

Tired Out

"I was very poorly and could hardly get about the house. I tried Ayer's Sarsaparilla, and it cured me perfectly well."—Mrs. W. S. Sawyer, Princeton, Mo.

Tired when you go to bed, tired when you get up, tired all the time. Why? Your blood is impure, that's the reason. You are living on the border line of nerve exhaustion. Take Ayer's Sarsaparilla and it will be quickly cured.

Ask your doctor what he thinks of Ayer's Sarsaparilla. It is the best medicine for all the ailments of the blood. It is sold by all druggists.

The Acton Free Press

THURSDAY, APRIL 2, 1924

The Young Folks.

SINCE OUR BABY DIED.

Our home has been so lonely since our baby died. The little no longer seems to thrill. The sunshine no longer seems to glow. The roses have a faded bloom. The stars seem brighter than before. We were never so lonely before. We were never so lonely before. We were never so lonely before. We were never so lonely before. We were never so lonely before.

Young women may avoid much sickness and pain, says Miss Alma Pratt, if they will only have faith in Lydia E. Pinkham's Vegetable Compound.

I feel it my duty to tell all young women how much Lydia E. Pinkham's wonderful Vegetable Compound has done for me. I was completely run down, unable to attend school, and did not care for any kind of society, but now I feel like a new person, and have gained seven pounds of flesh in three months. I recommend it to all young women who suffer from female weakness. Miss ALMA PRATT, Holly, Mich.—55000

AS SHE REMEMBERED HIM.

Mr. Skimphorn (in the particular in the debate became personal). I was a thundering fool when I asked you to marry me. Miss Skimphorn—Well, you looked it, dear.—Exchange.

AS USUAL.

Head—When do you want to go? Wife—Oh, I don't know—anywhere where I can spend money. "But I thought you wanted a change?"

People Fool Themselves.

A great many people fool themselves in the course of their lives. They think they can go on working incessantly with hard and brain and not come to the need of medicine. They find that they are not well.

Kill The Curm.

Nothing is so deadly on the germs of disease as good health. Good health for the lungs drives out consumption. See the Emulsion makes a specialty of supplying good health to diseased lungs.

Is Overland potatoes never grow larger than a marble.

Nervousness and Nerve. The more nervous a man is, the less nerve he has. That sound paradoxical—but it isn't. For nerve is stamina. It is the force that gives energy. It tones the whole system, perfects digestion and assimilation, and is the best medicine a nervous person can take.

WHAT'S IN A NAME?

Depends upon the name. Scott's Emulsion is a name that has value. Maybe it doesn't mean much to you—but to the consumptive who has been strengthened and fattened, to the sickly children who have received good health, to the weak mothers and babies who have grown strong—to these Scott's Emulsion means something.

To all of them it has meant an easy and natural return to health.

THE STILL HOUR

It does not follow that the afterglow of the morning is the most beautiful. Let us look at the good of the still hour. Our Father, we have thee for all the knowledge that thou hast given us, and we seek for grace to do as much as we know. Amen!

It is the glory of man that his life is a moment of joyous consciousness, when he is not only alive, but also knows that he lives.—Rev. C. F. Dole.

There is no grander possession for any Christian life than the discipline of simple mechanism of a sincerely obeying heart.—Professor Drummond.

I would rather preach or teach the truth which is the Christ Jesus with the bread of affliction than to do any other things with the earthly luxuries, pleasures, and honors.—Joseph Neesima.

What the world really needs is men who have risen from the land of the dead, who have taken life with them, who open afresh the springs of living water that quench the thirst of the soul.—J. H. Morley.

Who truly give sympathy make a personal bestial of himself, of his own strength, his own life, into the weakness and deafness that he tries to help. It is indeed a wonderful gift from man to man.—Phillips Brooks.

At what age should a man marry? At the passage.

Dean's Kidney Pills act on the kidneys, bladder and urinary organs only. They cure backaches, weak back, rheumatism, diabetes, congestion, inflammation, gravel, Bright's disease and all other diseases arising from wrong action of the kidneys and bladder.

What is the most popular paper at a summer resort? Fly paper.

It is not generally known that clipping from medicinal heads of hair are used for making strychnine but that strychnine is clarified.

As a spring medicine Burdock Blood Bitters has no equal. It tones up the system and removes all impurities from the blood, and takes away that tired, weary feeling so prevalent in the spring.

Why is the vowel "O" the only one sounded? Because the rest are inaudible.

Many people say they are all nervous, easily startled or upset, easily worried, excited, nervous, and all the things that come from a nervous system.

Why is a book like a king? It has many pages.

