Itching Skin

Distress by day and night—

That's the complaint of those who are so unfortunate as to be afflicted with Eczema or Salt Rheum—and outward applications do not cure. They can't.

The source of the trouble is in the blood—make that pure and this scaling, burning, itching skin disease will disappear.

"I was taken with an itching on my arms which proved very disagreeable. I concluded it was salt rheum and bought a bottle of Hood's Sarsaparilla. In two days after I began taking it I felt better and it was not long before I was cured. Have never had any skin disease since." MRS. IDA E. WARD, Cove Point, Md.

Hood's Sarsaparilla

rids the blood of all impurities and cures all eruptions.

The Acton Free Press.

THURSDAY, JULY 2, 1891.

The Young Folks.

TELL HIM SO.

If you have a word of cheer
That may light a pathway drear
Of a brother pilgrim here,
Let him know.

Show him you appreciate
What he does; and do not wait
Till the heavy hand of Fate
Lays him low.

If your heart contains a thought
That will brighter make his lot,
Then in mercy, hide it not;
Tell him so.

Wait not till your friend is dead
Ere your compliments are said:
For the spirit that has fled,
If it know,

Does not need to speed it on
Our poor praise; where it has gone
Love's eternal, golden dawn
Is aglow.

But unto our brother here
That poor praise is very dear;
If you've any word of cheer,
Tell him so.

—Good Health.

Diminished Vitality.

—Some people talk very flippantly about diminished vitality.

They don't stop to think that vitality is the principle of life—that it is that little understood something on which every function of their bodies depends.

Diminished vitality is early indicated by loss of appetite, strength and endurance, and Hood's Sarsaparilla is the greatest vitalizer.

Why is A like 12 o'clock? Because its the middle of day.

A True Brain Food

must replace the feeling of lassitude and mental tiredness by clearness and strength of mind. Not that it goes directly to the brain, that were foolish. The true brain food must be carried by rich, red blood. If mental fatigue worries and alarms you, look not to the brain, but to the stomach and assimilative organs. No remedy yet discovered possesses the marvelous brain strengthening power that Ferrozone has demonstrated in thousands of cases. Ferrozone does not stimulate the brain into a fitful glow, but by improving digestion, strengthening the nervous system, stimulating assimilation, giving new strength to the heart, it sends a stream of red, vitalizing blood to the brain. Thus it is a true brain food. Ferrozone is sold by all reliable druggists.

Why is a coachman like the clouds? He holds the reins (rains).

Sleeplessness.—When the nerves are unstrung and the whole body given up to wretchedness, when the mind is filled with gloom and dismal foreboilings, the result of derangement of the digestive organs, sleeplessness comes to add to the distress. If only the subject could sleep, there would be oblivion for a while and temporary relief. Parmelee's Vegetable Pills not only induce sleep, but act so beneficially that the subject will wake refreshed and restored to happiness.

What is the first thing a gardener sets in his garden? His foot.

Toothache Cured.

Dr. Lowe's Toothache Gum cures toothache, promptly, and does not blister the gums, lips or cheeks. Price 10c.

Why is death like the letter E? It is the end of life.

Corns Between the Toes,

or on the soles of the feet, can be cured by a few applications of Putnam's Corn Extractor, which acts painlessly, quickly and with certainty. The genuine "Putnam's" always cures. Try it.

How can you shoot 120 hares at once? Shoot at a wig.

A lady writes: "I was enabled to remove the corns, root and branch, by the use of Holloway's Corn Cure. Others who have tried it have the same experience.

Why is a long boot like a windmill? Because it grinds the corn.

OIL FOR THE BODY

You can't lose an atom without feeling it. The body is like an engine, a watch, a machine; must be kept in good order to run right.

That's the reason Scott's Emulsion is so successful in all wasting diseases. It feeds, nourishes and strengthens when ordinary food won't.

Doctors say Scott's Emulsion is the best nourishment for those who are not as well as they should be—young or old.

We'll send you a sample free upon request. SCOTT & BOWNE, Toronto, Ont.

A NEW COMPLAINT.

Husband (at the telephone): "My wife has a very severe pain in the back of the neck, and complains of a sort of soreness in the stomach."

Physician: "She has a malarial colic."

Husband: "What shall I do for her?"

(The girl at the central switches off to a machinist, talking to a saw-mill man.) Machinist (to the husband): "I think she is covered inside with scales about an inch thick. Let her cool down during the night, and before she rises up in the morning, take a hammer and pound her thoroughly all over, and then take a hose and hitch to a fire plug and wash her out. (Husband has no more need of this doctor).

