

DON'T BEHOLD UP YOUR FACE

There was a man who glowered. When things were not just right. He wrinkled up his forehead. And scowled at the world tight. Till, by and by, this scowler became a chronic case. And now at seventy he still. The nose sticks out on his face. He may be having toothache. Or dinner won't digest. He may have pricked his finger. Or baby spoiled his rest. His neighbors sigh and wonder. What made him fall from grace. For an one never knows him. To wear a Christian face. I know he isn't suffering. Has no big bills to pay. It's just a facial habit. In fact, he frowns that way. I'd like to look him pluck out. He might as well be dead. And make the cheap look pleasant. When he scowls on his face. You couldn't see gold dollars. That look is a sure sign. At best you may be stung. But if you look like that. Who's catch you in a trap. What chance have you in the place. Years for your head of goodness. If you scowled up your nose. Smile out your inner creases. And wear a sunny look. The scowl's a wit in face. As good as in the back. Makes what I see. Hounds mightly commonplace. But you're no saint to copy. When you scowled on your face. —By John E. Cowan.

IF I WERE A GIRL AGAIN. First of all, I should study self-control—the control of body, of speech, of temper; a power best learned in youth, before the current of habit has deepened the channel of self-will and impetuosity that seems to be cut in every human heart. If I were a girl again, I should be more careful about my conversation. I should beware of slang and gossip, and a tendency to drop into silence. I should avoid sarcasm like a plague, remembering that the person who uses it shows her sense of her own inferiority. I should practice the art of such gay repartee as is free from satire and unkindness, learning to tell a story well, and to dwell upon what is kindly and happy. I should be more ready to express my appreciation and thanks for services rendered, bequiser with my praise and farther with my criticism. These things, I should do if I were a girl again.

KIDNEY TROUBLES

Increasing Among Women, But Sufferers Need Not Despair

THE BEST ADVICE IS FREE

Of all the diseases known, with which the female organism is afflicted, kidney disease is the most fatal, and statistics show that the disease is on the increase among women.



Unless early and correct treatment is applied, a suffering sufferer who once contracts this disease is fated upon her. We believe Lydia E. Pinkham's Vegetable Compound is the most effective treatment for chronic kidney troubles of women, and is the only medicine especially prepared for this purpose. When a woman is troubled with pain or weight in loins, backache, frequent, painful or voiding urination, swelling of limbs or feet, swelling under the eyes, an uneasy, tired feeling in the region of the kidneys or uterus, a redness in the urine, she should lose no time in commencing treatment with Lydia E. Pinkham's Vegetable Compound, as it may be the means of saving her life. For proof, read what Lydia E. Pinkham's Vegetable Compound did for Mrs. Sawyer.

I cannot express the terrible suffering I endured. A development of the female organs developed nervous prostration and a painful kidney trouble. The doctor treated me for a year, but I had nothing worse, until I was unable to do anything, and I made up my mind I could not live. I finally decided to try Lydia E. Pinkham's Vegetable Compound. I cannot praise it too highly, and I feel every suffering woman about my case. —Mrs. Sawyer, Chicago, Ill.

Mrs. Pinkham gives free advice to women by address in confidence, Lynn, Mass.

Don't jump on a man when he is down. Jump over him.

CASTORIA

The Kind You Have Always Bought. It is sometimes a good thing to have a safe if you can keep people from finding it out. A Good Medicine Requires Little Advertising. —Dr. T. M. ...

As every thread of gold is valuable, so every moment of time. —J. Mason.

TO CURE A COLD IN ONE DAY

Take a laxative remedy. —Dr. ...

MORE THAN SHE EXPECTED.

A little girl well expressed the mingling of hope and doubt which anticipation holds for every people. When she received her first "very own" doll, after a succession of treasures inherited from her older sisters, she turned to her mother a face full of rapture.

UNANSWERABLE.

For total abstinence from strong drink the argument is about this: If you think you incur no personal danger from its abuse, abstain for the sake of others who would be influenced and possibly ruined by your example. If you love it and find it hard to give it up, do so at once, and be glad that you can. This argument has not been answered: It is unanswerable.

THE EXPERIENCE.

An old Scotchman, on the occasion of his marriage to a young woman of twenty-five, was rallied by some of his friends on the disparity between his age and that of his bride. "Awa," he responded, tranquilly, "she will be near me to close my eyes."

