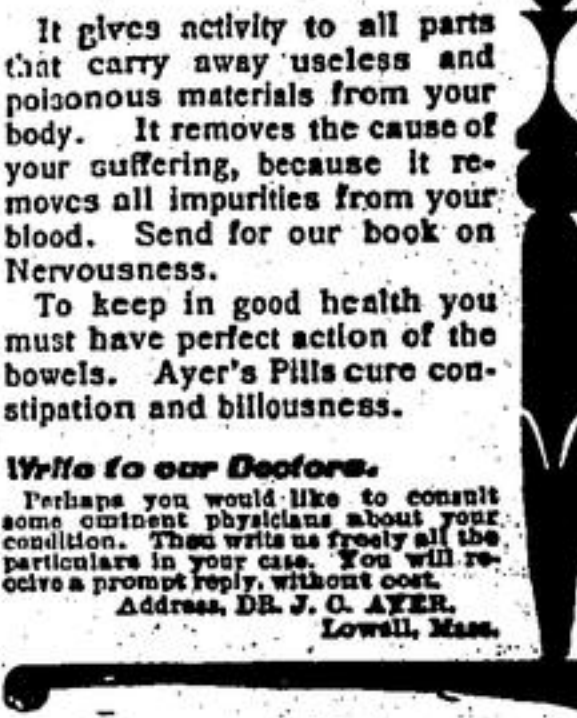


Are You Ever Depressed?

And is it not due to nervous exhaustion? Things always look so much brighter when we are in good health. How can you have courage when suffering with headache, nervous prostration and great physical weakness?

Would you like to be rid of this depression of spirits? How? By removing the cause. By taking



It gives activity to all parts that carry away useless and poisonous materials from your body. It removes the cause of your suffering, because it removes all impurities from your blood. Send for our book on Nervousness.

To keep in good health you must have perfect action of the bowels. Ayer's Pills cure constipation and biliousness.

Write to our Doctors.

Please send your name and address to our doctors. They will give you their advice. Send your name and address to our doctors. They will give you their advice. Send your name and address to our doctors. They will give you their advice.

The Acton Free Press.

THURSDAY, JULY 30, 1909.

The Young Folks.

THE WEE MOUSE.

A hungry little mouse
Went wandering around;
A curious little mouse
Went surveying unknown ground.
She came onto a building
With wide, inviting doors,
Where rice and other dainties
Were scattered on the floors.
"Ah, me! I'm glad," said mouse,
"Of this repast so nice.
How very kind of somebody
To do so much for mice."
She entered, and she tasted;
"How very good," she said,
"And just the same, a horrid thing
Came crashing on her head.
"Ah, me!" said little mouse,
"No other word she spoke,
For with a wicked bang her chin
The little mouse did choke.
She wriggled and she twisted,
She gave a little gasp;
And then the little mouse lay dead
Within the trap's tight grasp.
Ah! I foolish little mouse!
Aboard why did you roam?
You never in this world might have been,
If you had stayed at home."
—Dorothy Forster.

HER FACE WAS NOT FAIR.

The blind boy raised a rapt face to the light.

"And my mother?" he said questioningly. "Tell me how she looks again. I shall find me more beautiful than all the rest and any other!" He turned. Why do you not speak?"

"His sensitive face was turned respectfully toward his father. "You have always told me how lovely she is. She is little—not taller than my shoulder—I know that."

The old man laid his arm over the lad's shoulders.

"You must know now what your blindness would have kept you from knowing," he said. "Your mother is not fair and beautiful now to face, but her soul is what God made for a mother. When you can see, look for the face which holds the greatest love. You will not be mistaken."

The great surgeon looked for a moment or two into the sightless eyes, and then turned and laid his hand on the father's trembling arm.

"Only God can make him see, my friend," he said kindly. "Your boy was born blind, and human skill cannot help him."

The blind boy was the first to speak, and he laid his arm around the suddenly aged form of his father.

"Come," he said, "let us go back to mother. She will always be beautiful to me now," and they turned and gave place to the others.

