. brings Sea-shells and groupes and wonderful As we walk on the beach in summer. A teacher true is the deep old sea ; Sweet stories be telleth to you and me Of Him who holdeth the sea in His

And of One whose word of quiet once Made the reging of engry waves to When they heard His gentle whisper, "Peace I" As we dream on the beach in summer. -Mary Lombard Brodhead.

HOW TO KILL A CHURCH

I. Don't come.

2. If you do come, come late. a. If too wet of too dry, too bot too cold, don't thing of coming.

4. Don't imagine the front seats are | tired wayfarers. There is never an for you. People might think you con- interminable stretch without a break. ceited. 7. Don't sing. 8. Don't attend week-day services.

2. Don't encourage the minister,

but tell his faults to others. If his it, it might make him vain. sudience don't offer to shake hands or | far to "the next corner."

ask him to come again, people, might think you bold. 11. Never try to bring anyone to church with you.

12. Don't believe in missions. 13. Don't give much to benevalence. 14. Let the pastor do all the work. 15. See that his ealary is always

belied. 16. If he does not visit as often you think be should, treat him very coolly; he has nothing particular to do and could come oftener.

17. Don't take your church paper. 18. Try to run the church. 19, If you see anyone willing take hold and willing to carry on any

of the church work, be sure to find fault, and accuse them of being bold and forward. 20. Never speak to anyone of Christ, your minister should do all that kind

of work. 21. Don't go to Sunday School, ie childish. 22. Don't be particular how God's at first sight. house looks inside or out, but keep

your own home looking nice. 26. If you think everything is working harmoniously try to stir up something to engender strife.

AGAINST THE RULES

The impassioned orator at tramps convention passed and wiped his perspiring brow.

Then they expelled him.

Very interesting to the youth with

his way to make, are the replies recelved by the United States Commissioner of Labor who sent save thousand circular letters to as many firms employing men in large numbers. saking if total abstinence was neceseary-to securing employment with them. All but thirty firms of the seven thousand sent replies, and five the natural way, Sold everywhere thousand three hundred and sixtythree firms declared that they would Booth Co., Ltd., Fort Erie, Ont. Free not employ a drinking man if they trial sent on application. Sold and knew it; and would discharge him if guaranteed in Acton by A. T. Brown. they found it out, giving as their reason the unreliability of such then a third of the others, said that they did not insist on total abstinance, but that they gave to the drinking men the less responsible positions.

### TRAINING OUR GIRLS

Woman seems to be the martyr of the human race, but there is no doubt that much of her suffering le needless and avoidable. A continuously ailing woman is bad company both to herself and those about her. Such a woman ife that she would be if she had ber bealth. Even many of our girls, as ey grow to maturity, are smicted fedically causing us to anquire: e the origin of this suffering. At is the remedy K"

parent should consider it bbligation to see that th sties of married life. No false shame or sensitiveness should deter them from educating their trusted charges in the vital subjects of sex and motherhood, !: It is a caree upon modern civilization to permit young woman to main their knowledge of "reel life" from questionable sources poleoning their minds and souls for all - From Physical culture for

A DOERN DON'TO

ont't default in payment of bills to the Almighty. Dea's call it a right thing for ett it would be a wrong thing

you have anumerated your blossings Don't out the value of your life yo by employing usefully only one bill of your time.

Don't put dishonest profits in rif you pack for heaven. your neighbor's kni

that the day-star from is Boing a tarenty-four-bour for the man who is travelling direction.—Religious Teles

comes late in the season. In the shadeless street, the sun was oppressive, and Marion carried a package of a weight and size that esemed particulerly irksome .: She was in heate and walked fast.

"Hew uncomfortable I am!" she thought. 'The sun is as hot as in naldaummer. It seems as if I would never get home." The tide is his bearer, and with it She looked beyond her to the end of the long block where two streets crossed. A great tree leaned invitingly over the pavement at the corner.

> thought the girl. Reaching the corner, and stopping In the open space, under the tree, she found that a pleasant breeze was playing just there. How it refreshed

"When I get there I'll stop and rest."

"There seems to be a breath of air coming around the corner," she said inwardly, "and perhaps I'll catch another little puff of it at the and of this block. It is not far to the next corner," and she trudged on.