How to Break Up a Cold.

It may be a surprise to many to learn that a severe cold can be completely broken up in one or two days' time. The first symptoms of a cold are dry throat, a profuse watery discharge from the nose, and a thin, white coating on the tongue. When Chamberlain's Cough Remedy is taken every hour on the first symptoms of these symptoms, it counteracts the effect of the cold and restores the system to a healthy condition within a day or two. For sale by all druggists.

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is Pleasant, it contains neither Opium, Morphine nor other Narcotic substance. Its action is purely cathartic, it destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, Croup, Constipation and Flatulence. It assimilates the Food, regulates the Stomach and Bowels, gives a healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher. The Kind You Have Always Bought In Use For Over 30 Years.

Chartered by Dominion Government. Established 1864.

THE MERCHANTS BANK OF CANADA

HEAD OFFICE MONTREAL. 115 Branches. Interest added four times a year. President—SIR H. MONTAGU AILAN. Vice President—JONATHAN HOLCOMB, Esq. General Manager—E. F. HERRICK. Capital Paid up, \$5,000,000.00. Deposits over \$3,000,000.00. Surplus \$3,750,000.00. Total Assets, \$5,000,000.00.

SAVINGS BANK DEPOSITS

One Dollar, or upwards, will open an account. Money withdrawable any time, no delay. We add interest to principal four times a year.

FARMERS' SALE NOTES

We have special facilities for collecting these. We will cash them at once if desired, at a low rate of interest.

JOINT ACCOUNTS—When requested, we will open accounts in two names, so that either one may draw the money, husband or wife, etc.

Acton Branch W. S. CHISHOLM, Manager.

DOANS' KIDNEY PILLS

There is only one thing that a young fellow hates worse than being kept in the house at night, and that is not being kept in bed in the morning. You have to either paddle your own canoe or know how to do some fancy diving and strenuous swimming. They Drive Pimples Away.—A face covered with pimples is unsightly. It tells of internal irregularities which should long since have been corrected. The liver and the kidneys are not performing their functions in the healthy way they should, and these pimples are to let you know that the blood protease. Parmsale's Vegetable Pills will drive them all away, and will leave the skin pure and clean. Try them, and there will be another witness to their excellence.

CASTORIA

The Kind You Have Always Bought. The clerk who makes \$50 a month and spends \$200 is a great financier for a little while.

Chamberlain's Cough Remedy

Always Cures. And is Pleasant and Safe.

THE BEST POSITIONS REQUIRE CAPABLE MEN



CAN YOU FILL THIS?

The directors of Business Systems, Limited, are in touch with business houses all over Canada who have installed modern systems of accounting, and almost every day are met with requests for capable men to take charge of the new systems they have installed.

Right now, Business Systems, Limited, can place twenty-five men at \$1,500.00 a year—if they could get them. They can't get them. The demand for the kind of men whom they would be willing to recommend far exceeds the available supply.

It is in order that they may have men to fill these positions that they have arranged for the starting of Business Systems Commercial School, purely to teach modern methods and to prepare students who can step right out of school into any office, anywhere, and take complete charge.

A.—Business Systems Commercial School, is not confined to the former method of Business Systems, Limited, but includes all modern accounting, typing and bookkeeping.

B.—Thorough, practical methods as adopted by the leading commercial houses are taught, giving thorough insight into the details of the work from the order is received, following it through the billing department, etc., and thoroughly educating the student as a specialist in modern methods.

C.—The School teaches thoroughly, Commercial Arithmetic, Commercial Spelling, and in the more advanced courses, Commercial Law and modern bookkeeping.

D.—After thoroughly investigating the best schools in America, Business Systems Commercial School have installed the latest system of Shorthand and Typewriting teaching.

E.—Only expert teachers who have had practical business experience are employed, and retail as well as wholesale business methods are taught.

F.—There are Special Night Courses for students who already occupy positions and who are desirous of fitting themselves for something better.

Business Systems Commercial School want no clerks, no children, or no students of the class whose parents send them to business college merely to put in a year after they leave school. If you are a bright, aggressive young person, and want to make yourself a thoroughly qualified specialist in modern accounting files, write us for booklet on the courses taught.

BUSINESS SYSTEMS COMMERCIAL SCHOOL LIMITED. TORONTO. 52 Spadina Avenue. CANADA.