FISH.

The beautiful girl had perished forever from the only man she ever really loved, and she was even sadder than was usual with her upon such occasions.

They tried to comfort her.

"There are always good fish left in the sea," they urged.

"Yes, but when you catch them they turn out to be lobsters!" she exclaimed bitterly, thereby showing that all a person's hair may curl naturally without rendering a person entirely devoid of sense.

Gossip is a cartridge fired from the gun of idle curiosity.

"Probably no single drug is employed in nervous diseases with effects so markedly beneficial as those of cod-liver oil."

These are the words of an eminent medical teacher.

Another says: "The hypophosphites are generally acknowledged as valuable nerve tonics."

Both these remedies are combined in Scott's Emulsion.

Therefore, take it for nervousness, neuralgia, sciatica, insomnia and brain exhaustion.

Get and use it at drug stores.

SCOTT & BOWNE, Chemists, Toronto.

WHAT LORD ROSSE WANTED TO SEE.

Lord Rosse, who built the famous telescope that bears his name, was an expert mechanic, and was also somewhat of an astronomer. On one occasion the earl was looking through the engineroom of a large manufactory. He suddenly became much interested in something he saw, and taking out his watch, stood looking from it to the machine with a peculiar smile on his face.

The engineroom came along. "Well, what's up?" he growled. "What are you gawping at? What have you to find fault with?"

"Oh," answered Lord Rosse, "I am not finding fault. I am calculating how long before the boiler explodes."

"Boiler explodes? Why you're crazy, man. You got out of this!"

"Well," said the earl, "if you work ten minutes longer with that screw loose there, the boiler will certainly explode."

The engineroom looked at the screw indicated, jumped at it, and fastened it as soon as he could.

"Why didn't you say that sooner?" he demanded.

"Why should I?" demanded Lord Rosse. "I've never got an opportunity of seeing a boiler explode."

CHILDREN IN CHURCH.

The lessons and the prayers are not wholly beyond children. Often they can catch little bits that come within the range of their small minds. But the sermon is the sermon that the children can understand.

Most heartily can I sympathize with the little charity and who is said to have written to some friend: "I think, when I grow up, I'll never go to church no more. I think I'm getting sermons enough to last me all my life."

But need it be so? Would it be so very irrelevant to let your child have a story book to read during the sermon to while away that tedious half hour and to make church-going a bright and happy memory, instead of treading the thought, "I'll never go to church no more?"

I think not. For my part, I should love to see the experienced. I am quite sure it would be a book that would be to keep some of the little ones.

I would call such books Sunday treats, and your little boy or girl would soon learn to look forward with eager hope to that half hour once so tedious.

If I were the preacher, I should like to see a book for the little ones. I should love to see them all enjoying their picture books.

MIDSUMMER HEALTH.

Paine's Celery Compound

the Only Medicine That

Bestows the Blessings of True Health.

Interesting Testimony From a Cured Man.

If you have entered into the oppressive heat of midsummer and find yourself suffering from dyspepsia, liver and kidney troubles, pain in the back and side, headache, insomnia and stomach disorders, let us urge you to give Paine's Celery Compound a fair and honest trial if you would be healthy, strong and happy.

We fully realize the seriousness of your condition, and with a desire for your physical welfare we recommend Paine's Celery Compound, the medicine that is now doing such a marvelous work for thousands of sufferers in our country.

If your doctor is unfettered by professional etiquette, he will advise you to use the great life giver. Your friends and neighbors will be pleased to tell you that it has done for them in their time of distress and agony.

