

Bronchitis

"I have kept Ayer's Cherry Pectoral in my house for a great many years. It is the best medicine in the world for coughs and colds."  
J. C. Williams, Atiny, N. Y.

All serious lung troubles begin with a tickling in the throat. You can stop this at first in a single night with Ayer's Cherry Pectoral. Use it also for bronchitis, consumption, hard colds, and for coughs of all kinds.

The Actor Free Press.  
THURSDAY, MAY 28, 1922

The Young Folks.

HOW TO BE HAPPY.  
When you hear of good in people—tell it.  
When you hear a tale of evil—quell it.  
Let the good news have the light.  
Put the evil on the night.  
Make the world we live in brighter.  
Like the heaven above.

You must have a work to do—pursue it.  
If a failure, try again—know it.  
Failure opens the way to success.  
Failure is the first step to success.  
Fitting for the right moment.  
In the heaven above.

JOHN BRANTON.

VARIETIES.

We shall never be sorry afterwards for thinking twice before we speak for counting the cost before entering upon any new course, for sleeping over slips and injuries before saying or doing anything in answer, or for carefully considering any business scheme presented to us before putting money or name into it. It will save us from much regret, loss, and sorrow always to remember to do nothing rashly.—Selected.

The papers say that a New York lawyer is suing a steamship company for \$2,500 damages for the loss of an Egyptian idol which he shipped to New York from Palermo. Times have changed since the hymn-writer sang of "The downy-ided I know know, whose that idol he," and he would be relieved of it. Here's a man who wants his idol back—a pretty dear one at that. Better for him to be content with his damages. The average collector's attitude toward a good Egyptian god must be almost too worshipful to be encouraged in a Christian country. The hymn-writer's sentiment was wiser.—Harper's Weekly.

An optician in a man who believes that all eyes will heal.

Approval of a man's conscience seldom helps to head his salary.

"It is difficult for a man to decide when he will come to be middle-aged. A man without ambition believes in dough without any yeast to raisin it.

MR. MOODY'S GALLANTRY.

They are telling a story in Washington about the new secretary of the navy. Mr. Moody was riding on one of the Boston surface cars, and was standing on the platform on the side next the gate that projected passengers from cars entering on the other track. A lady—a Boston lady—came to the door of the car, and as it stopped, started to move toward the gate which was hidden from her by the non-standing before it.

"Other side, please lady," said the conductor. He was ignored as only a barn and head Bostonian can ignore a man. The lady took another step toward the gate.

"Excuse me, but I've lost my ticket," said the conductor. "I shall be glad to issue the ticket for you if you will give me the number of the car." "I've got off on this side," called the answer. In fact that conductor's official into monetary science. Before he could either explain or expound, Mr. Moody came to his assistance.

"Stand to one side, gentlemen," he remarked, quietly. "The lady wants to climb over the gate."—New York Times.

A SHORT STORY RE-TOLD.

There is a story told of a colored girl who happened to meet a gentleman going down the street and who sat on the same side of the narrow walk, then both started for the other side, and another collision was imminent. They then danced back and dodged again, when the colored girl suddenly stopped, and said: "See, here, mister, what am I the picture to be, a schottische or a waltz?"

FOOD FOR A YEAR.

Meats..... 300 lbs.  
Milk..... 240 qts.  
Butter..... 100 lbs.  
Eggs..... 27 doz.  
Vegetables..... 500 lbs.

This represents a fair ration for one man for one year.

But some people eat and eat and yet grow thinner. This means a defective digestion and unsuitable food. To the notice of such persons we present Scott's Emulsion, famous for its tissue building. Your physician can tell you how it does it.

SURPRISED A PASSENGER.

"A story that interests me," said Representative Foster of Vermont yesterday, "is the story of a man who was stranded in Jamaica, with only enough money in his pocket to pay his passage back to the United States. He thought the matter over, and came to the conclusion that he would buy the ticket, and as the sea trip only lasted a couple of days, he could go without food that length of time. He satisfied that if he remained in Jamaica and spent his money he would never be able to get back home.

