

# How Old She Looks

Poor clothes cannot make you look old. Even pale cheeks won't do it. Your household cares may be heavy and disappointing, but they cannot make you look old. One thing does it and never fails. It is impossible to look young with the color of seventy years in your hair.

## Ayer's Hair Vigor

permanently restores the fall-out hair. Used according to directions it gradually brings back the color of youth. At fifty your hair may look as if it did at fifteen. It thickens the hair, stops it from falling out, and cleanses the scalp from dandruff. Shall we send you our book on the Hair and its Diseases?

*The Best Advice Free.* If you do not obtain all the benefits of Ayer's Hair Vigor, we will refund your money. Write for a free copy of our book on the Hair and its Diseases. Dr. J. C. Ayer, Lowell, Mass.

The Acton Free Press.

THURSDAY, SEPTEMBER, 21, 1890.

The Young Folks.

MY PLAYMATES.

The wind comes whispering to me of the country green and cool. Of roving blackbirds chattering beside a reedy pool; It brings me soothing fancies of the homestead on the hill.

And I hear the thrush's evening song and the robin's morning call; So I fall to thinking tenderly of those I used to know Where the sassafras snookered and checker-berries grew.

What has become of Ezra Morse, who lived on Ficker's Hill? And what's become of Noble Pratt, whose father kept the mill?

And what's become of Lisette Orm and Anastasia Bunt? And of Bessie Root, who tended school in Boston for a spell?

They were the boys and they the girls who shared my youthful play; They do not answer to my call! My playmates, where are they?

What has become of Lari and his little brother, Joe, Who lived next door to where we lived some forty years ago?

I'd like to see the Newton boys and Quincy Adams Brown, And Hopsy Hall and Miss Cowley who spelled the whole school out.

And Orville Smith, the Cutler boys, Leander Snow, and all Who I am sure would answer could they only hear my call!

I'd like to see Bill Warner and the Conkey boys again, And talk about the time we used to visit that we were men!

And now, I shall not name her, could I see her gentle face, And hear her girlish trills in this distant, lonely place.

The flowers and hopes of springtime, they perished long ago, And the garden where they blossomed is white with winter snow.

O, cottage 'neath the maples, have you seen those girls and boys That but a little while ago made, oh! such a pleasant noise?

O, trees and hills and brooks and lanes and meadows, do you know Where shall I find my little friends of forty years ago?

You see, I'm old and weary, and I've travelled long and far, I am looking for my playmates; I wonder where they are!

—Eugene Field.

SHE WAS VERY FOOLISH.

Some time ago a woman died at Dundermode, near Ghent, leaving the whole of her property to her niece, Rosalie Y. The latter was constantly worried by the other members of the family who had been excluded from the inheritance.

Recently the young woman received the amount of the legacy, consisting of 25,000 franc notes (\$5,000) and the deeds of a house. In the afternoon the dispossessed relatives again visited her and worried her to such an extent that, losing all self-control over herself, she picked up the whole of the bank notes and threw them into the fire.

BETWIXT AND BETWEEN.

Mrs. Casey and Mrs. Murphy met in a street car and were discussing family affairs.

"And how many children have you, Mrs. Murphy?"

"None. Two living, two dead and was in Philadelphia."

Lost flesh lately? Does your brain tire? Losing control over your nerves? Are your muscles becoming exhausted?

You certainly know the remedy. It is nothing new; just the same remedy that has been curing these cases of thinness and paleness for twenty-five years. Scott's Emulsion. The cod-liver oil in it is the food that makes the flesh, and the hypophosphites give tone to the nerves.

Scott & Bowne, Chemists, Toronto.

DO IT. There are some folks who are forever on the verge of "doing something." They make elaborate preparations, wear their friends, brace themselves for an effort, and with some flabby set of hopeless mediocrity that disgusts everybody. They mean well, but their mouths are larger than their heads, and their ideas than their capacity for carrying them out. Their words would be amazing if it were not so annoying; but the man with great expectations has the knack of getting everything and everybody around him to a state of restlessness and excitement that is most exasperating at times. A man who focuses his attention on a single thing, and does it to the bottom, there is no noise and foam. Greatness is almost invariably associated with unobtrusiveness. An ounce of doing is worth a ton of talk about what we expect to do. If some men would quit talking about what they are going to do and get down to putting into each day some finished task or some effort laid upon a solid foundation of purposeful thought we would be nearer the business as well as the religious millennium. It is not a man who takes up the shovel, and after two or three feeble thrusts sits down beside it. Do not be eternally hunting up some big job simply to walk around it. Put an effort in the task that lies before you. Do what you have found to do with your might but not with your mouth.