DO YOU EAT TO LIVE?

Scarcely people of all classes "eat to live." It should be borne in mind that the ordinary prepared breakfast foods contain too much insoluble starch and blood irritating ingredients. Oatmeal and other cereal foods produce skin troubles and dangerous stomach difficulties.

"Malt Breakfast Food" keeps the blood pure and clean and always at a proper temperature; it builds up solid, clean flesh, strengthens the nerves and cleans the brain. Those who "eat to live" should always use health giving Malt Breakfast Food at the morning meal. It gives to young and old sustaining energy and vim that no other food can bestow. Ask your grocer for it.

What time is most suggestive of King? Two.

Each individual has stomach, sick stomach, cramps and colic, and instantly to Poison's Nervine, and if you suffer periodically from any of these complaints just keep Nervine handy and take a few drops in water for quick relief. A large 25¢ bottle of Nervine is a comfort and safeguard in any household, and will save great suffering and big doctor bills every year. Do you use Nervine? Try it. Sold by A. T. Brown.

Children Cry for CASTORIA.

Why is a committee of enquiry like a cannon? It judders a report.

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EX-GROSSLY FUNNY

"What is this vessel?" asked the visitor in search of information at the docks, indicating a ship close by. "A 'cubber,'" was the reply of the smart boy.

"And where may it be going?" "On a cruise, sir." "What makes it go?" "Innocence, sir." "I suppose it's kept pretty clean, eh?" "Yes; if it wasn't rubbish would accrue, sir."

"What do they claim that brasswork will?" "It'll give you a cruise, sir." "You'll be a smart lad. Where'd you come from?" "From Greece, sir."

Then a little while we heard the boy's palm, and as he departed he said "cruddy, sir."

The Cause of Deafness. Deafness and impaired hearing are almost entirely to be attributed to inflammation of the eustachian tubes. Permanent cure is guaranteed to all who inhale Catarrhose as directed. The vegetable antiseptic is inhaled at the mouth and after traversing all the air passages of the respiratory organs is exhaled through the nostrils; it completely eradicates catarrh from any part of the system, cleans the ears, nose and throat, and always inflammation, congestion and catarrh. For deafness, catarrh, rhinitis, in the ears, head, nose, throat, asthma, and bronchitis, medical science can devise nothing as beneficial as Catarrhose. Complete outfit for two months, complete price \$1.00; trial size 25¢. Druggists, or N. C. Pabon & Co., Kingston, Ont.

St. Peterburg has the largest bronze statue in existence—that of Peter the Great which weighs 1,000 tons.

Haggard's Yellow Oil is prompt to relieve and cure coughs, colds, sore throat, pain in the chest, hoarseness, etc. Price 25¢.

Troubled with Kidney-Trouble for Six Months. Many Men and Women Are Troubled with Kidney Trouble. Some For Years. Time, Some For Longer—No Need To Be Troubled For Any Length of Time, If They Know Of The Cures Being Made By DOAN'S KIDNEY PILLS. Backache Is The First Sign of Kidney Trouble—Then Come Constipation, Of A More Serious Nature.

DOAN'S KIDNEY PILLS TAKEN AT THE FIRST SIGN OF BACKACHE WILL SAVE YOU YEARS OF MISERY. Mrs. William H. Rankin, Toronto, Ont., writes: "I was troubled with kidney trouble for six months, and had such terrible pain across my kidneys all the time that I could hardly get around. After taking one box of Doan's Kidney Pills I began to feel better, and by the time I had taken three boxes I was completely cured. Price 50¢ per box, or 3 boxes for \$1.25; all dealers or The Doan Kidney Pill Co., Toronto, Ont."

Henry Arthur Jones is a devoted cyclist, and most of his plays are thought out when the author is a wheel.

Doan's Kidney Pills act on the kidneys, bladder and urinary organs only. They cure backaches, weak back, rheumatism, diabetes, congestion, inflammation, gravel, Bright's disease and all other diseases arising from wrong action of the kidneys and bladder.

Was So Nervous She Could Not Sleep At Night. Mad Palpitation of the Heart and Loss of Sleep. Are You One of Those Troubled in This Way? If you are, HENRY'S NERVE AND NERVOUS PILLS will cure you. They cure nervousness, anxiety, heart palpitation, loss of sleep, and all the things that come from a nervous system.

Read what Mrs. C. H. Reed, Colorado, says about them:—Over six years ago I was troubled with palpitation of the heart and loss of appetite. I was so nervous I could not sleep at night. I took HENRY'S NERVE AND NERVOUS PILLS. They cured me, and I have not been bothered since. Price 50¢ per box, or 3 for \$1.25; all dealers or The T. M. Brown, Chicago, Ill.

