

## The Acton Free Press

THURSDAY, NOVEMBER 22, 1900.

### FALLING LEAVES.

Leaves that softly flutter down  
And hide in shadow bare and brown,  
Ye tell a plaintive story,  
And bemoan the loss of man  
To see the leaves, so fair and gay,  
With autumn's painted glory.

Like you, I'd live in sunny lands,  
And firmly clasp in both hands  
About some cheery old tree;  
I'd shut the winter out, gay Spring  
And even the leaves, everything,  
While I'd be loyally dreaming.

"I'd sleep in the quiet shades,  
In quiet hours, when the world is still,  
When the world is still, when the world is still,

### BEAUTIFUL LIVES.

Beautiful lives those that do  
Work that is kind and brave, and true,  
Moment by moment, the long day  
through,  
With the heart full of the joyous.  
On kindly efforts to end and to aid,  
Down lowliest way off God wills you.  
Beautiful shoulders are those that bear  
Heavy burdens of homely care,  
With patient grace and daily prayer,  
Hear the voices of happiness that bless,  
What birthright has but may give."

— HOPE.

### ONE WAY OF READING.

The matter of classing up worthy of consideration by every reader of this paper," says the editor of the Woman's Home Companion in his November editorial page. "Whether you have been doing housework, or teaching school, or working in an office, or a grocery store, or in a blacksmith shop, I honestly believe that if you have half an hour before supper at night, it will rest you more to take a bath and put on fresh clean clothes, than to lie down and 'relax,' as some of the physical culturists would have you do. It is like getting into a new self. I give a boost to your self-respect and a corresponding elevation to the regard your neighbors will have for you."

"One word on the subject of culture themselves: I have always maintained that the best culture you can afford are none too good. It is not given to me to look distinguished in whatever garment we may happen to have on. The careful study of dress in relation to our own individual merits or defects in form and feature, and with particular reference to its appropriateness for our special needs, should be beneath the dignity of no one. An elaborate wade and a trailing skirt are as unsuitable for an office as a short-walking costume would be in a ball room. A loose negligee with flowing sleeves, which may seem exquisitely dainty in my lady's chamber, looks untidy in the kitchen. Far be it from me to dictate in the matter of fashions; I gladly leave that to others. But I wish to emphasize my belief that the earnest consideration of our clothes is not only eminently proper, but in fact, a sacred duty."

### TRAVELLING COMPANIONS.

Travellers often prove by their experience that under certain conditions all men are equal. A German banker, travelling by rail in a first-class carriage toward Vienna, had as a fellow-traveller at one of the intermediate stations an old gentleman, who entered into conversation and proved very pleasant.

The banker got up before his companion, and as he did so asked the gentleman how far he was going. "To Vienna," the old man replied.

"I have a daughter very well married there," said the banker. "I should like to give you a note of introduction to her."

"More's his got an auto now."

### FARMERS, DON'T MISS IT!

Few farm houses in Canada will be found without the Family Herald and Weekly Star, or Montreal. Those homes that do not receive it are missing a great treat. The Family Herald and Weekly Star is the only daily worth ten times the price of the paper. It is a great help in far country, but is a better helper in the city.

"Would it not be great a luxury to ask this?" inquired the banker.

"My daughter," the gentleman answered, "is married to the Emperor of Austria." It was the old king of Bavaria.

### SOME BABY DON'TS.

Don't rock babies; it injures the brain.  
Don't tease babies; it will make them cross.

Don't tickle babies; it disturbs the whole system.

Don't rump with babies; it excites the brain too much.

Don't dress babies stiffly; it is cruel to adorn a rose.

Don't wake babies up to show them they need all the sleep they can get.

Don't let too many strangers handle babies; it will spoil their disposition.

Don't put too many clothes on babies in hot weather. It will cause prickly heat.

Don't forget to change water often. It is the only thing to quench thirst and ward off fever.

Don't put long clothes on any baby; the weight will kill dozens of babies. Twenty-eight inches is long enough for comfort.

