

## Coughing

"I was given up to die with quick consumption. I then began to use Ayer's Cherry Pectoral. I improved at once, and am now in perfect health." —Chas. E. Hartman, Gibbstown, N. J.

**It's too risky playing with your cough.**

The first thing you know it will be down deep in your lungs and the play will be over. Begin early with Ayer's Cherry Pectoral and stop the cough.

Three days' use, money for an ordinary cold; ten days, for a bad cold; 30 days, for a chronic cold. Price \$1.00. Send for sample.

J. C. Ayer & Co., Lowell, Mass.

The Action Free Press

THURSDAY, AUGUST 7, 1902

The Young Folks:

**NOT THE KIND FOR HER.**

"Tell me," said Matilda, "To her friend Amanda Grew, "Don't you think young Charlie Brown—"

"My husband's husband true?"

He asked me to become his wife,

I think he loves me well,

He writes you, and handsome,

He's considered quite a swell."

"I like him not, Matilda,"

Replied Amanda Grew,

"He's not handsome,

I'll acknowledge it true,

But his horse wear tight check-

The horse's legs are ducked off short,

For hard-toe-peaseless

To any other sport."

Then answered Matilda,

"To her friend Amanda Grew,

"I'll never marry Charlie Brown

For he may be a good fellow,

That man who loves his horses,

My husband shall not be,

For if he thoughtless harms his horse,

He thoughtless would harm me!"

**DANGEROUS FRIENDS.**

Keep the fellow who sweetly—  
quizzes all your opinions—  
a safe distance. When you need his  
support in the mean you will find that a  
thousand miles off saying "Yes, Yes!"  
to someone whose side it is safe to be  
on. The mischief wrought by these  
sweet-tongued, effervescent, apologetic  
men cannot easily be measured.  
With bold endowments, predeceived  
sincerity and implied support they  
provoke conflicts from which they  
run and hide like a child from its  
incendiary conflagration. If you have  
a conviction as big as a phœnix and  
by it. Don't be one of those fibbering  
idiots who lend their voices to every  
fool or knave who smites silent into  
blame. One word of honest conviction  
is worth a whole lifetime of  
"Yes, Yes," said to something you do  
not comprehend, or to which you are  
not afraid to give your whole soul,  
support—Baker & Confectioner.

**DISASTROUS RESULTS.**

We wish to warn our young people  
against the folly of answering matrimonial  
advertisements. In a suit for  
divorce the victim of one of these  
natively says that she "inadvertently  
and foolishly answered said advertisement."  
This we can well believe, for  
as a result she was married, foolishly,  
whether inadvertently or not, in a  
railway station to a man who had  
never seen till ten minutes before.  
Marriages of this kind, marriages on  
wagers, marriages for social position,  
sudden and unusual and unloving  
weddings of whatever description,  
keep the divorce courts at work. The  
marriage scandal erupts so disgracefully  
at the divorce trials.

**HABIT OF THOUGHT.**

Habit of thought has great power  
over attention and reflection. I once  
knew a lawyer of fine mind, who took  
the wrong side of questions—for the  
lack of mental exercise, and used  
sophistry until it became the habit of  
his mind to do so, and he lost his  
original plenitude of discrimination. I  
knew a gifted lady who formed the  
habit of looking for the blemishes, and  
she finally saw something faulty in  
everybody. And she found fault with  
the blighted everybody. Both  
seemed to be good women.

**SPITEFUL.**

"Yes," said the engaged girl, "Dick  
is very methodical. He gives me one  
kiss when he comes and two when he  
goes away."

"That's always been his way," re-  
turned her dearest friend. "I've  
heard lots of girls comment on it."

"Thus it happened that they cease  
to speak to each other."

**NURSING MOTHERS.**

A mother's poor health is bad  
enough for the mother but  
worse still for the nursing  
baby.

Mother's find Scott's Emulsion  
a nourishing and strengthening food.—If the  
breast milk is scanty or thin  
Scott's Emulsion will make it  
rich and more abundant.

When mothers take Scott's  
Emulsion the babies share in  
the benefits. Thin babies grow  
fat. Weak babies get strong.