Mr. Charles G. Guesard, of Niagara, N. B., tells of his terrible sufferings and his cure by Paine's Celery Compound, as follows: "I can conscientiously recommend Paine's Celery Compound to all who are suffering from dyspepsia and liver trouble. For years, while living in Black Brook, I suffered from a complication of troubles, and was so bad with dyspepsia that I could not touch a morsel of food. I found it difficult to sleep, and what little I did get was often broken with horrid dreams. Intense suffering from liver complaint added to my load of agony; I also had discharges, pains in the back, and was pale, haggard and despondent. I kept doctoring and dosing without deriving the slightest benefit. It finally gave up all hope of getting well. One day my daughter, who had read of a wonderful cure by Paine's Celery Compound, begged me to try one bottle of the medicine. I told her it was no use to throw away money, but she pleaded so hard that I bought her a bottle, and before it was used up I felt better. Encouraged so much, I continued with the medicine and improved every day. I am now cured, thanks to Paine's Celery Compound. You cannot imagine how much I owe to Paine's Celery Compound, the greatest medical discovery in the world. I urge all who are suffering to try this grand medicine and test its virtues."

Artistic is often a synonym for useless and expensive.

CASTORIA

For Infants and Children.

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For Infants and Children.

The woman who tells you a secret knows in her heart that you can't keep it any better than she could.

YOU WERE A BOY YOURSELF.

When you are tempted to be harsh with your boy tell him that you were a boy once too.

And what sort of a boy were you? Did you always do what you were told to do? Were you always a dutiful, temperate, truthful and honest? Did you avoid bad companions as if they were the plague? Did you spend your money foolishly? Did you give your days and nights to reading good books? Were you constant in attendance upon church?

Ask him no more questions. Let him tell you how he gets on.

Does it not become you to deal gently with your boy? You must warn him and counsel him, of course, but in love rather than in wrath.

CHARLIE'S INFAMY.

The Brutal Appalling Cruelty to His Thoughtless Bride.

There is a certain Chicago bride who recently decided that her husband was an unfeeling brute and went home to mother for a peculiar and unusual reason. The mother was awakened just before dawn one morning last week by a sound of sobbing and weeping outside her own sleeping room door. Her horror and astonishment in discovering her only daughter in the depths of apparent desolation and despair can well be imagined.

"Charlie was cruel to me," wailed the bride of a month or thereabouts mournfully, "and so I came home."

"But what did Charlie do—the wretch!" inquired the mother, ready to blame the husband on general principles. To this question, however, the bride returned no answer save bitter weeping. Then the mother, feeling that the case was beyond her, administered a nerve restorative and woke the bride's father.

"Now my child," began this individual, speaking with the authority of one who had settled all her difficulties from the time she could walk, "tell me immediately what that wretch of a husband of yours has done and he shall suffer for it, whatever it is."

The bride's ardor cooled perceptibly. Her voice was almost steady as she began her story.

"Well," she commencing bitterly, her eyes flashing at the remembrance of her wrongs. "Charlie was out very late last night, and I thought I'd get up and—say something to him—when he came home. I had thought that so long as Charlie was going to be so late I'd fix up my complexion a little. So, when Charlie got into bed in the spare room, I just forgot everything but him and went in there. And—and—bitter sobbing again—I forgot all about the beauty mask I had on and went right in with it upon me. And—a gentle pressure of some half-drowned her words at this point—"Charlie must have thought I was a ghost, and he threw a pillow at me"—Chicago Inter Ocean.

A COSTLY DROUGHT.

The drought of the last few years has cost New South Wales an enormous amount of money. The flocks of the colony have shrunk from 60,000,000 to 40,000,000, representing a loss of 20,000,000 sheep. If to this is added the loss of the natural increase, the shrinkage amounts to 50,000,000 sheep; enough, that is, to equip a considerable part of the navy. In addition there has been a loss of nearly 800,000 horses and 150,000 cattle. That the colony has been able to survive these terrible losses is a striking proof of energy and resource. Translated into money, the colony has suffered a loss, due to mere inadequate rainfall, of from £12,000,000 to £20,000,000 sterling.

Colic and Kidney Difficulties.—Mr. J. W. Wilder, J. P., Lafargeville, N. Y., writes: "I am subject to severe attacks of Colic and Kidney Difficulties, and find Paine's Pills afford me great relief, while all other remedies have failed. They are the best medicine I have ever used." In fact so great is the power of this medicine to cleanse and purify, that diseases of almost every name and nature are driven from the body.

