The Acton Free Press

EVERY THURSDAY MORNING. -AT THE-Free Press Steam Printing Office, ACTON, ONT.

TERMS OF BUSSCRIPTION—One dollar per year strictly in advance. All subscriptions discontinued when the time for which they have been paid has expired. The date to which every subscription is paid is denoted on the address ADVERTISING RATES-Transient advertise-ments, 10 cents per Nonpareil line for first in-sertion, 3 cents per line for each subsequent insertion.

CONTRACT RATES—The following table shows our rates for the insertion of advertisements for specified periods:— |1 XB. |6 MO. | 3 MO. | 1 MO \$60.00 \$35.00 \$20.00 \$7.00 \$5.00 \$0.00 12.00 8.00 \$20.00 12.00 7.00 2.50 \$6.00 3.50 \$2.00 1.00

7.00 8.00 7.00 9.50 9.00 1.00 Advertisements, without specific directions, will be inserted till forbid and charged accordingly. Transient advertisements must be paid nadvance. Advertisements will be changed once each month if desired. For changes oftener than suce a month the composition must be paid for at regular rates. Changes for contract advertisements mus no n the office by noon on Tuesdays. Accounts payable monthly.

Business Directory.

H. P. MOORE

Editor and Proprietor

MEDICAL. TOHN M. MACDONALD, M. D., C. M.

HUCCESSOE TO J. F. UREN, M. D. C. I Office and residence—Corner Mill & Frederick Office Hours: -6 to 10.30 a.m.; 1 to 2 p.m., and to 9 p.m.

DR. F. J. R. FORSTER. BUCCESSOR TO .

DR. A. S. ELLIOTT. Late resident Physician and Surgeon to Victoria Hospital for Sick Children, Toronto. OFFICE-Mill Street-lately occupied by Dr

PR. DRYDEN. EYE, EAR, THROAT AND NOSE, McLean's Block, Douglas St., near P. O., GUELPH.

SUNDATS-10 s.m. to I p.m. DENTAL. L. BENNETT, L.D.S., DENTIST. GROBGETOWN, ONTABLE

COGHLAN, D. D. S., L. D.S., WORK CAREFULLY DONE. PRICES MODERATE. OFFICE OVER BROWN'S DRUG STORM. Hours-Eveny day from 9 to 6.

M. BELL, D.D.S., L.D.S. BROOKVILLE. HONOR GRADUATE OF TORONTO UNIVERSITY. Work made Satisfactory. Prices Moderate. Visiting Days.—Monday afternoon, Camp-bellville; Tuesday, Acton, Office—Clark's Hotel; Friday, Rockwood.

LEGAL. MoLEAN & McLEAN Barristers, Solicitors, Notaries, Conveyancers,

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OFFICE-Mill Stroot; in Matthews' Block, Upstairs. B. McLEOD, BARRISTER, SOLICITOR, CONVEYANCES.

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ACTON ONT.

MISCELLANEOUS.

MISS WILLIAMS. -MUSIC OF GROEGETOWN. Successor to Miss Laidlaw, is prepared to give

thorough instruction in music—piano or organ—in theory and practice. For terms apply to Miss Williams at Mr. Jas. Matthew's residence HENRY GRIST. OTTAWA, CANADA.

Bolicitor of Patents, for Invention, etc. Prepares Applications for the Canadian, American, and European Patent Offices, and for the Registration of Trade Marks. Bend for pamphlet. Thirty-two years experience.

FRANCIS NUNAN BOOKBINDER. Quelph, Ontario Wyndham St., Over Williams' Store.)

Account Books of all kinds made to order eriodicals of every description carefully bound. uling nearly and promptly done MARRIAGE LICENSES. H. P. MOORE,

ISRUED OF MARRIAGE LICENSES. Private Office. No witnesses required. Issued at residence in the evening. Free Press Office, AUTON

WM HEMSTREET, LICENSED AUGTIONEER For the Counties of Wellington and Halton Orders left at the Farm Parss office, Acton, or t my residence in Acton, will be promptly at-orded to. Terms iteasousble. Also money to loan on the most favorable sums, and at the lowest rates of interest, in sums of \$500 and pwards.

BUBSCRIBED STOCK CAPITAL \$125,000. THE WELLINGTON MUTUAL FIRE INSURANCE COMPANY. Established 1840. GUELPH, ONT I NSURANCE on Cash and Mutual plan. Any communications forwarded to my address, liox 293, or telephone 53, will be promptly attended to.

