

Get the Most Out of Your Food

You don't eat and can't if your stomach is weak. A weak stomach does not digest all that is ordinarily taken into it. It gets tired easily, and what it fails to digest is wasted.

Among the signs of a weak stomach are uneasiness after eating, fits of nervous headache, and disagreeable belching.

"I have been troubled with dyspepsia for years, and tried every remedy I could find, but never got anything that gave me relief until I found Hood's Sarsaparilla. I can't praise this medicine too highly for the good it has done me. I always take it in the strength of one tablet without fail." W. A. Moxier, Belleville, Ont.

Hood's Sarsaparilla

Strengthens and tones the stomach and the whole digestive system.

The Actor Free Press.

THURSDAY, SEPTEMBER 3, 1901

AT IT AGAIN.

Major-General Baden-Powell was asked to write a few lines for a patriotic bazaar. He complied, and sent the following, which, by the kind permission of one of his friends, we are enabled to offer to our readers:

Tell me not in accents dryany that you think hazard lesser, That the cross you bear is weary, And the load you labour.

Cash is needed, cash is scanty, At our efforts do not growl; If it can't be raised by fair means, Must it not be got by foul?

Wives of great ones must rend them They could make their wives a present.

And departing leave behind them What to us is quite as pleasant— Sovereigns, which perhaps another, After counting up his stores, Some horses and other cattle, Resting him, are something more.

Let us then lay up and spending, With a purse for such a day, And our wishes still extending, Learn to purchase and to pay!

—WHONGWLOW.

They Make You Feel Good.
The pleasant purgative effect experienced by all who use Chamberlain's Stomach and Liver Tablets, and the healthy condition of the body and mind which they create makes one feel joyful. For sale by A. T. Brown.

Congressional garden seeds are distributed for the purpose of raising votes.

A Cure for Costiveness.—Costiveness comes from the refusal of the excretory organs to perform their duties regularly, from constipation caused usually disordered digestion. Parmelee's Vegetable Pills, based on scientific principles, are an excellent purgative, ingredients of which pass through the stomach and act upon the bowels so as to remove their torpor and arouse them to proper action. Many thousands are prepared to bear testimony to their power in this respect.

Motto of the circus manager: Give every man a show.

If attacked with cholera or any similar complaint of any kind send at once for a bottle of Dr. J. D. Kellogg's Dysentry Cordial and use it according to directions. It acts with wonderful rapidity in subduing that dreadful disease that weakens the strongest man and that destroys the young and delicate. Those who have used this cholera medicine say it acts promptly and never fails to effect a thorough cure.

Sale possession is nine points with the lawyer.

Bab's Disappear Before It—No one need suffer pain when they have the available Dr. Thomas' Electric Oil. If not in the house when required it can be procured at the nearest store, all merchants keep it for sale. Rheumatism and all bodily pains disappear when it is applied and should they at any time return, experience teaches the user of the Oil how to deal with them.

It is the bride of advanced years who speaks the most pitifully of an old maid.

Travellers' headaches are quickly relieved by Millburn's Sterling Headache Powders. They do not upset the stomach, or weaken the heart. Price 10c. and 25c. at all druggists, or by mail. The T. Millburn Co., Limited, Toronto, Ont.

Honestly, now, did you ever have a really good time at a "church social?" Miss Worms Medicine.

Mrs. Wm. Graham, Sheppardton, Ont., writes: "I have given my boy Dr. Low's Worm Syrup, and find it an excellent worm medicine. It is nice to take and it does not make the child sick." Price 25c.

When money talks it seldom has any trouble in finding a listener.

FIFTY CENTS

A MONTH
A small bottle of Scott's Emulsion costing fifty cents will last a baby a month—a few drops in its bottle each time it is fed. That's a small outlay for so large a return of health and comfort.

Babies that are given Scott's Emulsion quickly respond to its helpful action. It seems to contain just the elements of nourishment a baby needs most.

Ordinary food frequently lacks this nourishment; Scott's Emulsion always supplies it.

Well and you're free upon report.
SCOTT & BROWN, Toronto, Ont.

Be Quick.

Not a minute should be lost after a child shows symptoms of convulsions. The first medical knowledge of the trouble should be sufficient warning. If immediate and proper treatment is given, serious consequences will be averted. Chamberlain's Colic, Cholera and Diarrhoea Remedy is the sole reliance of thousands of mothers and by its aid they have often saved their children's lives. Every household should have a bottle at hand. Get it to-day. For sale by A. T. Brown.

Some men may be great, some achieve greatness, and others manage to get away with it.

To Cure a Cold in One Night.

Apply Putman's Painless Corn and Ward Extractor. It is safe, sure and painless. Never fails, always cures. Insist on having the genuine Putman's.

Clean politics will come when clean men get into it and stay in.

PAINFUL PERIODS

overcome by Lydia E. Philbrick's Vegetable Compound.

Lydia E. Philbrick's Vegetable Compound has cured many cases.

Miss Menard cured after doctors failed to help her.

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