### A ROUSING COLLECTION.

It is often easier to obtain favors from the pride than the charity of men. A shrewd preacher, after an eloquent charity sermon, sold to his hearers:

"I am afraid from the sympathy displayed in your countenances that some of you may give too quickly. I caution you, therefore, that you should be just before you are generous, and wish you to understand that we desire no one who cannot pay his debts to put anything in the plate."

### WHAT STAY CAV' SAYS.

Mr. P. O'Connor, the brilliant Irish politician and writer, gives good advice to young men who have wives. "And be no wiser than thou art. In your ear, it won't be a bootstrap. You must have something, but you gain less told. I believe in half a century from now no man will rise in the height of any profession, in the field, in the forum or at the desk, who is not a testosteroid."

### PINE WORK.

A lawn is a delightful thing, even if it is very small. A certain suburban gentleman, who takes great care of an almost microscopic grass plot, is good-naturedly ridiculed about it by his friends. One of them asserts that on a certain spring day the gentleman's wife was going about the house exclaiming:

"George! Where can my button-hole stems be?"

Presently she entered the house, which, who, was able to solve the mystery.

"See Mr. B. clipping the lawn with them a little while ago, ma'am," she said.

### POOH OUTLOOK.

The rich young man who was trying to find his way fell in love with the daughter of his employer, but he found that his path was by no means clear of obstacles.

"If telling you father objects to your marrying me," he said, in a crestfallen tone, "I'll because I am in his employ. Leave it and go back to a life of idleness if you prefer."

"I'm not so bad," said the young man with the object of his choice. "The man I may marry you just as soon as you're valuable enough to have your salary raised."

**Rheumatics all tell the same story about**

**Bu-Ju**  
The Gentle Kidney Pill

You live near Picton, Ont., or know anyone else who does? Then think for yourself how Mr. Mills feels about Bu-Ju. Is it any wonder he thinks Bu-Ju is a life-saver?

"I have used Bu-Ju with great benefit to myself and my wife, and now I would like to recommend it to all who are suffering from Rheumatism and Kidney Disease. I think it is the best."

After you have tried Bu-Ju, see how quickly and effectively it cures you of rheumatism. They are certainly a blessing. My husband is also greatly improved from Bu-Ju, and I am sure he will be in the same fix back, but is a much better person."

Mr. J. H. Culverhouse, of Toronto, urges everyone to give Bu-Ju a fair trial. In a single month, he says, after taking Bu-Ju you will be cured him.

"In my own case I had taken three hours before I was receiving any benefit."

Bu-Ju must cure you of Kidney and Bladder Troubles and Rheumatism, or your money will be promptly refunded to you, a large box. Sent on receipt of price to you if your druggist does not have it.

The Caffen Chemical Co., Ltd., Windsor, Ont.

People who now radish in religion always expect to pick watermelons.

The people who are most anxious for elevation have least foundation.

It takes life's hard grinding to cut anything like an edge on our lives.

Often the bitterest things in life bring out the sweetest and best in character.

"He is as much of a likely killer as he was before his marriage?"

"More's he's got an auto now."

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**IN STRICT CONFIDENCE.**

Women obtain Mrs. Pinkham's Advice and Help.

She has guided thousands to Health, — How Lydia E. Pinkham's Vegetable Compound Cured Mrs. Fred Sydel.

It is a great satisfaction for a woman to feel that she can write to another telling her the most private and confidential details about her illness and know that her letter will be seen by a woman only.

Many thousands of cases of female diseases come before Mrs. Pinkham every year, some personally, others by mail. Mrs. Pinkham is the daughter-in-law of Lydia E. Pinkham and for twenty-five years under her direction and since her deceased son has been advising sick women free of charge.

Mrs. Pinkham never violates the confidence of women, and every testimonial she receives is done so with the written consent or request of the writer, in order that other sick women may be benefited who also have her.

Mrs. Fred Sydel, of 419 North Street, West Philadelphia, Pa., writes:

Dear Mrs. Pinkham: — Over a year ago, I wrote you a letter and enclosed a check for \$100.00 and could not carry a child to maturity. I received your kind letter of instructions and followed your advice. I am not only a well woman in consequence, but have beautiful baby girl. I wish every suffering woman in the land could write you for advice, as you have done so much for me.

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