THE LITTLE PLANT In the beart of a seed Buried deep, we deep, A' dear little plant

Lay fast aslery. Awake I said the sunshine. And creep to the light. Awake I said the voice Of the raindrops bright.

The little plant heard. And ries to wee. What this wonderful. Beautiful world might br.

WORTH KNOWING Paperhanger's pasto is made by add log a teaspoonful of powdered alone t every pound of flour.

Matting may be cleaned with and water, applied with a small brush. Rines and dry thoroughly. . If the handle of the spoon used for beating ments and fowls be bent close to the bowl of the speed it will "dip

up" easily. If you will bend the point of your paring knife you will find it much casior to remove eyes from potatoes,

pineappies, etc. If a little baking powder is sifted with the flour of which ple crust le made it will be more healthful and re-

quire less shortening. . Must efficient and serviceable dust ciothe may be made from stockings that are no longer mendable, by split-

To remove a glass stopper which has become fixed in a bottle plungs the bottle into not water for a short time. The glass will expand and release the

A "SORT OF COUSIN"

The lawyer eyed the woman in the witness-box in patient despair. Then be rallied visibly.

"You say, madam," he began, "that the defendant is a sort of relation of yours. Will you please explain what you mean by that -just how you are related to the defendant ?" "Well, it's like this," replied the

witness, beaming upon the Court "His first wife's codsin and my second cousin's first wife's aunt married brothers named Jones, and they were cousins to my mother's aunt. Then, again, his grandfather on his mother's and my grandfather on my mother's side were second cousins, and his stepmother married my husband's stepfather after his father and my mother died, and his brother Joe and my husband's brother, Harry, married twin sisters. I ain't ever figgered out just bow close related we are, but I've always -looked -un-him as a wort o

"Quite right," nearnted the lawyer,

Ohildren Ory FOR FLETCHER'S CASTORIA Kladness doesn't cost much, and, a

a general thing, that is just about what you get for it.

There never was and never will a universal panaces in one remedy for all ills to which flesh is beir. What would relieve one III in turn would aggravate the others. We have, however, in Quinine Wine, when obtained in a sound, unadulterated state remedy for many and grievous lils By its gradual and judicious use the fruitest systems are led into convalescence and strength by the influence which Quinice exerts on Nature's own restortatives. It relieves those whom a chronic state of morbid despondency and lack of interest in life is a disease, and by tranquillizing "Dear Mrs. Jones-Your husband canthe nerves disposes to sound and not come home to-day. His bathing refreshing sleep-imparts vigor to the suit was washed away in the surf .action of the blood, which being stimulated, courses through the velns, strengthening the bealthy, animal functions of the system, thereby making activity a necessary result strengthening the frame and giving life to the digestive organs which naturally demand increased aubstance -result, improved appetite. North rop & Lyman, of Toronto, have given to the public their superior Quinine By the opinion of scientists, the wine approaches nearest perfection of any on the market. All druggists sell it.

CRUSHED

They were a happy pair, bent un en joying themselves, and they didn't much mind if the other passengers suffered in consequence.

Presently the girl started to critician the clothes worn by an elderly woman eltting on the opposite seat, and the youth, wishing to please, entured into the thing heartly.

The old lady's last year's bonnet and clock were fully criticized with more or less giggling on the young lady' parts the out of her skirt was our demned, and there is no talling what might have come next if the women had not put a sudden stop to the co vereation by a bit of clever feminine

Bhe turned her head, noticed that the girl was older than the youth, and in the smoothest of tones said : "Madam, will you please stop your

son from staring at me? It becomes irritating."

THE ORPHANAGE ALPHABET "We are orphans and fatherless."-Lamentations 5: 3L

A is for pure and wholesome Air ; B is for bread on which to feed; U is for kind and tender Care;

D is for Dwellings orphans need. R is for Education wise ! F is for Faith by which we live !

G is for God who hears ours orles : H is for Health His mercies give. I le for lok with which to welte; le for Jackets orphians wear ; K is for Kindness always bright t L le for Lave so sweet and fair.

M is for Medicine and for Ment; N is for News from those who rost O is for Oatmon't made to enta

P is for Parents wafe at home. Q is for Quarts of flowing milk ;-

R is for Raiment sometimes red;
S is for Syrup emboth as silk;
T is for Tables freely spread. U le for Use that in us lies

V la for Virtue made to shine ; W in for Work that wine the prise X is for eXcallence the sign. Y is for Youth that fears no frown Z is for Zeal which wing the crown.