We'll send a bottle to try you like.

SCOTT & SOWNE, Chelmsford, Essex.

## WHERE HE CAME FROM.

It was in a mission Sunday School  
for colored on the east side, and the  
local young clergymen from Chicago  
was about to pack a brief address.  
His smile was an emblematic art in  
imitating, and he began with an  
admission, as he supposed, of ex-  
ordium which would have left Quintil-  
lian speechless with wonder and  
envy.

"Well, children, I guess none of you  
know where I come from."

His own ingenuity warmed his  
heart as he saw visions of his stocky  
youthful stature to come. But he  
promptly got a coldchuckle, "Oh, yes,  
we don't" spoke up shiny-faced per-  
ticularly so. Jim, Jim, in the  
front. An instant and follow  
him, last even if he isn't the one he  
desires. So the youthful minister, a  
light shade of dispepsia, now  
in his unimpeachable front, asked:

"Well, where do you think then?"

"From the country!"

**THE SWINDLER SWINDLED.**

On his way to see a show,  
deeply held in Aberdeen and a chum,  
when he asked: "Are you going to  
see the show, Wullie?"

"Na, Jim," replied that individual,  
saudily—"I've been ill and I canna  
afford it."

"Look here," cried Jim, in a sudden  
burst of generosity, "I've a bad shillin'  
in my pouch, if ye care to t'ry an' pass  
it ill, I'll gie ye it."

"Let's see a hand o't," said the chum,  
eagerly, "an' I'll do my best."

Regular action of the bowels is  
necessary to—health. Laxa-Liver  
Pills are the best occasional cathartic  
for family or general use. Price 25c.  
Any druggist.

Better be enclined that pitted.

Chloro morph, emupan and kindred  
complaints annually, make their  
appearance at the same time as the  
hot weather, green frogs, cucumbers,  
melons, etc., and many persons are  
debarred from eating these tempting  
fruits, but they need not abstain if  
they have Dr. J. D. Kellogg's Dyspepsia  
Cordial, and take a few drops in water.  
It cures the cramps and cholera in a remarkable manner,  
and is sure to check every disturbance of  
the bowels.

Oil is best at the beginning, honey at  
the end, wine at the middle.

British Trig Oil Liniment is without  
exception the most effective  
remedy for Cuts, Wounds, Ulcers,  
Open sores, Rheumatism, Bites and  
Bites of Insects, etc. A large bottle  
25 cents. Get one at your Druggist.

Deep stomachs and high chilblains  
will be cured in their beds.

For Cholera Morbus, Cholera Infantum,  
Croup, Colic, Diarrhoea, dysentery,  
and Summer Complaint, Dr.  
Fowler's Extract of Wild Strawberry  
is a prompt, safe and sure cure that  
has been a popular favorite for nearly  
50 years.

**A BRIGHT STUDENT.**

Among the reminiscences of the  
class of '92 at Yale is the story of a  
stout and healthy-looking member  
who was told by his tutor that "he  
was better fed than taught." "You  
teach me, I feed myself," was the  
retort.

**A WORD TO THE GREAT ARMY  
OF SUMMER TOLERS.**

If You Are Not a Robust, Vigorous  
and Happy as Others in August  
a Bottle or Two of

**PAINES CELERY COMPOUND**  
Will Give You Health, Full Energy  
and Happiness.

Many men toiling in offices, stores  
and workshops during the hot summer  
weather, and women weighed down  
with the works and cares of home, are  
critically near the breaking down  
point. The symptoms of coming sick-  
ness and disease are manifested by sleep-  
lessness, nervousness, tired feelings,  
laughless, irritability, failing ap-  
petite and poor blood circulation.

Paine's Celery Compound is a  
precious boon to the ailing, sick and  
run down this August weather. A  
bottle or two used at once will quickly  
help against the wretched effects of  
the oppressive heat, and will  
enable man to go through the  
various routines of life with  
ease and comfort.

