

The Arton Free Press.

THURSDAY, OCTOBER 15, 1908

BREAKFAST, DINNER AND TEA

What do I want for breakfast, dear? My wants are all in my mind quite clear; You wish your cheerful morning smile, And a pretty dress my thoughts beguile...

A CIGARETTE'S SOLILOQUY

I am not much of a mathematician but I can add to the boy's nervous troubles. I can subtract from his physical energy. I can multiply his aches and pains. I can divide his mental powers...

THE STORY OF FARNELL'S HERMIT

A devout hermit lived in a cave, near which a shepherd folded his flock. Many of the sheep being stolen by the hermit, as he had been told by the thief, he began to suspect the existence of a Divine Providence...

WILD STORIES

One night a party of soldiers were telling stories of thrilling adventures, wonderful exploits, marvellous light-seeing experiences, etc., gathered around the campfire in the Transvaal. An Indian had listened with open mouth, staring eyes and bristling hair at the adventures, as marvellous had been some escapes of his comrades in arms...

Have You Suspected Your Kidneys as the Cause of Your Trouble

If you have backache, swelling of the feet and ankles, frequent or suppressed urine, painful sensation when urinating, speaks floating before the eyes, great thirst, headache, deposit in the urine, or anything wrong with the urinary organs, then your kidneys are affected.

CASTORIA

First: When you understand the ill your sufferings, you give them our undivided attention and best care. The patient's welfare is our first consideration.

CASTORIA

Industry lifts above temptation. TO CURE A COLD IN ONE DAY. Take a Laxative Bromo-Quinine Tablet. All druggists sell them. It is a sure cure for colds, coughs, croup, whooping cough, influenza, etc.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Watson and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA? Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic, Hiccoughs, Teething Troubles, cures Constipation and Flatulence. It soothes the Stomach, regulates the Bowels, and gives healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS Bears the Signature of Dr. J. C. Watson

The Kind You Have Always Bought In Use For Over 30 Years.

THE MERCHANTS BANK OF CANADA

Chartered by Dominion Government. Established 1864. HEAD OFFICE MONTREAL. 110 Branches. President—SIR H. MONTAGU ALLAN. Vice President—JONATHAN HENDERSON, Esq. General Manager—L. F. HENDERSON.

CASTORIA For Infants and Children

The Kind You Have Always Bought. Bears the Signature of Dr. J. C. Watson. First: When you understand the ill your sufferings, you give them our undivided attention and best care.

CASTORIA

The Oil of the People.—Many oils have come and gone, but Dr. Thomas' Electric Oil continues to maintain its position and increase its sphere of usefulness each year. It is a natural demand increased substance—result, improved appetite. Northrop & Lyman of Toronto have given to the public their superior Quinine by the opinion of specialists, the winner approaches nearest perfection of any on the market. All druggists sell it.

HELPING WITH A WORD

A young girl was passing her aged great-aunt one day when she suddenly stopped, laid her hand gently on the white head and said, "How pretty your hair is, Aunt Mary!" The simple words brought a quick flush of pleasure to the wrinkled face, and there was a joyous quiver in the brief acknowledgment of the spontaneous little courtesy.

WOMEN'S AILMENTS

There is no need whatever for so many women to suffer from pains and weakness, nervousness and sleeplessness, anemia, hysteria and melancholia, faint and dizzy spells, and the hundred other troubles which render the life of too many women a round of sickness and suffering.

MILBURN'S HEART AND NERVE PILLS

Have Restored Thousands of Canadian Women to Health and Strength. Young girls budding into womanhood who suffer from pains and weakness, and whose face is pale and blood water, or whose face is pale and blood water, or whose face is pale and blood water...

CASTORIA

The Kind You Have Always Bought. Bears the Signature of Dr. J. C. Watson. First: When you understand the ill your sufferings, you give them our undivided attention and best care.

Burdock Blood Bitters

Has been in use for over 30 years, and is considered by all who have used it to be the best medicine for BAD BLOOD, BAD BOWELS, BAD BREATH.



More proof that Lydia E. Pinkham's Vegetable Compound cures sick women. Mrs. M. H. Moran, 215 Ontario St., Montreal, writes to Mrs. Pinkham: "I was in very poor health and doctored for months, receiving very little benefit. I had lost all ambition, was nervous and subject to dizzy spells and painful periods each month."

FACTS FOR SICK WOMEN

For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, flatulence, indigestion, dizziness or nervous prostration.

W. H. Walker

Painter Paper Hanger Decorator. Main Street, Acton. Opposite Stephenson's Blacksmith Shop. All work guaranteed. The work of years in Acton in proof of its excellence.

