WHERE THE UNDMAN ORTO HIS

The Saudman, O the Saudman, When he rides into the town, Then all the little children Drop their pretty cyclids down. They know when he is coming And his power cannot withstand, But still they always wonder

Where the Sandman gets his sand He gaflops through the country And he gallops through the street, But the busy little children Never hear his horse's fact. They never see him scatter What he holds within his hand, And that is why they wonder

Whore the Sandman keeps his sand! He rides o'er beds of popples And he rides o'er flelds of hay And sure he gathers something As he gallops on life way. To lay upon the eyelide.

Who rult their eyes and youler How the Sandman gets his sand! But early in the morning. When they wake as fresh and new As pretty little coschools, With their fugus washed in dow-

Oh, then they are to thankful, All the merry little hand. That in the wide world; somehow, . The good Sandisha finds ble sand! -J. Zitella Cocke

"TELEPHONITIE."

Mrs. Pouroso was vexed. She has taken Renard, her husband's fox ter rier, to her mother's for a morning visit, and now, after an hour at home, she discovered that he had not returned with her. Although Mrs. Penrose liked all animals, she semetimes found the care of Renard a burden. This noon it seemed particularly annoying to have to start out in the hot out in search of a mistaid dog. Just as she was about to leave the house, it occurred to her that she was not at all sure that Ronard was at her mother's, for she could not remember whother he had started home with her or not. She stopped to the telephone. and in a moment was asking her

mother if Repard were there. "You, he's here," was the answer. "Well, I wish he'd come home,"

sighed Mrs. Penross. "Why don't you tell bim so?" returned her mother. "I'll hold him up to the phone and you can call him." "Come, Renard, here, Hony, home, sir, come, Renard, come Reny! coaxed Mrs. Penroso.

"Don't call him any more," laughed her mother. "He jumped out of my arms almost at the first sound of your voice and crashed through the ecreon door. I'm sure he's half-way home by this timo."

It was only a few minutes later that Renard, with an air of brick excitement, rushed barking on to the symptoms of internal disorder, Parporch of his master's house, and melee's Vegetable Pills should be scratched the front door peremptor- reserted to immediately. Two or

wag of conscious pride in his stubby preventive of attacks of dyspensis and phonod her mother that Renard had are simple when the way is known.

ruturned unfely. "Let me see if he will come over

Repard responded to her invitation as promptly as he had obeyed the summons home, and after that the two ladies had much amusement calllog him by phone from one house to the other.

"Renard looks very thin," observed Mr. Penrose, a faw weeks later. you think he feels the heat ?" "He is being worn to a fuzzle by the proprietors might have bad.

telephone," replied Mrs. Penrose. "He's got so now that every time he hears it ring he rushes off to mother's, and if he is there when her phone rings he hurries back here; and us we are both on party lines the poor dog spends most of his time running between the two houses.

"We'll have to take him to a rest cure where there are no telephones." laughingly suggested Mr. Penrose, and a week afterward Renard found bluself enjoying pure country air on an out-of-the-way farm, where the whir of the mowing muchine and the songs of birds were the only sounds to disturb his dogeblp.

WORK OUT HIS WELCOME.

When a visitor overstays his wel come, the people of New England say, "He rankes us twice glad; glad when he comes; glad when he goes." A worthy citizen of Westfield, Massachusetts, once put it even more strongly than that to a quest. . One of the Doweys of Westfield

ramoved to the Black River country, but every full he was accustomed to bring his family back to pay a long visit to his well-to-do relatives. On one occasion, after a prolonged stay, he was surprised to see his host

in a corner, weeping. "Why, Cousin Tom," said he, "what

alls you ?" "You'll never come down to ere me any more I' the hest replied. "Oh you I will, Cousin Tom; I'll surely come down next full."

"No, you won't. Someohing tells me you won't." "Nonconsel" said the visitor. "What has put such a notion into your head? Haven't we always come down and spent the winter with ye? Come, cheer up, Cousin Tom! Cheer up, and tell me what makes you think

The grioving host blew his nose, wiped his eyes, and turning his solemn face to his sympathizing guest, said: " Cause you'll never go away !"

CONUNDRUMS.