JOHN TAYLOR, Agent, Guelph AUTON Machine and Repair Shops HENRY GRINDELL Proprietor

RE well equipped with all the machiner necessary to execute all repairs to machinery and agricultural implements, and to do all kinds of steam-fitting, horse-shoeing and general blacksmithing. Woodwork repairs performed in a satisfactory manner. We can repair any machine or implement of any make. Baw umming and filing done.

Acton Saw Mills. and Wood Yards.

JAMBS . BROWN MANUFACTURER AND DEALER IN Lumber, Lath, Shingles, Wood, Rtc. il kinds of Wood in stock and promptly delivered to any part of the town at

on hand

AGENTS WANTED-For "The Life AGENTS WANTED—For "The Life and Achievements of Admiral Dewey," the world's greatest naval hero. By Murat Halstead, the life-long friend and admirer of the nation's idol. Biggest and best book; over 500 pages, eight by ten inches; nearly 100 pages halftone illustrations. Only \$1.50. Enormous demand. Big commissions. Onlift free. Chance of a life-time. Write quick. The Dominion Company, 3rd Floor Caxton Bidg., Chicago Hardwood and clabs out stove longile alway

NEW SUPPLY

OF

Lawn Tennis Rackets Balls.

All Fresh New Goods.

Strong in Hammocks.

Prices Very Low. DAY'S BOOK STORE, Guelph

Day sells cheap. Waters Bros. Pictures Waters Bros. Frames

Waters Bros. Artists'

Goods

WATERS BROS., MAHCINYW

STREET. STORE Guelph.

Files and Human Beings Are two distinct families and cannot

live happily together. Fit your windows and doors with Screens from Symons' and enjoy life alone. Office Houns-10 .m. to 1 p.m. and 3 to 6 p.m. Croceries.

> Tomatoes 7c. Corn 8c. Salmon toc. best red. 4 pkg. Corn Starch 25c. Best American Coal Oil 18c.

Ready-Mixed Paints and Paris Green SYMON BROS.

COR, MILL & MAIN STS. ACTON

Welland Vale J. C. HILL Bicycles . . AGENT.

Call and see the new WELLAND VALE Bicycles at the Bicycle Livery. The "Perect," "Garden City," and "Dominion" are the leading grades, while the "Perfect has merits which will be appreciated by all wheelmen. It is an undisputed fact that the Welland Vale Wheels cost less for repairs than any other wheel. parture Automatic Brake gives the rider omplete control.

Prices right for purchasers who mean J. C. HILL

Main Street PLANING MILLS, ACTON ONT.

John Cameron,

Architect and Contractor.

Manufacturer of Sash Doors Frames Mouldings in all styles

DRESSING, MATCHING, and MOULDING to order on short notice.

the times. JOHN CAMERON

Proprietor Two Kinds of Men

to be found everywhere - latest fashion plates). those who are obliged to dress roughly while at work and pleasure. Call and see us. those whose occupation involves no difference in attire. For the laborer we have heavy, substantial boots; for the sensible shoes; for the boys and girls good knockabouts,

and for the ladies the latest

OUR FALL STOCK

novelties in footwear.

is now coming in and embraces goods sure to please our customers as to style, quality and prices. CALL AND SEE OUR NEW LINES

W. WILLIAMS.

MILL ST. Mail and Business Practice

Is the most interesting and practical course of study in Bookkeeping and Accounting for boys and girls leaving Public and High Schools.

Shorthand and Typewriting, special facilities, Individual Tuition, no classes formed. Parents are invited to investigate. Fall term will commence Monday, Aug 29. QUELPH Business College and Shorthand Institute

J. SHARP, Principal

-THB-TRADERS' BANK OF CANADA

Capital Authorized..... \$1,000,000

Guelph Branch

We are now issuing Money Orders payable at par at any branch of Chartered Bank in Canada, excepting the Yuken District, at the following rates:— .10 cents.

12 cents.

HIGHEST CURRENT RATE OF INTEREST paid on sums deposited of \$1 and upwards. Interest allowed from date of deposit to date of withdrawal and paid or compounded half

Advances made to responsible farmers their own names at the lowest current rates. No charge made for collecting sales notes

> A. F. H. JONES, For "

A general banking business transacted.

Hardwood Floors

And cleaning Woodwork of any kind the best and most easily applied preparation is

Floor Wax English

Contains no oil or varnish Gives a perfect polished

Does not show heel marks nor scratches. We are sole agents for this

preparation for Guelph and vicinity. John M. Bond & Co-

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W. BARBER & BROS. PAPER MAKERS,

HARD WARE.

