

## After La Gripe

"I had suffered several weeks with LaGripe. Had pain in my head and eyes. It felt as though there was a heavy weight on the top of my head, until it seemed that my brain would burst. I was so nervous that I could not rest or sleep. When I dozed off I would awake with a sudden jerking of my whole body. Dr. Miles' Nervine, Heart Remedy and Nerve and Liver Pills cured me. A number of friends have since realized the same benefits."

MRS. ALVIN H. LOCKS,  
Scarbrook, N. H.

The after effects of LaGripe are often more serious than the disease, as it leaves the system in a weakened condition that invites more serious troubles, such as pneumonia, etc.

Dr. Miles'

**Restorative Nervine** should be taken for some time to thoroughly restore nerve strength.

Price \$1.00 at your druggist. He should supply you with the right price for your particular case.

DR. MILES MEDICAL CO., Toronto.

JUDGING BY THE LOOKS

Little Margaret has the usual inquiring mind of youth. Recently her Great-Aunt Charlotte was visiting the family and Margaret boldly asked the lady's age.

"How old do you think I am?" returned the girl.

The little girl gazed at her earnestly for a moment and then said:

"Well, I don't know, Aunt Charlotte, but you don't look now!"

Woman's Home Companion.

Painful Stitches in the Back

No one but those who are afflicted with the dreadful Kidney Disease knows what this means. Recently we saw an afflicted will forget all about it in a few days if you are only wise enough to take FIG PILLS. Fig Pills are guaranteed to cure you of your money back.

25¢ a box, at all leading drug stores.

The umbrella thief believes in laying traps for a rainy day.

Too many people look upon a friend as a person they can make use of.

**Children Cry FOR FLETCHER'S CASTORIA**

Men make up their minds; women make up their faces.

A girl thinks it romantic to be married—until she is.

Hunny-faced people seldom possess steady characters.

You may as well borrow a person's money as like him.—Horace Mann.

There never was and never will be a universal panacea in one remedy for all ills to which flesh is heir. What would relieve one ill in turn would aggravate the others. We have, however, in Quilino Wine, when obtained in a sound, undiluted state, a remedy for many and grievous ills. Its judicious and judicious use the vital systems are fed into convalescence and strength by the influence, while Quilino exerts on Nature's own organs a salutary influence that alleviates those chronic states of mind and dependency and lack of interest. Life is a disease, and by tranquillizing the nervous disposed to sound and refreshing sleep—imparts vigor to the action of the blood, while being stimulated, courses through the veins, strengthening the healthy, animal functions of the system, thereby making activity a necessary result, strengthening the frame and giving life to the digestive organs which naturally demand increased substance.

Northrop & Linton, of Toronto, give in their opinion that Quilino, by the application of absolute Quilino, the wine approaches nearest perfection of any on the market. All druggists sell it.

NEVER AGAIN THE SAME

A noted English physician has given his opinion that the kidney, once affected by this disease, can never return to what it was before. In view of this, how preposterous is the claim that a youth can "cure his wild oats" for several years, without being really the worse for it.

**Shiloh's Cure**

Victory over paralysis, nerve colds, headache, rheumatism, neuralgia, heart trouble, etc.

WARNING THE COLONEL

A raw recruit was engaged for the first time in a field manoeuvre, on outpost duty. The sergeant instructed him to look out carefully for the colonel coming to inspect the post.

After an hour he returned and asked the soldier, "Has the colonel been here?"

Receiving an answer in the negative he went away, returning later on with the same inquiry.

A while later the colonel appeared. The recruit did not value properly, which incensed the colonel, who, as a hint, asked him:

"Do you know who I am?"

"With, and I do not," answered the recruit.

"Never the colonel."

"Sure, you will catch it then," says the soldier. "The sergeant has been asking twice for ye already!"—T. Milburn Co., Limited, Toronto, Ont.

Some men feel more at home if their wives are away.

Score "Five" Before It—"There are many who have been afflicted with sore, and have driven them away with Dr. Thomas' Robetole Oil, which acts like magic. All similarly troubled should lose no time in applying this splendid remedy, as there is nothing like it to be had. It is cheap, but its power is in no way expressed by its low price."

PLACES THAT DO BEGGING

The places that are going begging are the places that pay big salaries, the ones which carry prestige. There is no work so dangerous or so difficult as far as its demands on physical strength are concerned; that there are many opportunities for good jobs. But other positions which entail hard labor and affiance sometimes go unfilled for a long time. While such positions go begging for men qualified to fill them, tens of thousands of men are begging for employment. The moral is clear: Fit yourself for work which demands skill and training. Cultivate the qualities which make one efficient, and you will find the place seeking you.

It tells how to make, not only fence posts, but walks, curbs, horse blocks, barn foundations, feeding floors, well curbs, drinking troughs, silos, dairies, and many other farm utilities where cleanliness, strength and durability are required.

Many of these things are simple and inexpensive to make, and may easily be put together in

your spare time. The book carefully and simply tells all. The regular price of the book is 50¢. We are distributing free, a limited number, however, and charging up the cost to advertising.

That's why you get your copy free, if you sign the coupon and mail it to-day. Do it now.

You may send me a copy of "What the Farmer Can Do With Concrete."

Name \_\_\_\_\_  
Address \_\_\_\_\_

Send me a copy of "What the Farmer Can Do With Concrete."

51-60 National Bank Building

MONTREAL

Montreal, Quebec, Canada

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