THE SEARCH FOR TRUTH. In the search for truth no aid is so effective as the ever-ready spirit of activity. He who postpones putting what he knows into practice until he knows more, will find his journey long and discouraging. One. Carlyle well says, "Conviction, were it never so excellent, is worthless till it converts itself into conduct. Nay, properly, conviction is not possible till there is some action and some result. Most true it is, as a wise man teaches us, that, 'Doubt of any sort cannot be removed except by action.' On which ground, too, let him who gropes painfully in darkness or uncertainty light, and pray vehemently that the dawn may ripen into day, let this other precept well to heart, which to me was of invaluable service, 'Do the duty which lies nearest to thee,' which thou knowest to be a duty. The second duty will already have become clearer."

THE GOOD WORK IS QUICKLY AND SURELY BEGUN. Some medicines require weeks of use before they can realize any promising results, and the great majority of patients are worthless, and in many cases positively dangerous. When weak, broken-down, sick and diseased men and women have used Paine's Celery Compound for a single day their doubts vanish, hope fills the heart, and they are added to the tens of thousands that gratefully sound the praises of a medicine that truly possesses life-giving virtues. If your life is in peril from such a stubborn and desperate disease as rheumatism, neuralgia, liver complaint, Bright's disease, diabetes, nervous prostration, or ailments resulting from impure blood, there are no other, do not hesitate another hour. Paine's Celery Compound will assuredly do for you what it has done so well for your friends and neighbors. It will cleanse the blood, drive out lingering rheumatism and neuralgia, benefit kidneys, trouble and liver complaint, build up the exhausted nervous system, clear the complexion, give good digestion, healthy sleep and perfect vitality. One bottle promptly begins the good work.

THE ART OF BEING DISAGREABLE. This is an art which some people acquire much more readily than others. If any one of our readers is aiming at that end, we have a little advice which we offer free of all charge.

Let him lay it down as a fixed rule that he will not allow himself to be taken in, and moderate praise on the good deeds that are done under his observation.

Let him be equally resolute to criticize with such sharpness of speech as he is able, all the faults and shortcomings of his friends and companions.

Let him be as kind as he can to himself in never complaining of any of his friends, but let him take it for granted that everybody else is in the same condition.

Let him exact with a miser's care all the service that can possibly be construed as belonging to him, and be always as a matter of right, and never as a matter of courtesy or kindness.

A SLIGHT MISTAKE. A pious old lady of Marblehead had a husband who was a seaman. He was about to start on a long voyage, and as his wife was anxious as to her husband's welfare, she sent the following notice to the village preacher: "Mr. Blank, who is going to sea, his wife desires the prayers of the congregation."

As the old lady was quite illiterate, the minister read the following to the congregation: "Mr. Blank, who is going to sea, his wife desires the prayers of the congregation."

A FEW DON'TS FOR THE BEGINNER. Don't dodge work. Whatever comes your way wrestle with it. Don't come down late in the morning. Don't quit too sharp in the evening. Don't take overtime at night hours. Don't gossip, above everything. Don't forget that a man can earn—earn, mind you—anywhere from \$6 to \$60 per week. Don't forget that you want to get into the latter class, but will be satisfied if you only get half way.

RETRIBUTION. She—Do you think there is any such thing as retributive justice upon this earth? He—Oh, yes, I'm sure of it. A man who once endeavored to kick me out of his office for asking him to let me out of his office for asking him to let me out of his office, struck the door casing, broke his knee cap, and has been a cripple ever since. What's more, his daughter is getting to be an old maid.

WITH THE SACES. While the money is hoped for, and for a short time after it has been obtained, he who lends it is a friend or a benefactor; by the time the money is spent, and the evil hour of reckoning is come, the benefactor is found to have changed his nature and to have put on the tyrant and the oppressor. It is an oppression, and it is to reclaim his own money; it is none to keep it from him.—Defense of Usury. He reads the books that all the wise men write; He searches the world for knowledge, not for wit; He thought no man unlearned, so keen his wit; But once he met a stranger—'twas himself.