GEORGETOWN, ONT. MAKE A SPECIALTY OF

Machine Finished Book Papers

HIGH GRADE WEEKLY NEWS.

The paper used in this journs is from WM. BARBER & BRO

CASH PAID PRODUCE FARM Onions

Butter

Poultry Eggs Etc. Pork -Apples Wanted-

AIKENHEAD PRODUCE CO. G. PARSONS, Manager. Cor. Mill and Main Sts. (Opposite Clark's Hotel.)

COOPER & AKINS

The ... Artistic Tailors,

REG to announce to their friends and the public generally, that they are now complete in their Spring and Summer goods, consisting of the latest novelties from the best looms of the world, and styles that are shown in New There are two kinds of men York and London. (See our

To show our goods is a Fit and workmanship guar-

anteed. Sole agents in Acton for celebrated Bellwarp business man comfortable, Serge which does not fade or change its color in two years wear or money refunded.

COOPER & AKINS. - ACTON MAIN ST.,

This word is our copyrighted guarantee for Purity and Strength when seen on our goods. It makes them the standard for their several

purposes and its presence protects you from mitations and inferior goods. Look for it. Plant Spray Persiatio Plant Spray contains no mineral poison—arsenic or paris green. Sure death to all insect life fungi, etc. Harmless to vegeta-tion. Canada's only reliable spray.

Sheep Dip Persistic Sheep Dip is a preparation for the cure of skin diseases and the eradication of vermin in sheep and cattle. It is highly medicinal and does its work with no drastic or irritating effects. Endorsed by leading sheep

Horse Wash

Persiatio Horse Wash is a specially propared medicament for the cure of skin diseases peculiar to horses and for ridding them of all insect pasts and vermin. It has a surpassingly refreshing effort, brightens the polt and puts the skin in a thoroghly healthy condition. Price \$1.00 per 31 os. can. Pig Wash
Persiatio Pig Wash is successfully used in all
cases of akin diseases of awine, and for destroy.

ing nits, lice and vermon generally. Keeps the skin in healthy condition and cusures a healthy appearance in the dressed animal for market. and Poultry Powder. Persistic Hen House Spray and Poultry Powder destroy vermin peculiar to the feathered stock—on fewis or in sheds. Acts as a disinfectant, destroying germs and purifying the atmosphere. Used liberally they prevent roup and kindred diseases.

Purchase these goods from your dealer or send to us direct for them. We invite correspondence.

The PICKHART RENFREW CO., Limited. Stouffville, Ont.

Poetry.

THE PUMPKIN'S PARTY. The Pumpkin made a party for her friends one

autumn ove, With the Harvest Moon to act as chaperon, And the orohestra of katydids and crickets was ongaged That the music should be of the proper ton

The party place selected was the cornfield by the wood. Where the shocks of corn stood soldier-like is To grace the glad occasion with a military air And to guard the timid maids from fancied

The guests were Misses Hubbard Squash, I gowns of richest green, And their crook neck cousins, dressed ! golden bucs. and the Watermelon family, with all their kith and kin. And the Carrot and the Beet with

shoes.

The Pareley and the Onion and Tomato (drossed in red). And the Popper with her temper well in hand, And the youthful Dr. Cucumber, without bught of pain. And campble Bean from distant Boston land. The Sweet Potato brought of course her dearest Peanut chum, And the Hadim and the Colory were galore, so and the Parenip and Potato,

While the Cabbago Head and Turnip came at The brilliant dance was opened by the graceful Gladys Hop With a vegetable of very great remown. And the waltz between the stubble

The chaperon benignant smiled upon the bashful boaux Till they quite forgot their quaint and rural And, choosing blushing partners from the fair and modest guests,

Soon were swinging through the gay and glddy maze. he Pumpkin served refreshments of delicious sort. Though the dish that all the guests preferre was pio.

While the Gourd, with stately manners, passed the amber nectar round Which he brought from youder-older mill hard by. t was the "dearest" party that the Squash has

And the Carrot and the Turnip said the same. The Owlet with his camera took a snap, shot of the group, And throughout the land was spread Pumpkin's fame. Peters ?" -Good Housekeeping.

Select Family Reading.

How the Clipper Got the News.

Pauline and Polly Peters, enterprising twins, aged 7, had just seen a wedding for the first time in their short lives, and were engaged in reproducing the event to the best of their remembrance.

