



## The Action Free Press.

THURSDAY, MARCH 16, 1899.

### The Young Folks.

#### AND PERHAPS.

If everyone were wise and sweet,  
And if every heart with gladness beat,  
If no one should grumble or complain,  
And nobody should labor  
In evil work, but each were false  
To those who help him.  
Or who would help him?  
For you and me—for you and me!  
And it, perhaps, we both should try  
That glorious time to hurry:  
If you should grow just you and I—  
That's a sweeter time to start.  
Then what a happy world 'twould be  
For you and me—for you and me!

—Emma G. Dowd.

#### BEATING JACK FROST.

It windows were insulated solely for ornamental purposes, no fine description for them could be found, probably than the elegant and graceful work of Jack Frost's Arctic fingers. But the administration of the shop-keeper for the frost-work on his show windows is tempered by the consideration that all that splendor of crystallization only serves to conceal the things he has to sell. So, acting upon the principle of business before beauty, some Chicago shop keepers have called the electric fan to their aid in the effort to keep the windows free from frost. This device succeeds for the reason that a continuous current of air blowing on the panes of glass carries off the moisture before it can freeze.

The priceless gem is, strange to say, the one that brings the biggest price.

Hayward's Yellow Oil cures warts, bruises, sores, wounds, cuts, frostbites, chilblains, stings of insects, burns, scalds, contusions, etc. Price 25 cents.

A head held upright may mean an honest man, or only a boil at the neck.

Dr. Low's Worm Syrup is a safe, sure and reliable worm expeller. Acts equally well on children or adults. Be sure you get Low's.

The man who doesn't talk has less to say to do than the garrulous individual.

Milburn's Sterile Headache Powders cure the worst headaches in from five to twenty minutes, and leave no bad after-effects. One powder, 5c, 8 powders 100. 10 powders 25c.

The man who lives only to amuse himself has the hardest kind of a task to perform.

For Nine Years—Mr. Samuel Ryan, Thedford, writes: "For nine years I suffered with ulcerated sores on my leg; I expended over \$100 to physicians, and tried every preparation I heard of, or was recommended for such disease, but could get no relief. At last was recommended to give Dr. Thomas' Electroic Oil (trial), which has resulted, after using eight bottles (about internally and externally), in a complete cure. I believe it is the best medicine in the world, and I write to let others know what it has done for me."

The knowledge a man doesn't possess always crops out when a child questions him.

What is Scott's Emulsion?

It is the best cod-liver oil, partly digested, and combined with the hypophosphites and glycerine. What will it do? It will make the poor blood of the anemic rich and red.

It will give nervous energy to the over-worked brain and nerves. It will add zest to the thin form of a child who has lost weight. It will give a new lease of life to every where drooping complexion. The skin will be made smooth and elastic again.

#### FLIPPANCY.

We are pleased to learn of the new and complete life of Alexander the Great. At the same time it will be hard to improve on Artus Ward's last days:

Alexander the Great was punksie! Alice wept because there "was no more words to scope, and then he took to drinkin'. He-dressed his sores. In the downing he had the bone wot too much for him. He-undressed it give a snake exhibition in his boot, which is alld him. There was a bad job on Alice!"

One chapter, at least, should be devoted to the origin of the phrase, "Smart Alice," and its first appearance in polite literature.

#### A GOOD SHOT.

Candidates for parliamentary honors have in Scotland got the gamut of "becking." Lord Glasgow—not the late one who sat at Butehill, but his elder brother, when Lord Kellburne was in the forties a candidate for Greenock. At several meetings he had been severely "becked" by a member of the black squad. Open night was called unusually early and Lord Kellburne flattened himself that his muscles becker would not be present.

No sooner was his speed over than he jumped his orator, black and grimy, as he came from his work. "Lord Kellburne," said he, "if ye're elected to parliament, this is the first thing ye wed take the body off."

Lord Kellburne, his eyes sparkling at the opportunity, bent towards the becker and said, "Soup, boy, rattle rasal!"

START AT THE BOTTOM, BOYS.

Many a young fellow will turn up his nose at a five-dollar a week job, who will seek his living out of the old folks for a year at a time, waiting for a better one. The man who faithfully performs his duty for the public, right or left for the six, seven, eight, nine and ten dollars a week. And he is the fellow who gets them. No man wants to hire a loser. Employers generally prefer to do their own loading, if it must be done.

Cold orfe is said to make the borders hot.

#### IN SPRING TIME

Paine's Celery Compound Is the Giver of Health and New Life to the Sick and Diseased.

Spring, with its bright sunshine, lengthening days, warm rains, and its promises of a new life in nature, is fast approaching and will be heralded with the delight by the old and young who are enjoying full health and bodily activity.

To thousands the coming of spring means a full cup of agony and suffering; it is a time when the dark grave claims many victims.

Where men and women are burdened with death-dealing sicknesses, such as kidney disease, liver complaint, blood troubles, rheumatism, neuralgia, and the terrible after-effects of grippe, spring has no charms for them. They have allowed themselves to sink into a condition of semi-coma during the winter, which must quickly terminate life, unless that true health and life-giver, Paine's Celery Compound, be made use of without delay.

The nervous system, weak and stringy, must be fortified; the blood, sluggish, impure and watery, must be made clean; fast-flowing and every organ of digestion must be tuned up to true health pitch.

Nature's wonderfully successful medicine, Paine's Celery Compound, does this good work as no other remedy can do. It acts as a nerve and brain food, it gives life to stagnant blood, it banishes permanently kidney disease, liver complaint, rheumatism, dyspepsia and other troubles that make life a misery.

The thousands of thankful letters received from Canada's best people are the best and strongest proofs that Paine's Celery Compound cures. When your life is spent as a nerve and brain food, it gives life to the kidneys, blood, it banishes permanently kidney disease, liver complaint, rheumatism, dyspepsia and other troubles that make life a misery.

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