What return to keep a secret? Seal-wax.

Children Cry for CASTORIA.

When a newspaper like a delicate person? When it appears weekly. Suddenly Attacked.

Children are often suddenly attacked by painful and dangerous colic, cramps, diarrhoea, dysentery, cholera morbus, cholera infantum, etc. Dr. Fowler's Extract of Wild Strawberry is a prompt and safe cure which should always be kept in the house.

What coat is finished without buttons and put on wet? A coat of paint.

Agitation in the world of homeopathic medicine has been its very soul—the difficulties of opinion and of men have been present in the disagreements of which the standard of Quinine has been elevated. So with some of our famous preparations—foremost the world famous remedy to general debility and languor, "Quinine Wine"—and, which, when administered in its genuine strength is a marvellous creation of appetite, vitality and stimulant to the natural fertility of the system. Quinine Wine and its improvement have been from the first discovery of the great virtues of Quinine—a medicinal agent been one of the most thoroughly discussed remedies ever offered to the public. It is one of the great tonics and natural life-giving stimulants which the medical profession have been compelled to recognize and prescribe. Also, Quinine Wine, of Toronto, have given the preparation of their pure Quinine solution while the other manufacturers have been compelled to use inferior public consent into the market of all defects which skilled observation and scientific opinion has pointed out in the past.

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What is CASTORIA

Castoria is for Infants and Children. Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It contains neither Opium, Morphine nor other Narcotic substance. It is Pleasant. Its guarantee is thirty years' use by Millions of Mothers. Castoria cures Diarrhoea and Wind Colic. Castoria relieves Teething Troubles, cures Constipation and Flatulency. Castoria assimilates the Food, regulates the Stomach and Bowels of Infants and Children, giving healthy and natural sleep. Castoria is the Children's Panacea—The Mother's Friend.

Castoria is an excellent medicine for children. Mothers have repeatedly told me of the good it does upon their children. Dr. G. C. Osburn, Lowell, Mass.

Castoria is so well adapted to children that I recommend it as superior to any prescription known to me. H. A. Aycrack, M. D., Bradford, Vt.

THE FAC-SIMILE SIGNATURE OF

Chas. H. Fletcher.

SAVAGE & CO. Jewelers, GUELPH.

SPECIAL DISCOUNT.

Do you want any kind of FURNITURE just now—If so—don't buy till you see our goods and prices—A very SPECIAL DISCOUNT till STOCK-TAKING.

J. M. STRUTHERS. SOUPPER WYNDHAM, GUELPH.

It's not the weather that's at fault. It's your system, clogged with poisonous materials, that makes you feel chilly, dread, weak and miserable. Let Burdock Blood Bitters clear away all the poisons, purify and enrich your blood, make you feel bright and vigorous.

A liver pill that is small and sure, that acts gently, quickly and thoroughly, that does not grip, Laxa-Liver Pills possess these qualities, and are a sure cure for liver complaint, constipation, sick headache.

72 PIECES OF NEWSHEET MUSIC FREE.

DUNLOP CUSHION PADS.

The Dunlop Tire Co. LIMITED, TORONTO.

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DUNLOP CUSHION PADS.

The Dunlop Tire Co. LIMITED, TORONTO.

They are Pretty.

These Spring Woolsens for particular Men are going to be very popular.

They have already made the start on public favor. We think you'll find them just the piece of goods that will make a satisfactory suit. Our making does the rest.

WM. COOPER, MILL STREET, ACTON.

If You Want Good Bread.

Whito, Brown and Currant Loaf. Fresh Scones, Buns and Dough Nut every day. All kinds of Cakes on hand. Paris made to order. Wedding Cakes a specialty.

Confectionery. Best assortment of Confectionery from best makers. Popular prices.

Oysters and Fruits. Best grades in their season. Oyster Parlor now open. Oysters served in most popular methods.

T. STATHAM & SON, Bakers and Grocers, MAIN ST., ACTON.

HIGHEST CASH PRICE. ACTON GRANARY GEORGETOWN ELEVATOR AND NORVAL MILLS FOR All Kinds of Grain.

WOOD ENGRAVING PHOTO ENGRAVING MALT TONES. OR ANY CLASS OF ENGRAVING FOR ADVERTISING PURPOSES. CATALOGUES, MAGAZINES, & J.L. JONES & CO. 15 BAY ST. TORONTO.

60 YEARS' EXPERIENCE. PATENTS PROMPTLY SECURED.

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