"He went on board the steamer and bought his ticket. He closed his ears to the sound of the lunch bell, and when dinner time came and a fellow-passenger asked him to accompany him to the dining room, he politely declined on the ground that he was sick at sea. The next morning he skipped breakfast by sleeping late, and at lunch time he kept to his room. By dinner time at night, however, he was so hungry that he could have taken a full course. If he went to eat," he said, "even if I am thrown overboard afterwards, I might as well be drowned or starved to death."

"At the dinner table he ate everything in sight. Then he braced himself for the coming "bring me the check," he said to the waiter. "The check?" quired the waiter. "Yes," said the man. "These isn't any check," was the reply. "On this ship meals go with the passage ticket."

Do Not Neglect The Little Ills of To-Day.

THE USE OF PAINER'S COLERY COMPOUND WILL ERADICATE FROM THE BLOOD AND SYSTEM ALL NEEDS OF DISEASE.

As grains of sand make our lofty mountains, drops of water the mighty ocean, and as our massive buildings are made of one brick piled upon another; so the little ills of life contribute to the building up of deadly diseases in the body.

Experienced medical men claim that fully three-fourths of our men and women enter the summer season with little ills and symptoms of disease, which, if not treated, develop into serious and fatal troubles if not handled at once. We hear our friends complaining daily of rheumatic tendencies, sharp and darting neuritic pains, dyspepsia, pains in the side and back, nervousness and sleeplessness; and see with our own eyes the effects of impure blood in facial blotches, eruptions and sores. The little ills and pains of to-day build up the alarming and fatal diseases that follow days and weeks of neglect.

Wise and intelligent people who have looked into the claims of Paine's Colery Compound and followed its remarkable cures of relatives, friends and neighbors, use it themselves with faith and confidence, to banish their ailments of all kinds. They know it cleanses the blood, to re-establish nerve force, energy and bodily strength, so that they will be in condition to withstand the enervating effects of the coming hot weather.

In every community where Paine's Colery Compound has been used to this season to banish disease, it is regarded as a godsend. Workers in offices, shops, factories, and weary and rundown sales and mothers in homes have thanked Heaven for Dr. Paine's marvellous prescriber, because it made them well. Try a bottle or two, you who are ailing and sick; it will give you what you most stand in need of—health and more life.

A POOR KIND OF A PROFESSOR.

The train was about to leave the station, and a young man leaped through the window, shook hands with the middle-aged gentleman, and said: "Good-bye, professor."

"A man with wildstripes in his shirt front looked at him narrowly, and after the train had started, said: "Kin you do my tricks with cards?"

"No, I never touched a card."

"Well, you can't play this way?"

"I know nothing of it—except as a mathematical science."

"Well, you ain't no boxer, I kin see that by your build. Melike you play billiards?"

"Well, I've guessed you this time. It's funny I didn't think of it before. You're a swimmer."

"I ain't nothing of the kind."

"Well, P'll give you. What is your line?" I have been in the game. I have heard that young fellow call you professor."

"I'm an instructor in Greek rhetoric and ancient history."

"An' you can't do no tricks, nor play music, nor hypnotize?"

"Of course not."

"The man turned and gazed out of the window on the other side of the car.

"An' he calls himself professor?" he said.

DON'T FOR LITERARY BRAGS.

Don't tell the editor what your family or friends or literary acquaintances say of your manuscript. Don't urge the editor to buy your manuscript because you need the money to help you in contributing to the support of your family or in making your way through college. Don't assume a jaunty, sarcastic or insolent tone with the editor. Don't ask him to "permit this literary dove to nest in your olive tree or else return it to the ark at the above address."

Don't try to tempt the severity of his judgment by sending him pseudo-flowers with your manuscript, or to impress him with your literary power and experience by telling him that you "write on the spur of the moment and never reuse it."

How is this? In short, that the best way to submit a manuscript is simply to submit it, and let it speak for itself.

DOCTOR AND SIXTON.

A parish doctor, having obtained a better practice elsewhere, suggested the sexton to relieve his furniture.

