

## ON GUARD



The warning couch is the faithful sentinel. It tells of the approach of the uncomplaining, which kills more people than war and pestilence combined. It tells of painful chest, sore lungs, weak throats, bronchitis, and pneumonia. Do not suffer another day. It's useless, for there's a prompt and safe cure. It is

**Ayer's Cherry Pectoral**

which cures fresh colds and coughs in a single night and masters chronic coughs and bronchitis in a short time. Consumption is surely and certainly prevented, and cured too, if taken in time.

A 25c. bottle for a fresh cold; 50c. size for older colds; \$1 size for chronic coughs and consumption.

"A 25c. bottle of Ayer's Cherry Pectoral costs only 25c. every time I get cold; it takes a little off the cost of living."

JAMES O. HIGGINS,  
El Paso, Texas.

Write the Doctor. If you have any special trouble, call in your local physician and advise him to prescribe Ayer's Cherry Pectoral.

J. G. AYER, Lowell, Mass.

**The Acton Free Press.**

THURSDAY, NOVEMBER 1st, 1900.

**The Young Folks.**

**OUR DUTY.**

You think none have known but yourself all the pain.

Of hopes that return and regrets that remain.

And all the wide distance far from, no doubt,

"Twist the heart's within and the life's without."

Which one of us finds the world just as he likes?

Or gets what he wants when he wants it? Or thinks?

Without minding the thing that he strives at the first?

God means us all to be happy, he sure-

We would be so sorrowful that "haven't some" cure.

Our duty down here to do, not to know.

Life as though life were earnest, and life will be so.

GOD MERRILK.

**POTATOES.**

Potatoes as a food vary in value according to the way they are cooked. Boiled, steamed or baked in the oven, they are in the best form for eating. Potatoes eat potatoes together with milk and are correct, in principle, as the milk furnishes the elements lacking in the tubers.

**Starving Children.**

Thousands of well-fed children are starving, simply because their food is not of the right kind. They are thin, pale, and delicate. Scott's Emulsion will change all this. It gives vim and vigor, dash and force.

The man who refuses to forgive others should be very careful to do nothing that needs forgiveness.

We are spending thousands to make Petty's Pills known. Our money proves our faith. A trial will secure yours.

Better find from that miser's silver.

The great lung healer is found in that excellent medicine Blackie's Anti-Consumptive Syrup. It soothes and diminishes the sensibility of the membranes of the throat and air passages, and is a sovereign remedy for all sorts, colds, hoarseness, pale or soreness in the chest, bronchitis, etc. It has cured many who were far advanced in consumption.

There is little comfort for the ordinary man in what is called "the immortality of the race." If he is required at the same time to surrender his hope of personal immortality.

An all-voluntarily remedy, one that always should be in the house for an emergency. Dr. Petty's Pills discount anything in the market. They are so small, a child can take them with ease, yet one's a dose.

He deserves no good who can bear no ill. He's worth gold that can gain it.

Dr. Low's Worm Syrup is a safe, sure and reliable worm expeller. Acts equally well on children or adults. Be sure you get low's.

Better sit still than work for nought.

Petty's Pills have done this.

If you want to quit being a weather-worn, pale, your complexion stored by Miller's Rheumatism Pills, a guaranteed remedy for rheumatism, sciatica, neuralgia and lameness. Price 25c. at all druggists.

Better sit still than rise up and fall.

**NURSING MOTHERS** want Scott's emulsion of cod-liver oil, almost without exception. So before they get to be mothers, eating for two is no small tax; continued for months.

The emulsion not only is food itself; it gives strength for digesting usual food.

If the milk is scanty or poor, the emulsion increases supply and enriches quality.

We'll send you a little to try if you like.

SCOTT & BOWMAN, Chemists, Toronto.

**TOO BUSY TO COME HOME.**

into a certain East End public house in London a poorly clad woman returned home from the service of her husband. She had him there, and setting a covered dish which she had brought with her, upon the table, she said:

"Thinking that you were too busy to come home to dinner, I have brought you dinner to the dish, found only a slip of paper, on which was written: 'I hope you will enjoy your meal; it is the same as your family have at home.'

With a forced laugh, he invited his friends to slips with him; but on removing the cover from the dish, found only a slip of paper, on which was written: "I hope you will enjoy your meal; it is the same as your family have at home."