It is never far to "the next corner,"

and who knows what bit of refreshment may be waiting ! In all life's paths, there are stopping-places for Sabbath days, quiet nights, pleasant interruptions in the monotony of living, friendly visits, or at least friendly salutations, little opportunities, small surprises, "mercles new every mornsermon helps you, don't let him know lug." make pauses along the way. Do not think of the whole journey. Never 10. If you see a stranger in the prind the heat and burden. It is not

PACT AND PANCY

Some say that whipping a boy nakes him stunid-others that it makes blm smart.

In Corea women have no names Even when they bear sons they are only deemed worthy of being called "the mother of Haman," "the mother of Armu," etc.

Leaders of men are seldom followers f fashion In olden times a favorite dish was

thin allow of young deer's horns fried No person's two sare are anywhere

The money that escapes the tax collector might well be called "untold

The best lelegiass is made from the swimming bladder of the sturgeon. If we all had the gift of second sight there would not be many cases of love

> NO APPETITE? This Remedy Will Restore it

If you have no appetite for meals, can't work, can't rest and are annoyed with too frequent urination and a burning, scalding pain in making

sleep that does



not come, or is troubled and fitful, you have kidney trouble and you need Booth's Kidpey Pills, the guaranteed remedy for all

kidney and bladder trouble. A few severe pains in my back, and could hardly work at all, and when I stooped doses of Booth's Kidney Pills will wake up the sluggish kidneys and regulate the urine. Continued treatment will cure and heal the weakened kidneys and restore the appetite in 50c. box, or postpaid from 'The R. T.

VERY CLEVER

He seems to be very clever. "Yes, indeed. He can even do th problems that his children have work out at school."

DANGEROUS

"Flattery is dangerous to sensiti adies," says ex-Senator Depew. am always very bareful in the matte because one evening I told a lady that she was as sweet as boney, and the next day she had bivos."

**GUPPOSE** 

Johnny-"Grandpa, do liona Grandpa-No. Johnny. Johnny-"Well, do ministers " Grandpa-"Why, of course. do you ark ?"

Johnny-"Well, suppose a lior

minister !

spread until it had totally covered his eculp.
It was irritating and painful, and caused the little one hours of suffering. We tried some and powders and selves, but he got no better. He refused his food, got quits thin and worn, and was reduced to a very particular condition. on. I was advised to tr Zam-Bak, and did so. It was wonderft

burning, painful skin. / Zam-Buk from the yery commencement seemed to go right to the spot, and the pimples and secretard the itritation grew less and less. Within a few weeks my baby's akin was healed completely. He has now not a trace of resh, or cruption, or ocseme, or burning sore. Not only so, but cured of the tor-menting side trouble, he has improved in

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of. and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfelts, Imitations and "Just-as-good" are but Experiments that trifle with and ondanger the health of Infants and Children-Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Custor Oil, Paregoric, Dropmand Soothing Syrups. It is Pleasant. It contains neither Oplum, Marphine nor-other Narcotis substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It tures Diarrhea and Wind Colic. It relieves Toothing Troubles, cures Constipation and Platulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sloop. The Children's Panacea-"Leo Mother's L'riond.

CASTORIA Bears the Signature of

The Kind You Have Always Bought

In Use For Over 30 Years.

Capital Paid Up ..... \$ 2,750,000 Reserve & Undivided Profits 2,250,000 Total Assets.....

Many a fortune can be traced back to the day its owner deposited the first dollar in a Savings Account .-The one dollar affords an incentive to deposit more-and, as interest is anded to principal, the small sum grows more and more rapidly, until it finally becomes a One Dollar will start an account with

the Bank of Hamilton. GEORGETOWN BRANCH

Head Office HAMILTON

## If at night you retire, hoping for Had Severe Pains In Back.

Felt As If It Must Break.

Mr. Alfred E. Davis, Gorrie, Ont. writes:-"For some years I suffered from down to pick up anything felt as if my back must break. I was advised to try Doan's Kidney Pills and after taking two boxes was entirely cured, and I feel that I cannot speak too highly in their

"This was nearly four years ago and For Backsche, Lame Back, Wesk Back there is no remedy equal to Doan's Kidney Pills for taking out the etitches, twitches and twinges, limbering up the stiff back and giving perfect

Doan's Kidney Pills are 50 cents per mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Opt. In ordering direct specify "Doan's."

