

All Stuffed Up

The condition of many sufferers from catarrh, especially in the morning. Great difficulty is experienced in clearing the head and throat.

No wonder catarrh causes headache, impairs the taste, smell and hearing, pollutes the breath, deranges the stomach and affects the appetite.

To cure catarrh, treatment must be conducted—especially with care.

"I am ill for days with catarrh in the head and throat. Had a bad tooth and raised blisters. I had become disengaged from my business because of Hood's Sarsaparilla and persuaded me to try it. I advised all to take it. It has cured me. I am well again. Yours truly, West Lacombe, N. B."

Hood's Sarsaparilla

Cures catarrh—it soothes and strengthens the mucous membrane and builds up the whole system.

The Acton Free Press.

THURSDAY, JULY 30, 1886.
IN THE GLAD HEREAPR.

Instead of the raging tempest,

A calm, a happy day.

Instead of the noise of wounding

Sound of the angels' psalm.

Instead of a day that waneth,

Down of twilighting light.

Instead of perplexing questions,

God's revelations bright.

Instead of a stormy path,

That leads to the smooth highway:

Instead of a weary spirit,

A soul at rest for eye.

Instead of heaving oceans,

The placid crystal sea;

Instead of earth's jut and tumult,

Heaven's sweet serenity.

Instead of these bleeding blossoms,

Flowers that immerse bloom;

And instead of this dark death-

shadow.

The glory beyond the tomb!

—Amy PARKERSON.

Dear Mrs. Dosey Mall,

Not an hour of expression, but

quite true of many people whose

hearing can be perfectly restored by

inhaling Catarrhousine. It quickly

relieves and cures all kinds of Catarrh,

Catarrhal Diseases, and diseases of the

respiratory organs. Don't give up

hope till you have tested Catarrhousine.

It has restored lost hearing to thousands,

and can do the same for you.

Catarrhousine is a vegetable anti-

septic, pleasant and convenient to use,

absolutely certain to quickly benefit

and ultimately cure.

Two months treatment \$1.00. Small size 25¢ at

druggists or N. C. Polson & Co.,

Kingston, Ont.

The celebrated Gilest said that en-

ployment was nature's physician. It

is indeed so important to happiness that influence is justly considered the parent of misery.—Cotton.

Sleeplessness.

You can't sleep the calmest and

quietest nights. If your stomach is

weak, circulation poor and digestion

bad.

Hood's Sarsaparilla strengthens the

stomach, improves the circulation,

perfects digestion, and brings about

that condition in which sleep is regular

and refreshing.

It does not do this in a day, but it

does it—has done it in thousands of

cases.

No man is wise who is unable to realize

the uncertainty of a sure thing.

Holloway's Corn Cure destroys all

kinds of corns and warts, root and branch.

What then would endure them with such a cheap and effective

remedy within reach?

Every man is a volume. If you know

how to read him.—Channing.

Out of the shadows.

The discouragement, the despair of

ill-health, out into the noon-day glory

of health, vigor and strength. Are

you seeking this way? Are you

willing to replace weakness by

strength, despondency by hope and

expectation, pale cheeks and lusterless

eyes by the rose's bloom and sparkling

tears. If you but use Ferroxone, you

will make rich, red blood, your nerves

will grow strong. Oh, thus vigor

will return and with it endurance that

will enable you to live an active,

energetic and successful life. Remember

the name, Ferroxone. Sold by all

druggists.

There is always hope in a man who

actually and earnestly depends

—Carlyle.

It keeps the Muscles Pliant.—Man

given to unusual sports and exercise

and those who suffer muscular pain

and those who suffer from neuralgia

and rheumatism will find Dr.

Thomson's Electroic Oil soothing

worth trying. As a lubricant it will

keep the muscles pliant and free from

pain which often follow constant use

of them without softening them or

impairing their strength. For hernia,

spasms and contusions it is without a

peer.

If you have great talents, industry

will improve them; but if moderate

abilities, industry will supply their

deficiencies.—Smiles.

FROM LAST TO FIRST

People used to take plain cod liver oil for coughs, colds, throat and lung troubles after other remedies had failed.

Scott's Emulsion is the modern idea of cod liver oil—the first instead of the last resort when such ailments appear.

The taste of the oil is not apparent and the oil itself is partly digested—makes it easy for the stomach. Scott's Emulsion is a quick, reliable help at all ages.

Scott's Emulsion is a simple tea upon request.

SCOTT'S BROWNS, Toronto, Ont.

HE HAD NOT THOUGHT OF THAT.

A well-known pretty woman went over to Michigan last week to prepare her summer outfit for occupancy during the summer. Before going she made arrangements with her husband to manage a large department store for employment.

"What can you do?" asked the manager sharply.

"Most anything," answered the applicant.

"Can you dust?"

"Yes, indeed."

"Then why don't you begin on your hat?"

The young man had not thought of that.

"Can you clean leather goods?"

"No, yes."

"Then it's carelessness on your part that your shoes are not clean."

The young man had not thought of that either.

"Well, can you scrub?"

"Yes, indeed."

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