Laziness travels so slowly that poverty soon overtakes it.

Dr. Low's Worm Syrup is a safe, sure and reliable worm expeller. Acts equally well on children or adults. Be sure you get Low's.

Can Recommend it. Mr. Enoch Bornberry, Turocora, writes: "I am pleased to say that Dr. Thomas' Eucalyptic Oil is all that you claim it to be, as we have been using it for years, both internally and externally, and have always received the most benefit from its use. It is our family medicine, and I take great pleasure in recommending it."

Two Stratford Ladies

Tell How Milburn's Heart and Nerve Pills Make Weak People Strong.

Mrs. Elizabeth Barton, Britannia, St., says: "I speak a good word for Milburn's Heart and Nerve Pills with pleasure. They did me a most excellent service. I was suffering from nervousness, nervous debility and exhaustion, and I can heartily recommend them."

Mrs. Poland, Brunswick Street, says: "My husband suffered greatly with nervousness, complicated by heart trouble, Milburn's Heart and Nerve Pills cured him, and he now is well and strong."

LAXA-LIVER PILLS. Take one or two pills each evening, after dinner, with a glass of wine.

PERMANENT CURE. The great number of cases published lately showing how Burdock Blood Bitters cures permanently such serious diseases as cancer, scrofula, salt rheum, erysipelas, running sores, etc., has abundantly proved that when B. B. B. cures, you're cured to stay cured.

A man who lives on hope will spend his old age at somebody else's expense.

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CASTORIA

Castoria is for Infants and Children. Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It contains neither Opium, Morphine nor other Narcotic substance. It is Pleasant. Its guarantee is thirty years' use by Millions of Mothers. Castoria cures Diarrhoea and Wind Colic. Castoria relieves Teething Troubles, cures Constipation and Flatulence. Castoria assimilates the Food, regulates the Stomach and Bowels of Infants and Children, giving health and natural sleep. Castoria is the Children's Panacea—The Mother's Friend.

Castoria. "Castoria is an excellent medicine for children. Mothers have repeatedly told me of its good effect upon their children."

Castoria. "Castoria is so well adapted to children that I recommend it as superior to any prescription known to me."

Castoria. "I have tried a box of Castoria's Pills and find them the best medicine for Fever and Ague I have ever used."

Some people can't even tell a lie without making it bigger than it is.

Troubles and babies grow larger by nursing them.

Milburn's Stinging Headache Powders cure the worst headache in from five to twenty minutes, and leave no bad after-effects. One powder 5c, 3 powders 10c, 10 powders 25c.

Sometimes a fair lady, by feigning judiciously, succeeds in winning a faint heart.

Victorian Harbor Out.

Mr. Joseph Currier, a respected citizen of this place, was so bad with rheumatism that he could not attend to his work. Two boxes of Milburn's Rheumatic Pills have effected a complete cure.

When a woman goes over to the neighbor's by the back way and gives before speaking, she tells a terrible story.

We have no hesitation in saying that Dr. J. D. Kellogg's Dysentery Cordial is without doubt the best medicine ever introduced for dysentery, diarrhoea, cholera and all summer complaints, as sickness, etc. It promptly gives relief and never fails to effect a positive cure. Mothers should never be without a bottle when their children are teething.

If some people profited by their errors, it would keep them busy declaring dividends.

Stiff Limbs and Joints.

Mrs. A. Edwards, Fordwich, Ont., writes: "Last fall my little sister, eight years old, was laid up with stiff limbs and joints, even her fingers and toes were stiff and she suffered greatly. After using Esgard's Yellow Oil for a time she got perfectly well and is going to school again."

Cynicism is an indolent acknowledgment that life's sorrows have got the better of your cheer and courage.

One Laxa-Liver Pill every night for thirty days makes a complete cure of biliousness and constipation. That is—just 25 cents to be cured.

A man who lives on hope will spend his old age at somebody else's expense.

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