**HE WAS FRESH.**

"Have you any nice fresh eggs to day?" asked the woman with businesman ways.

"Madam," answered the man, who had just started in the grocery business, "permits me to remind you that nice eggs are necessarily fresh and fresh eggs are always nice. Madam, if I may say so, I am afraid you may be disappointed to-morrow does not in the slightest degree affect the situation. Therefore, time being precious to a business man, I will simply content myself with replying that I have nice eggs."

**ONE SHOT PUFF CURES THE SORE EYES.**

"Thinking that you were too busy to come home to dinner, I have brought you dinner to the dish, found only a slip of paper, on which was written: 'I hope you will enjoy your meal; it is the same as your family have at home.'

**DIED DID THE BRIDEGROOM.**

In a Bradford graveyard may be found this account of why a bridegroom of long ago did not appear at the time set for his wedding:

"The wedding day approached, was.

"The wedding clothes provided,

"But we are dead now, said

"He abandoned and died old."

**A HINT IGNORED.**

Young John had been set to work in the garden. After a while he paused in his task, looking suggestively to his father, "The fads are hitting like fire in the river."

"Well, sonnie," replied the father, reassuringly, "you keep on hoeing potatoe, and they won't bite you!"

**CASTORIA.**

We have no gratitude for those reformers who would force upon us a doctrine which has not sweetened their own temper or made them better men than their neighbors.

A man that does not know how to be angry, does not know how to be good.

Now and then a man should be shaken to the core with indignation over thing evil.

**Children Cry for CASTORIA.**

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**A DAUGHTER'S DANGER.**

**A Chatham Mother Tells How Her Daughter, who was Troubled with Weak Heart Action and Run Down System was Restored to Health.**

Every mother who has a daughter drooping and failing—pale, weak and listless—will be glad to hear that a remarkable recovery has been made by the use of Dr. Thomas' Valerian Oil, written of below.

One month ago I got a bottle of Miller's Heart and Nerve Pills for my daughter, who is now 22 years of age, and has been afflicted with weak action of the heart for a considerable length of time.

"These pills have done her good, health restoring, strong, healthy action of her heart, improving her general health and giving her physical strength beyond our expectations."

"They are splendid remedy, and to any one suffering from weakness, or heart and nerve trouble I cordially recommend them."

Miller's Heart and Nerve Pills are 50c. a box or 3 for \$1.25, at all druggists.

**To find God is the beginning of wisdom and the end of all else.**

**Hayward's Yellow Oil** cures sprains, bruises, sores, wounds, cuts, frostbites, chilblains, stings of insects, burns, scalds, contusions, etc. Price 25c.

Est in measure and defy the medicina.

**13.**

**Running Sores.**

Tell the Doc.—Mr. J. V. Killock, Druggist, Earth, writes: "A customer of mine is suffering from a soreness of the skin caused by the use of Dr. Thomas' Valerian Oil, wrote to Ireland, telling his friends there of the cure. In consequence I received an order to send half a dozen by express to Wexford, Ireland, this week."

He's a man of wife mind who of a few can make a friend.

Dr. Petty's never fail to give relief and they cure if given an honest trial.

He has poor wife who marries imminent's.

**A Druggist's Opinion.**

"Mr. W. S. Silmon, Austin, Minn., writes:

"Our customers speak so highly of Miller's Starling Headache Powders that it is a pleasure to recommend them to others."

They never disappoint but always cure."

Price 10c. and 25c.

**A Terrible Curse.**

These pills have done her good, health restoring, strong, healthy action of her heart, improving her general health and giving her physical strength beyond our expectations."

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**Hayward's Yellow Oil** can be applied externally for rheumatism, will joints, sore hands, chilblains, sprains, etc.—It can be taken internally for cramp, colic, rheumatism, pains in the stomach, kidney complaints, etc. Price 25c.

It is a blessed thing, indeed, that none of us can take our rubbish to another world; for we could, some of the many nations would be little better than lumber rooms.

**Where Doctors do agree!**—Physicians no longer consider catering to "nickel and dime" patients, nor do meritorious remedies for Indigestion, Diarrhoea and Nervousness as South American. They realize that it is a step in advance to give a permanent and permanent cure for disease of the stomach. It will cure you—GO.

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