Cramps and Colic. Always relieved promptly by Dr. Fowler's Ext. of Wild Strawberry. When you are seized with an attack of Cramps or doubled up with Colic, you want a remedy you are sure will give you relief and do it quickly. You don't want an untried something that may help you. You want Dr. Fowler's Ext. of Wild Strawberry, which every one knows will positively cure Cramps and Colic quickly. Just a few drops and you have ease. But now a word of good advice to those who are afflicted with these troubles, and we have it from Mr. John H. Fowler, of Ontario, who writes: "Dr. Fowler's Ext. of Wild Strawberry is a wonderful cure for Diarrhoea, Cramps and Colic in the stomach. I was a great sufferer until I gave it a trial, but now I have perfect comfort."

LA FRIUIT SHOP. Lefebvre Hunt thus described the beauties of a fruit shop: "There is great beauty, as well as other agreeableness, in a well-dressed fruiterer's window. Here are the round, piled-up oranges deepening almost into red, and heavy with juice; the apple with its brown leaf; the pear, swelling downward, and covered with a silvery bloom; the bunch of bunches of grapes, like so many little bags of wine; the peach, whose handsome leather coat strips off so easily; the pearly or ruby-like currants, heaped in light, long baskets; the red little mouthful of strawberries; ditto, the larger purple ones of plums; cherries, whose old companion with lips is better than anything new; mulberries, dark and rich with juice, fit to grow over what Homer called the deep black-watered fountain; the swelling pomp of melons; the rough, luscious-looking, succulent nut; the nut, the elaborate elegance of walnuts; the quaint casio-nut; almonds, figs, raisins, tamarinds, green leaves: in short, as Milton says: "Whatever Earth all-bearing mother yields in India, East or West, or middle clime, In Pontus or the Paeon coast, or where Aethiops reigned: fruit of all kinds, in coat Rough, or smooth, rind, or bearded husk on shell."

"MY FRIEND DESPAIR." La Grippe and Nervous Prostration Had Brought Captain Copp Near to Death.—South American Nerve was the Life Saver.

"I am so well pleased with Dr. Agnew's Catarrh Powder, and the good results derived from them that I hardly know how to express myself. For years I have been troubled with Catarrh in the head and throat. I tried different remedies, but found no relief until I began using Dr. Agnew's Catarrh Powder. It has cured me, and I highly recommend it." Mrs. M. Greenwood, 204 Adelaide Street West, Toronto. Sold by A. T. Brown.

Don't lose sight of an honorable enemy; he'll make a good friend.

Free to Every Sufferer. Those who are afflicted with Rheumatism, Sciatica, Lumbago, Neuralgia or Gout can have a full sized box of Milburn's Rheumatic Pills, free of charge, by sending their name and full statement of their case to T. Milburn & Co., Toronto, Ont.

It is the only policy because it is the only policy which insures against loss of character.

Did't Dare Eat Meat. What dyspepsia needs is not artificial digestants and stomachic remedies, but a healthy stomach right so it will manufacture its own digestive ferments. For twenty years now Burdock Blood Bitters has been permanently curing every case of dyspepsia and indigestion that other remedies were powerless to reach. Mr. James G. Keirstead, Collins, Kings Co., N.B., says: "I suffered with dyspepsia for years and was nearly cured, but got no relief until I took Burdock Blood Bitters. I only used three bottles and now I am well, and can eat meat again. I highly recommend it to all stomach disorders and indigestion."

The soaring hawk has no ear for music and rates the cry of the partridge above the song of the nightingale.

Obolera and all summer complaints are so quick in their action that the soul and head die in upon the victims before they are aware that danger is near. It is attacked do not delay in getting the proper medicine. Try a dose of Dr. J. D. Kellogg's Dysentery Cordial, and you will get immediate relief. It acts with wonderful rapidity and never fails to effect a cure.

CASTORIA For Infants and Children. Ever Reliable and Welcomed by the Most Delicate Stomachs. Von Stan's Pileopile Tablets. Let the worst dyspeptic eat a pileopile a day for six months, and so greatly would his health improve, he would look and feel like a new person. The reason is plain. The pileopile holds a generous supply of vegetable pepsin, which, next to the juices of the stomach, is the greatest digestive now known to man. Very few people can obtain the daily pileopile but everyone can get Dr. Von Stan's Pileopile Tablets which are mainly composed of this precious fruit juice. They are eaten as candy, and as harmless as ripe fruit, and always give satisfaction. They cure all digestive troubles. Box of 50 Tablets, 35 cents. Sold by A. T. Brown.

Both are equally absurd, he that will burn his taper while the sun shines, and he that will go to bed in the dark to save the expense of light.

Mr. T. J. Hemes, Columbus, Ohio, writes: "I have been afflicted for some time with Kidney and Liver Complaints, and had Paine's Pills the best medicine for these diseases. These Pills do not cause pain or griping, and should be used when a cathartic is required. They are Glycerine Coated, and rolled in the Flour of Licorice to preserve their purity, and give them a pleasant, agreeable taste."

