

SEVEN BIRDIES ON A BOOCH

Seven birdies on a hough
Bang a song together,
"Spring is here," they suddenly filled,
"All the birds are out, birdsie, now—
Hey for April weather!"
Seven birdies on a hough
Bang a song together,
"Birdies, birdies on a hough
Blinked close together!
All the air with snow was filled,
All their tiny toes were chilled.
Where's the sun? Where's the weather?
Where's the sun? Where's the weather?
Seven birdies on a hough
Blinked all together."

"Seven birdies on a hough
Honolulu chirped together."
"April is here, it's time to see,
To the sunny South we'll go.
By the great, 'Tough Luck' Air Line!"
This is dreadful weather!
Seven birdies on a hough
Blinded wing together.
Selected.

"THE COW-BOY BARONET"

Sir Gentle Cave-Brown-Cave Proves
Zam-Buk Excellent for
Hursts and Hurts

Sir Gentle Cave-Brown-Cave, of
Stratton Hill, Ashby-de-la-Zouch, who is better known in Canada as "the Cow-Boy Baronet," has had a wide experience of the value of Zam-Buk. Writing to a friend recently, and speaking of this great bark, he said:

"Lest, 'A good cuff-link.' That you will greatly appreciate its immediate return."

"It is fine if one may dare to let you know what great bark I have derived, having Zam-Buk handy, and having it in constant use. For the sprains and bruises which I have incurred in my horsemening, and in my cowboy life generally, I have found it a reliable and speedy healer. Some of the best riders in the West that I know, use Zam-Buk regularly with the greatest benefit. I may mention, that on one occasion, my horse, 'Bob,' came down with a cold, rolling over my limbs, and tearing pieces of skin off me. By use of Zam-Buk I cleaned the wounds and bled them quickly and quickly healed, and the raw parts covered with new, healthy skin.

"When on the Mexican plains, I have used Zam-Buk for poisonous insect-bites.

Zam-Buk has yielded me far more remarkable results and generally proved more reliable than anything could have done in the way of mere ointments or embrocations, and I think it unequalled for skin injuries and diseases.

No clearer evidence than the above from this well-known Baronet could be adduced to prove the entire merit of Zam-Buk, and to show the wisdom of always keeping handy a box of this wonderful balm.

Zam-Buk is Nature's own healing balm, being composed of pure herbal essences.

It is a sure cure for eczema, ring-worm, ulcers, cuts, burns, blisters, poison-sore, chronic wounds, bad leg, pleurisy, festering sores, and all skin injuries and diseases.

It is equally good for the eyes, stores everywhere and at \$2.50 a box, or post free for us from Zam-Buk Co., Toronto, 3 boxes \$1.25. You are warned against harmful imitations, sometimes represented to be "just as good."

The only true secret of assailing the poor is to smoke them agents in bettering their own condition. — George Eliot.

A Thorough Pill. — To clear the stomach and bowels of impurities and irritants is necessary when their action is irregular. The pills that will do this work thoroughly are Parrot's Vegetable Pills, which are mild in action but mighty in results. They purge painlessly and effectively, and work a permanent cure. They can be used without fear by the most delicately constituted, as there are no painful effects preceding their gentle operation.

Each sorrow carries at heart a germ of holy truth, which, if you get and sow in the soil of your heart, will bear harvests of fruit, a seed-corn from misery cases, fruit, in English soil.

Mr. Roy. P. H. Mayes.

CASTORIA. — The Kid You Have Always Bought
of *Chat H. Fletcher*

HELPING SOMEBODY

A beautiful story is told about Sir Barrie, an English nobleman, who was once the governor of Bombay, in India, and of Cape Colony in Africa.

He would often take a long trip, and on his return his wife went down to the railroad station to meet him. She took with her a servant, who had never seen her husband.

When they arrived at the railroad station, she said to the servant:

"Now you must go and look for Sir Barrie."

"But how shall I know him?" asked the servant.

"Oh," answered the lady, "look for a tall gentleman wearing a sword."

The servant was satisfied, for whom the servant went to look for Sir Barrie.

He found a tall man helping an old lady from the car, and this tall man proved to be Sir Barrie himself.

There is an example here which every girl and boy would do well to follow.

WHAT ALICE NEEDED.

In a small town outside of Chicago there lives an eight-year-old boy. One day he came running to his mother, rather excited, and exclaimed, "Mama, my mother's voice is gone, and she has just suffered a stroke!"

"She did?" said the mother. "And what good will that do her?"

"Don't worry, it will do any good," returned the boy, "unless she swallows a button-hole, too."

WHAT REALLY ACHED.

One day Mary came to her mother and said, "Mother, my ear aches!"

"Does it ache very bad, Mary?" asked her mother.

"No."

"Well, run out and play; then you will forget about it."

Mary went out, but pretty soon she came back and said: "Mother, my ear does ache." It is not the hole, but the rattle around it."

ANOTHER OPERATION AVOIDED.

Adrian, the 11-year-old suffocating infant, whose family were unable to find a surgeon who would operate on him, was told that an operation was my only chance, and I dredged it almost as much as death. Lydia E. Pinkham's Vegetable Compound has just relieved a mother of such a "scare."

"She did?" said the mother. "And what good will that do her?"

"Don't worry, it will do any good," returned the boy, "unless she swallows a button-hole, too."

PAIN'S CURE.

If you are a sufferer from bilious disease, liver complaint, rheumatism, neuralgia or nervous prostration, we confidently recommend the use of Pain's Cerebral Compound. This reliable and novel all-relieving medicine is a true disease-killer and pain-remover.

Third: Our customers are supplied with just what they ask for; substitution is never allowed.

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