

Weak?

"I suffered terribly and was extremely weak for 12 years. The doctors said my blood was not strong enough. At last I tried Ayer's Sarsaparilla, and was soon feeling like a new man."
—Mr. J. W. Fila, Haddam, Ct.

No matter how long you have been ill, nor how poorly you may be today, Ayer's Sarsaparilla is the best medicine you can take for purifying and enriching the blood.

Don't doubt it, put your whole trust in it, throw away everything else.

Ask your doctor what he thinks of Ayer's Sarsaparilla. He knows all about the good it does for the blood. Put it in your medicine chest, and you will be well.

J. C. Ayer Co., Lowell, Mass.

The Acton Free Press
THURSDAY, APRIL 10, 1922

For Young Folks.

AN EASTER SONG.

Arise the victor's shout
There falls a brilliant ray,
And from the white-robed host
The stone is rolled away.

Once more to life we bring
The buds and leaves of spring
Come forth and bear a sign
The birds the angels sing.

In every word and deed
Rebuild the symbol shown,
The mystery revealed,
The majesty made known!

Christ, who was crucified,
In flesh and blood,
The world's Redeemer,
Touched by His hand divine!

—FRANK DEWATER HARRISON.

MIS STUCK IN TRADE.

"The first thing necessary," said the dentist, as he probed around the victim's aching molar, "is to kill the nerve."

"No you don't," growled the patient, as he jumped from the chair. "I'll let the old tooth ache, rather than have my business overhauled."

Note.—He was an insurance agent.

TEXTS ON TILES.

"Now, here is something you'll like," said the manager of the works as he was showing some tiles in the process of manufacture. "These of Scripture on tiles for fireplace ornamentation."

"Oh," replied Mrs. Fangle, "I've often heard of tile tile manufacture, but I never saw them before."

PAPA'D BE TOO BUSY.

Little Mary was discussing the great headache with her mamma when the following ensued:

"Mamma, will you go to heaven when you die?"

"Yes, I hope so, child."

"Well, I hope I'll go, too, because you'll be an ancestor."

"Oh, yes, and I hope your papa will go too."

"Oh, no, papa can't go; he can't leave the store."

The Kidneys and the Skin.

In the spring the kidneys have much to do. If they are weak or clogged, they will not do it well, and the skin will be pimply and blotchy. That is telling the story in a few words.

Hood's Sarsaparilla strengthens and stimulates the kidneys, cures and prevents pimples, blotches, and all cutaneous eruptions.

Don't fail to take it. Buy a bottle to-day.

It's easier to see the way we ought to go than to go in the way we see.

Children Cry for CASTORIA.

We are all willing to trust God to feed us if we may choose the food.

When can I get some of Holloway's Corn Cure? I was entirely cured of my corns by this remedy, and I wish some more of it for my friends. So writes Mrs. J. W. Brown, Chicago.

It is easier to see the way we ought to go than to go in the way we see.

The essential lung-healing principle of the plus treated finally been successfully separated and refined into a perfect cough medicine—Dr. Wood's Norway Pine Syrup. Sold by all dealers on a guarantee of satisfaction. Price 25c.

Write in your heart that every day is the best of the year.

Goodly Cakes always bear the Signature of Chas. H. Fletcher.

When baby was sick, we gave her Castoria. When she was a child, she clung to Castoria. When she became Miss, she clung to Castoria. When she had a cold, she clung to Castoria.

Let your feet efforts be, not for wealth but for helplessness.

YOUR FOOTSTEPS

By the depth of his footsteps in the earth the Indians tell the weight of a man. Do you tread shallow or deep? Perhaps you would like to weigh more? If you are below weight and find that ordinary food does not build you up try Scott's Emulsion.

It is not a drug but a food that time has shown to have a real value in such cases as yours.

It will need you a little to try, if you like. SCOTT & BOWNE, Chicago.

WORTH KNOWING.

Therax will take Jerry's status from hands.

Now you can be cured by bathing them in warm water in which a little Therax has been dissolved.

Therax will take the colour of ring from the hands.

Ammonia to insect bites or stings gives speedy relief.

Tomato juice will remove many kinds of vegetable and fruit stains from the hands.

DIVIDED DUTY.

"Johnny," said his mother severely, "some one has taken a big piece of gingerbread out of the pantry."

Johnny looked guiltily.

"I don't think it was you," said his mother.

"It isn't," replied Johnny. "Part of it's in Elsie's."



