The Acton Free Press

THURSDAY, DECEMBER 8th, 1910

A WORD OF KINDNESS

Drop a word of cheer and kindness—
Just a flash and it is gone;
But there's half a hundred ripples
Circling on and on and on,
Bearing hope and joy and comfort
On each splashing, dashing wave,
Till you wouldn't believe the volume
Of the one kind word you gave.

Drop a word of cheer and kindness—
In a minute you forget;
But there's gladness still a-swelling
And there's joy a-thrilling yet,
And you've rolled a wave of comfort
Whose sweet music can be heard
Over miles and miles of water
Just by dropping a kind word.
—Santa Fe Employees' Magazine.

TEACHING CHILDREN SELF CONTROL

Little Margaret of ten was a girl of unusual brightness, but her quick, sharp tongue brought her many troubles. Whippings she accepted as her natural birthright, but they left her no nearer self-control. At last the mother was taken ill, and a nurse of wide experience came into the home.

The nurse studied Margaret, and she found a point of vantage. Margaret had a wonderful love of stories, and was never so happy as when listening to the recital of one. A story was promised to Margaret every night at bedtime, provided she had not given way to her temper during the day, and the rule was strictly adhered to. At first, of course, there were many nights of no story-telling. But with the help of the wise nurse little Margaret guarded her tongue more and more, until after a few months she seldom missed a story, and was herself proud of the victory—C. L., in Harper's Bazaar.

Heart Trouble

Caused Dizziness, Weakness and Smothering Spells.

Through one cause or another a large majority of the people are troubled, more or less, with some form of heart trouble. Wherever there are sickly people with weak hearts, Milburn's Heart and Nerve Pills will be found to be the most effective medicine on the market.

Mrs. F. Leslie Craig, 114 Erie Ave., Brantford, Ont., writes:—"It is with the greatest of pleasure I write you stating the benefit I have received by using Milburn's Heart and Nerve Pills. I suffered greatly from heart trouble which caused dizziness, weakness and smothering spells. I used a great deal of Dr.'s medicine but received no benefit. A friend advised me to buy a box of your pills, which I did, and before I had finished one box I felt so much better I continued their use by taking two boxes. I highly recommend these pills to any one suffering from heart and nerve trouble."

Milburn's Heart and Nerve Pills are 50 cents per box, or 3 for $1.25, at all dealers, or mailed direct by The T. Milburn Co., Limited, Toronto, Ont.

Happy are they who shall learn from thy example not to despair, that reformation is never hopeless, nor sincere endeavors unassisted.—Dr. Johnson.

Rheumatism Cured by Fig Pills

Not often do you hear of a 25c. preparation being sold with a guarantee to cure you. An absolute guarantee goes with every box of FIG PILLS. They will cure Rheumatism, Backache, Bladder Trouble, Frequent Urinating, Burning Sensation, Painful Stitches, Sluggish Liver, and all Stomach Trouble. If not, your money back. At all druggists.

Men who drink to forget their sorrows forget that they are simply sowing a new one.

Children Cry
FOR FLETCHER'S
CASTORIA

Woman differs from man in that she can generally lose her heart without losing her head.

Poverty and obscurity are only evils to him who can sit gravely down and make a repining comparison between his own situation and that of others.—Burns.

They Cleanse While They Cure.—The vegetable compounds of which Parmalee's Vegetable Pills are composed, mainly dandelion and mandrake, clear the stomach and intestines of deleterious matter and restore the deranged organs to healthful action. Hence they are the best remedy for indigestion available to-day. A trial of them will establish the truth of this assertion and do more to convince the ailing than anything that can be written of these pills.

HIS PLACE WAS SURE

St. Peter (to applicant)—"What was your business on earth?"

Applicant—"Editor of a newspaper."

St. Peter—"Big circulation of course?"

Applicant—"No, small; smallest in the county."

St. Peter—"Pick out your harp."

RULES FOR LONG LIFE

Edward Everett Hale formulated the following set of "Rules for Long Life":

1. Rule both mind and body with an iron hold. You are master.

2. For the body, enough good sleep, enough food, enough good exercise.

3. For the mind, regular work; work in the line of your genius and stop when you are tired.

4. After you are forty you may, if you are not a fool, choose your own rules, your own medicine, and your own food. But you will find that the more you are in the open air and the more you are with people, the better you will succeed. You will also find that there is nothing gained by brooding over failure.

1, 2, 3, 4, 5 (and always). The great central statement of life and history in this matter is: "He made himself of no reputation and took upon himself the form of a servant, wherefore God has highly exalted him."