Prevent and Relieve Headache

"It gives me great pleasure to be able to refer to Dr. Miles Anti-Pain Pills as the best remedy we have yet had in our house for the prevention and cure of headache. My wife who has been a constant sufferer for a number of years with above complaint joins me in the hope that they may fall into the hands of all sufferers."

JOHN BUSH, Watervielt, Me.

Used Them Four Years. "Dr. Miles' Anti-Pain Pills are the best I ever tried for the relief of headache. I have used them for nearly four years and they never fail to give me relief. I have tried many other remedies, but have never found any Better.

IOSEPH FRANKOWICK. 854 Trombly Av., Detroit, Mich. There is no remedy that will more quickly relieve any form of handache than

Dr. Miles' Anti-Pain Pills. The best feature of this remarkable remedy is the fact that it does not derange the stomach or leave any disagreeable after-

Price 25c at your drugglat. He should supply you. If he does not, send price to us, we forward prepaid. DR. MILES MEDICAL CO., Yeronte

IN A LIGHTER VIEW

"I understand you salled on the complainant. Is that so?" demanded a brow-beating barrister of a men he was cross-examining.

"You," replied the witness, Council for the other side sagerly objected that evidence as to conversation was not admissable, and half ar hour's argument ensued. Then the insglatrates retired to consider the point, announcing on their return some time later that they deemed the question a proper one,

"Well, what did the plaintiff say?" repeated the cross-examining barris

"He was not at home, sir !" was the

Ohildren Ory FOR FLETCHER'S CASTORIA

HIS LITTLE MISTAKE The diner dropped his knife and

fork with a clatter. "Waller I" he cried. "Ynd, sit," said the waiter.

"What's this stuff ?" demanded the "Steak, sir, I think," replied the waiter, examining it closely. "Yes, there's no doubt it's strak, sir."

"It must be weeks-here, smell it for The waiter shook his head, and bent confidentially over the diners shoulder "You're making a little mistake, sir," he whispered, glancing cautiously around. "It's that other gentleman's

"But the small!" roared the diner.

BOFT-HEARTED

Simpkins always was soft-hearted and when it developed upon him to break gently the . news of Jones drowning to the bereaved Mrs. Jones. treout him much paper, ink, and perspiration before he sent the following :

The mountain wouldn't go to Momuned of old, and the modern ones tostly seem to get it to fall on them.

An Oll for All Mun .- The sallor, "the oldier, the figherman, the lumberman, the out-door laborer and all who are exposed to hijnry and the elements will find in Dr. Thomas' Eclectric Oil a true and faithful friend. To "sase pain, relieve colds, dress wounds, subdue lumbage and overcome rheumstions, it has no equal. Therefore, it should have a place in all home medicines and those taken on a journey.

ALTITUDE RECORDS

llutcher - "Twenty-eight cents Mrs. Murphy -"That's awful high guess that's the aviation mest Of've been reading so month about."

CARE OF THE EVES

Many of the mysterious hondaches with which mankind is sufficied may he attributed to-over strained eyes .-When the eyes are cured by giving them a thorough rest, avoid reading. sowing in a dim flickering light or in a joiling train or street our .- The eyes should never be used too long at's tlue, and when much eye work is necessary brief rosts and bathing in hot water should be reserted to.

THERE ARE FEW PEOPLE Who Have Never

Experienced A HEADACHE.

Headaches effect all ages and both sexes alike, but the female sex is naturally the more effected through the higher nervous development and more delicate organization of the system. Burdock Blood Bitters bas, for years,

been curing all kinds of beadaches, and if you will only give it a trial we feel sure It will do for you what it has done for thousands of others during the past thirty-five years.

Mrs. C. Meadows, Chrksburg, Ont., writes:—"For years I was troubled with sick headache and distincts, and was also constinated. I was advised to try Burlock Blood Bitters. I only took three bottles of the medicine; now I feel like a new woman, I find 1. completely cured, and I can truthfully testify that it is the best medicine I have over used.

Burdook Blood Bitters is manufactured only by The T. Milburn Co., Limit-

The Kind You Have Always Rought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to decrive you lu this. All Counterfeits, Imitations and "Just-us-good" are but Experiments that triffe with and endanger the health of Infants and Children-Experience against Experiment.

