

Coated

Look at your tongue. Is it coated? You have a bad taste in your mouth every morning. Your appetite is poor, and food distresses you. You have frequent headaches and are often dizzy. Your stomach is weak and your bowels are always constipated.

There's an old and reliable cure:



Ayers' Pills

Don't take a cathartic dose and then stop. Better, take a laxative dose each night, just before you go to bed, to cause one good free movement, following.

You feel better the very next day. Your appetite returns, your dyspepsia is cured, your headaches pass away, your tongue clears up, your liver acts well, and your bowels no longer give you trouble.

Price, 25 cents. All druggists.

"I have taken Ayer's Pill for 2 years now, and I am in the best of health. One pill does me more good than all the pills of any other kind I have ever tried."

N. E. Parker, Springfield, Mass.

The Acton Free Press.

THURSDAY, MARCH, 26th 1901.

The Young Folks.

THE FIVE PAIRS OF TWINS.

Polly, Polly, Polly, tell the five pairs of twins
(The tiny scraps of small ones,
The slim and toppling tall ones,
The round and plump ones,
The four just middling-sized ones).
We're going to have a candy pull—tonight the fun begins—

Bo-Polly, Bo-Polly, tell the five pairs of twins.
They may make a tiny penny dollars
And a lot of candy taffies,
And a pair of candy kittens.

And a lot of candy candies with walnut meat
For the children of their father with the sweetest nut
of fine.

But Bo-Polly, Bo-Polly, tell the five pairs of twins.
Go to swimming in blossom,
Or to pressing grandma's glasses,
Or to eating the paper,
Or to all the ready-to-eat.

They'll all be told together till they're sorry for their sins.

Bo-Polly, Bo-Polly, were the five pairs of twins.

And the children of our neighbors!

—White, white, white, in the pulling,

You must scrub those sticky infants till they're neat as jewelined pine.

Did you know thumbs and fingers were the five pairs of twins?

It's all you have to say in the few last words or your reader will be sure to skip them; and in the plainest possible words, or he will certainly misunderstand them—Ruskin.

Children Cry for CASTORIA.

No grace is more necessary to the Christian worker than fidelity; the humble man that marches on in sinfulness and storm when no banners are waving, and there is no music to chase the weary feet. —H. J. Nicholls.

Cathar.

Called an American disease, is cured by an American medicine, originated and prepared in the most cathedral of American country.

That medicine is Hoad's Paroxysmals. It cures radically and permanently, in that it removes the cause, cleansing the blood of scrofulous and other impurities. It overcomes all the effects of scurvy, too, and builds up the system.

People who talk too much are sure at some time or other to get scurvy.

Here Mat Your Hope.

Now remedies come and new remedies go; but Hoad's Emulsion is the great rock foundation on which hope gelidly rests from weak thursts and long must rest. It is The Standard of the World.

Did you ever notice how an extravagant man is always preaching economy to his wife?

The Ladies' Gazette.

Lax-Liver Pills are the ladies' favorite medicine. They cure Constipation, sick headache, Billiousness, and Dyspepsia without griping, purging or blistering.

To-day's duty, fight to-day's tempest. Hoad and do not weaken and distract your self over things you cannot see and would not understand if you saw them.

FAT BABY

Fat is the cushion that nature fills out and surrounds the little ones with, to protect their tender parts—the same with kittens and puppies—fat is not tender. Fat, they must have; and fat they must be.

If your baby is anyway short of his rights, give him Scott's emulsion of cod-liver oil.

We'll help you to try it if you like.

SCOTT & HOWKIN, Chemists.

Toronto.

LUCK COMES TO THE BILLBOY.

"Luck," said a man who believed in it, "comes to different people in different ways. I know a man who is now about as well fixed as most men would want to be, whose luck came to him in helping a man on with his overcoat."

"He was a billboy then in a hotel, and now day a big man, who is rich and prosperous, financially, as well as physically, and who had given up his overcoat out of the way to him, to him who sold it."

"Here, boy, help me on with this coat," at the same time it was the big man's turn to kick and turn away. The boy didn't begin to be big enough to do it, but for a good natural man, but the next night the big man fell the coat, going up on his shoulders—all right.

Turning round he saw the younger boy step down from chair which he had been standing on, and which he had not taken off to the minute the coat of his back.

"This is a big man very much, and prettier than the boy into his office, and practically the boy's fortune was made from that minute, for he had the stiff in him to make good as well as the brains to meet his luck half way when it comes." —New York Star.

THEY USED CLEAN ONES.

The head master of a boarding school in Shambles is very particular about the behavior of his scholars during meal-times. A short time ago the master observed out of the boys cleaning his knife on the table-cloth and immediately pounced on him.

"Is that what you generally do at home sir?" he asked sternly.

"Oh, no," replied the boy quietly. "We generally use clean knives at home."

London Fox.

EDITHA.

The natural antipathy between rhyme and grammar is exemplified in this inscription upon a grave in Dumfries, Scotland:

"Editha, Andrew MacPherson,
Who was a peculiar person;
Married six feet two;
Without his shirt;
And was slow;
At Waterloo."

Sold by A. T. Brown.

THE BEST FRIEND OF THE MOTHER, WIFE AND DAUGHTER.

Paine's Celery Compound

The Great Spring Medicine

that Restores

Ailing Females to Perfect Health.

Mrs. Adamson Says: "I Can Never Say Too Much in Favor of Paine's Celery Compound."

One of the oldest and best edited monthly magazines published in America, in a recent leading article, declared that more than half the ravages of physician is derived from the treatment of females, and that about one case in every hundred is correctly diagnosed, showed that cure is extremely rare.

The important knowledge gained by women of every age about Paine's Celery Compound and the special and personal benefits it bestows on female suffers from female peculiarities, can be made available to all the world. It is the greatest medical discovery of the day.

Stop the Pain, but Destroy the Disease. This is it, this is only often the case. So many incurable diseases purporting to cure, in the end do the patient immensely more harm than good. Dr. Von Stain's Pancreatic Tonic almost instantly after first application, relieves itching and burning skin diseases in a day. It cures piles in 3 to 5 nights.

It cures piles in 3 to 5 nights.