Shiloh's Cure quickly stops coughs, cures colds, heals the throat and lungs. . . . 25 cents.

Dropsy—
Given up by Doctor

"I had dropsy, and was told by my family physician that there was no chance for me. My family also gave me up. My limbs and body were swollen one-third larger than natural, water collected around my heart and I had to be propped up in bed to keep from smothering. I took Dr. Miles' Heart Remedy until I was entirely cured. This was in 1902, and I am now able to do any kind of work on my farm. My cure was certainly marvelous."

L. TURLEY CURD,
Wilmore, Ky.

Dr. Miles' Heart Remedy has been wonderfully successful in relieving heart trouble. Its tonic effect upon the heart nerves and muscles is a great factor in assisting nature to overcome heart weakness.

Price $1.00 at your druggist. He should supply you. If he does not, send price to us, we forward prepaid.

DR. MILES MEDICAL CO., Toronto.

Foundation Principles

First: When we undertake to fill your prescriptions, we give them our undivided attention and best care. The patient's welfare is our first consideration.

Second: We guarantee our drugs to be of full strength as well as pure and fresh.

Third: Our customers are supplied with just what they ask for; substituting is never allowed.

PAINE'S CELERY COMPOUND.

If you are a sufferer from kidney disease, liver complaint, blood troubles rheumatism, neuralgia or nervous prostration, we confidently recommend the use of Paine's Celery Compound. This reliable and never disappointing medicine is a true disease banisher and system builder. We supply the genuine Paine's Celery Compound. A.T. Brown, Acton, Ont.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of Chas. H. Fletcher.

We can never replace a friend. When a man is fortunate enough to have several, he finds they are all different. No one has a double in friendship.—Schiller.

FORGOT THE BIG FELLOW

Two lawyers before a probate judge recently got into a wrangle. At last one of the disputants, losing control over his emotions, exclaimed to his opponent:

"Sir, you are, I think, the biggest ass I ever had the misfortune to set eyes upon."

"Order! order!" said the judge, gravely. "You seem to forget that I am in the room."

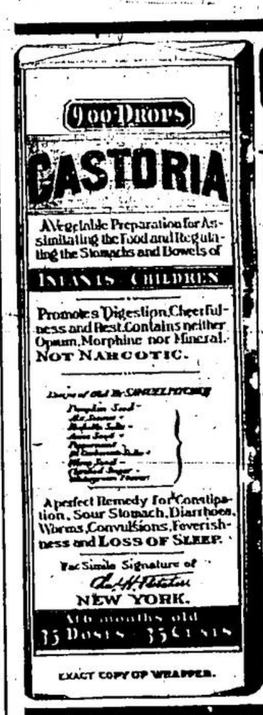
All Skin Diseases
Can be Directly Traced To BAD BLOOD.

Therefore to get rid of these skin diseases it is absolutely necessary that the blood should be thoroughly cleansed of the accumulated poisons, and for this purpose there is nothing to equal Burdock Blood Bitters.

This remedy has been on the market for over thirty-five years and when you use it you are not experimenting with some new and untried remedy.

Miss Stella Eichel, Maitland Forks, N.S., writes:—"I have been bothered with Salt Rheum on my hands for three years and it itched so I didn't know what to do. I tried everything but nothing seemed to do any good. I heard of Burdock Blood Bitters and bought two bottles of it, and now I am perfectly cured and have no Salt Rheum on my hands any more. I cannot speak too highly of Burdock Blood Bitters."

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.



EXACT COPY OF WRAPPER.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of Chas. H. Fletcher.
In Use For Over Thirty Years
CASTORIA
THE CENTAUR COMPANY, NEW YORK CITY.

BANK OF HAMILTON

To realise the importance of frugality is to acquire the habit of saving—and of depositing your savings in a Bank.

You need not feel embarrassment in depositing as small a sum as one dollar in the Bank of Hamilton.

Such a step will mean for you the commencement of a new era of ease and content.

GEORGETOWN BRANCH
W. N. McKAY - Manager

Head Office
HAMILTON

The Student Enjoys Life at
ALMA COLLEGE

because she studies in the atmosphere of a true home, where her talents are developed without forcing—where her education is mental, spiritual and physical, according to her needs. She has the advantage of individual instruction by highly competent educators. She gets proper exercise and an abundance of good food, well cooked and well served. She lives in desirable social surroundings. Her training at Alma helps to fit her for any pursuit in life—for home responsibilities. Situation attractive. Extensive grounds. Tuition low, governed by course. Send for prospectus and terms. Alma means above all, character development. Address the president, Robert I. Warner, M.A., D.D., St. Thomas, Ontario.