What is CASTORIA

Castoria is a harmioss saib tituto for Castor Oil, Paregorie, Drops and Southing Syrups. It is Pleasant. It contains noither Opium, Merphine ner other Narcotle substance. Its age is its guarantee. It der roys Worms and allays Poverishness. It cures Diarrhe's and Wind Colic. It relieves Toothing Troubles, cures Constinution and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, givl: ; healthy and natural sloop. The Children's Panacea-T :o Mother's Priced.

CENUINE CASTORIA

Bears the Signature of The Kind You Have Always Bought

The Merchants' Bank OF CANADA

In Use For Over 30 Years.

Choosing Your Bank

JITHE conservative management and strong I financial condition of this bank are very essential features which should influence you in selecting a depository for your savings. This bank wishes to serve a large number of depositors, with whom it can have close personal relations.

Call and allow us to explain our new system of treating Joint Accounts.

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Manager

25 Suit lengths of the finest imported Scotch Tweed Suitings and West of England Worsteds, the regular prices for these goods are from \$28. to \$35 a Suit.

Your order taken to-day for any one suit made to your measure in the latest up-to-date style, first-class in every way for \$25 a Suit.

R. E. NELSON

Mon's Furnisher

GUELPH - ONT.

You don't lower your dignity by bending your kneed. In general, pride is at the bottom of all great mistakes. Soft corns are difficult to scudicate. but Holloway's Corn Cura will draw

THE EASIER Pancier-"This dog, madam, would be cheap at \$100."

them out painlessly.

Lady-"I would take him; but I'm afraid my husband might object." Mancier-"Madam, you can get at other husband much easier than a dog like that.".

CASTORIA For Infants and Children. The Kind You Have Always Bought

Elimature of Chat H. Flitcher

HE WARN'T A LUMP

She weighed sixteen stone if she weighed an ounce, and also did weigh an nunce. The whole rink shook and rumbled as the struggled round in her efforts to master the whirling art. Suddenly-a terrific thud-a greenand there, piled up upon the boarding. lay a heap of overbalanced feminishly

A dozen stulwarts hastened to her ald

But her avoirdupols was too much for

"Fotob a lever l' cried one. "Fotch a crane !" shouted a second. The woman opened her eyes. "You will have to wait a moment

madam," politely remarked a third

"We have just sent for the orang. trust you are not host?" "N-n-m, I don't think so!" she gasped bravely back. But, ch, there ar some dreadful lumps to your floor!" "Lumps, be hanged, madent growled a half-amothered voice from underneath. "I'm not a lamp, I'm

one of the attendants I" Rollef for the Depressed .- Physical and mental depression usually have their origin in a disordered state of the atomach and liver, as when' these organs are deranged in their action from now. Freddy !" the whole system is affected. Try Parmeleg's Vegetable Pills. They viva the digestive processes, and hencficially on the nerves and restors the spirits as no other pill will. They are cheap, simple and sure, and the effects

BECAME SO WEAK AT TIMES COULD NOT WORK.

Mrs. George Hiles, Grimsby, Oat., writes: "Just a few lines to let you know what Millium's Heart and Norve lills have done for me. I suffered greatly with my nerves and became so nervous and weak at times I could not work. A Iriend of mine advised ton to try a boy of your pills, which I did, and soon found great relief. They are the host medicine I have ever taken for the heart and nerves. I recommend them

to any one suffering from heart or herve 'Millarn's Heart and Nervo Fills make the week beart strong and the shaky nerves firm by imparting a strengthening and restorative influence to every organ and tissue of the body and curing palpitation of the heart, dissinces, sleepless-ness, unsemis, twitching of the muscles, general debility, lack of vitality, etc.

It is mostly hard work and plenty, of

Unless worms to expelled from the system, no child can be healthy. Mother Graves' Worm Externibator be the best medicine extant to destroy

To learn is not the male thing, but Rainbow gold looks all right from a distance, but did you ever get a near

A SPLENDID NURSE

"Yes," said Mrs. Higson to the lady oaller, "our little four-year-old Freddy is a great comfort and help to mer Why, he takes care of his haby slater as well as any name. He's in the next

Are you taking one of little sister? "What are you doing?" "Oh, I'm playin' I'm a barber, that's

Manufactured only by The T. Milburn Ou. Limited, Toronto, OnL.