Pauline, with a prematurely solemn air held a last year's almanac in her hand and figured as the officiating clergyman, while ly camped in a white dury, white and weigh buttons in her Land, was the bride. The most impressive part of the cere mony, to their minds, was the throwing of rice and old shoes after the departing pair,

and the insurmountable difficulty of introducing this feature into their reproduction caused them much distress. A bride, Polly complained, couldn's well throw rice at herself, and as Pauline thought it needed a back or some kind o

a conveyance to make the thing complete t was at last reluctantly decided to omit this most interesting part of the marriage. The wedding procession, conspicuous for a trifling oversight in the matter of a bridegroom, was on the point of starting down to the barn, where the event was taking

place, when a young man drove into the yard, and, hitching the horse, rang the bell to enquire for the twins' grown-up sister. For a minute the children gazed at each other as the door opened to receive him, then a brilliant thought struck them simultaneously. Off came Polly's veil and dow

went Pauline's book. "That's Charley Bingham come to take sister to ride," gasped Polly, dancing up "I know it," said Pauline excitedly,

"and we haven's a minute to lose. You run right up to the house and get all the rice you can and I'll borrow some of the "Oh, Mrs. Herrick," she panted breathlessly a moment later, as she rushed into that ludy's door, "won's you please let me

have some rice?" "Why, child, what do you want of rice?" You are not having a wedding at your house, are you?" "Yes, ma'am, an' please hurry, or it wil

"But who is it for ?" "For sister Sue !" shouted Pauline, who was in too much hurry to stop for elaborate explanation, and raced back to meet Polly, who had she good fortune to flad a bag of stuff which the grocer had left on the kitchen table. "Why, haven't they kept that pretty

be too late."

quiet," inquired Mrs. Herrick of her caller, Mre, Smith, as she picked up her knitting, and both ladies drew their obairs to the window on the side next the Peters' house o watch the course of events more closely. "There goes Parson Hildreth 1" exclaimad Mrs. Smith. And sure enough that reverend gentleman was seen coming down the steps next door, having made a call

upon the twius' father. "I though that would be a match some time. But what are those children doing

Pauline and Polly, in their stocking feet were tying white ribbons on the horses' foretope and two pairs of small shoes were seen dangling under the carlast knot and skipped into the barn after their bags of rice, when Mr. Bingham came ones. out to get his team. He was a desperately shy young man and not especially observ ing. Being slightly sgitated, too it is doubtful whether he would have noticed had his horses turned into prancing sebras during his absence, and it is not strange that the

ribbons' and other decorations failed to attract his attention. Pretty Miss Sue Peters next appeared to take her place in the catriage, and Mr Bingliam had just gathered up the reins preparatory to the start when a cloudburst of rice enveloped him, the carriage, the horses and a good share of the people on

the street. The horses started with a jump, and seventeen miles.

further irritated by the fluttering ribbons before their eyes, sweps down street at a SEASON.

runaway pace. The shoes swung back and forth under the carriage for some distance, but finally dropped off in front of the office of the Snowsville Clipper, and Editor Dodge, who had a realization of the fact that eternal vigilance is the price of news tems, cast his eagle,eye out of the window of his sanctum sanctorum in time to not the occupants of the flying parriage, the rice, and the shoes in front of the office

"Hold on, John," be called to the foreman, who had just finished making up the paper; "quicok the last form and take out half a column of the least important matter. I will be lack in a few mioutes

with something to fill iu." So saying, he rushed out, and striding up the street, met by chance the lady who had been visiting Mrs. Herrick that after-

"Heard about the wedding?" she asked

him as he drew near. "No, but was just going to find out about it," he answered. "Young Bingham and Suale Peters, wasn't it. "Yes. I was next door during the cere-

mony, and it was the quictiest thing in the

way of a wedding I ever heard of." "Who married them?" "Parson Hildretb, and he was the only their rice and old shoes and gave the couple

good send off." "What was their dress," queried Dodge, jotting down the points as fast as his garrulous informant brought them out.

"White dook skirt, pink shirt waist and a plain sailor hat. She looked real sweet, out no one would suspect from her dress." . Mr. Peters was among the first that afternoon to get a poper, but without stopping to look at its contents, he wended bis way home and tossed the sheet into his wife's lap.

'Here, mother, is the 'Illuminator,' his favorite name for the Clipper. "Where are the twins?" "I put them to bed," said Mrs. Peters, unfolding the paper, "that they might realize how naughty they were this after-

noon, but ob, what is this-Bingham-With wide distended eyes-horror and iudignation and amazement in her whole attitude, she began to read the news while it was nows and decidedly fresh.

