

BLUES

Ever have them? Then we can't tell you anything about them. You know how dark everything looks and how you are about ready to give up. Some how, you can't throw off the terrible depression.

Are things really so blue? Isn't it your nerves, after all? That's where the trouble is. Your nerves are being poisoned from the impurities in your blood.

AYER'S Sarsaparilla

purifies the blood, and gives power and stability to the nerves. It makes health and strength, activity and cheerfulness.

This is what "Ayer's" will do for you. It's the oldest Sarsaparilla in the land, the kind that was sold before other Sarsaparillas were known.

This also accounts for the saying, "One bottle of Ayer's is worth three bottles of the ordinary kind."

\$1.00 a bottle. All druggists.

If you have any questions whatever and desire the best medical advice on the subject, write to us. We'll be glad to receive your prompt reply.

Dr. J. C. AYER, Lowell, Mass.

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The Young Folks.

TO THE LOVER.

You've lost your race, lad,
And I'm the last.
I'm the last, though, Yes, but 'tis real.
Never mind the losing—
Think how hard you're run;

It's like a man,

Not the winning souds, lad,
But winning's fun;
Not the last race, lad,
But the weak despair;

He when failure stuns you;

Don't forget your plan;
It's like a man,

It's like a man;

Then when comes the end, lad,
When your fighting's through,
And the last race, lad,

It's like a man;

It's like a man;