MAKE ICE IN INDIA

The following method is adopted the (langes walles (native confee) I making ice in the region of the Hugh near Kalikata, in fields composed of a black loan upon a stratum of sand The soil is semoved to a depth of couple of feet. This excavation, wher made, is amosthed, and then allowed to remain exposed to the torchi rays of the sun to dry. Then rice straw in small sheaves is laid to the depth of a foot and a half leaving its surface half a foot below that of the ground.

earthenware pans are placed in reupon the litter, and each pan is hal filled with water.

average, key, one-quarter pound to rach dish. The les dishes prosent a large moist external surface to the air currents. producing rapid evaporation and a lowering of the temperature. The water which percolates through the ranes of women after all other negative

THOSE NEW RULES "Why was Blake put out of th ame yesterday ? "He hadn't shaved and was disqual

fled for unnecessary roughness."

sideration. Second : We guarantee our drugs to

Third : Our customers are supplied with just what they ask for; substitut; ing le never allowed.

PAINE'S CELERA COMPOUND. If you are a sufferer from kidney disease, liver complaint, blood troubles houmatism, nourelgle or norvous prostration, we ounfidently recommond the use of Paine's Colory Compound. This reliable and never disappointing medicine is a .true disease banisher and system builder. We supply the genuine Palue's Colory Compound. A.T. Brown, Acton. Ont

sun shines, but just look out how mid

night catches you sleepless. The Bowels Must Act Healthily .medical man is to see that the bowels are open and fully performing their functions. Parmoles's Vegetable Pills action of the bowels. Indeed, there is no other specific so serviceable in keeping the digestive organs in health-

Supplement your promises with An artistic liar frequently tells the

Children Cry FOR FLETCHER'S

Pride and greed and paltry pelf are pretty busy qualities.

Bickle's Anti-Consemptive Syrup Is he result of expert chemical experiments, undertaken to discover a pre ventive of inflammation of the lungs and consumption, by destroying the germs that devolop these diseases, and fill the world with pitiable subjects hopelessly stricken. The use of this Hyrup will prevent the dire consequences of neglected Colds. A trial, which costs only 23 cents, will con vince you that this is correct.

COMFORTING that my son should wish to marry an antrets," shricked the proud patrician mother. "Now, ma : don't take on so," beought the undutiful heir. "She len't

really an actress; she only thinks she Price 50 cents per box, or 3 for \$1.25, at all dealers, or mailed direct on receipt of price by The T. Milbum Co., Limited, Toronto, Ont.

Ganina may seem just a simple twist of the brain, but that's only seeming.

Shilon's Cure

"Yeth, ma." all; and Ye cutting her outle off wif

Numerons leds of this kind-see formed, with narrow sidewalks be tween them, in which here and there large covered earthen water jare are shok in the ground for the convenience of having water hear by to fil the shallow, unglazed earthen vessels in which it is to be frozen.

These dishes are also inches in diameter, at the top, diminishing to five inches at the bottom, 1; inches deep and | lach thick, and are so porour as to soon become malet throughout when water is placed in them. When evening comes the shallow

There are about 5,(##) plates in each of the beds, and the los yield will

First : When we undertake to til our prescriptions, we give them our undivided attention and book care The patient's welfare is our first con

be of full strongth as well as pure and

Things do not look so bad when the

In most allments the first care of the are so compounded that certain ingredients in them act on the bowels OVR solely and they are the very best medicine available to produce healthy

truth, being an artist. CASTORIA

Contracted a Heavy Cold.

It Became a Lung Splitting Cough.

Mr. J. H. Richards, 1853 Second Ave. Kast, Vancouver, B.C., writes: "Allow me to write a few lines in praise of your Dr. Wood's Norway Pins Syrup. Inst. fall I contracted a heavy cold which left me with a backing cough and every time I would get a tittle more cold this hacking cough would become a lung splitting one. It kept on getting worse and I kept on spending money buying different cough remedies until a friend saked me if I had ever tried Dr. Wood's Norway Pine Syrup. I told him I was willing to try anything I thought would cure, and on the same day bought two bottles. Be-fore half the first one was used my cough began to get much easier, and by the time I had used a bottle and a half my cough was gone. I am keeping the other half bottle in case it should come again, but I am sure I have a positive cure. Let Syrup to all who suffer from a cough or throat irritation of any kind."

