

INDIGESTION

If you have it, you know it. You know all about the heavy feeling in the stomach, the formation of gas, the nausea, sick headache, and general weakness of the whole body.

You can't have it week without your blood being impure and your nerves all exhausted. There's just one remedy for you —

AYER'S Sarsaparilla

There's nothing new about it. Your grandparents took it. "Twas an old Sarsaparilla before other sarsaparillas were known. It made the word "Sarsaparilla" famous over the whole world.

There's no other sars-

LITERARY NOTES.

The May number of the *Methodist Magazine* is another number of the Empire series of this Magazine, with very hand-somely illustrated articles on "His Majesty King Edward," and Victoria the Queen. Much prominence is given to the Russian crisis by a well illustrated leading article, "Russia and the system," and reprint from *Prings Keppel* and other authorities. Professor Shaw, of Montreal, has an admirable article on the origin of the Methodist Ritual. A succinct yet full review of the nineteenth century in art, science, and literature is given, and an interesting account of the Grand Canyon of Arizona, and numerous other articles with the usual departments of Religious Intelligence, World's Progress and Home Notes, complete an excellent number.

Toronto: William Ludwig, Montreal: G. W. Coates, Halifax: F. H. Russell, \$2.00 a year; \$1.00 all abroad.

No broader distinction can be made between men than that which divides them into two classes. To the first class belong those who always have a good excuse why the thing required cannot be done. The second class is composed of those who manage to do. Foremost in this latter class stands out the figure of General Wey. All around him there has just reigned a kind of *Thessaly*, drawn a vivid picture of the character of this most remarkable general of modern times for the May *Cosmopolitan*, and the article is illustrated with the most complete collection of photographs and drawings yet published.

HOW TO MAKE BIG SOAP-BUBBLE BUBBLES.

It is great sport to make soap bubbles but it is twice as much fun if the bubbles are big ones, strong enough to break when they are floated to the floor. Bubbles twice as big as a man's head or as big as the sun in the sky a foot-ball can be easily blown by any one who knows how to mix up the soap-bubble material.

To make the big bubbles, take a piece of castile soap about as big as a walnut. Cut it up into a cup of warm water and add a teaspoonful of glycerine. Mix well and blow from a small pipe. This will make bubbles enough to last all afternoon. And this is all you care to make in one day. To make pink bubbles, add a few drops of strawberry juice, and to make yellow ones put a little orange juice.

Don't think because a man is in touch with the toothache that he's in sympathy with it.

A Word.

I feel tired after exertion is one thing; to feel tired before is another.

Don't say the latter is business—it isn't; but it's a sign that the system lacks vitality, is running down, and needs the tonic effect of Food's Harpersaparilla.

It's a warning too—and sufferers should begin taking Food's at once.

Buy a bottle to-day.

"This air is very familiar," remarked the maniac, as the wind took off his hat.

Sir Ollie.—The most conclusive testimony, repeatedly told before the public in the course of the trials, proves that Food's Harpersaparilla Oil—an absolutely pure combination of six of the finest oils in existence—remedies rheumalike pain, eradicates affection of the throat and lungs, and cures piles, wounds, sores, lameness, tumors, burns, and injuries of horses and cattle.

Most people think a good lawyer is likely to become a great lawyer, which is not at all likely to be the case.

All Nurses—*It is the only reliable kind.* It is based on the largest amount of pure oil—there is no oil left.

Mr. R. P. Leonard, Parry Sound, Ont., writes: "I have used Dr. Wood's Nervine Pills for many years and find it curbs a cold cough better than any other cough mixture and is nice to take."

A bore is a man who has nothing to say and insinuates upon saying it.

—Retinal Inflammation.

Sir,—I was suffering terribly with pains across the small of my back, and am pleased to say that after taking one box of Doan's Pills I am cured.

M. E. Baader, Halmar, Ont.

Opportunity makes the thief.

Children Cry for CASTORIA.

We are you are right—and then be certain you are sure.

A Medicine Chest.

In the name appropriately applied to Haygarth's "Pills" it can be used externally or taken internally. Our ears are just the ready and simple way to cure earaches.

They restore perfect health of the nerve centres and give new nerve force to abraded nervous system.

A short cut is often a wrong cut.

Children Cry for CASTORIA.

It must be tough to be bald-headed; because a man cannot go to court to look without being laughed at.