What goes up when the rain comes down? Umbrella. Around the house and around the

house, and only one track it leaves? Wheelbarrow. Why did George Washington stand

up while he slept? Because he Why is a horse like tee ground The more your lick it the faster it

When are debta like coffee? When When is a piece of wood like a

monarch ? Whon it is made into a What is the first thing a man sets in ble gardon? Ille foot.

INTEREST ON CHARITY.

Baron James de Rothschild, being a great lover of art, consented at one time to poss as a beggar in a painting which his friend, Engane Delacroix, was engaged on. This obliging act was attended by twofold results, as we tearn from a story which the Family Herald prints.

On the appointed day Haron de Rothschild appeared at the studio. The famous painter placed a tunic round the banker's shoulders, put a stout staff is bis band, and made him pose as if he were resting on the step of an ancient Roman temple. In this attitude he was discovered by one of the artist's pupils, who struck by the excellence of the model, congratulated his master on having found just what

he needed. Naturally concluding the model had only just been brought in from some church porch, the pupil seized an opportunity to alip a plece of money inte the logger's band. Haron do Rothschild thanked him with a look, and kept the moneyr The pupil soon quittest the studio.

In answer to inquirige made, Delacroix told the baron that the young man poquessed talont, but no means. Shortly afterward the young fellow received a lotter, stating that charity bore interest, and that the accumulatod interest on the amount he had to generously given to one whom he supposed to be a beggar was now the sum of ten thousand france to the young artist's credit at Rothschilds'.

And Its Danger.

Kidney disease comes on quietlybefore you suspected the real cause of your trouble. There may have been backaches, neuralgia, sciatica, rheumatism, etc. Perhaps you did not know these were symptoms of kidney disease, so the trouble kept on growing worse, until disturbances of the water appeared, or there was gravel or retention of urine, or some such sign of kidney

Doan's Kidney Pills should be taken at the first sign of anything wrong; they strengthen the kidneys and help them to filter the blood properly-help them to flush off, and carry away with the amphis water, all those impurities which the blood gathers up in its cir-

Mrs. Alfred LeBlanc, Black Cape, Que., writes: "I feel it my duty to say word about Doys's Kinsey Pinta. I suffered dreadful pains across my back-so bad I could not stoop or bend. After having used two boxes I now feel most completely cured. I highly re-

Take the poot's work for the busy. hee. Don't pick it up to Investigate. Prevent Disorder. - At the first three of these salutary pellete, taken "Good doggy! Nice Renard!" said before going to bed, followed by doses Mrs. Penross, as he frisked about her of one or two pills for two or three when she let him in, and there was a nights in succession, will serve as a all the discomforts which follow in the Lator in the day Mrs. Penrose train of that fell disorder. The means

> If you have great talents industry will improve them; If you have but moderate abilities industry will supply their deficiencies .- Samuel Smiles.

CASTORIA. The Kind You Have Always Bought Chart Hetekins

What a pity the rink closed so out ly. Just think what a fine season the

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headaches nearly every day and very often would faint away, in fact, my doctor said that sometime I would never come out of the faint. It was through one of your travelling agents that I was induced to try Milburn's Heart and Nerve Pills and after taking three boxes am glad to relate it has been a number of years since I had a fainting spell and senreely ever have a headache. Too much cannot be said in praise of Milburn's Heart and Nerve Pills, for in mo they have effected a perfect cure." Price 50 cents per box or 3 boxes for \$1.25, at all dealers, or The T. Milburn Co., Limited, Toronto, Ont.

honor when done alone. Hy honorable means are honorable ends obtained. Stolen laurels soon fade. - Crote.

6 H Grove Inxative Brome-Quinine Tableta the remedy that cause a cold in one day

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CANADA

Typewriting toaching.

backache, flatulence, general debility Indigestion or nervous prostration, the should remember there is one tried and true remedy. Lydia E. Pinkham's Vegetable Compound at once removes such

"It's never moving, so it's a latta No other female medicine in the world has received such widespread and unqua-"It's noo a tatta hogle," replied the lifled endorsement. Refuse all substitutes.

For twenty-five years Mrs. Pinkham, daughter-in-law of Lydia E. Pinkham, has under her direction, and since her decease, been advising aick women free of charge. Address, Lynn, Mass.