When an old bachelor marries hi women acquaintances all wonder tha he didn't do it sooner and his me friends wonder how be happened

Ohildren Ory FOR FLETCHER'S CASTORIA

Even if you are in a rut, "keep moving." If you do, you may get Worms cause freifulness and rol the infant of sleep, the great nourleh er. Mother Grates' Worm Extermin-

ator will clear the stomach and lotestnee and restore healthfulness. Ohlidren and chickens are fruitful causes of neighborhood feuds, No man should be judged by his

clothes, but it is always safe to judge s woman by the way she does her hair The reason the small boy would rather shovel off the neighbor's eldewalk than the home sidewalk is be cause plying the shovel on the neighbor's may uncover a quarter.

There never was and never will be universal pansons in our remedy for all ills to which flesh is helr. What would relieve one ill in turn would aggravate the others. We have, however, in Quinine Wine, when obtained in a bound, unadulterated state remedy for many and grievous ills By its gradual and judicious use the frailest systems are led into convalorcence and strength hy, the influence which Quinine exerts on Nature's own restoratives. It relieves those whom a chronic state of morbid despondency and lack of interest life is, a disease, and by tranquilizing the nerves disposes to sound and refreshing sleep-imparts vigor to the ection of the blood, which below stimulated, courses through the verns, srengthening the healthy, animal functions of the system, hereby making activity a necessary result strengthening the frame and giving paturally demand increased substance plaints; and inflammation of

### Children Cry FOR FLETCHER'S CASTORIA

A man is something of a philosoph or who pays the bill of damages incurred by his small son as cheerfully as according to directions and you will When a man marries to get a house keeper he is sometimes surprised and aghast to find that he is reckoned in as

a part of the house furnishings. No surgical operation is necessary in removing corns if Holloway's Corn

Many a good lie is invited by the innocence of the auditor.

He does not know what recentment who is too laxy to resent a wrong. A woman sometimes, keeps up a semblance of innocence fong after that condition has passed merely because it

barmonizes with her cast of counten-

First : When we undertake to your prescriptions, we give them o andivided attention and best car The patient's welfare is our first or ideration. Becond : We guarantee our drugs t

be of full strength as well as pure as Third: Our customers are supplied with just what they ask for : substituting is never allowed.

PAINE'S CELERY COMPOUND. If you are a sufferer from kidney disease, liver complaint, blood trouble rhoumatism, neuralgia or pervous prostration, we ocnfidently recommend the use of Palne's Colory Compound. This reliable and never dis appointing medicine is a true disease banisher and system builder. supply the genuine . Paine's Gelery Compound, A.T. Brown, Acton, Ont.

Practically the man who never pays his debts has none. He cannot defend the truth who

afraid of any truth. It takes adversity to show whether

we have any real prosperity. Ohildren Gry ----FOR FLETCHER'S

CASTORIA To praise a good action is to partici

pate in its repetition. The nian who talks to please himself soon bas an audience well pleased with

Precipitation is the rule of courge leveltation the rule of the old -Louis Algon. We must keep ourselves up to ou

bestior we shall become incapable of doing our best.-Eleanor Root. Among those who nught to be barred from society is the man who marks after you have told your best story, "that is not the way I heard had, help at her. I bought a bottle and

Regarded as one of the most potent life to the digestive organs which which to combat all summer comsult, improved appetite. North- bowels, Dr. J. D. Kellogg's Dysentery rop & Lyman, of Toronto, have given Cordial has won for itself a reputation to the public their superior Quinlan, that no other cordial for the purpose By the opinion of adentists, the wine can aspire to. For young or old-suf- pine trees the trade mark; the price approaches nearest perfection of any fering from these complaints it is the 25 cents. Manufactured . The on the market. All druggiese sell it. | best medicine that can be procured. T. Milburn Co. Limited Thronto, Out.

### WAKING HIM UP ACCOUNTED FOR

A traveller who put up for the night at the leading hotel in a small town had, before rottring, loft explicit instructions to be called for an early tor stood up to crush him-

the matter; and threatened the boy night." with all manners of punishment if that duty was neglected.

Karly in the morning the guest was disturbed by a lively tateo upon the

"Well?" he demanded eleoplly. "I've got an important message for you," replied the boy.

opened the door, and received from

the boy a large envelope. He tore open the envelope heatly and inside found a slip of paper on which was written in large letters : "Why don't you get up?" He got up.