Whatever touches life with upward tendency is education. Hargrad's Yellow Oil is a useful remedy to have in any house. It is good for man or beast. Relieves pain, reduces swelling, allays inflammation, cures cuts, burns, bruises, sprains, stiff joints, quinsy, sore throat, kidney complaint, etc. Price 25 cents.

There is nothing makes a man suspect more than to know little. Worms cannot exist either in children or adults when Dr. Low's Worm Syrup is used. 25c. All druggists.

There is a remedy for every wrong and a satisfaction for every soul.

A Port Hope Lady Undergoes a trying experience, from which she is at last freed by the use of Milburn's Heart and Nerve Pills.

Mr. F. J. ARMSTRONG, one of Port Hope's best known citizens, speaks as follows:—"My wife has had a terrible time with her heart for the last three months. The pains were intense, and she had another feeling together with shortness of breath, weakness and general debility. I was unable to do her any good. We had about given up trying when she started to take Milburn's Heart and Nerve Pills. They have toned her up wonderfully."

"She is stronger to-day than she has been for months, thanks to Milburn's Heart and Nerve Pills. I am sure there can be no better remedy for their remarkable effects in Mrs. Armstrong's case."

Laxa-Liver Pills cure Constipation, Sick Headache and Dyspepsia. Man has his will,—but woman has her way. There never was, and never will be, a universal panacea, in one remedy, for all ills to which flesh is heir,—the very nature of many curatives being such that were the germs of other and differently seated diseases rooted in the system of the patient,—when such relief as he in turn would aggravate the other. We have, however, in Quinine Wine, when obtained in a sound undiluted state, a remedy for many and grievous ills. By its gradual judicious use, the frailties of the system are led into convalescence and strength, by the influence which Quinine exerts on Nature's own restoratives. It relieves the drooping spirits of those with whom a chronic state of morbid despondence and lack of interest in life is a disease, and by tranquilizing the nerves, disposes to sound and refreshing sleep, imparts vigor to the action of the blood, which, being stimulated, courses throughout the veins, strengthening the healthy natural functions of the system, thereby making activity a necessary result, strengthening the frame, and giving life to the digestive organs, which naturally become increased substance,—result, improved appetite. Northrop & Lyman, of Toronto, have given to the public their Quinine Wine at the usual rate, and, gauged by the opinion of scientists, this wine approaches nearest perfection of any the market. All druggists sell it.

Men are never so good or so bad as their opinions. English Spanish Liniment removes all hard, soft or calloused Lumps and Blemishes from horses, Blood Spavin, Curbs, Splints, Ring Bone, Breech, Stiles, Sprains, Gout and Swelling Throat, etc. Save \$50 by the use of one bottle. Warranted the most wonderful Blemish cure ever known. Sold by A. T. Brown.

Don't call a spade a spade when it is a shovel.

CASTORIA For Infants and Children. No man is accountable for the mistakes of his friends. RECEIVED TO DEATH. Invidious to the Last Degree—Kidney Trouble, Strenuously Worked—South American Kidney Cure a Potent Healer. This caption could be truthfully written on many a burial certificate, and in numbers that would appal. Bright's disease, diabetes, dropsy and stone in the bladder, inflammation of the bladder, dropsy. Any or all may be induced by causes least suspected, perhaps the least thought of, and yet most dangerous in the backache symptom. Don't dally with kidney pain. South American Kidney Cure is a quick relief and a potent healer.—Cleanse and cure. Sold by A. T. Brown.

Oddities and singularities of behavior may attend genius. When they do they are its misfortune and its blemish. The man of true genius will be ashamed of them; at least, he will endeavor to distinguish himself by whitewashed peculiarities.

Milburn's Sterling Headache Powders are easy to take, harmless in action and sure to cure any headache in from 5 to 30 minutes.

CASTORIA For Infants and Children. Castoria is for Infants and Children. Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It contains neither Opium, Morphine nor other Narcotic substance. It is Pleasant, Its guarantee is thirty years' use by Millions of Mothers. Castoria destroys Worms and allays Feverishness. Castoria cures Diarrhoea and Wind Colic. Castoria gives Teething Troubles, cures Constipation and Flatulency. Castoria assimilates the Food, regulates the Stomach and Bowels of Infants and Children; giving healthy and natural sleep. Castoria is the Children's Panacea—The Mother's Friend.

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