True living is living victoriously the common days of life .- Parkhurst. Death Comes to All. -- But it need not come prematurely if proper precautions are taken. "An ounce of preloud cough, a profuse watery discharge | vention is worth a pound of cure." and to have prevention at hand and allow a disease to work its will is wicked ness. Dr. Thomas' Eclectric Off not only pliays pains when applied externally, but will prevent lung troubles the cold and restores the system to a resulting from colds and coughs. Try it and be convinced. No one who does not enjoy work can

CASTORIA. Blane the Blynature Clar H. Fletcher

purpose that you resolve to effect .-Shakeeneare. A lady writes: "I was enabled to

the use of Holloway's Corn Cure.' Others who have tried it have the same experience.

If you wish to reach the highest, begin at the lowest; neglect not triffes .- Jerrold.

would aggravate the others. We have, however, in Quinine Wine, when obtained in a sound, unadulterated state a remedy for many and griovous ills. By its gradual and julicions use the frailest systems are led into convalescence and strength Only what is honorably done brings by the miluence which Quinine exerts on Nature's own restoratives. It re lloves those to whom a chronic state of morbid despondency and lack of interest in life is a diasose, and by tranquilizing the nerves disposes to sound and refreshing sleep-imparts vigor to the action of the blood, which being stimulated, courses through the velns, strengthoning the healthy, animal functions of the system, thereby making activity a necessary result strongthoning the frame and giving life to the digestive organs which naturally domand increased substance -result, improved appetite. Northrop & Lyman of Toronto have given to the public their superior Quinine. By the opinion of scientists, the wine approaches nearest perfection of any on the market. All druggists sell it

The wear and tear of rust is faster that the wear and tear of work. - S.

A Grand Cure

*SUMMER COMPLAINT AND CRAMPS DR. FOWLER'S

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Itapid and reliable in its action. Its effects are marvellous, and it is pleasant and harmless to take.

It has been a household remedy for sixty-two years. Rofuse substitutes. They are danger-

Mrs. Wm. Flowelling, Arthur, Ont., writes : "I find it much pleasure to recommend Dr. Fowlen's ExTRACT OF With Stuawmenty as a grand cure for Summer Complaint. My little boy, one year old, was very barl with it, and a few doses cured him. I, also used it on my other six children for orange and still have half the bottle left. I cannot praise

The vanity of a certain well-known painter is ridiculed in a story told of PRAISE FOR A FAMOUS MEDICINE ilm. It relates that the painter was travelling in a train through the mountains, and as the weather was Mrs. Willadsen This How She Tried Lydis warm and the painter had not had E Pinkham's Vegetable Compound Just

"Hefore I wrote to you, telling you how

felt. I had doctored for over two years steady

and spent late of money on medicines besides

but it all failed to bely me. My mouthly per riods had codeed and I suffered much pain, with fainting spells, headache, backacheand

decided to write you and try by dia 15, think-ham's Yepetable Compound, and I am so

"I sheerely trust that this letter may leas

ular or painful periods, weakness, displa-

bearing-down feeling, inflammation

truly enjoy enything else.- Ruckin.

Foundation Principles

in my grave to-day.

write you for help as I did."

mough sleep the night before, he loxed in hissest. Mrs. T. C. Willadsen, of Manulcy, He had a travelling companion who lowa, writes to Mrs. Pinkham . insluted upon talking to bim, never Dear Mrs. Plakham :--

theless, and as the train passed a fine "I can truly say that you have saved my prospect, exclaimed: life, and I cannot express my gratitude to "Look! look! What a beautiful Inndscape!"

painted it myself !" TOO MUCH OF A GOOD THING. A story of a man who took too large mouthful is told by Tit-Illts. The

"Yop," grunted the painter, dream-

ing, and hearing a "shop" phrase, "!

