Meredith. He is who knows when to hold his peace.—Aeschylus.

Children Cry FOR FLETCHER'S CASTORIA

The Metropolitan Bank Head Office - Toronto, Ont.

Capital Paid Up \$1,000,000 Reserve Fund \$1,250,000 Undivided Profits, over \$100,000

ACTON BRANCH: R. E. Griggs - Manager

Storey's Mitts

If you want a pair of gloves or mitts in Horsehide, Calf or Buckskin, Sheep or Mulekin, be certain to specify Storey's. In no other way will you get equal value.

W. H. STOREY & SON, Limited. Acton, Ontario.

Why use Shingles, when AMATITE

Is so much BETTER, costs less money, and can be put on OVER shingles by any one who can use hammer and nails, a little at a time until completed.

MELOTTE CREAM SEPARATOR OIL Is as good as the Melotte Cream Separator itself.

G. A. BLACK ACTON, ONT.

CONSCIENTIOUS Plumbing & Heating

IS NOT A MYTH WITH US. To the contrary, we make it the most important factor. So, if you favor us with your patronage, you will enthusiastically endorse us.

FRED SMITH, Plumber Quebec St. - GUELPH Phone 337

THE GRAND TRUNK RAILWAY

PASSENGER TRAINS. The following is the time at which passenger trains will arrive at Acton:

From Toronto—7:30 a.m., 11 a.m., 4:45 p.m., 8:30 p.m. From Ottawa—7:30 a.m., 11 a.m., 4:45 p.m., 8:30 p.m.

ACTON LIVERY BUS LINE

The undersigned respectfully solicits the patronage of the public, and informs them that West Equipped and Modern High Class Livery is secured at his stables.

A comfortable bus meets all trains between 10:30 a.m. and 6:15 p.m. Careful attention given to every order. The wants of Commercial Travellers fully met.

JOHN MILLIKENS PROPRIETOR

PAPER MAKERS GEORGETOWN, ONT.

BOOK NEWS AND COLORED PAPERS JNO. R. BARBER

EVERTON AND EDEN MILLS

The Best Quality of MANITOBA Family and Pastry FLOUR

For Sale at Lowest Prices Our Own Make

Chopping Done and Oats Rolled daily. Feed For Sale. Cash for Wheat and Oats.

HENRY HORTOP

WOOD ENGRAVING PHOTO ENGRAVING HALF TONES

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