



Heals and Soothes the Lungs and Bronchial Tubes. Cures COUGHS, COLDS, BROMMITS, HOARSENESS, etc., quicker than any remedy known. If you have that irritating Cough that keeps you awake at night, a dose of the Syrup will stop it at once.

USED FOR EIGHT YEARS.
I have used DR. WOODS NORWAY PINE SYRUP for every cold I have had for the past eight years, with wonderful success. I never saw a friend with a cough or cold but that I recommend it. M. M. Ellsworth, Jacksonville, N.C.

PRICE 25 CENTS.

The Action Free Press

THURSDAY, DECEMBER 24, 1903

A CHRISTMAS PLAY,
Silken scarlet stockings all hung up in rows,
Babies all breathless on tips of wee toes,
Watching for Santa as everyone goes,
While darker and darker and darker it grows.
All on the night before Christmas.
Limp scarlet stockings all bunched aside out,
Babies all footed, babbling about,
Babies all sleeping tucked up in their cribs,
Dreaming of dollies in aprons with ribbons,
Or babies in full sail with the jumtostiles.
All on the night before Christmas.
Limp scarlet stockings all turned inside out,
Babies all footed, babbling about,
Babies all sleeping tucked up in their cribs,
Dreaming of dollies in aprons with ribbons,
Or babies in full sail with the jumtostiles.
All on the night before Christmas.
—Alice E. Allen.

VARIETIES.

Did you ever try to alarm your shoulders with other things, the very gayest flowers, the richest draperies, and learn how utterly they fail to tell the Christmas story? No other creature gathered from nature's wild places or from treasure-houses of textile art can produce the same effect of vivifying beauty that the deep living green gives to inanimate objects. Life, life present and to come, is typified in every leaf and cold-dying branch rich with dormant buds.

On many a dainty parrot next Thursday evening will be tied a card, "with the love" of Jane or John, which has hastily been attached after a dismayed: "Thank goodness, I thought of her in time! I really had forgotten her entirely!" In some subtle way it will fail to please—it will never fit into any niche in the forgotten life. The something which thoughts and affection have lately produced and chosen to fill up or increase comfort bring with it evidence of its origin and is beyond a question so touched.

"Mamma," said a little girl, "I do wish I could give some money to buy dinners for poor children at Christmas."

"Well, you may, darling." "But, mamma, I haven't any money to buy anything."

"Well, darling, I will give you some money if you like to do without your Christmas candles."

The child was crestfallen for a moment, but presently said: "Must it be candles, mamma?"

"Why, no, darling; anything else you prefer to do without."

And the little maiden said, triumphantly: "Let it be soap, then, mamma, I can get along nicely without that."

Raging Headaches, that nothing else will cure, are quickly quieted by Milburn's Sterling Headache Powders. Price 10c, and 25c at all dealers. Reference substitute.

CASEY'S NEW YORK.
The Kid You Have Always Bought
Bears the Signature of *Chat H. Hitchins*

A bald-headed man in Missouri is suing for a divorce because his wife compelled him to sit on the front porch of his summer home to keep the flies off the porch.

CHALMERS.
Mrs. J. B. Rusk, Ruskville, Ont., says: "I have used Hugway's Yellow Oil for chilblain, and found it most effectual. It relieved the irritation almost immediately and a few applications made a complete cure."

It is impossible to convince a young man who has three or four sisters that all women are angels.

RHUMATISM IN SHOULDERS.
I had rheumatism in my shoulders so bad that I could not rest at night. I took Milburn's Heart and Nerve Pills and have not had a trace of it since. John Kirton, Glenbow, Man.

Facts are stubborn things—unless they bump up against a shrewd lawyer.

There are causes of consumption so advanced that Blakie's Anti-Consumptive Syrup, will not cure, but one so bad that it will not give relief. For cough, colds and all afflictions of the lungs, lungs and chest, it is a specific which has never been known to fail. It promotes a free and easy expectoration, thereby removing the phlegm and giving the diseased parts a chance to heal.

Next to knowing what you are talking about it is most essential to know whom you are talking to.

How Are Your Nerves?
If they are weak and you feel nervous and easily "frazzled," can't sleep, and rise in the morning unfreshened, your blood is poor. Strong nerves depend upon rich, nourishing blood. Hood's Karaparilla makes the nerves strong by thickening the blood, gives sweet, refreshing sleep, completely cures nervous troubles begin taking it today.