"A pretty home wedding took place this afternoon at the residence of our esteemed fellow citizen, Mr. John F. Peters, whose eldest daughter, Miss Susan Amelia was find nothing equal to canned sweet older united in marriage to Mr. Charles Gerald | Easily prepared and a product of the farm Bingham, a rising young lawyer of Snows-

only the immediate members of the bride's family being present-which was performed, by the Rev. Dr. Hildreth, pastor of the First Church. The bride, one of Snowville's fairest daughters, was plainly but most becoming-

The wedding was a quiet affair-indeed

the happy couple with rice as they started away on a carriage trip. Mr. and Mrs. Bingham are popular young people, and the Clipper joins their host of friends in extending congratulations and good wishes."

"These wretched children!" breathed

Mrs. Peters, starting to her feet, while Pauline and Polly covered their guilty beads with the bedelothes. "Don't faint, mother, don't! His teemed fellow citizen is going right down to interview Editor Dodge, and while I'm gone you can write up his obituary.

guarantee that it will be founded on fact

at least. Where's my hat ?" But Mrs Peters was dissolved in tears and before her husband succeeded in fin ing his head covering, alone and unaided Sesie and young Bingham returned from their ride in a state of satisfaction that even the Clipper was powerless to disturb. After they had read the account of their wedding Mr. Bingham plucked up courage to propose that they regard it as a prophecy and proceed immediately to fulfill it.

Mrs. Peters, in the awkward circumstances in which they were placed. approved of the idea, and Mr. Peters, after a time, was persuaded at a less murderous looking angle and departed in search of Parson Hildreth instead of the moving spirit of the press, while Mr. Bingham sought the town clerk to procure a license. At the intercession of their sister the term of imprisonment was shortened for the twins, and they emerged from their temporary confinement in a state of ubdued joyousness that found expression in a remark from Polly to the effect that

they would play nothing but funerals after But Editor Dodge never really understood why Mr. Bingham subscribed for the Clipper and paid down ten years in advance, with the remark that he liked to encourage genius, or why Mr. Peters at the same time stopped his subscription and tried for a whole year to exist by borrowing his neighbors' papers .- Atlanta Constitu-

GETTING ROUND A DIFFICULTY Bir Frederick Goldsmid tells an amusing anecdote about the construction, under his superintendence, of a telegraph line from Bagdad, in Asia Minor, to the Persian capital of Teheran. The frontier line between Turkey and Persia was so undefinable that a tract of no less than seventeen miles of land over which the telegraph would have to be carried was in dispute each of the two countries claiming the

right to its possession. Now, the engineering stores which our Government supplied to the Turkish Government differed from those supplied riage. They had barely finished tying the to the Persian Government. The former had wooden telegraph poles, the latter iron

wooden poles were erected across the lings. disputed territory, posterity would regard them as a proof that the territory was Torkish. On the other hand, the Torks objected to iron poles being used, lest in the future they should be adduced by Persia as evidence that the land was hers.

out of the difficulty did credit to his ingen-

HELPS FOR THE HARVEST

VARY THE VEGETABLES EACH DAY. At noon when the men arrive hot and weary from the field I quickly serve them dinner in a pleasant, cool dinning-room My dinner is composed of vegetables pre- The drawings are made about twice the pared differently each day, such as spiced beans, oucumbers with cream, onlone with cream, pickled cabbage served with mash- minor inequalities. The cute are made by fruit or pudding, strawberries, cherries or zine surface. The wash drawings are apples, served occasionally with whipped really water-color sketches in black and cream for a change and only fresh cold white, but are made so as to provide for water to drink. After the dinner is fin- some reduction-usually not so much as in ished, have waiting some easy chairs, a the case of pen-and-ink sketches. These pillow at easy reach in a cool place where are reproduced by being photographed, the the men may rest, and I rest also. Occa- photograph being afterwards thrown with eionally I make ice cream and lemonade, the aid of a strong light on a copper serve it with rich cake for a treat which surface which is covered with acid. These my husband enjoys very much. Most plater, which are technically known as farmers relish a variety of food and they "half-tones," are more expensive and more

are entitled to it .- Your neighbor. THE KITCHEN DINING-BOOM Some of the first requisites for comfort on hot days are cool sleeping and cating way as a wash drawing. To get a color planning, a kitchen may be made cool. will give from two to four colors. Some have a range or kerosene stove in the shed. If obliged to eat and cook in sitting room floor, don't say a word. Never can do it yourself. Doing things beforehand gives one time to rest and plan. Give the children a lunch at 11 and they won's be clamorous at dinner. Put the little ones in their cribs, have the older ones wait on