Good health is impossible without  
regular action of the bowels. Mil-  
burn's Laxa-Liver Pills regulate the  
bowels, cure constipation, dyspepsia,  
biliousness, sick headache and all  
affections of the organs of digestion.  
Price 25 cents. All druggists.

Virtue commands in action.

**MILD BUT VIGOROUS.**

When you are tired of the list of  
your friends suggest for cholera  
try Scott's Emulsion. It is  
rather mild tasting compared to most  
medicine, but makes a vigorous  
attack on all forms of throat and lung  
diseases.

The only failure a man ought to  
have is failure in cleaving to the  
path he sees to be best.—George Eliot.

To make money it is necessary to  
have a clear, bright brain, a cool head  
free from pain and strong vigorous  
nerves. Milburn's Heart and Nerve  
Pills invigorate and brighten the  
brain, strengthens the nerves and  
gives all heart, nerve and brain  
troubles.

Noble birth is an accident of fortune,  
noble actions characterize the  
great.—Goldina.

**Thirst Masters.**

A hard work to take care of children  
and cook, sweep, wash sew and  
mend besides.

It makes a shop of the home—a shop,  
where 10 hours make a day and  
yet there's much working overtime.

Hoof-Sarsaparilla helps tired  
mothers in many ways—it refreshes  
the blood, improves the appetite, and  
assures restful sleep.

A fair test and measure of civilization  
is the influence of good women.—  
Emerson.

Banck's Blood Bitters is a purely  
vegetable combination, that in a safe  
and natural manner acts directly upon  
the liver, kidneys, heart, lungs and  
blood, cleansing the entire system of  
all impurities, free from poisons and  
curative disease.

"Well, dad," cried the prodigal son  
bitterly, "hadn't you better kill the  
fatted calf?"

Poverty is the reward of illness.

## CORRECTED HIS ERROR.

With the German the absent-minded  
college professor is a stock source  
of little.

One of these deeply absorbed gentle-  
men, sitting on a rear seat, thought  
of person sitting in front, and was about  
to speak to him when the stronger  
said, "I guess he's a doctor."

"Nevertheless, touching him on the  
shoulder, he remarked politely:

"You will excuse me, but you are  
not the person I thought you were."

**PEASANT CURSE FOR WEEK LUNGE.**

The best remedy for sore, weak  
teeth, in the soothing vapor of  
Gatetongue which traverses every  
cell and passage of the breathing  
organs. It treats remote parts that  
cause mixtures and sprays can't  
approach, and kills stocks of germs  
in the mouth and nose.

Good loss anchor than lose the  
whole ship.

**4. To the Weary Dyspeptic,  
We Ask This Question.**

**Why don't you remove  
that weight at the pit  
of the Stomach?**

Why don't you isolate that variable  
appetite, and control the digestive  
system so that it will be necessary to  
stir the stomach to avoid distress after  
eating?

The first step is to regulate the bowels.

For this purpose

**Burdock Blood Bitters**

Has No Equal.

It acts promptly and effectively and  
permanently cures all derangements of  
digestion.

Nobility of soul is more honorable  
than nobility of birth.

**WONDERFUL Tonic and Strengthener.**

Said a druggist today, "No doubt  
about it, the tonic that gives best  
results is the biggest seller, and that is  
Feronoxine. It enriches and purifies the  
blood, restores strength and energy  
to the feeble, and is a scientific recon-  
structor that was always popular.

In chlorosis, anaemia, rheumatism, lassitude,  
brain fog, indigestion and dyspepsia its  
action is prompt, and satisfactory cure  
always follow. Yes, I recommend  
Feronoxine to my customers because I  
believe it is the best tonic and strengthener  
medicine that money can buy." Large  
boxes cost 5c.

Death keeps no almanac.

The morning hour has gold in its  
month.

**CASTORIA**

For Infants and Children.

See also

**Castoria.**

It is a valuable medicine for children.

Most physicians and mothers  
recommend it to their children.

Dr. G. C. O'Connor, Lowell, Mass.

**Castoria.**

"Castoria is adapted to any  
age and is especially useful for  
children. Most physicians and mothers  
recommend it to their children."

Dr. A. A. Andrews, Brooklyn, N. Y.

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