"Afterwards the doctor sent an account for medical attendance, and the sexton sent his bill for removal."

"This the doctor said was over-charge, and that if the sexton could get work removing furniture at the same rate he might give up giving."

The sexton replied: "Dear Sir, I would be very glad to get steady work at anything, as there has been almost nothing to do in the churchyard since you left."

And such diseases of the respiratory organs as bronchitis, weak lungs, cold in the head, and nasal catarrh are treated with extraordinary success by strictly scientific principles of Catarrhism. The medicated vapor of Catarrhism quickly traverses every air passage possible to be reached by any treatment. All soreness, pain, congestion and inflammation are at once dispelled, and by means of the healing power of Catarrhism the irritated tissues are quickly restored.

Where Catarrhism is used colds last only ten minutes, coughs half an hour, and croup, consumption, influenza and bronchitis flee as from flies. A trial will convince anyone of the startling merit of Catarrhism. Code \$1.00, small size 25c. Sold by A. T. Brown, Acton.

High life doesn't exactly fit a man for a coloidal career.

Women and Jewels.

Jewels, candy, flowers, man—that is the order of a woman's preferences. Jewels form a magnet of mighty power to the average woman. Even that greatest of all jewels, health, is often refused in the strenuous efforts to make or save the money to purchase them. If a woman will risk her health to get the coveted gem, then let her forfeit herself against the insidious consequences of coughs, colds and bronchial affections by the regular use of Dr. Boesch's German Syrup. It will promptly arrest consumption in its early stages and heal the affected lungs and bronchial tubes and drive the dread disease from the system. It is not a cure-all, but it is certain to cure coughs, colds and all bronchial troubles. You can get this reliable remedy at Wm. B. Krisk's drug store, Acton.

Some people would rather show their teeth than swallow their pride.

Some girls are as full of airs as a music box.

Fagged out.—None but those who have become fagged out, know what a depressed, miserable feeling it is. All strength is gone, and confidence has taken hold of the suffurers. They feel as though there is nothing to live for. There, however is a cure—one box of Paine's Colery Compound will do wonders in restoring health and strength. Manufactured and sold by two of the articles entering into the composition of Paine's Colery Compound.

People who are in love with themselves need few rivals.

The man who loses his temper loses his friends.

Completely Fagged Out.—The world is full of sickly, dependent, tired, enervated people, all clinging to life, in a way that is almost to health along the way of taking Paine's Colery Compound. Ferrous is a great appetizer and enables one to eat plenty of wholesome food without fear of indigestion or dyspepsia. It builds up the rapid formation of abundant and vitalizing blood, which will restore the nerves, increase flesh and vigor, and nourish and feed every organ of the body. Ferrous is an ideal restorative and invigilator. It is a tonic of unequalled merit that any one can use with benefit. Price 50c. a box, or 6 boxes for \$2.50. Sold by A. T. Brown.

Some fellows have to be fed to keep ahead of their creditors.

Some people have an idea that to be brilliant they must cast reflections on others.

Free and easy expectoration immediately relieves and frees the throat and lungs from viscid phlegm, and a medicine that promotes this is the best medicine to use for coughs, colds, inflammation of the lungs and all affections of the throat and chest. This is precisely what Hickle's Anti-Consumptive Syrup is a specific for and wherever used it has given unbounded satisfaction. Children like it because it is pleasant, and adults like it because it relieves and cures the disease.

The poor we have always with us, but that's better than having them against us.

Those who have used Laxa-Liver Pills say they have no equal for relieving and curing Constipation, Sick Headache, Colic, Biliousness, Dyspepsia, Cough, Croup, Water Breach, any disease or disorder of the stomach, liver or bowels.

Mrs. George M. Himes, Fairfield, Fla., writes as follows: "As there are so many other medicines offered for sale in substitution for Laxa-Liver Pills I am particular to get the genuine, as they are passing out cheaply and regulating the bowels and correcting stomach disorders."

Laxa-Liver Pills are purely vegetable in their origin, and are so innocuous that they may be taken and purged to suit.