tuble.-E. B. EAT ANYTHING GOOD. While I fully agree with the article in recent week's leage in regard to skimmilk as a healthful and satisfying drink for farm men, yet in the hot weather one soon tires of steady diet or drink. After 20 years of experience in cooking and preparing food and drink for farmers and farmers' sons in the hay and harvest season. I find a frequent change of diet and drink is necessary as well as beneficial to health and happiness. I use lemonade, cold tea and coffee (not load), Hire's root beer, motox or cherry phosphite, and as a staple drink it is excelled by nothing else in the drink line. For the benefit of a few who may never have used it I will give directions how to prepare it. In the fall when the cider comes from the mill I commence to draw it off in pans and granite kettles, or a new, clean boiler could be used, and heat it just to the boiling point. As soon as starts to bubble, just at the boiling point seal up tight, just as though it were canned fruit, set away down cellar and in harvest time there is nothing equal to it to quench thirst. It is cool and pure and contains all the nutritive qualities of a good apple. As to the preparation of food, almost any kind tastes good and there is no reason why hearty men and hard working, growing boys should not eat all kinds, be it pie, cake, or even fried cakes and griddle cakes, and as long as oil stoves and oil as cheap as they are, no one need to make herself an unnecessary amount of labor or be injured by the heat in preparing any

kind of a meal. It is all "both" worrying about our woman being overworked preparing food. There is no truer, nobler work for woman to do than preparing food to sustain those who are gathering into the fold the fruit and grain that God has given us. Of course I would not be understood as for tardiness from parents of pupils some saying there are no overworked woman, times receive very amusing notes. Here for there are many such, and the reason is are a few specimens from a number remany times because the work that should ceived some time ago. be evenly distributed through a family all falls on one pair of shoulders. Children are not properly taught to bear their share of the burdens of everyday life, busbands are negligent and forget to do the many little things that are so much help in rounding up the day's duties, to the wife that is not over strong. If we would all "do our duty in the state of life which it has pleased God to call us" how many hames would be happy, how many weak overburdened women would find rest .-

JUST FOR FUN. "I thought you advertised your home fare," said the summer boarder indignant-"Wal," replied farmer Corntassel, 'that's what you're gettin'; canned peaches, canned tomattures, canned corn beef, and condensed milk, the same as you're used

THE REASON HE CHANGED SIT UATIONS.

"Did you hear the reason why I left my old-employers," said a drummer the other day to a few friends. To this enquiry desk : they all gathered around, fully expecting to hear a good story as "Tom" (familiarly called by his friends), tilted back in his "I answered an advertisement about a

new book "Light of Life," as the title struck me foreibly, and I found it contained the story of the New Testament, together with explanations of all the more difficult portions, thus being a complete Commentary. It also contains the complete lives of the Apostles; that this work was really two volumes in one embellished with some of the best illustrations I ever saw. The statues of the Apostles were by the renowned sculptor; Thorvaldson, these having been reproduced and published in connection with the The Persian Government, in their jeal- Sixteen Masterpieces of the world-famous ous hatred of the Turks, feared that if Blockhorst, Hofmann and Habn engrav-

Knowing that not a family in a thousand had the lives of the Apostles or a Commentary, and that, this book would have an enormous sale, and as my old employers could not hold out sufficient inducement to equal the offer of the Bradley Garretson The way Sir Frederick contrived to get | Co. Limited, I concluded to give up "drum ming," and took hold of "Light of Life." gity and resource. He set up first a I assure you friends this change was the wooden pole, then an iron one, then wiscest I ever made, and I shall never regret snother wooden, then an fron again, and it. If you want to make money easy and, so on, alternating wood and iron, for the fast, write their Brantford House for position like mine:

THE STUDY OF ART.

The chespest way to add to one's knowledge of art is to study the illustrated periodicals of the day. Every person should be able to distinguish between penand-iok sketches and wash drawin: s. Penwhere no flies are allowed and which is and-ink illustrations are made either from kept darkened except during the meal hour. original sketches or from photographs. size of the cut required so as to allow of such reduction as will remove the traces of ed potatoes and cold mente; some kind of the action of light on acid spread over a