Miss Alice M. Smith, of So. Minneapolis, Minn., tells how woman's monthly suffering is permanently relieved by Lydia E. Pinkham's Vegetable Compound.

"I have never before given my card to any medicine, but Lydia E. Pinkham's Vegetable Compound has done so much for my life and happiness that I feel like making an exception in this case. For two years every month I would have two days of severe pain and could find no relief but one day while visiting a cousin I tried the best medicine I could find. It worked wonders with me; I now experience no pain, and only had to use a few bottles to bring about this wonderful change."

—Miss Alice M. Smith, 301 Third Ave., South Minneapolis, Minn.—2500 (of a list of 5000 letters proving genuine relief caused by Pinkham's Vegetable Compound.)

FREE ADVICE TO WOMEN

Mrs. Pinkham will give every suffering woman expert advice on all ailments. She has helped thousands. Address Lynn, Mass.

The muscle comes when the instrument listens to itself.

Don't look so tired.

It's enough to make one tired just to look at you. Don't look so tired. You must suffer terribly. You know that Ayer's Sarsaparilla cures blood-poorly, nervous depression, and general debility? And it has been doing this for 60 years.

A man's greatness is often exhibited in his self-denial and self-control.

The Crick in the Back.—"One touch of nature makes the whole world kin," sings the poet. But what about the touch of rheumatism and lumbago, which is so common now? There is no poetry in that touch, for it renders life miserable. Yet how delightful is the sense of relief when an application of Dr. Thomas' Electric Oil drives pain away. There is nothing equal to it.

The power of the pulp is great, but that of the person is greater.

Duan's Kidney Pills act on the kidneys, bladder and urinary organs only. They cure backaches, weak back, rheumatism, diabetes, congestion, inflammation, gravel, Bright's disease and all other diseases arising from wrong action of the kidneys and bladder.

Many a man's practice puts an extinguisher on his profession.

Kill The Germs.

Nothing is so deadly on the germs of disease as good health. Good health for the lungs drives out consumption. Scott's Emulsion makes a specialty of supplying good health to diseased lungs.

Common sense is an uncommon degree in what the world calls wisdom.

Children Cry for CASTORIA.

Honor is one of those things that he that seeketh it shall not find it.

The Ladies' Favorite.

Laxa-Liver Pills are the ladies' favorite medicine. They cure constipation, sick headache, biliousness, and dyspepsia without griping, purging, or sickening.

Two or three tablespoons of vinegar put on tough meat when larding or boiling, will make it tender without injuring the flavor.

Many people say they are "all nerve ends," really started or upset, easily worried and irritated. Milburn's Heart and Nerve Pills are just the remedy such people require. They restore perfect harmony of the nerve centres and give new nerve force to shattered nervous systems.

Stave backsting mixed with vinegar will not burn off.

Daily Attacks.

Children are often suddenly attacked by painful abdominal pains, colic, diarrhoea, dysentery, cholera morbus, cholera infantum, etc. Dr. Fowler's Kidney and Bladder Remedy is a prompt and sure cure which should always be kept in the home.

Magnanimity is sufficiently defined by its name; yet we may say of it, that it is the good sense of pride, and the modesty of acquiescing applause.

Hogard's Yellow Oil is prompt to relieve and sure to cure coughs, colds, sore throat, pain in the chest, hoarseness, quinsy, etc. Price 25c.

Drink by Slow Degrees.

Although not always aware of it, yet thousands die by slow degrees of catarrh. It first attacks the nose or throat, then the lungs, and finally spreads all through the system.

Catarrh is the only remedy that will immediately prevent the spread of this awful disease. Every breath from the inhaler kills thousands of germs, cleans the throat and nose, aids expectoration and relieves the pain across the eyes. Catarrh eradicates every vestige of catarrh from the system, and is highly recommended also for bronchitis, asthma, deafness, and lung trouble. Price, \$1.00; trial size 25c. All druggists, Polson & Co., Kingston, Ont.

Many negatives of vice do not make a positive virtue.

Many people say they are all nerves, really started for upset, easily worried and irritated. Milburn's Heart and Nerve Pills are just the remedy such people require. They restore perfect harmony of the nerve centres and give new nerve force to shattered nervous systems.

Polished brass shines brighter than nuggets of gold.

No one need fear children or any summer complaint if they have a bottle of J. D. Kollig's Dysentery Gonorrhea remedy for use. It cures all forms of the disease promptly and causes a healthy and natural action. This is a medicine adapted for the young and old, rich and poor, and is especially becoming one of the most popular medicines for cholera, dysentery, etc., in the market.

