

The Acton Free Press.

THURSDAY, DECEMBER 29, 1910

THE PLENTYING YEAR

Stay yet, my friends, a moment stay—
Stay, for the good old year,
Be long companion of our way,
Shakes his old bones leaves us here,
One little hour, and then away.
The kindly year, his liberal hands,
Have lavished all his store,
And shall we turn from where he
Beneath him gives no more?
Oh stay, oh stay,
One grateful hour, and then away.
Even while we sing he smiles his last
And leaves our place behind—
The good old year is on the last—
The last of the year is kind—
Oh stay, oh stay,
One parting strain, and then away.
—William Collier Bryant.

IF YOU WANT TO RISE

If you want to rise in the world you
must value something else. If you
want to rise in business raise the busi-
ness you are in. Don't imagine that
when you have given your life to the
lifting up of a business, the house will
try to keep you down. A house can
not rise and keep down the man who
raised it, any more than a man can
rise out of the water and keep down
the life-preserver that saved him.

No man can add a dollar's worth of
work for a dollar. When you are
working for nothing but a dollar your
boss will not pay out at more than
fifty cents. To add a dollar's worth of
work you must work for a dollar and
something more. You must work for
the love of the business, or for the
love of something—for something
more than the dollar. A mere blos-
soming never does more than fifty cents
cents worth of work for a dollar, be-
cause he has nothing to work for but
the dollar. He may meet the require-
ments as to quantity, but never as to
quality. So long as a man thinks of
himself as a hired help he will never
pitch his wagon to anything but a
pay envelope.

A large employer said the other day
that he never distributes his pay en-
velopes without putting in them an
inspirational leaflet—just a bit of
printed matter to encourage his men
to do their best, to incite them to
higher endeavor. Men need some-
thing more than money. They need an-
encouraging word. They need stout
backbone heroes. They need a friend-
ly handshake—a handshake with a
grip in it that helps a man get a new
grip on himself.—The Young Man in
Business.

Homoeopathic Principles

First: When we undertake to fill
your prescriptions, we give them our
undivided attention and best care.
The patient's welfare is our first con-
sideration.

Second: We guarantee our drugs to
be of full strength as well as pure and
fresh.

Third: Our customers are supplied
with just what they ask; substitut-
ing is never allowed.

PALMER'S CLOVER COMPOUND.

If you are a sufferer from kidney
disease, liver complaint, blood trouble,
rheumatism, neuritis or nervous
prostration, we confidently recom-
mend the use of Palmer's Clover
Compound. This reliable and never dis-
applying medicine is a true disease
healer and system builder. We
supply the genuine Palmer's Clover
Compound. A.T. Brown, Acton, Ont.

WE WOULDN'T DO FOR ME!

"No, he wouldn't do for me," said a
business man, as he noticed a young
fellow making his way down the street.
It was business hours, and presumably
the young man had some more or less
important errand on hand, to account
for his absence from the office. He
walked with a leisurely saunter, stop-
ped to look into windows, while the
woman who was the only girl in the
office, and the only one with the ability
of a colorless field to turn snowy looks
to her original color, stopped again
in front of the newspaper office to
read the baseball news, and finally
turned a corner, still looking back over
his shoulder.

"No, he won't do for me," repeated
the business man, to whom the young
man had been strongly recom-
mended. When I send a fellow out
on my business, I want him to start
in a different fashion. Nobody who
smokes along in that way gets what
he goes after. Why, his mind is on
everything but what he has to do."

Another young man went past,
walking swiftly, his hat pulled down
over his forehead and his coat tails fly-
ing out behind. He crossed the street
diagonally, to save the time, and then
spoke his name, "Hello, Jim?" Then reached his shoulder,
for he was already speeding on his
way. " Didn't see you at first."

And somehow that contrast helped
to make clear the decision in the busi-
ness man's voice when he said of the
first young man, "He won't do for
me."

THIMBLE YEAH

If all the old year's days could speak,
I wonder what they'd say—
The snowy days, the blowy days,
The flower days of May.
The summer days, the sultry days,
We used to find children's feet—
Vacation days, when for their play—
The country was so sweet.

