

### All Stuffed Up

That's the condition of many sufferers from catarrh, especially in the morning. (Great difficulty is experienced in clearing the head and throat.)

### Hood's Sarsaparilla

Cures catarrh, cleans and strengthens the mucous membrane and builds up the whole system.

### The Actor Free Press.

THURSDAY, SEPTEMBER 10, 1902.

### NAMING THE BABY:

They talked of Melora, Aurora and Flora. Of Mabel and Maria and Mildred and May. Debated the question of Helen, Honora, Charlotte, Camilla and Phyllis and Fay. They thought of Marcella, Estella and Heloise. Considered Cecelia, Jeannette and Elizabeth. Alicia, Adeline, Amette, Arabella, and Ethel and Eunice, Hortense and Irene.

One liked Eudora, another Lenora. Some argued for Edith and some for Elaine. For Madeline, Adeline, Lily and Laura. And then after all, they decided on Jean.

Coughs and colds that other remedies seem powerless to relieve are promptly cured by Dr. Wood's New Cough Syrup. Try it, and it will convince you of its efficacy by curing you. Price 25c.

Why do they not charge policemen on the street cases? Because it is impossible to get a nickel from a copper. To those of Sedentary Occupation, Men of sedentary occupations, which deprive them of fresh air and exercise, are more prone to disorders of the liver and kidneys than those who lead active, out-door lives.

What is the best way to enjoy the happiness of courtship? Get a little gal-an-try.

These never was and never will be a universal panacea in one remedy for all ills to which flesh is heir.

What would relieve one ill in turn would aggravate the others. We have, however, in Quinine Wine, when obtained in a sound, unadulterated state a remedy for many and grievous ills.

Why would a portrait painter be a good theatrical attraction? He could draw the people.

Just as it is harder to set a ball in motion than to keep it in motion, it is harder to take up any line of work again, after the summer vacation, than to drop on with it.

Now is the time when many—clerks, bookkeepers, teachers, pupils and others—should take a tonic, and see that the best is Hood's Sarsaparilla, which acts on the whole system, builds it up, and wards off sickness.

What is the difference between an unsuccessful author and a successful one? One knows his kin and the other kisses his nose.

Why is a thunderstorm like an enemy? It is peal on peal.

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### Consumption is Infectious.

Every precaution should be taken to prevent its spread of the "White Plague." Persons coming in contact with consumptives should inhale Chamberlain's Cough Remedy, which is a powerful destroyer of disease germs, and renders them innocuous. Chamberlain's is a most efficient preventive and may be relied upon to promote "expectoration" soothe the cough and benefit in many ways. (See numerous testimonials.) Both from a medical and scientific point of view, Chamberlain's is the most valuable addition to the armament against consumption. Its merit cannot be too strongly emphasized. Sold by all druggists, two months' treatment, price \$1; small size 25c, or 15¢ from N. C. Pabon & Co., Kingston, Ont.

What is the most wonderful aerobic feat? For a man to revolve in his own mind.

Dysentery causes the death of more people than small pox and yellow fever combined. In an army it is the deadliest more than a battle. It requires prompt and effective treatment. Chamberlain's Colic, Cholera and Diarrhoea Remedy has been used in nine epidemics of cholera in the United States with perfect success, and has cured the most malignant cases, both of children and adults, and under the most trying conditions. Every home-keeper should have a bottle at hand. Get it to-day. It may save a life. Sold by A. T. Brown.

Why is a cat going up three pairs of stairs like a high hill? Because she's a mountain.

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### The NICK in THE LABEL.

You who have been wearing coats and vests since childhood have perhaps never stopped to consider the nick in the label. A controversy is now in progress on this other side of the Atlantic as to how this original of the following ingenious explanation has at length been offered:

It is said that when Napoleon fled the way of ambition he tried to implicate General Moreau in Pichegru's conspiracy. Moreau had been Napoleon's superior and was exceedingly popular, but under the circumstances, with the man of destiny in power, it was not safe to expose a public sympathy with Moreau. His admirers and supporters quietly agreed to sign their coats to show their fellowship, the outlines of the coat, after the nick was made, forming the letter M.

They Make You Feel Good. The pleasant purgative effect experienced by all who use Chamberlain's Stomach and Liver Tablets, and the healthy condition of the body and mind which they create makes one feel joyful. For sale by A. T. Brown.

Why is a short negro like a white man? Because he is not a tall black.

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### The Hot Weather Test.

makes people better acquainted with their resources of strength and endurance. Many find that they are not so well off as they thought and that they are really enervated and depressed by the heat.

What they need is the tonic effect of Hood's Sarsaparilla which cleanses the blood, promotes refreshing sleep, overcomes that first feeling and creates appetite.

Not only is he idle who is doing nothing, but he that might be better employed. Socrates.

Travelled headaches are quickly relieved by Milburn's Sterling Headache Powders. They do not upset the stomach, or weaken the heart. Price 10c, and 25c, at all druggists, or by mail. The T. Milburn Co., Limited, Toronto, Ont.

