

# Coated

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There's an old and reliable cure:



**Ayers Pepsin**  
Don't take a cathartic dose and then stop. Better take a laxative dose each night, just enough to cause one good movement without straining.

You feel better the very next day. Your appetite returns; your dyspepsia is cured, your headaches pass away, your tongue clears up, your liver feels well, and your bowels no longer give you trouble.

Price 25 cents. All druggists.  
I have taken Ayer's Pepsin 25 years, and I can tell you the best thing about it is that the pills taste good.

John A. Ayer,  
107 Tanager,  
March 26, 1900. Arlington, Mass.

## The Action Free Press.

THURSDAY, MARCH 26, 1900.

### The Young Folks.

**THE SOLDIER'S GRAVE.**  
Where the wild winds sadly moan  
Through the leaves of the cypress, sad and lone,  
There is the soldier's grave,  
Where the great trees bright and green,  
Where the beautiful daisies seas,  
There sleep the gallant brave.

The great turf was dying bad;  
Then there he fell, went there he died,  
To the sound of the free,  
While poor Victory's flag still fly,  
With thousand voices plashed the sky,  
Hill drove soul passing away.

No bitter tears of sorrow were shed  
Upon the ground where his life-blood red,  
No mournful dirge was sung,

But the cannoneer's loud roar resounding rang,  
The groans of the dying still sang.

On the bloody battle plain.

But in a far-off land's dark-skied hall  
Wept many a widow lonely late,  
And treasured the hand of her lover bold  
As a treasure his hearted gold,

And thought of his silent grave.

### CAUSE FOR ALARM.

The other day a Vickburg wife went into the country on a visit, without saying anything to, or leaving word for her husband. He was uneasy on returning home, and made inquiries among the neighbors.

"Gone! — missing!" exclaimed one woman. "Why, I should think you'd be uneasy about her!"

"I am," he replied, weeping a dolorous look, "but some one has got to split the wood to get the breakfast with it!" — Vickburg Herald.

### Opportunity is the Circuit of Life.

Now is your opportunity. There is no time when the system is so in need of good medicine, like Hood's Paraspasine, and no time when it is so susceptible to the benefits to be derived from such a medicine. By purifying, enlivening, and vitalizing the blood and toning up the system, Hood's Paraspasine starts you right for a whole year of health.

Mistress: Jane, how is it, one never has time to mind the kitchen when your sweethearts are with you at a evening?

Servant: Please, miss, he's so healthy yet. For the present, he does nothing but eat."

Bale sickly children should use Mother Graves' Worm Extractum. Worms are one of the principal causes of suffering in children and should be expelled from the system.

Where others fail, there Dr. Petty's Pills prove their power to cure.

A Madrid scholar, Senator Carvalho, who has been for many years at work on a rhythmic version of the Bible, recently completed his task. The work contains 360,000 verses.

A Good Thing.

Our great grandmother's garrets contained the same herbs of all healing found in Karl's Oliver Root Tea. They gave out strength, kept the blood pure, and will do the same for you if you if you say so. Price—50¢ and 60¢. Sold by A. T. Brown.

An exchange comes: "look out for your clothes, these three nights." Never mind the lines, but look out for your clothes.

## CHILDREN

Are they troubled with headaches? Are the lessons hard for them to learn? Are they pale, listless and indifferent? Do they get thin and all run down toward spring? If so,

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SCOTT & SONS, Chemists, Boston.

### WHAT THE DOGS COST.

A writer in the *Country Gentleman* on the value of dogs and their cost, says: What it costs to board a dog for a year is not so hard to ascertain: The lowest price ever paid by sportsmen in the towns for boarding their dogs is fifty cents a week. Allowing that, there is a good profit to the kennel keeper, who will call the general cost of feed twenty-five cents per week (or about one cent for each pup); the average cost of keeping a dog for a year, the average cost of a dog for two years, the average cost of keeping a dog for four years, etc., etc.

Mr. G. W. Miller, of Missouri, says: "The amount of food required to keep a fair-sized dog will keep a hog in good feeding condition, which at twelve months old will be worth \$12." The writer sold a pig last fall which was only seven months old, valued at \$13.68. If we call the average cost of feeding dogs only \$10 a year, the cost of feeding 7,000,000 dogs, the number of dogs in the United States, is \$70,000,000.