It Has Many Qualities.—The man who possesses a bottle of Dr. Thomas' Eclectric Oil is armed against many ills. It will cure a cough, break a cold, and prevent sore throat; it will reduce the swelling from a sprain, cure the most persistent sores and will speedily heal cuts and contusions. It is a medicine chest in itself, and can be got for a quarter of a dollar.

A man generally changes his mind about what he can do after he starts trying to do it.

It is better by noble boldness to run the risk of being subject to half of the evils which we anticipate than to remain in cowardly listlessness for fear of what may happen.

Children Cry
FOR FLETCHER'S
CASTORIA

Men are like seeds in that you never realize the worth that was in them till you bury them.

Warts are disfigurements that disappear when treated with Holloway's Corn Cure.

If you are having a lot of fun at it, you may rest assured it is something of which others will probably disapprove.

Many inherit weak lungs, and as disease usually assails the weakest point, these persons are always exposed to attacks of cold and pulmonary disturbances. The speedy use of Bickle's Anti-Consumptive Syrup will be found a preventive and a protection, strengthening the organs so that they are not so liable to derangement from exposure or abrupt atmospheric changes. Bickle's Syrup is cheap and good.

This Concrete Root Cellar Costs Less Than Wood and is Much More Durable

Cement is particularly adapted to the construction of Root Cellar floors and walls.

Experience proves that for the farmer, Concrete is superior to wood in every point of comparison.

Concrete permits of a desirable degree of coolness without freezing. There is no question as to its durability. Concrete lasts, not for years, but for ages; and needs no repair.

Anyone who has scooped vegetables from the old plank floor will appreciate the fact that Concrete offers a smooth, continuous surface with no projecting plank ends or nails to damage the scoop or ruffle the temper of the scooper.

The various uses to which Concrete may be profitably put, on the farm, are plainly and simply in our 160-page book,

"What the Farmer Can Do With Concrete"

which shows how the following farm buildings and utilities can be constructed of concrete:—

Barns, Cisterns, Dairies, Dipping Tanks, Foundations, Fence Posts, Feeding Floors, Gutters, Hens' Nests, Hitching Posts, Horse Blocks, Houses, Poultry Shelter Walls, Stables, Stairs, Stalls, Steps, Tanks, Troughs, Walks, and so forth.

Send for it—it's free—though it regularly sells for 50c. Write to-day.

You may send me a copy of "What the Farmer Can Do With Concrete."

Name.....

Address.....

CANADA CEMENT CO., Limited
51-60 National Bank Building,
MONTREAL.

SPARKLES

Friend—Hello, Pat! I scarcely know you with your whiskers off.

Pat—The same wid me, me boy. I didn't know myself when I looked into the glass except by me voice.

"She married an octogenarian, didn't she?"

"I guess not. He looked to be as white as any of us."

"But I shall always be a brother to you," he murmured.

"If I had any use for a brother," she replied, sweetly, "I could reach under the sofa and get one right now."

"What is the difference between twice ten and twice eleven?"

"None whatever. Don't you see that twice ten makes twenty, and twice eleven makes twenty-two (too)?"

Instructor in Public Speaking—What is the matter with you, Mr. Brown? Can't your speak any louder? Be more enthusiastic. Open your mouth and throw yourself into it!

The Teacher (reading): "Then the girl warrior faced the mocking foe and unsheathed her deadly weapon." What does that mean children? Well, Elsie?

Elsie: Please, ma'am, I think it means she stuck out her tongue.

Tommy: Pa, what is an equinox?

Pa: Why, er—it is—ahem. For goodness sake, Tommy, don't you know anything about mythology, at all? An equinox was a fabled animal, half-horse, half-cow. Its name is derived from the words "equine" and "ox". It does seem as if these public schools don't teach children anything nowadays.

Had Severe Pains In Back.
Felt As If It Must Break.

Mr. Alfred E. Davis, Gorrie, Ont., writes:—"For some years I suffered from severe pains in my back, and could hardly work at all, and when I stooped down to pick up anything felt as if my back must break. I was advised to try Doan's Kidney Pills and after taking two boxes was entirely cured, and I feel that I cannot speak too highly in their favor.

"This was nearly four years ago and I still remain cured."

For Backache, Lame Back, Weak Back, there is no remedy equal to Doan's Kidney Pills for taking out the stitches, twitches and twinges, limbering up the stiff back and giving perfect comfort.