These pills are a specific for all diseases arising from disordered nerves, weak heart or watery blood. They cure palpitation, dizziness, smothering, faint and weak spells, shortness of breath, swoonings of feet and ankles, nervousness, sleeplessness, anemia, hysteria, St. Vitus' dance, partial paralysis, brain fag, female complaints, general debility, and lack of vitality. Price 50c. a box.

It is well to put off till to-morrow the making of things you might do today.

Milburn's Sterling Headache Powder is easy to take, harmless in action, and sure to cure any headache in ten to twenty minutes.

The labor agitator and the household pitcher should have striking personalties.

Mr. Thomas Ballard, Syracuse, N. Y., writes: "I have been afflicted for nearly a year with that most dreaded disease dyspepsia, and at times when out with pain and want of sleep, and after trying almost everything recommended, I tried one box of Parmlino's Vegetable Pills. I am now nearly well, and believe they will cure me. I would not be without them for any money."

It isn't necessary to weigh some people in the balance to find them wanting.

CASTORIA

For Infants and Children.

Many a fellow who can read a menu in French hasn't the price of the dinner.

For internal or external use Haggard's Yellow Oil cannot be excelled as a pain-relieving and soothing remedy for all pains.

Every good girl has her good points, and that's why a fellow gets struck on her.

Some persons have periodic attacks of Canadian cholera, dysentery or diarrhoea, and have to use great precautions to avoid the disease. Change of water, cooking, and green fruit is sure to bring on the attack. To such persons we would recommend Dr. J. D. Kellogg's Dysentery Cordial as being the best medicine in the market for summer epidemics. If a few drops are taken in water when the symptoms are noticed no further trouble will be experienced.

The man who first said that figures never lie is evidently never saw a barometer show.

Let pure selfishness on the part of others to talk about themselves when you want to talk about yourself.

If all the plump and rosy children in the world could be collected together in one place it would be surprising to know how many of them owe their health and strength to Scott's Emulsion.

Some people have an idea that to be brilliant they must cast reflections on others.

Free and easy expectoration immediately relieves and frees the throat and lungs from viscid phlegm, and a medicine that promotes this is the best medicine to use for coughs, colds, inflammation of the lungs and all affections of the throat and chest. This is precisely what Hickle's Anti-Consumptive Syrup is a specific for and wherever used it has given unbounded satisfaction. Children like it because it is pleasant, and adults like it because it relieves and cures the disease.

The poor we have always with us, but that's better than having them against us.

Those who have used Laxa-Liver Pills say they have no equal for relieving and curing Constipation, Sick Headache, Colic, Biliousness, Dyspepsia, Cough, Croup, Water Breach, any disease or disorder of the stomach, liver or bowels.

Mrs. George M. Himes, Fairfield, Fla., writes as follows: "As there are so many other medicines offered for sale in substitution for Laxa-Liver Pills I am particular to get the genuine, as they are passing out cheaply and regulating the bowels and correcting stomach disorders."

Laxa-Liver Pills are purely vegetable in their origin, and are so innocuous that they may be taken and purged to suit.

THE BEST HELPFULNESS.

There are a great many disgraced people in the world. Even many of those who appear to be cheerful and confident are only whistling to keep up their courage. If we would look behind the curtain we might be surprised at the actual condition in which the lives of some of those whom we deem most fortunate are lived. Like you and me, women, they do not wear their hearts upon their sleeves for us to peck at. But oppression of heartache does not make it any easier to bear. For this reason those who radiate from their personal afflictions good cheer and encouragement and helpfulness do about as much good in the world as falls to the average lot of people. Especially is this true if their helpfulness is not merely the emanation of animal spirits but the product of wholesome views of life and its possibilities. Discouragement often flows from too narrow a view of or from a distorted perspective. And when we meet with one who gives us the larger outlook and the sane judgment, courage takes the place of frowling. Many a weak woman, like the loyal wife of Wendell Phillips, has done more for her husband by her serene and wholesome outlook in his problems than any helplessly energetic could have accomplished. Pay the price of our effort to help others—never lift in meddling with their job—never. What they need more than anything else is sympathetic interpretation of their problems that shall arouse helplessness because it opens new vistas of possibilities.—The Waterman.