A Boon for the Hillous .- The liver | tell the truth.' is a very sensitive organ and easily deranged. When this occurs there is you see, I'm not a married man." andus secretion of bile and the acrid liquid flows loto the stomach and soure it. It is a most distressing allment, and many are prone to it. . In this condition a man finds the best remedy in Parmeles's Vegetable Pills which are warranted to speedily correct the disorder. There is no better tnedicine in the entire list of pill prep.

arations:

WHY ITALY'S SKY IS BLUE As Italy is nearer the equator than directly, and therefore more brightly This means that there is a greater quantity of blue rays as of all kinds rays coming through the Italian air and the reason why the air is bluer because the particles of it have mo blue rays to catch and reflect to ou

### All Skin Diseases Can be Directly Traced To BAD BLOOD.

cases it is absolutely necessary that the blood should be thoroughly cleaned of the accumulated poisons, and for this purpose there is nothing to equal Bur-dock Blood Bitters.

This remedy has been on the market for over thirty-live years and when you use it you are not experimenting with some new and untried remedy.

Miss Stella Eichel, Maitland Forks, N.S., writes: "I have been bothered with fielt Itheum on my hands for three years and it itched so I didn't know what to do. I tried everything but nothing seemed to be any good. I heard of Burdock Blood Bitters and bought two bottles of it, and now I am perfectly cured and have no Salt Rheum on my hands any more. I cannot speak too highly of Burdock Blood Bitters."

Manufactured only by The T. Milhum Co., Limited, Toronto, Ont. laters, my lad." Dad-"Well P"

Oil for Tuothache. - There is no pain so acute and distressing as toothache. When you have so unwelcome a vielt- should you, dad?" find immediate relief. It touches the nerve with soothing effect and the pale departs at once. That it will case toothache is another fine quality of this Oil, showing the many uses

He who has nothing to do always does worse than nothing. Getting sore at the world is a ready

way of faming yourself in the race. KODAK YOUR FARM

Suppose you are so busy

this week that you will have no time to think about anywhen everything is commend ing to grow, and the old homestead looks beautiful, would not be nice to lake some plotures of I and your favorite animals. Bome day you may go west. How nice it would be to have pictures of the old place with you and how pleasant for those who have to remain behind to receive some photographs which you have taken on the way out ! The above le hint enough for anyone. Pringle sells kodaks at \$2, \$3, \$4, up to \$25, and will show you all how to take pictures

and develop your film, Free. It takes more than a few words to wash the world.

The cynic is one who has found stolen fruits not so sweet. One resolution to do the right thing le worth a dozen resolutions not to de the wrong things.

# Caught a Cold Which Ended in a

Severe Attack of Pneumonia.

. Too much stress cannot be laid on the fact that when a person catches cold it must be attended to immediately, or serious results are liable to follow. Bronchitis, Pneumonia and Consump

tion are all caused by neglecting to cure

the simple cokl. Mrs. C. W. Bowman, Pattullo, Ont. writes:-"Three years ago I caught a cold which ended in a severe attack of Pneumonia, Since that time at the beginning of each winter I seem to catch cold very easily. I have been so hoarse i was unable to speak loud enough to be heard across the room. Last Winter, however, a friend advised me to try Dr. Wood's Norway l'ine Sytup; saying it

the children when they have colds." Beware of the many imitations of Dr. Wood's Norway Pine Syrup.

before it was half used I was completely

cured. I also find it a good medicine for

., It is put up in a yellow wrapper; three

It was at the police court. A witness for the defence had been examined, when the prosecuting solici-

Bolleltor - "Why did you hide Hulli .. He was very much in sarnest about | van in your house, on that Haturday Witness-"I did not see Sullivan at

all on that night." Hollottor (knowingly) - "Will you twear your wife did not hide Sullivan on that night?"

Witness (hesitatingly)-"You." Solicitor (more knowingly)-"Will your wife swear that she did not The guest was up in an instant, hide Sullivan in your house on that

night Witness (more hesitatingly)-"Well -I-don't-think-so."

