

THROAT REST



You can cough
yourself into
bronchitis, pulmo-
nia and con-
sumption.

Bandaging
your head and
building
your throat
will do no
good.

You must give
your throat
and lungs rest and
allow the cough
wounds to heal.

There is nothing
so bad for a
cough as cough-
ing. Stop it by
using

Ayer's Cherry Pectoral

Even the cough of early
consumption is cured.
And, later on, when
the disease is firmly fixed,
you can bring rest and
comfort in every case.

A 25 cent bottle will
cure new coughs and
old ones. It is 50 times
better than the standard
bitter for croupy coughs
of bronchitis and weak
lungs; the one dollar size
is more economical for
chronic cases and con-
sumption. It's the hand-
size you should keep on hand.

All families ought to be on
the safe side with Ayer's
Pectoral. Every com-
try home in the land should
keep a bottle of it ready
to provide against an emergency.

Order from
Ayer's
Cherry
Pectoral

The Action Free Press.

THURSDAY, MARCH 1, 1900.

The Young Folks.

THE OLD-TIME WINTER.

Oh, the good old-fashioned winters I had!
How my father loved to speak
Of the blizzards in November;
Of the fierce cold winds;
Out of sight their topmost rales—
But you ought to hear his grumble
When blocked out like this!

Mother says the old-time winters
Were hard and cruel and keen!—
From October clear to April!
How and how always seem
Like the slipping, swinging weather;
Made the people pale and bright—
But the blizzards did express
What the people did not feel.

Uncle Abner pictures often
Four weeks of cold, bright, straight,
"Good old winter's cause a sight,"—
Waited down and fingered late.
Mother says the old-time winters
Were hard and cruel and keen!—
From October clear to April!
How and how always seem
Like the slipping, swinging weather;

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What the people did not feel.

—Edwin L. Sather.

Man's work in life is to turn himself
from the new product into a piece of fine
art.—Richard Whitelock.

T. Miller & Co.: Your Rheumatic
Pills did me more good than any other
remedy and I consider them a perfect cure
for rheumatism. Mrs. Joseph Pearce, Col-
wood, Ont.

(God picks his men when and where he
chooses, and seems to delight in specially
defying the accepted human standard
in his choice.)

Hundreds have testified to the good
Patty's Pills have done them.

He who knows most grieves most for
wastefulness.—Dante.

To the DEAR.—A rich lady, in need of her
tears and Nerves, in need of Dr.
C. M. Tyler, a Metho-
dist Minister of
Nova Scotia.

IT SAVES THE LIFE OF MR.
GEO. W. PARKS.

A Gain in Flesh of Thirty-two
Pounds in Three Weeks.

Amongst professional men who are really
and ardently advocates of Pain's Celery
Compound, chemists who have never
wavered in recommending the wonderful
medicine to members of their churches
who are ailing, sick and diseased.

The true and honest clergyman who has
himself experienced the life-giving power
of Pain's Celery Compound—has been raised
from weakness of body to full
health and vigor; feels it is duty to speak
to others of the only true health and strength
builder there is, the world has seen.

Mr. G. W. Parks, now the dark
grave, but resound and saved by Pain's
Celery Compound after failure of his
doctor, sends the following letter:

"While it was taken to
convince me to abandon my work
and seek home and rest, I consulted the
doctors who recommended it to him or else
that I suffered severely from violent
fever, I suffered severely from violent
fever, and cold while during the day.
Added to this I was extremely nervous,
which weakened me and reduced my flesh.
I was a mere skeleton. This con-
tinued until last winter, when my wife and
friends began to despair of my recovery,
as the medicines I had produced no good, and
I was gradually growing worse."

Through the influence of the Rev. O. M.
Tyler, I was induced to give Pain's Celery
Compound a trial, and I can truly say it
worked wonders. The first bottle gave me
more relief than all the medicines I had
tried. I gained thirty pounds in three
weeks, and am now strong and
healthy. I would urge the suffering every-
where to give Pain's Celery Compound
a trial."

Nothing is truer than that the people
who are externally clenching for their
rights are likely to grow crass and
indifferent concerning their duties.

There is nothing equal to Mother Grace's
Worm Extractor for flattening worms.
No article of its kind has given such safe
results.

TO THOSE ABOUT TO MARRY.

This is perhaps a not unimportant coun-
sel to give to writers: write nothing that
does not give great pleasure; without
pauses easily to writer to reader.

Where others fail, there Dr. Patty's Pill
proves their power to cure.

A good appearance is a letter of introduction.

I suffered with dysentery for four weeks
and could not continue to write any longer.
I tried Dr. Patty's Extract of White Briar-
berry, which cured me when everything
else failed. John L. Carter, Bridgeton,
N. J.

What some minds produce does not come
from their soil, but from the earthy
nurturing with which it has been covered.

T. D. & L. EDITION OF CAN LIVER OIL
may be taken with most beneficial results
by those who are run down or suffering
from after effects of a grippe. Made by
Davis & Lawrence Co., Philadelphians.

There are cases where it is best not
to write.—Kirkup.

For a clear complexion, take Patty's
Pills. They never fail to clear the skin.
Thousands of ladies swear by them.

Words, like glass, cleave when they
are cut.

One Liver Pill every night for
thirty days makes complete cure of bilious-
ness and constipation. That is just
36 casts to be cured.

DOANS
KIDNEY PILLS

is indicated by little-kernels
in the neck. Sometimes they
swell, become painful, soften,
and end in a scar. Watch
carefully, and just as soon as
the kernels appear give

Scott's Emulsion

The swellings will grow less
and less until they disappear
entirely. Continue the
Emulsion 'till the child
has good solid flesh and a
healthy color.

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