Ordinary Corns are Dangerous.

Because they contain acids, but Putnam's Corn Extractor is entirely vegetable in composition. It is perfectly painless, safe, and sure to cure.

It is because the world loves to be amused that all the world loves a lover.

Liver Troubles, biliousness, sallow complexion, yellow eyes, jaundice, etc., yield to the curative powers of Laxa-Liver Pills. They are sure to cure.

The man who is making his farewell appearance.

Oh My Head! How it aches!

R. E. NELSON 73 KENNEDY ST. CUBLP.

Colored Shirts.

Opened and packed into stock this week 25 dozen of the latest up-to-date Colored Shirts.

MONARCH Brand—\$1.75, \$1.25, \$1.50 each.

SALEM Brand—\$2.00, \$1.75, \$1.50 each.

TOODES' famous Shirts—\$2.25, \$1.50, \$1.25 to \$2.00.

These goods are perfect fitting, quality and color.

I give particular attention to the Colored Shirt trade, and as our house in the trade can show you a more complete assortment and better values than is to be had from

R. E. NELSON 73 KENNEDY ST. CUBLP.

Children Cry for CASTORIA.

A contentions woman will keep a secret even if she has to call in two or three women to help her.

Crampers Like Haggard's.

They come unexpected and when least welcome. Be armed with a minute cure in a bottle of Nervoline, which relieves cramps and stomach pain in five minutes. In colic, summer complaint, diarrhoea, indigestion and nausea, Nervoline is a remedy of remarkable potency, and acts promptly and satisfactorily on all these. The composition of Nelson's Nervoline expresses the highest medical progress of the age, which accounts for its superior merit. Price 25c.

No man who is being driven to drink ever seems to want to get out and walk.

A man never knows how large a following he has until he heads the procession in a hearse.

MAULE'S Quick-Growing Seeds & Plants.

Dispel to April or May position as quick-growing seeds, you have no doubt heard of it. It is a most reliable seed, for New England, New York and Canada, where the weather is not too hot for it. It is a most reliable seed, for New England, New York and Canada, where the weather is not too hot for it.

Beauty draws with but a single hair—and it is sometimes dyed hair at that.

Children Cry for CASTORIA.

Good Roads!

CASTORIA

Vegetable Preparation for Assisting the Food and Regulating the Stomach and Bowels of INFANTS, CHILDREN.

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mezerol. NOT NARCOTIC.

Signature of Dr. J. C. Kellogg

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness, and Loss of Sleep.

35 DROPS—35 CENTS

EXACT COPY OF WRAPPER.

WIRE FENCE

Pages

Colored Shirts.

Opened and packed into stock this week 25 dozen of the latest up-to-date Colored Shirts.

MONARCH Brand—\$1.75, \$1.25, \$1.50 each.

SALEM Brand—\$2.00, \$1.75, \$1.50 each.

TOODES' famous Shirts—\$2.25, \$1.50, \$1.25 to \$2.00.

These goods are perfect fitting, quality and color.

I give particular attention to the Colored Shirt trade, and as our house in the trade can show you a more complete assortment and better values than is to be had from

R. E. NELSON 73 KENNEDY ST. CUBLP.

Children Cry for CASTORIA.

A contentions woman will keep a secret even if she has to call in two or three women to help her.

Crampers Like Haggard's.

They come unexpected and when least welcome. Be armed with a minute cure in a bottle of Nervoline, which relieves cramps and stomach pain in five minutes. In colic, summer complaint, diarrhoea, indigestion and nausea, Nervoline is a remedy of remarkable potency, and acts promptly and satisfactorily on all these. The composition of Nelson's Nervoline expresses the highest medical progress of the age, which accounts for its superior merit. Price 25c.

No man who is being driven to drink ever seems to want to get out and walk.

A man never knows how large a following he has until he heads the procession in a hearse.

MAULE'S Quick-Growing Seeds & Plants.