Bollcitor (most , knowingly) - "Ab I And perhaps you can tell the court how it is you can swear your wife did not hide him, while the cannot swear the same thing. Speak up, now, and Witness (unhealtatingly) - "Well,

DO NOT BE TOO OPTIMISTIC

Do not overdo the matter of being ptimistic. It is all very well to hope hat things will turn out all right, but do not settle down on that comfortable conclusion unless you have done your best to turn them. Do not fancy that some kindly power is going to counterest the effects of your shorteightedness or idleness, without help

on your part. There are people who call themselves ontimistic who seem to think hemselves the chosen favorites of the goddess of chance. They boast that their "luck" will bring them out on top every time. This foolish superstition would not be so serious a matter if it did not lead these people to trust to something beside hard work. and careful foresight.

An Always Ready Pill, -To those of regular habit medicine is of little con cern, but the great majority of men are not of regular habit. The worry and cares of business prevent it, and out of the irregularity of life comes dyspepsis, indigastion, liver and kidney troubles as a protest. The rundown system demands a corrective and there is none better than Parmeloo's Vegetable Pills. They are simple in their composition and can be taken

> \_\_\_\_\_ NOT DISOBEDIENT

by the most delicately constituted.

"Jack," sald Mr. Brown to bis only son and heir. "I've got a good mind to send you to hed without any tea!" Jack-"Why, dwl ?" Dad-"I hear that you disobeyed your grandmather, who told you not

Jack-"Grandma didn't tell me no to, dad; she only came to me and sald, 'I wouldn't silde down those ban-

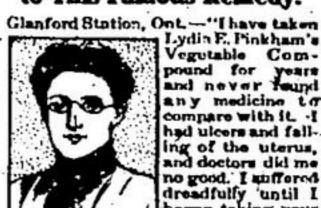
Jack-"Well, dad, I shouldn't think

she would, an old lady like her; CASTORIA For Infants and Children.

The Kind You Have Always Bough! Blynature of Charty Thitches

**CURES** 

Added to the Long List due to This Famous Remedy.



and never found compare with it .! had ulcors and falling of the uterus, and doctors did me no good. I suffered dreadfully until I hegan taking your medicine. It has lalso helped other

women to whom I have recommended Station, Ontario.

Harvey Bank, N. B .- I can highly recommend Lydia E. l'inkham's Vego-table Compound to any suffering woman. I have taken it for female weakness and painful menatruation and it cured mo. - MRS. DEVERS

Because your case is a difficult one. doctors having done you he good, do not continue to auffer without giving Lydia E. Pinkham's Vegetable Compound a trial. It surely has cured many cases of female ills, such as inflammation, ulceration, displacements, pains, backache, that bearing-down feeling, indigestion, dizziness, and nervous prostration. It costs but a trifle to try it, and the result is worth millions to-many suffering women.

EASY ENOUGH

always helpfal.

write for it to Mrs. Pinkham,

Lynn, Mass. It is free and

Harry is literary rather than mathe natical in his tastes. His teacher was trying to initiate him into the mysteries of division. During the struggle she said in despair, "Don't you even know how many times three goes into "Aw, that's easy," said the eight-

year-old in disgust, "three times and

three over."-Woman's Home Com-

to slide down the banister, and you weak hearts, Milburn's Heart and Nerve continued to do so.

brantford, Ont., writes: "It is with the greatest of pleasure I write you stating the benefit I have received by using Milburn's Heart and Nerve Pills. suffered greatly from heart trouble which caused dissiness, weakness and smothering spells. I used a great deal of Dr.'s medicine but received no benefit. A friend advised me to buy a box of your pills, which I did, and before I had injuhed one box I felt so much better I or inted their use by taking two boxes. I highly recommend these pills to any one suffering from heart and nerve

50 cents per box, or 3 for \$1.25, at all dealers, or mailed direct by The T. Milburn Co., Limited, Toronto, Ont.



yourself by asking for Storey's at your dealer's. That they will outwear your most sanguine expectations is our firm belief. Insist on Storey's-at all stores. W. H. Storey & Son, Limited, Acton, Ontario.

pliability and strength, neatness of stitch-

ing, and all-round perfection, you can prove

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FRED SMITH, Plumber GUELPH

**PINKHAM** 



Mydia E. Pinkham's Vegetable Compound for years any medicine to-

IL"-Mrs. HKNRY CLARK, Glanford

Another Cure

BARBOUR.

If you want special advice

Heart Trouble Caused Dixxiness, Weskness and Smothering Spalls.

Through one cause or another a large majority of the people are troubled, more or less, with some form of heart trouble. Wherever there are sickly people with

medicine on the market. Mrs. F. Leelie Craig, 114 Erie Ave.

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