HIS OWN WORK.

man was a canon of the English Church, and a ningistrate. In his capacity of mugistrate he was once vielting the county jult, and expatiated to a friend who was with him on the virtues of the trendmill Warming with his thonie, he declared that he had often wished he had one at hunte to give him the gentle exer clas he required, and to remove his friend's skapticism, ho asked the warden to give him a turn.

bearing-down pains, and I will so weak I could hardly keep around. 'As a Lat resort is Round went the wheel, the canon declaring that the movement was delightful; but after two minutes he had had enough of it and called upon the officer to stoy the mill. To his horror the officer answered :

"Very sorry, sir; I can't. . It's timed to go fifteen minutes, and won't stop

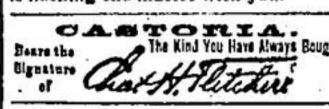
DAY WORK AND PIECE WORK. Two cannie Scots, walking to Auchtermuchty, saw an uncouth figure standing in a distant field. After gazing intently one said :

(petato) bogle" (scarecrow). other, "It's a man working by the

The noblest mind the best content ment has.—Spencer. How to Break Up a Celd.

It may be a surprise to many to learn that a severe cold can be completely broken up in one or two days' time. The first symptoms of a cold are a dry, from the nose, and a thin, white conting on the tongue. When Chamberlain's cough remedy is taken every hour on the first appearance of these symptoms, it counteracts the effect of healthy condition within a day or two. For sale by all druggists.

Home cures work better when there is nothing the matter with you.



Do not for one repulse forego the

with just what they ask for; substitutremove the corns, root and branch, by | ing ly never allowed. PAINE'S CELERY COMPOUND. If you are a sufferer from kidney disease, liver complaint, blood troubles

rheumatism, neuralgia or nervous prostration, we confidently recommend the use of Paine's Celery Compound. This reliable and never dis-There never was and never will be appointing medicine is a true disease a universal panacea in one remedy banisher and system builder. We for all ills to which flesh is heir. supply the genuine Paine's Celery What would relieve one ill in turn Compound. A.T. Brown, Acton, Ont. The effective life and the respective life are one. - Brooks. GOOD BLOOD WILL SHOW ITS QUALITY, SO WILL BAD BLOOD.

The one in a healthy body and ruddy complexion, the other in ill-health blotelles, pimples, boils and sores, and frequently in intenser forms as ulcers, abscesses, erysipelas, salt rheum, etc. Every organ of the body depends on the blood for force and vitality, and i but scantily served when the blood is impure. No remedy is so potent as a

now and healthy blood than BURDOCK BLOOD BITTERS

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UNDER NO OBLIGATIONS.

"Shave yourself, sir, 'don't you?" said a barber who was trimming the halr of a customer. "Yes," replied the customer. "How did you know?"

"Well," rejoined she barber, "I know have never shaved you, and I do sometimes trim your hair. Hesidos that, I think a barber would do a little helter than you seem to do." "Very likely."

"We'd have protty hard work making a living if every man was like you," pursued the barber, after clipplag and supplag a few moments in

"Perhaps." "You're in business, sin't you?"

"Well, s'pose no barbers over hought | Granite and Marble Dealers nything of you, how would you like

"I don't think it would make much iffgrence," rejoined the customer. "My business is selling pipeurgans." And the barber finished the lob in

PHEN MUSTARD.

hat ?"

James Tinssell Lowell said, "All leacons are good, but there are odds in descons," and it may be added that combittion. there are odde in other varieties of

Squire Blank, according to Harper's

liezaar, was not only the richest hinn thankful that I did, for after following your instructions, which you sent me free of all In his village, but the stinglest as well. Nothing gave him such keen delight charge, I became regular and in perfect health. Had it not been for you I would be se to get something for nothing. One day he and several of his neighbors had been in conference with a every suffering woman in the country to manufacturer who' contemplated es-When women are troubled with irregtablishing a mill in the town. The conference was held in the one store cement or ulceration of an organ, that of the village, and at its close the

> manufacturer stepped up to a show case containing cigare and said : "Have a cigar, gentlemen." All the men selected a cigar except

Squire Blank. He did not smoke. Therefore he said : "Thank you, sir, but I don't smoke but as the cigars are a dime spiece, I'll

take a dime's worth of mustard if you

Of course, the astonished gentleman "sald so," and the squire went home jubilant over "a hull half-pound o' mustard that never cost me a red cent."

Idleness travels slowly, and poverty soon overtakes her. -. J. Hunter.

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