Dispel to April or May position as quick-growing seeds, you have no doubt heard of it. It is a most reliable seed, for New England, New York and Canada, where the weather is not too hot for it. It is a most reliable seed, for New England, New York and Canada, where the weather is not too hot for it.

Beauty draws with but a single hair—and it is sometimes dyed hair at that.

Children Cry for CASTORIA.

SEE THAT THE FAC-SIMILE SIGNATURE OF

CASTORIA

Vegetable Preparation for Assisting the Food and Regulating the Stomach and Bowels of INFANTS, CHILDREN.

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mezerol. NOT NARCOTIC.

Signature of Dr. J. C. Kellogg

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness, and Loss of Sleep.

35 DROPS—35 CENTS

EXACT COPY OF WRAPPER.

WIRE FENCE

Pages

Colored Shirts.

Opened and packed into stock this week 25 dozen of the latest up-to-date Colored Shirts.

MONARCH Brand—\$1.75, \$1.25, \$1.50 each.

SALEM Brand—\$2.00, \$1.75, \$1.50 each.

TOODES' famous Shirts—\$2.25, \$1.50, \$1.25 to \$2.00.

These goods are perfect fitting, quality and color.

I give particular attention to the Colored Shirt trade, and as our house in the trade can show you a more complete assortment and better values than is to be had from

R. E. NELSON 73 KENNEDY ST. CUBLP.

Children Cry for CASTORIA.

A contentions woman will keep a secret even if she has to call in two or three women to help her.

Crampers Like Haggard's.

They come unexpected and when least welcome. Be armed with a minute cure in a bottle of Nervoline, which relieves cramps and stomach pain in five minutes. In colic, summer complaint, diarrhoea, indigestion and nausea, Nervoline is a remedy of remarkable potency, and acts promptly and satisfactorily on all these. The composition of Nelson's Nervoline expresses the highest medical progress of the age, which accounts for its superior merit. Price 25c.

No man who is being driven to drink ever seems to want to get out and walk.

A man never knows how large a following he has until he heads the procession in a hearse.

MAULE'S Quick-Growing Seeds & Plants.

Dispel to April or May position as quick-growing seeds, you have no doubt heard of it. It is a most reliable seed, for New England, New York and Canada, where the weather is not too hot for it. It is a most reliable seed, for New England, New York and Canada, where the weather is not too hot for it.

Beauty draws with but a single hair—and it is sometimes dyed hair at that.

Children Cry for CASTORIA.

GRAND TRUNK RAILWAY.

CHINESE LAUNDRY.

ACTON SAW MILLS.

LUMBER, LATH SHINGLES AND WOOD.

DRESSED LUMBER, ROUGH LUMBER, LATH, SHINGLES AND STOVE WOOD OF ALL KINDS.

KEEP CONSTANTLY ON HAND.

James Brown.

Terms Cash.

AMATEUR CAMERAS AND SUPPLIES.

PREMO, POCO, RAY, MAGAZINE, CYCLONE.

PRINTING FRAMES. 4 x 5 and Cabinet, 35 cents.

PRINTING PAPERS. SOLIO, ARISTO, VELOX, PHOTOX.

H. RAMSHAW, PHOTO ENGRAVER, MOYON.

MONEY TO PATENT Good Ideas

PATENTS GUARANTEED

Our free returned if we fail. Any one sending sketches and descriptions of new inventions will receive our opinion free concerning the patentability of their ideas. Patent secured "Patent" sent upon request. Patent secured "Patent" sent upon request.

WOOD ENGRAVING PHOTO ENGRAVING HALF TONES

J.L. JONES & CO. 168 BAY ST. TORONTO

PATENTS PROMPTLY SECURED

Write for our interesting books "Inventor's Guide" and "How you are protected" sent free to anyone who sends a postcard to J.L. Jones & Co., 168 Bay St., Toronto.

Every Cyclist Deserves Dunlop Tires

Do you want the best tires—Dunlop Tires? Or do you want to pay just as much for the second best?

FITS EPILEPSY

FREE SAMPLE OF LIEBIG'S FIT CURE.

Scientific American.