

ON GUARD



The warning couch is the faithful sentinel. It tells of the approach of consumption, which has killed more people than war and pestilence combined. It tells of painful chills, sore lungs, weak throats, bronchitis, and pneumonia. Do not suffer another day, for there's a prompt and safe cure. It is

Ayer's cherry pectoral

which cures fresh colds and coughs in a single night and masters chronic coughs and bronchitis in a short time. Consumption is surely and certainly prevented, and cured, too, if taken in time.

A 25c. bottle for a fresh cold; 5c. size for older colds; \$1 size for chronic coughs and consumption.

"Always keep a bottle of Ayer's Cherry Pectoral in your medicine chest. Every time I get cold I take a little of it and am soon begining to feel well again."

—Dr. J. C. Ayer, Lowell, Mass.

Write the Doctor. If you have any questions or difficulties about your health, consult him. Write the Doctor.

—Dr. J. C. Ayer, Lowell, Mass.

THURSDAY, FEBRUARY 1, 1880.

The Young Folks.

NONE OF THOSE THINGS FOR ME.
Others may drink of the poison glass,
But I know full well what's in mine.
At least it's better than none, and more,
(For they do it if you begin);
but they will have headaches and shaking
hands,

and they'll all come by last.
Ho! ho! they may think it best,
Ho! ho! never a drop for me.

Others may think it's a smoke & dye,
Or a cigar is a great delight,
But I know full well what's in mine,
For a cigarette smells fine.

I know I could have "tobacco heart,"
And my brain would go to sleep;
Ho! ho! they may smoke if they think it best,
But not for me.

I'll tell of nothing that may be wrong;
From smokers I'll keep away;
I'll say no things that are bad and call
The world a fool, and make it all.

And I'll try so hard as ever I can
That others the truth may see;
Only, whatever the rest may say,
None of those things for me.

LATE LITERARY NOTES.

Not one of us but has wished to change places, and in the January "Companion" the brilliant Edgar Allan writes on the Delights of Trying to Be a Gentleman. "It is natural to make the folly of the world universal with execrable and even comicalities. The article is keenly illustrated with pictures of people who for the time being have tried to be somebody else.

In aid of our soldiers, the 500 million of Dr. H. H. Biggar's "Boe's War for Christ and His Kingdom to Civilization" is now in press. The title page of this addition will be added to the roll of ready women and children who are dependent on our soldiers now in South Africa. The price of the book will remain as before, 10 cents per copy, but those who wish to contribute an additional sum towards this fund may forward 15 cents more, as they feel disposed. To those who wish to purchase copies to send to friends, the book will be supplied at the rate of 12 for \$1.00. Address: Dr. H. H. Biggar, Bassett & Co., Publishers, Toronto or Montreal.

CIRCUMSTANCES ALTER CASES.

Father—It was after 11 o'clock when that young man left last night, and I went to understand—
Daughter—But, papa, I was so much interested in the news of his uncle's death that I did not notice how late it was. You see, his uncle died in India, and left \$100,000, and I did—
Father—Agl was saying when you interrupted me, I want you to understand that he can stay as late as he wants to. I don't mind if the gas meter does have to work overtime occasionally.

To YOU DEAR.—A richly, cured of her deafness and noises in the Head by Dr. Nicholson's Artificial Ear Drums, has sent £1,000 to his Institute, so that deaf people unable to procure the Ear Drums may have them free. Apply to Department, K. H. The Institute, 700 Eighth Avenue, New York, U. S. A.

LANGUID
children are sick children. Their inactivity and sober faces are not in keeping with robust childhood. They lack vitality and resistive power, and are very susceptible to colds and contagious diseases.

Scott's Emulsion
brings new life to such children. It enriches the blood; it restores health and activity; it gives vigor and vitality to mind and body.

—Daily Mail, London, England.

MURRAY & DOWNS, Chemists, London.

DOWN AT THE SEA.

Intelligent Letter from Ex-Captain Murray from Cape Breton.

Dear Mr. Brown: Last August when in Sydney, Cape Breton, I wrote a letter to the Press, describing the activity of the place, especially the great steel works, the iron industry being established. About 2000 men are at work and more are wanted. Numerous men are here for the wages of \$1.25 and \$1.75 per day per day for mechanics. They propose putting 2000 men to work in the spring, and push the building to a finish.

In conversation with one of the contractors, he said the work would be two years completed; you may judge therefore of the intensity.

There is a river about two miles, and covers 1000 acres. Roads are being made, and the land is being cleared by prospecting farmers. Tools, a complete network of railroads, etc., are hundred thousand furnaces and eleven large chimneys, thirty feet square at base, and towering high in the air; five large buildings over six hundred feet long, two hundred feet wide and sixty feet high in height; one hundred thousand houses, stables, sheds and many temporary buildings with iron roofs. There are large buildings such as described were contracted for. Seven million feet of lumber is now in use.

Going over the ground last August, viewing the place, and being privileged to do so on this occasion, it was simply marvellous at the mighty changes wrought in so short a time. The bridge across the river for foot traffic is one mile long. The first spike driven in August last, now it is a complete structure, and has been in use for some time.

In order to meet the demands of such a large colony, Sydney has had to make rapid strides. Over a hundred tenement houses are being built, a hundred stores, a business blocks, four schools, a hospital, a church, and all modern improvements.

Every apartment of these places of business are rented when the plans are drawn. The stores on the ground floor of the Y. M. C. A. building, now close to completion, rents for fifteen hundred dollars a year; offices in the second story from \$25 to \$35 dollars a month.

The place is full of fortune-seekers.

The young German students are thronging here to attend school.

The young men's band is real.

Life is the larger end of a valuable imagination.

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