Mrs. Laura L. Barnes, Washington, D. C., Ladies Auxiliary to Burnside Post, No. 4, G. A. R., recommends Lydia E. Pinkham's Vegetable Compound.

"In diseases that come to women only, as a rule, the doctor is called in, sometimes several doctors, but still matters go from bad to worse; but I have never known of a case of female weakness which was not helped when **Lydia E. Pinkham's Vegetable Compound** was used faithfully. For young women who are subject to headaches, backache, irregular or painful periods, and nervous attacks due to the severe strain on the system by some organic trouble, and for women of advanced years in the most trying time of life, it serves to correct every trouble and restore a healthy action of all organs of the body.

"Lydia E. Pinkham's Vegetable Compound is a household reliance in my home, and I would not be without it. In all my experience with this medicine, which covers years, I have found nothing to equal it and always recommend it."—MRS. LAURA L. BARNES, 607 Second St., N. E., Washington, D. C.—*$5000 forfeit if original of above letter proving genuineness cannot be produced.*

Such testimony should be accepted by all women as convincing evidence that Lydia E. Pinkham's Vegetable Compound stands without a peer as a remedy for all the distressing ills of women.

Why is a book like a king? It has many pages.

No one need fear cholera or any summer complaint if they have a bottle of Dr. J. D. Kellogg's Dysentery Cordial ready for use. It corrects all looseness of the bowels promptly and causes a healthy and natural action. This is a medicine adapted for the young and old, rich and poor, and is rapidly becoming the most popular medicine for cholera, dysentery, etc., in the market.

What burns to keep a secret? Sealing wax.

Genuine Castoria always bears the Signature of Chas. H. Fletcher.

When baby was sick, we gave her Castoria
When she was a Child, she cried for Castoria.
When she became Miss, she clung to Castoria.
When she had Children she gave them Castoria.

When is a newspaper like a delicate person? When it appears weakly.

The worst kind of splitting headaches can be relieved in five minutes by Millburn's Sterling Headache Powders. They don't depress the heart. Price 10c. and 25c.

At what age should a man marry? At the parsonage.

Children Cry for CASTORIA.

A Painful Scald.

Miss T. Wannamaker, Frankford, Ont., says: "I scalded my hand very badly, then took cold in it. It swelled and was very powerful, but half a bottle of Hagyard's Yellow Oil cured it completely.

Why is a committee of enquiry like cannon? It makes a report.

You need not cough at night and disturb your friends; there is no occasion for you running the risk of contracting inflammation of the lungs or consumption while you can get Hickle's Anti-Consumption Syrup. This medicine cures coughs, colds, inflammation of the lungs and all throat and chest troubles. It promotes a free and easy expectoration, which immediately relieves the throat and lungs from viscid phlegm.

Why cannot the regulars sit down? Because they belong to the standing army.

Mr. John R. Smith, Lake Stream, N. B., says: "From my own personal experience with them I willingly testify to the good effects of Laxa-Liver Pills for sick headache and constipation."

The name of what Scotchman does a woman mention when a hired man raps on the door? John Knox.

"By Medicine Life May be Prolonged." So we to Shakespeare nearly three hundred years ago. It is so to-day. Medicine will prolong life, but be sure of the qualities of the medicine. Life is prolonged by keeping the body free from disease. Dr. Thomas' Eclectric Oil used internally will cure coughs and colds, eradicate asthma, overcome croup and give strength to the respiratory organs. Give it a trial.

Sore Throat and Hoarseness

with their attendant dangers may be speedily averted and remedied by the use of Polson's Nerviline. Excellent to gargle with—ten times better than mustard plaster and more convenient for the outside. Nerviline penetrates the tissues instantly, soothes the pain, allays inflammation, and cures sore throat and hoarseness simply because that's what it is made for. The large 25 cent bottle of Nerviline is unexcelled as a household liniment. It cures everything.

Not failure, but low aim, is crime. J. R. Lowell.

His Last Hope Realized.

(From the Sentinel, Clyde, Mich.)

In the first opening of Oklahoma to settlers in 1889, the editor of this paper was among the many seekers after fortune who made the big race one fine day in April. During his travelling about and afterwards his camping upon his claim, he encountered much bad water, which, together with the severe heat, gave him a very severe diarrhoea which it seemed almost impossible to check, and along in June the case became so bad that he expected to die. One day one of his neighbors brought him one small bottle of Chamberlain's Colic, Cholera, and Diarrhoea Remedy as a last hope. A big dose was given him while he was rolling about on the ground in great agony, and in a few minutes the dose was repeated. The good effect of the medicine was soon noticed and within an hour the patient was taking his first sound sleep for a fortnight. That one little bottle worked a complete cure and he cannot help but feel grateful. The season for bowel disorders being at hand suggests this item. For sale by A. T. Brown.

