

**LITTLE MISS MUFFET**  
Sat on a tuffet,  
Eating her curds and whey;  
There came a spider,  
Who said—"How she shocked her!"  
They've gorms in them, throw them away.

**LITTLE JACK HORNER**  
sat in a corner,  
Eating a Christmas pie;  
The mice were got,  
Laid him low on the spot,  
And little Jack never knew why.

**JACK AND JILL**  
Went up the hill,  
To fetch a pail of water;  
Jack drank a glass,  
Unbilled, said—  
And so the pincers caught her.

**SAFEGUARDING THE HOME.**

In the ancient East, the houses were made with that roofs, serving not only for shelter, but in that the interior fulfilling an important part in the domestic life of the people. The house roof was not only the summer kitchen, but often the living room as well. There, when the sun was sinking, callers were received and entertained. In the evening the family gathered together and looking over the battlements in converse, or lifting up the evening hymn together, according to some of the past or word of instruction, and if by night were propositions finding there rest in shelter.

It was considered a convenient place of refuge. "It is better," says Hobson, "to dwell in the corner of the house than with a brawling woman in a wide house." Here, then, was a ready retreat when scaling words were poured out below, a suggestion some of our modern homes might profit by. There, with the gathering of the harvest, or the reception of some special blessing the thank-offering was rendered, and thus the gathering often for the marriage festival.

This common use caused Moses to direct the building of a battlement to the roof, three-and-a-half feet in height, lest some one accidentally fall over and the house be stained with blood. If the owner failed to make this defense, or permitted it to fall into decay, he must take upon his shoulders the responsibility of whatever might happen. Thus the sacredness of human life was recognized, and the responsibility which one owes to another.

Nothing can be more important than the safeguarding of the home, and never was it more needed than to-day. It is the home life which sweetens and sanctifies our national life. The stream made sweet at its fountain head will refresh the land through which it flows. Thus the home is the nation's safeguard and its most sacred possession. What protection can we throw about our homes, so that if any fall from thence into danger, he must firmly climb over battlements that are high and strong and invincible?

The first part of the battlement is a high moral standard. This must be involved in the process that leads up to the establishment of the home. Reason, judgment, deliberation, have nothing to do with many of our marriages. The practice of marrying in haste and repenting at leisure is on the increase, and is becoming one of our greatest evils. No marriages can result happily that is not founded upon good character and upon firm principles.

One of the first necessities in human life is to learn to obey. Children who grow to manhood or womanhood without having learned to accept the rightful authority of parents are a menace to the community. There are two classes of men—one made by the age, the other made for the age. The former simply reflect the passions, the sins and prejudices of their times. The other class is made up of different stuff. They go forth from homes with a high moral standard and stand unaffected by the sin of their age.

A second side of the battlement which encloses and protects the home is mutual helpfulness. Selfishness is a great destroyer of home happiness, and there are few homes that are not touched by it. Few, if any, of the favored homes where all the members work together in love and harmony, the true way of finding happiness at home or abroad is for each one to strive to make others happy by hand and sympathy. "He kindly affectioned one toward another," is the counsel of scripture, and if thoughtful kindness on all sides of the household rules, the atmosphere will be sunny and clear.

The third side that goes to make the compact that sustains the home is love. It must be joined to authority, etc. authority and severity will become synonymous terms. To rule without love is to rule. Love and sentiment are almost lost in the world practicalities of this age. The mad rush for money has stilled the songs of love and romance.

It is no sin to be a rich man, nor crime to be a poor man, but it is a sin to be a bad man, and a crime not to be a good man, and if a man has to sacrifice one thing to the other, he had better sacrifice the business to the home than the home to the business.

Lastly, let the battlement of faith be built. Let the spirit of the home be devout. A boy may question his mother's teachings, but he never will question the example of her devout life. How many a noble life may trace its power for good luck to a mother's prayerful influence, to a father's wise counsel, or to a sister's loving sympathy.

These are the four sides of the battlement that will build perfect nurseries, and if we do not build it, the responsibility of those who are endeavoring must fall upon us. If we do build it, a home will make meet for the home that is eternal.—W. H. Hubbard, D.D., in *The Standard*.

A cough is often the forerunner of serious pulmonary affections; yet there is a simple cure within the reach of all in Bickley's Anti-Consumptive Syrup, an old-time and widely recognized remedy, which, if resorted to at the inception of a cold, will invariably give relief, and by overcoming the trouble guard the system from any serious consequences. Price 25 cents, at all dealers.

**BRIEFS.**

## A TRAINED NURSE

After Years of Experience, Advises Women in Regard to Their Health.



Mrs. Martha Pohlman

**PROPERTY EXPRESSED.**

The ideal Boston small boy — who exists chiefly in the humorous periodicals — is trained from the earliest years of childhood of acute statement: Puck represents a man as asking a boy who was fishing not far from Boston:

"Are the fish biting well to-day, young feller?"

"The fish do not bite, sir," replied the boy respectfully. "They attempt to swallow the bait when the hook embeds itself in the mouth. But the fish are unusually wary to-day."

**CHOOSING "IT" IN CHINA.**

The Chinese have a funny way of choosing who shall be "it" in a game. One of them holds her hand out with the open palm downward, then all the others stand round with the tips of their first fingers touching her palm, suddenly close her fingers and tries to catch them. Sometimes who fails to catch one, and then it has to be done again; but if she does manage to impress one finger, the owner of that finger has to be "it."