Nerves and indigestion are cured by Hood's Pill.

Most of the things you think you know your neighbors know you only think.

In pale in the chest and wheezing are promptly and completely cured by Dr. Wood's Norway Pine Syrup. It's the best-known remedy in the world. Easy to take. Price 25c.

A man begins to talk of his resignation after he gets the grand bumper.

To CURE A COLD IN ONE DAY.

Take a tincture of Quinine Tincture. All you have to do is to take a spoonful of this tincture and drink it.

With this signature in each bottle.

We send you a sample free upon request.

SCOTT & HOWARD, Toronto, Ont.

SUNLIGHT SKIES BEYOND THE GREY.

Say, stop your sighs.
You know that sunlit skies
Are over there beyond this grey.
And that's open this Christmas Day.
You'd like to shew the clouds away
And let the everlasting blue
Shine through.

Then, why?
In thunder don't you try
To shove, instead
Of standing there with drooping head
And heavy heart?

Get a move on; start.
Here's a Merry Christmas to the world,
And where it isn't, go.

Do your best
With all the rest;
And that will make it so.

See?

Now, light up the Christmas tree,
Get jolly,
Scatter the bay and the holly,
And sing!

Merry Christmas into everything.

—William J. Lampton.

REXALL HOUSE HOLD DYES.

These dyes will dye Wool, Cotton, Silk, Jute, Linen and other fabrics—they are the latest and most improved dyes in the world. Try a sample.

A. T. Brown's Drug Store

About Christmas time a man keeps

screaming he is the brush in a fox hunt.

There never was and never will be

a universal panacea in our remedy

for all ill to which flesh is heir.

What would relieve one ill in turn

would aggravate the others. We

have, however, in Quinine Wine,

when obtained in a sound, undiluted

state a remedy for many and

genuine ills. By its gradual and

judicious use the frail system is re

lieved into convalescence and strength

by the influence which Quinine exer

cies on Nature's own restorative. It re

lieves those to whom a chronic state

of morbid dependency and lack of

interest in life is a disease, and by

tranquillizing the nervous disposed to

sound and refreshing sleep—insuring

vigor to the action of the blood, which

the wine, strengthening the healthy and

functions of the system, thereby

making activity a necessary result

to the digestive organs which

naturally demand increased substance

—result, improved appetite. North

rop & Lyman of Toronto have given

to the public their superior Quinine

by the opinion of scientists, the wine

approaches nearest perfection of any

on the market. All druggists sell it

SAVING MONEY BY MAIL

Is the title of an interesting book let which explains our system by which deposits may be made and withdrawn by mail as conveniently as if your own post office were right across the street.

Read for it. You will find it interesting.

Canada Permanent

Mortgage Corporation
(Formerly The Canada Permanent and Western Canada Mortgage Corporation)

TORONTO STREET, TORONTO

When a man falls in business he begins to look around for a political job.

Very many persons die annually from cholera and kindred summer complaints, who might have been saved if proper remedies had been used.

If attacked do not delay in getting a bottle of Dr. J. D. Kellogg's Dysentry Corrall, the medicine that never fails to effect a positive cure.

Those who have used it act promptly, and thoroughly subdue the pain and disease.

Love is the cement with which the hearts of humanity are united.

Sore and swollen joints, sharp, shooting pains, torturing muscles, no rest, no sleep—that means rheumatism. It is a stubborn disease to fight, but Chamberlain's Pain Balm has conquered it thousands of times. One application gives relief. Try it. A. T. Brown's self.

Love is like a photographic plate when it requires a dark room for its development.

CASTORIA
For Infants and Children.
The Kind You Have Always Bought

Bears the Signature of *Chat H. Hitchins*

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SCOTT & HOWARD, Toronto, Ont.

Gained Forty Pounds in Thirty Days.

For several months our younger brother had been troubled with indigestion. He tried several remedies but got no benefit from them. We purchased some of Chamberlain's Stomach and Liver Tablets and he commenced taking them. Inside of thirty days he had gained forty pounds in flesh. He is now fully recovered.

We have a good trade on the Tablets.

Holley Bros., Montreal, Long Branch, Que.

For sale by A. T. Brown.

He is a good man and never will be

a universal panacea in our remedy

for all ill to which flesh is heir.

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