GIVEN AS A MEDICINE.

A rebuke emphasized by a kindness is apt to be remembered. One day an officer walked into the office of one of the well-known business men of the West.

"What do you want here?" he said to the officer.

"I've come to attach the wages of one of your men for a debt."

"Who is the man?"

The officer named him, and he was at once summoned to his employer's office.

"How long have you been in debt?" was the first question asked.

"I have been in debt for twenty years. I can't seem to catch up," said the man.

"But you have a good salary."

"I know it, but I can't get out of debt."

"You must get out, or you must leave here. How much do you owe?"

The whole man not much less than a hundred dollars, but the employer immediately wrote his check for the amount, and said, as he handed it to the man:

"This will pay all your bills. If I hear of your running into debt again, you'll have to go."

It was what the doctor called "heraldic treatment," and it not only established the man, but "revolutionized" him. He settled with his creditors, and then, by carefulness, kept out of debt.

Better than a genius for making money is the habit of paying as you go. Debt is sometimes a misfortune, for which the man who incurs it is not to blame, but too often it is the result of reckless folly or the lack of wise economy in expenditure. One thing is certain: not one of a thousand shackled by such bondage will find a friend like the man who paid his workman's debt.

UNKNOWN FRIENDS.

There are many people who have used Chamberlain's Colic, Cholera and Diarrhoea Remedy with splendid results, but who are unknown because they have hesitated about giving a testimonial of their experience for publication. These people, however, are none the less friends of this remedy. They have done much toward making it a household word by their personal recommendation to friends and neighbors.

It is a good medicine to have in the home and is widely known for its cures of diarrhoea and all forms of bowel trouble. For sale by all druggists.

We cannot understand a character greater than our own until something congenial to it has grown up within ourselves.—Whipple.

MILBURN'S HEART and NERVE PILLS

SAVED HER LIFE

Mrs. John G. Jensen, Little Rock, Ark., writes: "I was troubled with a stab-like pain through my heart. I tried many remedies, but they seemed to do me more harm than good. I was then advised by a friend to try Milburn's Heart and Nerve Pills and after using two boxes I was completely cured. I cannot praise them enough for the world of good they did for me, for I believe they saved my life."

Price 50 cents per box or 3 boxes for \$1.25, at all dealers, or mailed direct by The T. Millburn Co., Limited, Toronto, Ont.

CASTORIA

The Kind You Have Always Bought. First: When you undertake to fill your subscription, we give them our undivided attention and best care. The patient's welfare is our first consideration.

Second: We guarantee our drugs to be of full strength as well as pure and fresh.

Third: Our customers are supplied with just what they ask for; substituting is never allowed.

Fourth: Our customers are supplied with just what they ask for; substituting is never allowed.

CASTORIA. The Kind You Have Always Bought. It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

I have seldom known anyone who has died with a trifle, that he could be trusted in matters of importance.—Paley.

There are a number of varieties of corn. Holloway's Corn Cure will remove any of them. Call on your druggist and get a bottle at once.

The acquisition of knowledge is the acquisition of power. The use of knowledge is the exercise of power.—Burton.

Burdock Blood Bitters

It is the FOREMOST MEDICINE OF THE DAY. It is a purely vegetable compound possessing powerful purifying power over the entire system, and is not trilling, irritating or dangerous.

It purifies the blood that it cures all skin diseases, and is combined with its purifying power with its cleansing and purifying influence, and is the most reliable medicine for the skin. Mr. H. H. ...

"Some time ago I was troubled with a skin disease, which kept breaking out constantly. After taking two bottles of Burdock Blood Bitters I am completely cured."

Wm. Cooper, THE TAILOR. Corner Mill and Main Streets, ACTON.

In Repairing a Watch

To do it well the workman must have natural mechanical ability, good training and experience. WE HAVE THEM ALL. Our watchmaker, and myself, have had each over thirty years' practical experience on all classes of watches, good and bad. We have the latest and best facilities for doing extra good work, and we watch yours. Our prices are just the same as other people's, but we believe we can give you better satisfaction than most places.