Personal responsibility cannot be discharged by proxy.

Liver troubles, biliousness, sallow complexion, yellow eyes, jaundice, etc., yield to the curative power of Laxa-Liver Pills. They are sure to cure.

Sermon need will sprout quicker if it is soaked in prayer.

People Fool Themselves.

A great many people fool themselves in the course of their lives. They think they can go on working incessantly with hand and brain and not come to the end of medicine.

And then many of them feel themselves again by accepting a substitute for Hood's Sarsaparilla, which is by far the best medicine we know of for restoring health and strength and building up the whole system.

No amusement can be innocent when it becomes all absorbing.

Spring Medicine.

As a spring medicine Burdock Blood Bitters has no equal. It tones up the system and removes all impurities from the blood, and takes away that tired, weary feeling so prevalent in the spring.

It is better to be true to the false than to be false to the true.

Children Cry for CASTORIA.

To lose one of our trials may mean to lose all our triumphs.

Sick With Worms.

Mrs. J. D. Mayo, South Stokely, P. Q., writes the following: "One of my children took sick with worms and after trying everything without getting relief we procured Dr. Lewis' Worm Syrup which acted promptly and effectually."

It is not enough to be industrious; so are the ants. What are your inductions about.

You need not cough all night and disturb your friends. There is no occasion for you running the risk of contracting inflammation of the lungs and consumption, while you can get Hickle's Anti-Consumptive Syrup. This medicine cures coughs, colds, inflammation of the lungs and all throat and chest troubles. It produces a free and easy expectoration, which immediately relieves the throat and lungs from violent phlegm.

Man's inhumanity to man isn't to be compared with woman's inhumanity to woman.

Is there anything more amazing than having your corn stopped upon? Is there anything more delightful than getting rid of it? Holloway's Corn Cure will do it. Try it and be convinced.

Seen in their true relations, there is no experience of life over which we have a right to worry.

Hillhouse's Burdock Life.—The bill-man is never a companionable mouse and gloomy. The bill-man is not so dangerous as it is disagreeable. Yet no one need suffer from it who can procure Hillhouse's Burdock Life. By regulating the liver and purifying the blood, it cleanses the stomach which restores energy, cheerfulness and full vigor of action.

The generous are always grateful.

Agitation in the world of homely people has been its very cord of progress as in politics and religion—the difficulties of opinion and of men have been present to the discomfiture of the most thoughtful. No such bodies have been elevated. No such a case of our famous preparations—finds the world's famous remedy to general debility and languor, "Quinine Wine"—and, which, when obtained in its genuine strength is a judicious and abundant to the natural fertility of the system. Quinine Wine and its improvement have been from the discovery of the great statesman of Quinine on a medicinal agent being one of the most important medicinal agents ever offered to the public. It is one of the great tonic and natural life-giving stimulants which the medical profession prescribes. We are Northrup & Lewis, of Toronto, have given the preparation of their Quinine Wine. The great value due to its importance, and the standard excellence of the article which they offer to the public, has caused it to be the subject of all sorts of cheap imitations of all sorts, which skilled observation and scientific opinion has pointed out in the past.

BURDOCK BLOOD BITTERS.

Eliminates all the pent-up poison from the system, starts the sluggish liver working again on the kidneys and bowels, restores it, without exception.

The Best Spring Medicine.

The bill-man cannot tell what becomes of his influence and cannot get his way from him, and get beyond his ken by his perilsous mission.

The Evil of Constipation.

This dangerous condition causes sick headache, abdominal pain, piles, and severe nervous headache and dizziness. The most agreeable and satisfactory remedy is Burdock, which makes the bowels as well ordered that natural and unassisted action is established. It is mild and certain in action and never causes distress or inconvenience, and may be taken as long as required. Pains in the stomach and intestines, piles, biliousness, and headache disappear at once when Burdock is used. Becomes a remedy and sold by druggists, Polson & Co., Kingston, Ont. Sold by A. T. Brown.

Foundation Principles.

First: When we undertake to fill our subscriptions, we give them our undivided attention and best care. The patient's welfare is our first consideration.

Second: We guarantee our drugs to be of full strength as well as pure and fresh. Liver Complaint, Sallow or Bilious Complexion.

Third: Our customers are supplied with just what they ask for; substituting is never allowed.

Fourth: Our customers are supplied with just what they ask for; substituting is never allowed.

Fifth: Our customers are supplied with just what they ask for; substituting is never allowed.