> delicate than the zino plates made, from peu-and-ink work. Photographs are reproduced in the same

rooms and water for baths if desired. If effect for a cover or a frontispiece, two or not shaded by trees, plant vines. With more plates must be used. Two plates that play is one of the best means of rest All this study of pictures is interesting and tends to develop one's appreciation of one there dutaide of the family. I don't the kitchen, cook the bread, vegetables, the beautiful, and to make one appreciate forms of activity different from those believe their nearest neighbors would have desserts, etc, early in the morning. At 11 color, proportion, grace and harmony. It called forth in his daily work and often known anything about it if it hadn't been o'clock a fire of chips or light wood is all also has the effect of making a person these fundamental in race development. for the twins. They were on hand with that will be necessary. That will be out more observant. The more one sees in the when the men are called to dinner. Make life about him, the more he is able to enjoy system are thus brought about much more an extra pot of tea and coffee for the hay it. The man who cannot appreciate a perfectly than by merly stopping work in field. Have lemon juice and sugar mixed pretty picture in all its details is not fully order to rest or by doing something that ready for lemonade, or make and set on educated. The only Canadian publication requires little effort and attention. Recent ice. If the drinking water is cold, don't which regularly employs both pen-and-ink careful studies of the biographies of noted use ice. If the men lie on the parlor or and water-color artists is the Canadian Magazine, elshauph pen-andiuk work of rush or ask them to wait on you when you less artistic character is to be found in most Canadian dailies.

> PERSPIRATION A HEALTH ES-SENTIAL.

Perspiration is essential to health writes Edward B. Warman in the August Ladies' Home Journal. A person in good bealth never suffers from the heat or cold unless unduly exposed. .One may be inconvenienced by excessive perspiration, but it is a condition of health rather to be sought than to be avoided. Too much of good thing, however, is not desirable. Proper care of the body, proper diet proper exercise, with proper bathing, will produce the normal condition-in which condition the heat will not oppress any one. Let me especially caution against the too sudden checking of perspiration millions of canals or tubes from the inner part of the body open their little months at the surface, and through these channels.

as careless as the flow of time, a fluid containg the waste and impurities of the system is passing outward and is emptied out of the skip. This fluid must have exit or we die in a few hours. It it does not have vent at the surface of the body it must have some internal escape. Nature abhors shooks as she does a vacuum. cold contracts them, and the fluid is at first arrested, then dammed up, and then it rebounds. If these mouths are gradually closed Nature has time to adapt herself to the circumstances by opening her channels into the great internal waterways of the body, and no harm follows ; hence the safety and wisdom of cooling off

physically sound.

LAUGHABLE EXCUSES. Teachers who require written excuses

"Dear sir, please excuse James for ness. I kneaded him after brekfust." "Please forgive Billy for being turdy.

was mending his coat. The third excuse goes more into detail but is none the less interesting. "Mister sir, my Jason had to be late to day. It is his bisness to milk our cow She kicked Jase in the back to-day when he wasn't looking or thinking of her actin so he thot his back was breke, but it ain't But it it is black and blue, and the pane kept him late. We would git rid of that cow if we could. This is the fourth time she kicked Jase, but never kicked him late

before. So excuse him for me." A girl absent for half a day brought th following satisfactory excuse: "Miss teecher,-My dotoor's absents ye terday was quavodabel. Her shoes had be half-souled, and she had a sore throte and try his fortunes in the Klondike. Two Her knostitushan is delikit and if she of her upper teeth had been replaced by absent any more you can knew that it is en pieces of burnshied metal, and one of her acount of unavodable sickness or some-

thing else."

A boy absent for half a day laid the "Dear sir, please excuse Henry went to grandpapa's funeral-with-me this. forenoon. I have been promising him for several weeks that he might if he was

good, and he has been very good, so I kept

IRREVERENCE ONE OF OUR PERILS "Mischievous is the irreverent and soornful use of the tongue that often volgarizes the very temple of sweetness and purity," writes Rev. Newell Dwight and then the Yankee man got an idea. In Hillis, D. D., in the August Ladies' Home | a short time there was an epidemic of gold Journal. "No person of refinement and teeth. The novelty man came out with culture can doubt that irreverence is one of his plated shells and sold them like hot the perils of our day. In former times cakes. No one but the dentist has any men entered the cathedral, rich with kick against the imitation gold tooth, and colored glass, with marble and rictures and rare tapestries, to whitewash the frescoes, emash statues, and use the paintings and tapestries for doormats. But it has been reserved for our generation to enter the get tarnished."-Chicago Inter Ocean. temple of reverence to destroy all ideals, to rob the noble names of their grandeur and the noblest places of their majesty. Today vulgarity permits sauctity to attach to few objects or ideas. In 1896, when Athens revived the Olympian games and America sent its representatives, there journed to that ancient laud a vender of

patent medicines, who was discovered

plaster upon the walls of the Parthenon!"