Worms cannot exist either in children or adults when Dr. Lyon's Worm Syrup is used.

25¢ All dealers.

Some men seem to be good for nothing else but to value long, heavy beards.

Attention in the world of homeopathic medicine has been to very sound of progress, as in politics and religion—the difficulties of opinion and the individuality of men have led to the disagreement by which the standard of these ideals has been elevated. So with me, the famous "remedy" for baldness is the illustration of which truth stands the world.

Burdock Blood Bitters can cure you.

—A man who is tired.

All the time, owing to improved blood should take Food's Harpersaparilla to purify and enrich his blood and give him vitality and vigor.

A good spring medicine is a necessity with almost everyone. Food's Harpersaparilla is what the millions take in the spring. Its great power to purify and enrich the blood and build-up health is one of the facts of common experience.

A very vain man trying to appear modest is a very funny sight.

THIN CHILD

If a child is thin, let him take a little of Scott's emulsion of cod-liver oil.

Some children like it too well; begin with a little. A half- or quarter-teaspoonful is enough at first; if the stomach is weak; but increase, as you find the stomach will bear.

The effect is: the little one takes on strength; gets hungry; eats and is happy; gets fat—he ought to be fat—and gets healthy.

With just a few little tablets of Scott's & Brown's Cod-liver Oil.

Ceylon and India Tea GREEN OR BLACK

JUST A WORD OR TWO

From your brother collector, the Tea Planters of Ceylon and India. They ask you to try their mellow-tasted tea and compare it with Japan. They know the comparison will be so obvious that you will wonder why you ever drank JAPAN.

SALADA

"Ceylon Teas are sold in sealed

load packets only, never in

bulk. Black, Mixed or uncolored Ceylon Green. Sample on application.

Address: "SALADA" Toronto.

We do not now have some, go to our manager to keep in such good spirits all the time.

Hospitality is due in nervous excitement. The delicately constituted, the financier, the business man and those whose occupation necessitates great mental strain or worry, all suffer less or more from it. Sleep is the great remedy. The second class is composed of those who manage to do. Presently in this latter class stands out the figure of General Wey.

Alfred, who has just received a *Scotsman*, draws a vivid picture of the character of this most remarkable general of modern times for the May *Cosmopolitan*, and the article is illustrated with the most complete collection of photographs and drawings yet published.

A Lane, a Weak, An Acid, a Back Remedies KIDNEY TROUBLES

WHICH DOOM'S KIDNEY PILLS ABSOLUTELY CURE.

FEBRUARY—

PILOT MOUNT, Man., Oct. 4th, 1900.

Dear Sirs—I suffered for some time from kidney troubles. My back was so bad that I could not sit up without causing me a terrible pain.

I had to get up several times during the night to urinate. My urine was highly colored and I had a thick sediment, and I had to go to the washroom frequently.

I tried numerous remedies, but none did any good until I took Doon's. Doon's Pills are anti-tubercular and a specific for the cure of kidney and liver complaints, dyspepsia, catarrh, headache, piles, etc., and will regulate the secretions and remove all bilious matter.

A soft answer sometimes turns away talk.

It's not the weather that's at fault. It's your system, clogged with poisonous materials, that makes you feel dull, drowsy, weak and miserable. Eat Doon's Blood Pillers every day all the poisons, purify, enliven your blood, make it strong and vigorous.

An old gentleman reproved his nephew for fighting with another boy. "But he's my sister's son," said the lad, "he called my sister names."

"Why, you haven't any sister, and never had one!" exclaimed the uncle-in-astounding.

"I know it," replied the boy doggedly. "But he thought I had, and I called her

explosives, and I was in on the principle of the blurb."

A Word.

We feel tired after exertion is one thing; to feel tired before is another.

Don't say the latter is business—it isn't; but it's a sign that the system lacks vitality, is running down, and needs the tonic effect of Food's Harpersaparilla.

It's a warning too—and sufferers should begin taking Food's at once.

Buy a bottle to-day.

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Sir Ollie.—The most conclusive testimony, repeatedly told before the public in the course of the trials, proves that Food's Harpersaparilla Oil—an absolutely pure combination of six of the finest oils in existence—remedies rheumalike pain, eradicates affection of the throat and lungs, and cures piles, wounds, sores, lameness, tumors, burns, and injuries of horses and cattle.

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