Sixth: Our customers are supplied with just what they ask for; substituting is never allowed.

Seventh: Our customers are supplied with just what they ask for; substituting is never allowed.

Eighth: Our customers are supplied with just what they ask for; substituting is never allowed.

Ninth: Our customers are supplied with just what they ask for; substituting is never allowed.

Tenth: Our customers are supplied with just what they ask for; substituting is never allowed.

Eleventh: Our customers are supplied with just what they ask for; substituting is never allowed.

Twelfth: Our customers are supplied with just what they ask for; substituting is never allowed.

Thirteenth: Our customers are supplied with just what they ask for; substituting is never allowed.

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Nineteenth: Our customers are supplied with just what they ask for; substituting is never allowed.

Twentieth: Our customers are supplied with just what they ask for; substituting is never allowed.

Twenty-first: Our customers are supplied with just what they ask for; substituting is never allowed.

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Thirtieth: Our customers are supplied with just what they ask for; substituting is never allowed.

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SIMPLE.

A man may have written the making of a first-rate editor, and yet be disappointed with the business side of journalism. This commonplace but comforting reflection is suggested by a story printed in the Washington Post:

"What the new senior clerk of a famous New England college assumed the charge of the college magazine, one of them went to the office of the printer to give him some instructions."

"You can not up your type hurriedly," the editor said, "but wait the magazine to appear promptly."

"Yes, miss," said the printer, a little mystified, "but where is the copy?"

"The copy? Do you mean the articles we are going to print?"

"Yes, miss."

"Oh," said the editor, "you needn't wait for them. Some of them are not written yet. I will let you have them as soon as you can, but in the meantime you must get the type set."

"The printer entered into some explanations, and finally made it plain to the new editor that the type could not be set up till the copy had been handed in."

In Your Head Lamps.

Does it hurt to stoop or bend down? Have you a heavy dull pain at the base of the spine? If so, the best remedy is Nerviline. It will investigate the trouble, soothe the nerves, and then supply demand. Nerviline will drive out the pain and make you well in no time. Nothing so good as Nerviline for lumbago, stiff neck, rheumatism, neuritis and sciatica. Buy a 25c. bottle of Polson's Nerviline today, and try it. Sold by A. T. Brown.

All well-grounded men do not possess horse-sense.

JUST A COLD SETTLED IN THE KIDNEYS, BUT IT TURNED TO EROPSY.

IT WAS CURED BY DOAN'S KIDNEY PILLS.

Read This Wonderful Cure. It May Do Your Friends Some Good to Know About It.

Miss Agnes Creelman, Upper Smithfield, N.H., writes: "I had a cold, and I caught cold. It settled in my kidneys, and finally turned into Dropsy. My face, limbs, and feet were very much bloated, and if I pressed my finger on them it would make a white impression that would last fully a minute before the flesh regained its natural color. I was advised to try DOAN'S KIDNEY PILLS, and I did so. I had not long used them when I was completely cured. I have never had a relapse since, and I am able to do my usual work. I am very grateful to DOAN'S KIDNEY PILLS. Price 50c. per box, or 3 boxes for \$1.25; all dealers, or The Doan Kidney Pill Co., Toronto, Ont."

Doan's Kidney Pills act on the kidneys, bladder and urinary organs only. They cure backaches, weak back, rheumatism, diabetes, congestion, inflammation, gravel, Bright's disease and all other diseases arising from wrong action of the kidneys and bladder.

Fruits of modern philosophy seem to be electric currents.

Was So Nervous She Could Not Sleep At Night.

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SEE THAT THE FAC-SIMILE SIGNATURE OF EVERY BOTTLE OF CASTORIA

CASTORIA
A Reliable Preparation for Assisting the Food and Digestion of the Stomach and Bowels of INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and Loss of Sleep.

YAC SIMILE SIGNATURE OF CHAS. H. FLETCHER NEW YORK.

35 Doses = 35 CENTS

EXACT COPY OF WRAPPER.

You Don't Have to do This.

If you wear a pair of our glasses, adapted for long and short sight. Why go to the expense of two pairs, when one will suffice? Better, if you can afford the same, to have them of the same kind—one always on hand if the other meets with accident. When looking for "lookers," look this way.

SAVAGE & CO.

Jewelers, GUELPH.

NEW HATS.

The latest New York Styles, Opened To-day.

You want the newest shape. You'll get it here.

R. E. NELSON
73 WYNDHAM ST. - GUELPH, ONT.
One Price to all. Next