Doan's Kidney Pills are 50 cents per box or 3 boxes for $1.25, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

In ordering direct specify "Doan's."

It's easy for a man to do things if given a chance, but the world applauds the man who makes his own chance.

A Pill of Attested Value.—Parmelee's Vegetable Pills are the result of careful study of the properties of certain roots and herbs, and the action of such as sedatives and laxatives on the digestive apparatus. The success the compounders have met with attests the value of their work. These pills have been recognized for many years as the best cleansers of the system that can be got. Their excellence was recognized from the first and they grow more popular daily.

Doesn't it sound funny when you hear of a milkman being on the water waggon?

Shiloh's Cure quickly stops coughs, cures colds, heals the throat and lungs. . . . 25 cents.

Some people are so extravagant that they seem to talk merely for the purpose of wasting words.

The good may die young, but have you ever noticed how long a worthless man manages to hang on?

Thousands of mothers can testify to the virtue of Mother Graves' Worm Exterminator, because they know from experience how useful it is.

Few men know their own minds—and those who do, wish they didn't.

Children Cry
FOR FLETCHER'S
CASTORIA

It is cowardice to wish to get rid of everything which we do not like. Sickness and sorrow only exist to further man's education in this world; they will not be needed in the future.—Novalis.

Caught a Cold
Which Ended in a Severe Attack of Pneumonia.

Too much stress cannot be laid on the fact that when a person catches cold it must be attended to immediately, or serious results are liable to follow.

Bronchitis, Pneumonia and Consumption are all caused by neglecting to cure the simple cold.

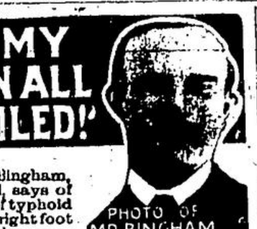
Mrs. O. W. Bowman, Pattullo, Ont., writes:—"Three years ago I caught a cold which ended in a severe attack of Pneumonia. Since that time at the beginning of each winter I seem to catch cold very easily. I have been so hoarse I was unable to speak loud enough to be heard across the room. Last winter, however, a friend advised me to try Dr. Wood's Norway Pine Syrup, saying it had helped her. I bought a bottle and before it was half used I was completely cured. I don't find it a good medicine for the children when they have colds."

Beware of the many imitations of Dr. Wood's Norway Pine Syrup.

Ask for "Dr. Wood's" and insist on getting what you ask for.

It is put up in a yellow wrapper; three pine trees the trade mark; the price 25 cents. Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

"IT HEALED MY SORES WHEN ALL ELSE HAD FAILED!"



This is what Mr. Edward Bingham, of 118 Brant Ave., Brantford, says of Zam-Buk. After an attack of typhoid fever, ulcers broke out on his right foot and ankle. "The foot and leg were terribly inflamed," he says, "and the pain was very acute. I could not wear boot or shoe, and could not move about at all. I used all kinds of lotions, salves and ointments, yet nothing seemed able to heal the ulcers until Zam-Buk was tried.

"The very first application of Zam-Buk relieved the intense pain, and as I kept on using Zam-Buk the ulcers began to look healthier and were less painful.

"By use of this healing balm the discharging was reduced and healing commenced. After a few weeks' treatment, the swelling and inflammation were banished, and the sores were entirely healed. I am so grateful for my cure through Zam-Buk that I consider it my duty to let others know of the merits of this great balm."

What Zam-Buk should be used for.

Zam-Buk will be found a sure cure for cold sores, chapped hands, frost bites, ulcers, eczema, blood poison, varicose sores, piles, scalp sores, ringworm, inflamed patches, babies' eruptions and chapped places, cuts, burns, bruises, and skin injuries and diseases generally. All druggists and stores sell at 50c box, or post free from Zam-Buk Co., Toronto, upon receipt of price. You are warned against harmful imitations and substitutes. See the registered name "Zam-Buk" on every package before buying.

ZAM-BUK

FREE BOX. Send this coupon and 1c stamp to Zam-Buk Co., Toronto, and receive free trial box.