G. D. PRINGLE. Watchmaker. Guelph.

The Old and Reliable

Granite and Marble Dealers

We are manufacturers and direct importers of all kinds of Granite and Marble for building work. We sell direct to our customers at wholesale prices, thus saving our customers the cost of the middleman. We have the largest and only stock of Granite and Marble in the Dominion who can operate successfully on this principle. We can give references from hundreds of our customers in Toronto and other places where others have to stand in line in order to collect. We have the largest stock of Granite in the Dominion, of more than any three dealers in the West. We have Italian marble and granite agents, and do not send any of our products for shipping until we are satisfied to collect. We employ mechanics only and duty collecting.

HAMILTON & SONS

Cor. Norfolk and Wellington Streets, ACTON.

WALL PAPER

Properly selected Wall Paper will add more than all else to the attractiveness of a home. It is a matter of course that a man or woman who has a home to live in should be careful to select the best that is available.

Make your selections from a fine stock of WALL PAPER for 1907.

Everything in Wall Paper from the cheapest to the most expensive is to be had here.

Any style, any quality, any price to suit your pocket book.

Samples shown and estimates cheerfully furnished. No obligation to buy.

W. M. GIBSON. Painter and Paper Hanger - Acton.

For Diarrhoea, Dysentery AND ALL Summer Complaints

DR. FOWLER'S EXTRACT OF WILD STRAWBERRY IS AN INSTANTANEOUS CURE.

It has been used in thousands of homes during the past sixty-two years and has always given satisfaction.

Every home should have a bottle of it to be ready in case of emergency.

Price 35 cents at all druggists and dealers. Do not let some unprincipled druggist humbug you into taking so-called Strawberry Compound. The original is Dr. Fowler's. The rest are substitutes.

Mrs. G. Bode, Lethbridge, Alta., writes: "We have used Dr. Fowler's Extract of Wild Strawberry and found it a great remedy for Diarrhoea, Summer Complaint and Cramps. We would not like to be without it in the house."

One of the most striking signs of coming May is the big moving vans.

For inflammation of the Eyes.—Among the many good qualities which are possessed by the Vegetable Compound, is its power of regulating the digestive organs, its efficacy in reducing inflammation of the eyes. It has called forth many letters of recommendation from those who were afflicted with this complaint and found a cure in the pills. They affect the nerve centres and the blood in a surprisingly active way, and the result is almost immediately seen.

Thinking no evil doesn't play a very big part in the drama of life.

Dr. J. D. Kellogg's, Dysentery Cordial is prepared from drugs known to the profession as thoroughly reliable for the cure of cholera, dysentery, diarrhoea, griping pains and summer complaints. It has been used successfully by medical practitioners for a number of years with gratifying result. If suffering from any summer complaint it is just the medicine that will cure you. Try a bottle. It sells for 25 cents.

Keeping secrets seem to be a paying occupation for some people.

Help your children to grow strong and robust by counteracting anything that causes ill-health. One great cause of disease in children is worms. Remove them with Mother Graves' Worm Expeller. It never fails.

Something ahead is easy enough when somebody else pays the freight.

CASTORIA

The Kind You Have Always Bought. It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

It is not the amount of money, the amount of power, the amount of brains that a man has, but his character, which counts.—Ruskin.

Grand Trunk Railway

Passenger Trains

ACTON TO TORONTO

ACTON TO GUELPH

ACTON TO WINDSOR

ACTON TO SAGINAW

ACTON TO DETROIT

ACTON TO CHICAGO

ACTON TO ST. LOUIS

ACTON TO MEMPHIS

ACTON TO MOBILE

ACTON TO SAVANNAH

ACTON TO ATLANTA

ACTON TO JACKSONVILLE

ACTON TO MIAMI

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

ACTON TO SANTIAGO

ACTON TO HAVANA

Hats

MADE PRICE

KING HATS \$1.00 WAKEFIELD

MORLEY'S \$2.00

All our Caps from \$1.00 to \$5.00 at half price. Clearly cut regardless of cost.

On account of not wanting to move, we have SPECIAL PROFIT HATS at big reductions. With wire hangers. Full Directions Free. 20c, 35c, 50c and 75c.

LaFontaine's Fur Store

GUELPH

ACTON PUMP AND TILE WORKS

O. B. EBBAGE, Proprietor

Our premises are now fully equipped with all the latest machinery and appliances for manufacturing—

Pumps and Pump Supplies. The best for wells, cisterns, etc. Steam Pump Fitting Tools and Pipe Supplies.