The number of sheep killed by dogs and their value are known to one or two angles. In Ohio, according to the returns of the assessors, the number of sheep killed by dogs during ten years was 25% of the total number killed, which is about 1,000,000. The number injured, but not killed, was 1,000,000. The number injured, but not killed, was 1,000,000.

Total average loss per year \$10,000,000. In Iowa, in 1898, the assessors returned a loss of \$62,616 from sheep killed by dogs, the total number of sheep in the state being 1,000,000. The same ratio would make the loss in the United States \$2,000,000, not counting the damage from maiming. The report of the Department of Agriculture for 1898 makes the loss of sheep killed by dogs in the United States every year \$9,000,000 and from maiming about \$1,000,000.

In making up the final account, we charge the dogs in the United States' as follows:

Annual board bill ..... \$1,000,000 Value of sheep-killed permanent ..... \$200,000 Value of sheep maimed ..... 1,000,000 Total cost of dogs ..... \$2,000,000.

This takes no account of the cost of hydrocephalus, of which there are producers and diffusers. Twenty-three million dollars a year is spent on the purchase of capital invested in dogs, perfect and imperfect. Dogs are the chief expense.

For instance, the famous Vegetable Pills will bring relief. They will assist the assimilation of the albumen, and according to directions will restore healthy condition.

Dr. Pierce's Pleasant Pellets keep the bowels healthy and regular.

A doctor recently restored the speech of a woman who had been deaf for seven years, and the language of life was now restored and full again with the happiness of his life, while the unfortunate husband was hukling toward home to relate his good news.

PETTY THE WOMAN.

Who's a mean Wreck? Why, it's a Woman! That's what the *Woman's Advocate* says.

South American Nursing Pill.

One little girl, aged 25 cents.

Mrs. Jasper A. Fullerton, Lanesburg, N. H., was a wreck from stomach trouble and nervous prostration. After she had tried many remedies, and was treated by best physicians, only to be disappointed in a cure, she was recommended to see South American Nursing Pill. She did so, with the result that to-day, after years of suffering she is cured and happy woman and proclaims this great remedy saved her life.

Gold by A. T. Brown.

Blunt man are generally sharp.

It Begins Its Good Work at the Root of Trouble and Disease.

It Feeds and Braces the Nerves and Drives Impurities from the Blood.

With the ushering in of a new season, it is important that people should know just what Palme's Celery Compound can do for them.

Palme's Celery Compound.

It is a great success.

The uses of such visitors to your body are manifold, and their blood must be purified.

As soon as this all-important work is begun by nature's blood purifier and system builder, Palme's Celery Compound, the seeds of lurking disease are expelled from the body, and health and true vitality are manifested in the face and in every movement of the limb.

To win back refreshing sleep, good appetite, natural digestion and continued good health, the best remedy in the world is not too much for any "old" to "young" on getting.

If you have the slightest doubt about the power and efficacy of Palme's Celery Compound, have at least much faith in your friends and neighbors who have tried a bottle of it, and are now praising its virtues and life-giving powers.

Palme's Celery Compound cures all other maladies.

COVERED WITH SORES.

M. E. cured Little Harvey. Belling nine years ago, he has never had a spot on him since.

It is practically impossible to heal up sores or ulcers, especially the old chronic kind, with ordinary remedies.

No matter how large or how long the sore may be, if you apply the ointment daily, it will stay readily and stay healed permanently.

It rapidly does irritation spread and dries, that often in a few weeks a simple ointment in tubercular consumption.

Give it to a croup, there is always a good result.

It is compounded from several herbs, each one of which stands at the head of the list as exerting a wonderful influence in curing consumption and all lung diseases.

HARVEY DELINE.

Mrs. E. Dalton, Arden, Ont., proves the following account she gave of her little boy's case: "I had my son born last year, and he broke out in sores all over his body. I had him treated for a month, but he did not get well. I then took him to a doctor, but he failed to get him well and was completely prostrated. When doctors failed to cure him I gave him Dr. D. L. Miller's Balsam, and he got well again with it.

"It is now a year since this happened and I must say that in all this time he has never had a spot on his body, nor any sign of asthma or any purgative afterwards.

A steady occupation, the florist.

For a clear complexion, take Petty's Pills.

They never fail to clear the skin.

Thousands of ladies swear by them.

For coughs of young or coughs of old.

Wood's Norway Pine Syrup is the best remedy sold. For colds in the head or cold in the chest, there is nothing like it; it is sold in the best.

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