Anger is one of the sinews of the soul.—Fuller.

Death on Coughs.

Don't let a new cough grow old! Kill it while its young or it may kill you. Scott's Emulsion can't hurt you but its death on coughs—new and old.

The beauty seen, is partly in him who sees it.—Bovee.

Children Cry for CASTORIA.

Where there is much pretension there is much deceit.—Addison.

Chamberlain's Colic, Cholera and Diarrhœa Remedy.

The uniform success of this remedy has made it the most popular preparation in use for bowel complaints. It is everywhere recognized as the one remedy that can always be depended upon and that is pleasant to take. It is especially valuable for summer diarrhœa in children and is undoubtedly the means of saving the lives of a great many children each year. For sale by A. T. Brown.

A healthy old fellow, who is not a fool, is the happiest creature living.—Steele.

Dunlop Reliability

You can place full reliance in Dunlop Detachable Pneumatic Tires—they will never betray your trust, hardest to puncture, easiest to repair. Years of excellent service have made them of almost universal adoption. Every wheel with a reputation is fitted with them. Every rider of experience insists on them.

Dunlop Tires make bicycle enthusiasts. They increase the pleasure of wheeling and minimize the troubles. Bicycling is an assured success with Dunlops.

The Dunlop Tire Co. Limited Toronto, Ont.

Depots at Montreal, St. John, Winnipeg, Vancouver.

Have you found a Dunlop Coin? 1a

When a man is wrong and won't admit it, he gets angry.—Haliburton.

Hoarseness is a common trouble during the summer with those having weak throat or lungs. It can be readily cured, and the throat and lungs strengthened by Dr. Wood's Norway Pine Syrup. Price 25c.

Fire and sword are but slow engines of destruction in comparison with the babbler.—Steele.

E. W. Grove

This signature is on every box of the genuine Laxative Bromo-Quinine Tablets the remedy that cures a cold in one day

Why is the letter "D" like a sailor? It follows the C (sea).

Picking the Nose.

Is a common sign of worms in children. Mothers who suspect their child is troubled with worms should administer Dr. Low's Pleasant Worm Syrup. It is simple, safe and effectual. Price 25c.

Why is a pair of skates like an apple? Because they have occasioned the fall of man.

Unnecessary to Suffer from Asthma. This distressing complaint can be perfectly cured by inhaling Catarrhozone, a vegetable antiseptic that destroys the germs which cause the disease. Catarrhozone is inhaled at the mouth from a convenient pocket inhaler, and after permeating the minutest air cells, is exhaled slowly through the nostrils. It stops the coughs, makes breathing regular, and eradicates the Asthma so thoroughly from the system that it never returns. Don't suffer from Asthma, use Catarrhozone, it will speedily cure you. Large outfit, $1.00. Small size 25 cents. Druggist or by mail from Polson & Co., Kingston, Ont.

Foundation Principle

First: When we undertake to fill your subscription, we give them our undivided attention and best care. The patient's welfare is our first consideration.

Second: We guarantee our drugs to be of full strength as well as pure and fresh.

Third: Our customers are supplied with just what they ask for; substituting is never allowed.

PAINE'S CELERY COMPOUND.

If you are a sufferer from kidney disease, liver complaint, blood troubles, rheumatism, neuralgia or nervous prostration, we confidently recommend the use of Paine's Celery Compound. This reliable and never disappointing medicine is a true disease banisher and system builder. We supply the genuine Paine's Celery Compound. A. Throwin, Acton Ont.

Some men take what is in sight and hustle for more.

Don't Look so Tired.

It's enough to make one tired just look at you. Don't look so tired. You must suffer terribly. You know that Ayer's Sarsaparilla cures blood-poverty, nervous depression, and general debility? And it has been doing this for 60 years.

Every man thinks he is one in a thousand, and he is—one of the ciphers.

Children Cry for CASTORIA.

Though the fool tries to kill two birds with the one stone, the wise guy uses a shotgun.

Strength and vigor come of good food, duly digested. "Force," a ready-to-serve wheat and barley food adds no burden, but sustains nourishes, invigorates.

After the average man spends a fortune he keeps him busy trying to forget his old acquaintances.

Sick Headache, Biliousness, Dyspepsia, Coated Tongue, Foul Breath, Heart Burn, Water Brash, or any Disease of the Stomach, Liver or Bowels.

Laxa-Liver Pills are purely vegetable; neither gripe, weaken nor sicken, are easy to take and prompt to act.

The man who lives only for himself will not have many mourners at his funeral.