### WILL KISSING BE PROHIBITED

The Osculatory Process Denounced by Scientists as Extremely Dangerous. How the Danger Can be Removed.

A keen discussion is being carried on by some of the best scientists as to the danger and risk of kissing, Dr. G. H. Muller, Officer of Army Medical Corps, and Dr. Nalpas, of the Medical Faculty of Paris. They charge the kiss with spreading grippe, general fever, measles, mumps, diphtheria, croup, typhus, meningitis, tuberculosis, and many infectious skin diseases. They suggest legislation on the subject, and the possibility of a law in many states, cities, towns, etc., forbidding kissing.

Others cannot buy such testimony as this — merit alone produces such results, and Lydia E. Pinkham's Vegetable Compound is the most universally successful remedy for all female diseases known to medicine.

What women are troubled with irregular, suppressed or painful periods, changes, displacement or ulceration of the female organs, that bearing-down feeling, indigestion, headache, nervousness, hysteria, giddiness, dizziness, indigestion, and paroxysms of pain, or heat with such symptoms as dizziness, faintness, insatiable excitability, irritability, and even temporary consciousness.

Lydia E. Pinkham's Vegetable Compound Succeeds where Others Fail.

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**FARMERS' SALE NOTES.** We will cash them at once if desired, at a low rate of interest.

**JOINT ACCOUNTS.** When requested, we will open accounts in two names, so that either one may draw the money, husband or wife, etc.

**Acton Branch**

W. S. CHISHOLM, Manager.

An envious man waxed lean at the fatness of his neighbor.—Horace.

Do Not Delay. — When, through debilitated digestive organs, poison finds its way into the blood, the prime consideration is to get the poison out thoroughly as possible. Delay may prove disastrous. — Parmentier's Vegetable Pills will find a most valuable and effective medicine to assist the introduction. They never fail. They go at once to the seat of the trouble and the lightest household duties during the day seem to be a drag and a burden.

Fro in the heart sends smoke in the head.—German Proverb.

Pain, Like the Poor, Are Always With Us. — That portion of man's life which is not made up of pleasure is largely composed of pain, and to free from pain is a pleasure. Simple remedies are always the best in treating physical pain, a safe, sure and simple remedy is Dr. Thomas' Electro Oil. You cannot do wrong in giving it a trial when required.

A man's trust, most helpful friend is generally his mother.

Pleaseas, or syrup; nothing equals it as a worm medicine; the name is Mother Graves' Worm Exterminator. The greatest worm destroyer of the age.

Do not have one set of morals in your home and another in business. Right is right and wrong is wrong.

Mrs. Flanagan — "I want a pair of shoes for my boy," Salomon — "French kid, ma'am?" Mrs. Flanagan — "No sir, Irish kid!"

**CASTORIA**  
For Infants and Children.  
The Kind You Have Always Bought

Bear the Signature of

They Drew This Line.

The pupils of a certain high school

were preparing to give an entertainment, and in pursuance of their plan they made arrangements with a local playwright for an original one-act drama.

In due time the production was written and sent to the young man who was nothing but a manager. A day or two later he appeared at the office of the author, with the manuscript in his hand.

"I have to ask you to make a change in 'his,' he said.

"What's the matter with it?" asked the playwright.

"In one of the scenes, a young fellow rejoined the other, 'a young fellow who was not his manager,'

etc. etc.

"Well there isn't a boy in school that will take the part."

How many women there are that get no respite from sleepless nights? They wake in the morning and feel tired when they went to bed. They have a dairy sensation in the head, the heart palpitation; they are irritable and nervous, weak and worn out, and the lightest household duties during the day seem to be a drag and a burden.

**MILBURN'S HEART AND NERVE PILLS**

are the very remedy that weak, nervous, tired out, sickly women need to restore them the blessings of good health.

They give strength, restore the tone up the heart, strengthen the heart, and make rich blood. Mrs. C. McDonald, Portage la Prairie, Man., writes: "I was troubled with worms and spells of palpitation, and I took Dr. Thomas' Electro Oil. I took four boxes of Milburn's Heart and Nerve Pills, and after taking them I was completely cured."

Price 50 cents per box or three boxes for \$1.25, all dealers or the T. Bell Co., Limited, Toronto, Ont.

The free you kindle for your enemy often burns yourself more than him.—Chinese Proverb.

Prevent Disease. — At the first symptoms of internal disorder, Parmentier's Vegetable Pills should be resorted to immediately. ... Two or three of these salutary pills, taken before going to bed, followed by doses of one or two pills for two or three nights in succession, will serve as a preventive of attacks of dyspepsia and all the discomforts which follow in the train of that fell disorder. The means are simple when the way is known.

To CURE A COLD IN ONE DAY.

Take a Laxative-Powder Quinine Tablet. All Dr. G. H. Muller's Laxative cold will turn into Chronic Bronchitis, Pneumonia, discharging Catarrh and the most deadly of all diseases.

Many a boy's history would read different if, on the first appearance of a cough, he had been remedied with.

Dr. Wood's Norway Pine Syrup.

This wonderful cough and cold medicine contains all those valuable principles which make pine wood so valuable in the treatment of lung affections.

Combined with this are the best known healing and toning properties of other pastoral herbs and barks.

For Coughs, Colds, Bronchitis, Pneumonia, etc., etc.

It is a safe, reliable and effective medicine.

It is a safe, reliable and effective medicine.