PRICE THREE CENTS

SOME OF THESE DAYS. Some of these days all the skics will be Some of these days all the burdens be lighter;

Hearts will be happier-souls will be whiter-Bome of these days! Some of these days in the desorts upspringing, Fountains shall spissh while joy bells are ringing.

And the world with its sweetest of go singing-Some of those days !

Paith in the future-its light we may berrow-There will be joy in the golden to-morrow-Some of those days !

.- Frank L. Stanton.

----PLAY IS DIFFICULT. One-does not need to be a very profound

student of play to discover that play is not the doing of casy things, as some have supposed. The amount of energy put into hunting, fishing, skating, bioyoling, ballplaying, volving puzzles, and playing chekkers, chess, etc., proves to the most casual observer that p'ay is not always easy. Closer observers readily discover the truth that the charm of many plays depend upou their difficulty. It is true and recreation, as is now quite generally recognized, not however, because it is easy, men have shown that in most gares they were leaders in play in boyhood and that many of them kept the play instinct all their hoes. Men who have great opporty

for play usually have great capacity for . The characteristic of play is not case, but the feeling of power in doing things more or 1:58 difficult without constraint and compulsion. The instant that one feels that a thing must be done it is no longer play, but work. Too many rules constraining one to do a thing in a certain way have something of the same effect of composion. In play the activity or the oud, if there is any outside reward or punishment attached, the pleasure and advantage of play activity at once disappear. The professional ball-player is therefore, not really a player, but a worker. Play is also heightened when it calls forth the fundmental forms of activity of the human race in constructing, overcoming difficulties, attacking, defending, and co-operating that have occupied mankind for sges .- From "Play as a Factor in Social and Educational Reforms," by E. A. Kirkpatrick, in the American Monthly Review of Reviews for August.

GEMS OF THOUGHT. Sincerity and honesty carry one through many difficulties which all the arts he can oraft; because everyone stands upon his guard against him, and suspects plots and designs where there are none intended : insomuch that though he speaks with all

the eincerty that is possible, yet nothing he saith can be believed .- Stillingfleet. Twofold is the experience in which we need compassion and fellowship-in the slowly after any exertion, and the danger | time of responsibility and in the time of cooling of rapidly under the same temptation. These are the two great lonecircumstances. Eucourage perspiration, lineses of life-the ioneliness of the height under proper conditions and with proper and the loneliness of the deep-in which precautions. Always keep the surface of the heart needs to be sure of more than of the body warm and cleau, and at this being remembered and watched. God is sesson you will be mentally, morally and not a God far away. He descends; he comes to our side; he battles for and

suffers with his own. - George Adam Refinement is more of spirit than an accomplishment. All the books of etiquetto that have been written caunot make person refined. True refluement springs from a gentle unselfish heart. Without a refined spirit a refined life is impossible.

-Hazard. It is the oneness of the soul's life with God's life that at once makes us try to be like Him and bring forth our unlikeness to Him. It is the source at once of aspiration, the more humbling .- Philips Brooks. The fluest of poetry is always between the lines. That is the main source of the en:lless pleasure poetry gives; the quickened imagination of the reacter socs, hears, and feets all that the limits of language necessarily omit.-John Davidson

GOLD TEETH NOT ALL GOLD. "I'd hate to pay that . woman's dentist bille," said a business mun to a friend on a South Side L train the other day. Across the aisle from the men was a woman who showed enough gold every time she opened her month to make a man want to leave

it. Her companion had only one gold following explanation on his master's tooth, but she kept it doing the work of three by a constant smile. "That's another case of the old adage, 'All that glitters is not gold,'" remarked the business man's friend, "One of the dental novolties makes gold toeth possible to any one at a small cost and without even sacrificing a healthy incisor to make room for the metal. For a quarter you can get a shell that can be stuck over any front tooth, and with an excuse to smile you can

lower teeth also had a 22 carat sheen about

present a regular gold mine to the aston-Astresses first affected the gold tooth. as a dazzler it is hard to beat. The woman's teeth may be the real stuff, but I believe she can slip them off when she wants to and get them plated when they

> PHOTOGRAPHING BY HEAT. A sensative plate exposed to dark heat

waves will ultimately become affected. With the plate still covered the same result would occur from light waves, such as proceed from the sunlight. A fair test is to expose an aluminium disk to th action. X rays penetrate this metal sticking an advertisement of his porous it is prohable that heat waves and oan affect a photographic plate.