No man or woman will hesitate to speak well of Chamberlain's Stomach and Liver Tablets after once trying them. They always produce a pleasant movement of the bowels, improve the appetite, and strengthen the digestion. For sale by A. T. Brown.

A selfish man is about the ugliest thing upon which angels have to look.

Your Tongue

If it's coated, your stomach is bad, your liver is out of order. Ayer's Pills will clean your tongue, cure your dyspepsia, make your liver right. Easy to take, easy to operate. 25c. All druggists.

Want your moustache or beard a beautiful brown or rich black? Then use BUCKINGHAM'S DYE for the Whiskers

The devil gets a good deal of help from the stingy man.

A. T. Brown will refund your money if you are not satisfied after using Chamberlain's Colic, Cholera and Diarrhœa Remedy. It is everywhere admitted to be the most successful remedy in use for bowel complaints and the only one that never fails. It is pleasant, safe and reliable.

He who does business for God can never be bankrupt. He who is "rich toward God" is insured against failure.

Agitation in the world of homeopathic medicine has been its very soul of progress as in politics and religion—the difficulties of opinion and of men have been present to the disagreements of which the standard of these bodies have been elevated. So with some of our famous preparations—forestands the world famous remedy to general debility and languor, "Quinine Wine"—and, which, when obtained in its genuine strength is a miraculous creation of appetite, vitality and stimulant to the natural fertility of the system. Quinine Wine and its improvement have been from the first discovery of the great virtues of Quinine as a medicinal agent been one of the most thoroughly discussed remedies ever offered to the public. It is one of the great tonics and natural life-giving stimulants which the medical profession have been compelled to recognize and prescribe. Messrs. Northrup & Lyman, of Toronto, have given the preparation of their pure Quinine Wine the great care due to its importance, and the standard excellence of the article which they offer to the public comes into the market purged of all defects which skilful observation and scientific opinion has pointed out in the past.

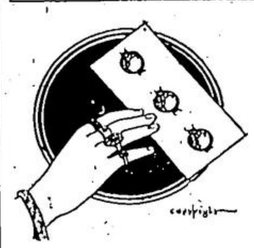
HUMOROUS.

Sometimes a woman's hair is golden—and occasionally if it only plated.

Little Dorothy had been teased by her auntie until her wits scrambled in a tangle, and had her auntie in despair said, "Dorothy, do you know beans?" Dorothy very demurely replied, "I don't know them to speak to, but I know them to eat." Henrietta.

"Willetts, who is that girl at the other end of the parlor?" "I've been trying all the evening to think of her name. She's rather pretty, don't you think?" "Rather pretty? By George, she's a peach!" "Ah, that helps me to recall her name. She is a Miss Crawford."

In the halls of the vast institution of learning they warn us to tread lightly as we pass the seat of the pallid youth who is moodily composing something upon a sheet of pure white paper. We see his knitted brow; his air of intense thought; his every evidence of great mental struggle. "Ah," we whisper, "he is preparing some weighty treatise on political economy, or some thesis which shall show the nations of the world the proper system of the government?" "No, whispers the guide in reply. "He is getting up the new class yell."—Baltimore American.



A Study of Studs

and other things in this superb stock of

JEWELRY

will show that we do not confine our offerings to goods exclusively for feminine wear although there is a great variety of such because women are greater lovers of the beautiful.

Both sexes appreciate quality and good value and these things both when got rom

G. D. PRINGLE, Guelph.

ISSUER OF MARRIAGE LICENSES

Your Summer Suit.

If It's a Problem With You Come to Us for a Solution.

Some summer suits are hot and irritating. Ours are not. They are made for comfort, and do not lose sight of fit and style, either. Come and look at the goods.

WM. COOPER

Merchant Tailor - - - - Mill Street

ACTON

CHINESE LAUNDRY

In Pearson's Building, Willow Street, Acton.

Laundry collected and returned. Family Washing at reasonable rates. All work done by hand. No machines or chemicals used.

CHARLIE CLUEY, Prop.

Acton Pump Works

Street Acton

If you are in need of a good Pump, either in wood or iron, come to Acton Pump Works.

—Cisterns Made—
—All Repairs Promptly Attended to—
—Wells Cleaned—

THE CHICAGO ROCKAWAY

Is acknowledged the lightest running and best windmill manufactured. I am agent for this district. Call and investigate before you buy.

T. EBBAGE, Main Street Acton

900 DROPS

CASTORIA

A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of Old Dr SAMUEL PITCHER

A perfect Remedy for Constipation, Sour Stomach, Diarrhœa, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Fac Simile Signature of Chas. H. Fletcher, NEW YORK.