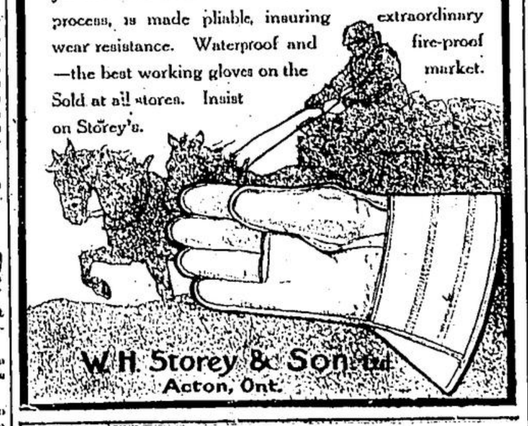
New Fall Hats

4 cases newest up-to-date
NEW YORK STYLES
IN HATS
See my Special Hat at $2.00

R. E. NELSON
Merchant Tailor
Men's Furnisher
Wyndham Street
GUELPH - ONT.

Storey's Gloves
Warmest Kind
For Cold Weather

Tougher horsehide will never be found, because the best is used for Storey's Gloves and Gauntlets. And yet the skin, because carefully tanned by the chrome process, is made pliable, insuring extraordinary wear resistance. Waterproof and fire-proof—the best working gloves on the market. Sold at all stores. Insist on Storey's.



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Acton, Ont.

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COLORED PAPERS

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FLORAL CO. Limited,
GEORGETOWN.

CUT FLOWER GROWERS
Funeral and Wedding Orders
a Specialty.

Agents Wanted
in every town and township in Ontario to take orders for
NORTHERN CROWN
NURSERY STOCK

Pay weekly. Use of handsome outfit—free. Exclusive territory. We guarantee strictly first class stock delivered in prime condition. It pays to sell for a reliable firm. Established 30 years. Write for particulars.

PORT ELGIN NURSERY
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The
EXCELSIOR
BAKERY

First Quality Bread, Cakes, Wedding Cakes, Etc.

Meat of Wheat.

Pickanniny Pancake Flour.

Maple Syrup and Honey.

Holbrook's Favorite Punch Sauce.

Heinz's Pickles. (57 varieties)

Oysters and Fish.

Best lines of Confectionery.

T. Statham & Son
Main St., Acton

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PHOTO ENGRAVING
HALF TONES
OR ANY CLASS OF ENGRAVING FOR ADVERTISING PURPOSES, CATALOGUES, MAGAZINES, &c

J.L. Jones Eng. Co.

.... THE ....
Temperance Hotel
(FORMERLY RUN BY MR. LEE)
ROCKWOOD - ONTARIO

JAS. A. WATSON

Having secured Lee's Hotel will conduct it as a first-class up-to-date hotel, at moderate rates.

The comfort and accommodation of the travelling public will be given the most careful attention.

Good Livery in Connection

THE GRAND TRUNK RAILWAY

PASSENGER TRAINS

The following is the time at which passenger trains call at Acton

GOING EAST		GOING WEST	
No. 4	6.22 a.m.	No. 17	12.27 a.m.
No. 8	9.00 a.m.	No. 1	8.16 a.m.
No. 16	10.10 a.m.	No. 3	10.17 a.m.
No. 6	11.34 a.m.	No. 5	2.46 p.m.
No. 12	6.24 p.m.	No. 7	5.14 p.m.
*No. 10	8.45 p.m.	No. 19	5.30 p.m.
		No. 9	8.32 p.m.

All trains stop at Acton.

Slushy Weather
COMING PRETTY SOON

The season for wet walking, wet feet and pneumonia. That is, if you are not provided with slushy weather footwear. Be wise and secure a pair of our

WATER AND WEATHER-PROOF SHOES

They are not the big and clumsy kind you have been used to seeing. They are snug, warm and waterlight, and yet are smart enough in appearance to wear in any kind of weather.

W. WILLIAMS
Mill Street Acton

Your chopping will be done quickly and well, on either plates or stones, if taken to the—

ROCKWOOD
Chopping Mills

Flour - Oatmeal
Bran - Shorts
The best at lowest prices.

HARRIS & CO.
Limited

The Berlin Steam Granite and Marble Works
CASPER BRAUN Proprietor

Designers and Builders of Statues, Mausoleums, Monuments Markers and Headstones, and all kinds of

Artistic Cemetery Work

Wm. Hemstreet
AGENT, ACTON

EVERTON AND EDEN MILLS

The Best Quality of
MANITOBA
Family and Pastry
FLOUR
For Sale at Lowest Prices
Our Own Make

Chopping Done and Oats Rolled daily.
Feed For Sale.
Cash for Wheat and Oats.

HENRY HORTOP

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Write for our interesting books "Inventor's Help" and "How you are swindled." Send us a rough sketch or model of your invention or improvement and we will tell you free our opinion as to whether it is probably patentable. Rejected applications have often been successfully prosecuted by us. We conduct fully equipped offices in Montreal and Washington; this enables us to promptly dispatch work and quickly secure Patents as broad as the invention. Highest references furnished.

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