All the old year's days could speak—
Just think of it while you're young,
While you're young, you're young;
Or the sunshines of a smile?

Ab! I could truly speak from week to
week.

Of honest work well done,
Of diligent work in study hours;
Of failures in the fun?

Of thankful thought for kindness
wrought for us;

Where houses are rich and glad;
Of people who give or share;
Where houses are poor and sad;
Of pleasant ways in dark, dull days;
Of little, gentle deeds;

Of earnest hours with heart's flowers;

Of the year's peaceful, peaceful days?

On the year speak of patient's mock

Grief, and bold, for the weak and old;

"A loving word or smile?"

Mathias, the year must seem most
desolate.

If thus its speech can be;

O'erfull for joys for girls and boys—

A year of jubilee.

—Selected.

RULES OF HEALTH

Many a philosopher of the lady has
concentrated his attention on evolving
rules of health and longevity. A con-
siderable proportion of mankind looks
upon health as the common banner
with long life "secondum"; when,
indeed, health does not, in the view of
the philosopher, prepossess long life.
Thus we have the following "Nine
Commandments of Long Life":

First: Rise early, retire early, and
go to bed with work.

Second: Water and bread modulat-

ing; purity and sunshine are indis-

pensable to health and do not weary.

Third: Prudently and sedately form

the best habits of longevity.

Fourth: Enough sleep repairs wake

and strengthens too much sleep weak-

sens and enfeebles.

Fifth: To be sedately dressed is to

give freedom to one's movements and

enough warmth to be protected from

the sudden changes of weather.

Sixth: A clean and cheerful house

makes a happy home.

Seventh: The mind is refreshed and

invigorated by distractions and amuse-

ments, but to abuse these leads to dis-

sipation and dissipation to vice.

Eighth: Cleanliness makes a half of

health, and the other half of health.

Our ninth commandment is discoun-

temed.

Ninth: Do you gain your living by

your intellect? Do not forget to culti-

cate your mind and to enlarge your

thought. Do you earn your bread

with pick and ax? Then do not allow

your arms and limbs to grow stiff.

IF YOU TAKE A FEW DOSES OF FIG PILLS

All Headache and Distress from Out-
of-Order Kidneys or Bladder Troubles
will vanish when you will feel fine.
Aching Back, Painful Stitches, Rheumatism,
Nervous Headaches, Dizziness, Rheumatism,
Sleeplessness, Worms, Sick Feeling
and other symptoms of sluggish, Inactive
Kidney and Liver disappear.

Castoria is a harmless substitute for Castor Oil, Paregoric, Drapé and Soothing Syrup. It is Pleasant. It
contains neither Opium, Morphine nor other Narcotic
substances. It is safe, guaranteed. It destroys Worms
and relieves Feverishness. It cures Diarrhoea and Wind
Colic. It relieves Teething Troubles and Constipation
and Flatulence. It assimilates the Food, regulates the
Stomach and Bowels, giving healthy and natural sleep.

The Children's Panacea—no Mother's Friend.

CASTORIA

The Kind You Have Always Bought, and which has been
in use for over 30 years, has borne the signature of
and has been made under his per-
sonal supervision since its infancy.

Chat H. Fletcher

All Counterfeits, Imitations and "Just-as-good" are but
Experiments.

Infants and Children—Experiments against Experiment.

What is CASTORIA

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GENUINE CASTORIA ALWAYS

Bears the Signature of

Chat H. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years.

The experienced housewife's cook
book must furnish her with food
for thought.

A Cure for Fever and Ague.—Di-
sturbances of the stomach and liver
always precede attacks of fever and
ague, showing derangement of the
digestive organs and deterioration in
the quality of the blood. In these all
Purmele's Vegetable Pills have
been found most effective, whetting the
fever and subduing the ague in a few
days. There are many who are sub-
ject to these distressing disturbances
and to those there is no better prepara-
tion procurable as a means of relief.

A foot and his money are soon mar-
ried.

The manager of a successful show is
something of a drawing master.

Three thousand threshing outfitts
are in use in Manitoba in 1900.

Fools rush in where angels fear to
tread, and angels can use their wings.

Foolishness is the root of all mis-
fortune.

Castoria is a cure for all mis-
fortune.