

Half-Sick

"I first used Ayer's Sarsaparilla in the fall of 1848. Since then I have taken it every spring as a blood-purifying medicine." —S. T. Jones, Wichita, Kan.

If you feel run down, are easily tired, if your nerves are weak and your blood is thin, then begin to take the good old standard family medicine, Ayer's Sarsaparilla.

It's a regular nerve lifter, a perfect blood builder.

100 bottles. All Agents.



The Acton Free Press.

THURSDAY, APRIL 10, 1901.

The Young Folks.

SPIN CHEERFULLY.

Ripid cheerfully,
Not fearfully,
Though weary you plod;
Ride peacefully,
But leave the thread with God.

The shuttle of its purpose move;

To earn out life's design;

Work, nor yet a sleep,

Dark mirth, when, with silent dress,

You view each soulder fold;

For toil is in the soul's need;

The toil is a thread of gold.

Hope cheerfully,

Not fearfully,

Know the way you plod;

Ripid peacefully,

But leave the thread with God.

Karma L. Rose.

Valuable Advice to Housewives.

Eat meat sparingly, and take very little sugar. Avoid intoxicants, keep away from dampness, drink water abundantly, and always rely on Norway Pine as quick relief of rheumatic pains. Being relieved of rheumatic pains, many troubles, Norway's power over pain is simply beyond belief. It cures also Sciatica, Lumbar, Neuralgia, and all pain, whether internal or external. Large bottles, price 25c. Sold by A. T. Brown.

There are 60,000 people employed in Italy in rearing silkworms.

Bald Gold... \$2.50
Best Gold VIII 1.50
8 yrs Gold VIII 1.00
Best Clas... 100

We guarantee perfect satisfaction.

GLOBE OPTICAL CO.

93 Yonge Street, Toronto.

The number of medical periodicals published in the United States is 275.

Many people say they are "all now out," easily startled or upset; easily worried and irritated. Millburn's Heart and Nerve Pills are just the remedy such people require. They restore perfect harmony of the nerve centers and give new nerve force to shattered nervous systems.

The fragrance of a flower or long-forgotten strain of music gives the power to paint a medical picture for us that we thought had faded into oblivion.

Spring Medicine.

As a spring medicine Burdock Blood Bitters has no equal. It tones up the system and removes all impurities from the blood, and takes away tired, weary feeling so prevalent in the spring.

Whenever a wife wishes to make her husband feel cheap she puts out some of his old love letters and reads them to him.

Miscles, Blotches and Skin Eruptions.

How unsightly, sometimes very mortifying to the sufferer. They are merely an evidence of impure, poisoned blood, and lowered vitality of the elementary organs, which can be quickly changed by taking Ferrozine after meals.

Ferrozine cleanses the blood of all poisons and eruptions, makes it rich in red corpuscles that manifest themselves in a healthy, ruddy complexion.

To have a pure, soft skin and good complexion use Ferrozine regularly.

Price 50c per box, or six boxes for \$2.50 at druggists, or N. C. Polson & Co., Kingston, Ont. Sold by A. T. Brown.

Americans pay \$3,000,000 a year for looking glasses.

A BRECHE A MANON LADY

Tells of her experience with

DOAN'S KIDNEY PILLS

The Great and Well-Known Kidney Specific

for the Cure of all Kidney and Bladder Troubles.

Mrs. P. Bertrand, Breche A Manon, Que., writes:—I think it nothing but right for me to let you know what Doan's Kidney Pills have done for me. For five months I was badly troubled with a sore back, and such severe pains in my kidneys that I could scarcely walk. I took a box of Doan's Kidney PILLS, and before I had them half taken I was greatly relieved, and with another box I was completely cured. I can say, and will never fail to recommend them to all kidney sufferers.

DOAN'S KIDNEY PILLS.

are 5c. box, or 3 for \$1.25; all dealers or

The Doan Kidney Pill Co., Toronto, Ont.

The Chinese have a special god for every disease.

Children Cry for CASTORIA.

Doan's Kidney Pills act on the kidneys, bladder and urinary organs only. They cure backache, weak back, rheumatism, diabetes, congestion, inflammation, gravel, Bright's disease and all other diseases arising from wrong action of the kidneys and bladder.

The annual coffee production is 1,000,000,000 pounds.

There are cases of consumption so far advanced that Doan's Anti-Consumptive Syrup won't cure but no bad that it will not give relief. For coughs, colds and all affections of the throat, lungs, and chest, it is a specific which has never been known to fail. It promotes frequent and rapid expectoration, thereby removing the phlegm, and gives the dissolved parts a chance to heal.

It is said that the peasant of the south of France spends on food for a family of five an average of two pence a day.

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Burdock Blood Bitters.

Turns Bad Blood into Rich Red Blood.

This spring you will need something to take away that tired, listless feeling brought on by the system being clogged with impurities which have accumulated during the winter.

Burdock Blood Bitters is the remedy you require.

It has no equal as a spring medicine. It has been used by thousands for a quarter of a century with unequalled success.

HERE IS PROOF.

Mrs. J. T. Skene of Shagawake, Que., writes:—"I have used Burdock Blood Bitters as a spring medicine for four years and find it the best. When I feel drowsy, tired and have no desire to eat I get a bottle of R.H.B. It purifies the blood and builds up the constitution better than any other remedy."

Send you a little to try, if you like.

SCOTT'S EMULSION.

Scott's Emulsion often plays a most important part in blood history. At the very beginning—that is where its influence is greatest.

Scott's Emulsion is a blood food—a rich material for making new blood. Nothing better for bringing color to pale faces.

Send you a little to try, if you like.

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