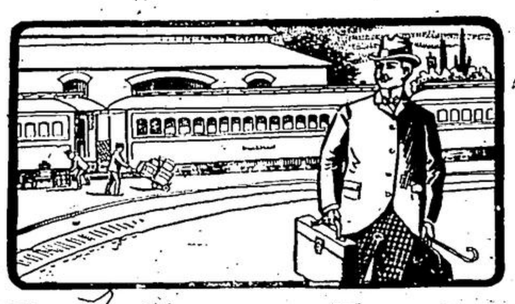
At 6 months old 35 DOSES—35 CENTS

EXACT COPY OF WRAPPER.

SEE THAT THE FAC-SIMILE SIGNATURE —OF— Chas. H. Fletcher. IS ON THE WRAPPER OF EVERY BOTTLE OF CASTORIA

Castoria is put up in one-size bottles only. It is not sold in bulk. Don't allow anyone to sell you anything else on the plea or promise that it is "just as good" and "will answer every purpose." See that you get C-A-S-T-O-R-I-A.

The fac-simile signature of Chas. H. Fletcher is on every wrapper.



Travellers and Tourists

Travelling from place to place are subject to all kinds of Bowel Complaint on account of change of water, diet and temperature.

Dr. Fowler's Ext. of Wild Strawberry

is a sure cure for Diarrhœa, Dysentery, Colic, Cramps, Pains in the Stomach, Seasickness, Cholera, Cholera Morbus, Cholera Infantum, Summer Complaint, and all Fluxes of the Bowels in Children and Adults.

Its effects are marvellous.
It acts like a charm.
Relief is almost instantaneous.

Does not leave the Bowels in a constipated condition.

JOHNSTONE & CO.

June is the month of weddings. We are fully equipped in all kinds of Wedding Presents. Call in and inspect our stock, including all kinds of

ROCKING CHAIRS	HANGING LAMPS
DINING "	PARLOR "
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EASELS	WALL POCKETS

Our Bargain Day Every Day!

Building Hardware

We have now a full stock of everything required for building purposes, especially

Nails Hinges
Bolts Putty.

An Import of Glass Expected in a few days

A Few Prices

Charcoal Irons	$1.25
Hammocks	$1.25
Carving Sets	90c
Butcher Knives	20c
Door Locks	15c
Screen Door Hinges	10c
Paint Brushes	10c
Furniture Varnish, per can	10c

Johnstone & Co., Mill Street, Acton.

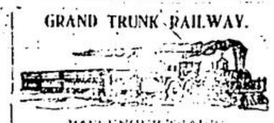
SPECIAL PRICES ON PARLOR SUITES AND ODD CHAIRS.

Balance of this week. Look:
2 five piece Parlor Suits reduced from $18 to $11.75.
3 piece Suites, reduced from $22 to $16.95.
1 only, 3 piece Suite reduced from $30 to $24.95.
10 only, odd chairs, upholstered and rattan, worth from $8 to $12, reduced to $5.85.

Call and see, or telephone 253.

J. M. STRUTHERS, 80 Upper Wyndham Street - - - - Guelph.

GRAND TRUNK RAILWAY.



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Express	[illegible]	[illegible]
Express	[illegible]	[illegible]
Mail	[illegible]	[illegible]

Hats and Tams.

Latest importations in Men's, Boys' and Children's Headwear representing the season's greatest achievements in smartness and originality of style, all moderately priced.

L. N. E. LaFONTAINE

HATTER FURRIER

Largest Hat Stock in Ontario of the Latest Styles.

WYNDHAM ST. GUELPH ONT.

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LIVERY

BUS LINE

The undersigned respectfully solicits the patronage of the public, and informs them that

Well Equipped and Stylish Rigs can always be Secured

at his stables. A comfortable bus meets all trains between 10 a.m. and 6.10 p.m. Careful attention given to every order. The wants of Commercial Travellers fully met.

JOHN WILLIAMS, Proprietor

CHEAPEST AND BEST

Clover and Grass Seeds

In Purity and Quality none better

The usual lines of

Flour and Feed.
Oatmeal. Rolled Wheat.
Crushed Wheat. Graham Flour
Germ Meal. Buckwheat Flour
Beans. Pot Barley. Split Peas.
Potatoes.
Garden Seeds of all kinds.

ACTON FLOUR AND FEED STORE

All kinds of Grain wanted AT

ACTON GRANARY
GEORGETOWN ELEVATOR
AND
NORVAL MILLS

W. BARBER & BROS.

Paper Makers

Georgetown Ontario.

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The kind that makes you want a second cup, that's

RED ROSE TEA