Don't be imposed upon by taking anything but "Dr. Wood's." Put up in a yellow wrapper; three pine trees the trade mark; price 25

So great has been the success of this-

wonderful remedy, it is only intural that numerous persons have tried to

Cured by Lydia E. Pinkham's Vegetable Compound | government. As there are many re

Fox Creek, N.H .- "I have always had pains in the loins and a weaktiess there, and often after my meals my food would distress toe neul Chune beite. ness. Lydia 1: Pinkham's Vegeta ble Compound bas fount tan ,much good. I am strong er, digestion is bet ter, and I can walk with ambition.

have encouraged inguey mothers of familles to take it, as it is the best rem saly in the world, You can publish this in the papers" - Mrs. William Bounger, Fox Creek, N.H., Canada. The shave is only one of the sands of grateful letters which are constantly being received by Pinkharo Modleline Company of Lynn, Muss, which prove beyond a doubt that Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, actually does cure these obstinate disto the breeze that it is promptly fering woman owes it to herself to at least give Lydia E. Pinkham's Vegeta-ble Compound a trial before submitting to an operation, or giving up

hope of recovery. Mrs. Pinkliam, of Lynn, Mass., nvites all sick women to write her for advice. She has guided thousands to health und her

ndvice is free.

Pliable, Yet Tough You might begin your acquaintance

pair of these Horsehide Mitts. They're excellent examples of how tough and pliable mitts may be made by our chrome process, with the added satisfaction of knowing they will not become stiff when scorched or scalded.

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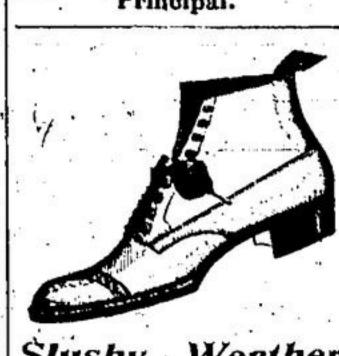
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seize opportunity; do it now. Come direct to the College office, 137 Upper Wyndham Malcolm MacCormack, B.A. Principal.



Slushy Weather COMING PRETTY SOON

The season for wet walking, wer feat and

neumonis. That is, if you are not pro-

WATER AND WEATHER PROOF SHOES They are not the big and clumsy kind you have been used to seeling. They are anug, warm and watertight, and yet are smart knough in appearance to wear in any

ided with shahy weather footwear.

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Memoria from the girls colleges of

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record number of young English

women are studying for mother de-

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to outablish a new government service

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hones the demand. Ledy Hardings.

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headed a movement for the contline

of a Woman's Indian Medical Bervice.

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emulable mate to he opened, the work

ine appealed to the enterprising ling.

Was Troubled With

Liver

Complaint

For Three Years.

Miliburn's Lava-Liver Pills will regu-

at a the flow of false to not properly upon

he lowels, and will tone, renovate and

purify the liver, removing every groult

of liver trouble from the temperary but

disagramable bradache to the severest

Mr. H. Nelson, North Hydney, N.S.,

critos: -'I have used your laxu-liver

Pills. I was troubled with liver com-

plaint for three years, and could get no

telief. I was persuaded by a friend to

vial I got rolled. After I had taken three

more I was cured completely, and blave not been troubled since, thanks to your

Milioum's Laxa-Liver Pills are 25

ente per vial, or 5 vials for \$1.00, at all

dealons or mailed direct on receipt of

price by The T. Milburn Co., Limited.

forms of liver complaint.

valuable medicina.

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See. 8 6 34 p. m. - See. 7 5 34 p. tps. The

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Flour. Maple Syrup and Honey. Holbrook's Favorite

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Best lines of Confection-

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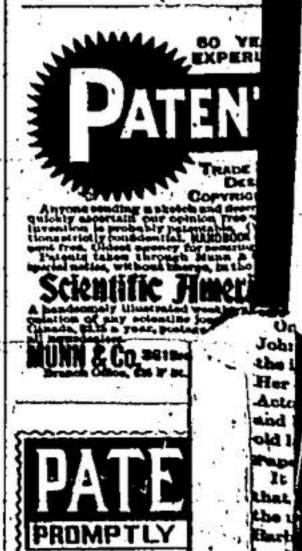
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