W. H. Walker Acyon

Excelsior Bakery. We are headquarters in Acton for Bread, Cakes, Pastries, etc., of first-class quality. We also carry a splendid stock of Groceries and Confectionery.

T. Statham

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GUELPH Business College

Business College. A FIRST CLASS Institution founded in 1884 by its present Principal. FAMOUS as the training-school of many successful business men, both Canadian and American.

Malcolm MacCormick, B. A. Principal.

EVERTON AND EDEN MILLS

The Best Quality of Manitoba Flour. Family and Pastry Flour. For sale at lowest prices. Our Own Make. Chopping Done and Oats Rolled every day.

HENRY HORTOP

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Furniture, Carpets, Etc.

If in need of any kind of fine Furniture, Carpets, Oilcloths, Iron Beds, Springs, Mattresses, Baby Carriages, etc., don't fail to mark well the stand, 120 Wyndham Street, and call and get prices.

J. M. STRUTHERS, Guelph

The Canadian Junk Depot. Pays Cash for Old Iron, Rags, Rubbers and Fowl. Second hand stoves and repairs for farm machinery supplied.

New Pictures at Waters Bros.

New ideas in Framing..... Artists' Supplies..... Oil and Water Colors..... Always fresh and of the best quality.

ACTON GRAINELEVATOR AND FEED STORE

We buy all kinds of Grain, and sell all kinds of Feed as well as Norval Flour Meals, Etc.

R. NOBLE, Proprietor

THE GRAND TRUNK RAILWAY

PASSENGER TRAINS. The following is the time at which passenger trains pass Acton: 12:15 p.m. 1:45 p.m. 3:15 p.m. 4:45 p.m. 6:15 p.m. 7:45 p.m. 9:15 p.m.

DYEING!

All kinds of Garments cleaned, dyed and finished like new on short notice. Such as front & back Overalls, Ladies' Suits and Wool Dresses, Jackets, Blouses, Hose, Knit Trousers, Kid Gloves, Hosiery, Umbrellas, etc.

W. H. WALKER

Painter Paper Hanger Decorator. Main Street, Acton. Opposite Stephenson's Blacksmith Shop. All work guaranteed. The work of years in Acton in proof of its excellence.

ACTON LIVERY

BUS LINE. The undersigned respectfully solicits the patronage of the public, and informs them that all Equipments and Horses will be always be secured at his stable.

JOHN WILLIAMS PROPRIETOR

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WOODEN ENGRAVING PHOTO ENGRAVING HALF TONES

J. J. Jones Engraving. DRAY PLATES OF ENGRAVING FOR PHOTOGRAPHIC PURPOSES, CATALOGUES, MAGAZINES, & C.

PATENTS

60 YEARS' EXPERIENCE. TRADE MARK. PATENTS. Scientific American. A thoroughly illustrated weekly, latest and most complete of any scientific journal. Published by Munn & Co. 311 Broadway, New York.

PATENTS PROMPTLY SECURED

Write for our interesting book "How to Obtain a Patent" which will tell you in plain language all you need to know about securing a patent. It is a valuable book and we will send it to you free of charge on receipt of your name and address.

ZAM-BUK THE GREAT SKIN-CURE. The most powerful leader in the world is Zam-Buk, and we offer you a free trial box. Zam-Buk combines the knowledge of the ancients with the science of the moderns. The charioters, gladiators, and wrestlers of ancient Greece broke and to avoid their injuries with secret balms was part of the day's program. In Zam-Buk you will find the modern representative of these ancient balms. Ordinary ointments contain mostly rancid and vile, and to some extent poisonous mineral substances. Leave the lid off these ointments for a few days and note the result. Zam-Buk, on the contrary, is absolutely free from any trace of animal fat or mineral poison. It is made from purely herbal essences, is so concentrated and purified that it is suitable for the delicate skin of children, and yet so powerful as to be equal to the most stubborn sores, ulcers, or chronic wounds. Nature has given man the instinct to rub a place that hurts. She has also given him Zam-Buk. Nature's own healing power, which with the aid of Zam-Buk, is a powerful and reliable ally in the healing process begins. It prevents suppuration, blood poisoning, and the pain and smarting, and heals. The best test is a personal test. For a free box and let Zam-Buk prove its own case. Use coupon below.

TRY IT AT OUR COST. Send this coupon, the name of this paper, and a one-cent stamp to pay return postage to Zam-Buk, Toronto, and you will receive a dainty sample box.