Illness is the key of beggary, and the root of all evil.—Spurgeon.

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### A TEACHER TAUGHT.

Mr. Herman Melville, "the Sage and Philosopher" full of an amazing courage between D. C. Vaughan, for many years headmaster at Hartford, and a small boy who called at the house of the occasion. The boy, whose name was Dodd, was brought before the Doctor charged with committing a deliberate offence. "What is your name?" asked the master, with due severity.

"Dodd," he answered the trembling boy. "Dodd, do you spell it with one 'd' or two?" "With three, sir," stammered the boy. The Doctor put his hand upon the desk, covered it with his hand a moment, and then dismissed the "delinquent" with a warning.

"I could no more have punished that boy," said afterwards, "than I could have flown. Nobody before ever gave me such a lesson in spelling."

Polson's Nervilline Cures Rheumatism. The remarkable strength and marvellous soothing power of Nervilline renders it quite invariable in rheumatism. Five times stronger than any other remedy, its penetrating power enables it to reach the source of the pain and drive out the disease. Nervilline is stronger, more penetrating, more highly pain-removing in its action than other medicine heretofore devised for the cure of rheumatism. Sold in large 25 cent bottles everywhere.

Illness is only the refuge of weak minds, and the holiday of fools.—Chatterfield.

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# CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of

Chas. H. Fletcher. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

## What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, Croup and Croup. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

## GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

## The Kind You Have Always Bought

In Use For Over 30 Years.

How You Can Make \$35.50

If You Want to Furnish a Home a Our Stock-taking Sale of Furniture at 80 Upper Windham Street, Guelph, Read the Following:

Bedroom No. 1—Bedroom Suit, Surface Oak, Springs, Mattress, Table, Chair, Bookcase, worth \$100.00. \$75.00

Bedroom No. 2—A much nicer outfit than No. 1, worth \$100.00. \$75.00

Dining Room—Sideboard, (solid oak), Ext. Table, 8 ft., 5 Dinner Chairs, and 1 Arm Chair, golden oak finish, worth \$45.00. \$35.00

Parlor—A nice Parlor Suit, Parlor Table, worth \$30.00. \$20.00

Hall—100 Table, worth \$10.00. \$7.50

Kitchen—4 Table and 4 Chairs, worth \$18.00. \$13.50

The Whole Outfit for \$313.00. Call and see, or telephone 253.

## J. M. STRUTHERS,

80 Upper Wyndham Street Guelph.

## COMPLETE STOCK

The latest thing in Unmatted Cell Boots for Gentlemen—American styles. Ladies' finest quality boots are to please. The Workington's Leather, call and see them.

I am running off a stock of Women's Button Boots at \$2.00 worth \$2.25. \$1.50 worth \$1.75. \$1.00 worth \$1.25. Misses Button and Hal at 1.15 1.50 1.50

Now is the time to leave your measure for your fall and winter boots and shoes.

## GEO. STOVEL,

Mill Street Acton.

## Ready for Fall

You may think it's early to order the fall suit, but it's better to have it under way. The advantage is that you can have your suit made in time for the season. The first pick costs no more and you are sure to be satisfied.

Wm. Cooper, Merchant Tailor, Mill Street, Acton.

## RECALL HOUSE-HOLD DYES.

These dyes will dye Wool, Cotton, Silk, Jute or any material in one bath—they are the best and most improved dye in the world. Try a package. A. T. Brown's Drug Store.

### GRAND TRUNK RAILWAY.

CHINESE LAUNDRY

Plumber, Steam and Gas Fitter, Guelph West. GUELPH PLUMBING AND STEAM-FITTING IN ALL THEIR BRANCHES. A full supply of the latest Patent Steam Valves always on hand.

### R. W. PHILLIPS.

Plumber, Steam and Gas Fitter, Guelph West. GUELPH PLUMBING AND STEAM-FITTING IN ALL THEIR BRANCHES. A full supply of the latest Patent Steam Valves always on hand.

### CUELPH BUSINESS COLLEGE.

Teachers: Bank Building, Guelph, Ont.

THE INTERESTING FACT is now becoming known, that the system of business education pursued at the Guelph Business College is the best obtainable anywhere.

A HIGHLY SYSTEMATIC course of study, with all the latest and most practical knowledge of business, is given in a short time, and at a low cost.

EXPERIENCE TESTIMONY of this character, given within the last few years, is of great value to all who wish to acquire the practical knowledge of the best business training to be had in the world.

For particulars, apply at the college or address: M. MacCORMICK, U.S.A., Principal.

### WILLIAMS'

Good Shoes are the foundation of correct dress. Williams' Shoes are the best good shoes for Men, Women or Children. They contribute ease and grace to the feet, and are the most comfortable and durable. In short, they are the shoes of perfection.

LATEST STYLES ARE ALWAYS READY FOR YOUR INSPECTION.

### FOOTWEAR

Wm. Williams, Mill St. Acton.

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# RED ROSE TEA. Is pure Ceylon and Indian, Black, Mixed or Green Ceylon.