

## The Acton Free Press

THURSDAY, MAY 11, 1896.

The Young Folks.

### BABY

One little head and yellow hair,  
Two little feet and two little hands,  
One little nose and two little eyes,  
Two little hands soft as a peach,  
Two little toes and two little feet,  
Two little legs and two little ears,  
Two little arms and two little hands,  
One little heart and one little smile,  
Plenty of skirts and lots of pins,  
The little boy is a jolly lad,  
He has a rattle and a rattle rattle,  
The little boy is a jolly lad,  
Two little legs and two little feet,  
Two little arms and two little hands,  
One little heart and one little smile,  
Plenty of skirts and lots of pins,  
The little boy is a jolly lad,  
He has a rattle and a rattle rattle,  
The little boy is a jolly lad,  
Plenty to eat and lots to wear,  
And yet this baby is cross as a bear.

*Saturday Eve Herald.*

### WHAT MAKES A BOY POPULAR.

Chief Justice Waite, in his boyhood, was very popular among his associates, he had no money, but had what was better than a gold purse, a heart that could feel. He sympathized with everybody, with even the beasts and birds. This sympathy which made him popular, was the result of the shade of the tree at Maumee, in company with some friends, he heard some birds crying, and found that a young bird had fallen from the nest. He stopped and replaced the bird in the nest. That instance of universal sympathy made him a popular boy and yet a more popular man. There are many Toledo lawyers who recall the warm words of advice he would cheerfully give to his client, and many trouble-some cases solved by him were amicably settled without a suit.

Prominence is the recognition that the world gives to sympathy and usefulness. It cannot be bought with money. Politeness makes a boy popular. A gentleman knows another gentleman by instinct and nothing pleases a true gentleman more than to recognize a gentleman in the soul and manners of a boy. A popular boy is a lover of sports, or out door exercises. That is right.

But he looks upon the play ground as a place for the pleasure of his fellows, and he goes to the site and that he may help them to enjoy themselves. A kind boy is always popular. Affection is a manner of expressing sympathy with others. A generous boy is popular, while a spend-thrift proves himself in high sense of honour a regard for the rights of others, is also very popular.

Mankind, in all its true meaning, makes a boy popular. The boy who is careful of the sister's property, and who never violates his word, and who will pledge his honor to his own hurt and charge not, will have the confidence of his fellows. The boy who defends the weak will one day become a hero among the strong. The boy who loves, honors and obeys his parents will always be popular among all classes of men. All that tends to promote the good is that in boys and to lift the ideas of our youth above the level of mere physical success and happiness contributes to their well being and the public welfare. - The Pathfinder.

### "THE SALOON HAS GOT MY BOY."

Many of our readers will remember me as a young man, George R. Stuart, at Chattanooga Convention. He is one of the most efficient evangelists in the Methodist Church. When preaching in Kentucky a while ago, a poor Irish woman came down the aisle one night, crying out, "Mr. Stuart, Mr. Stuart, the saloon has got my boy!" Our friend's heart was grieved. His friends held their hands with the power of life and death, but then they turned to the children of God, and the room, showing how many mothers were having the same sad experience. Some wore white gloves. Some wore black gloves. Some were white, tender hands, while some were bare and quivering hands. Stuart said: "Men of Kentucky, I do not know what kind of stuff you are made of, but I am that kind of stuff to stand by the side of those stricken women, with their uplifted hands, and help them. Let me tell you, when the children of God stand up to the rescue, the whole world trembles."

The members of the Christian churches of this land could exterminate the saloon in six months if they would. But they will not. It will be necessary to go right on corrupting, debauching, and ruining the body, soul and spirit, and then sending them headlong to hell. - *Saturday Eve Herald.*

### SHE WAS A SCHEMEN.

He is a reporter and is willing to admit that, like other members of the craft, he lacks financial ability. But he will not admit that his wife is not the shrewdest woman in town. It comes about this way. He was assigned to write a story about a pool room and was given \$30 to invest on the basis of his story. He invested the sum in the pool room, and she immediately suggested that he should keep the money. He explained that he was exacted to lose it by betting.

"But suppose you win something?" asked her better half.

"That is a reasonable question," he replied. "I am sure to lose all of it. Then I must take the tickets which I have paid for and exhibit them to show that I have spent the money in the way it was intended."

His wife was silent for a time and then she exclaimed with an air of triumph, "I have it! Bet \$25 one way, and \$5 the other. You will then keep even and will have a worthless ticket to turn in with your expense account."

And this is why he takes off his hat when he refers to his wife's financial acumen. New York World.

### HIGHLY DESERVED.

Pillsbury, the champion chess player of America, is possessed of a fund of quaint humor, as a London policeman knows to his cost.

In reply to the American's query, "How can I reach King William street?" the policeman said, "You can take a cab, or you can walk, or, or, as is only 200 paces from here, you can walk." "With," said Pillsbury, with one of his best smiles, "I know I can walk, but what I want to know is, how far?"

"Will you take a drink?" asked the policeman.

Robert, having expressed his hearty willingness, Pillsbury went on, "Well, you can't bear to get one, and you can either pay for it yourself, get someone else to pay for it or take it without paying for it." - *Advertiser.*

### UNWISE HOUSECLEANING.

There is an awful truth to the fact that a good many people are going to make themselves as busy inside their houses, that they will miss half the delights of the spring time. It is a mistake, it is almost a sin, to be so busy that the healthiest season of the year, with all its whiffy of promise, comes and goes without our living in it. And the children, poor little city children, with their heads bent over the floor, are getting things that grow so plentifully in the woods, like berries of flowers, and spend their lives on unkempt ones, for the mothers are too busy to take them far away from the house and dust into the sunshine and shade of the woods and the hillsides.

Cleanness is next to godliness, ery the over worked woman, breaking their backs over dusty carpets, and wading through their brooms with all the breadth the carpet dust leaves.

"It is the houses which make humans, but houses filled with 'university' traps will bring a curse with them. We were not created to live out our days on the dark side of stone walls. We bleach and water and die there. It is hard enough for the adults, but it is the very last in Heaven must pity the children who live in narrow streets, or those richer ones taught to play in the shade, lest the stray sunshine might tan their faces.

To be born in the country - to have lived and grown up in the fields, to have seen the shades of the trees at Maumee, in company with some friends, he heard some birds crying, and found that a young bird had fallen from the nest. He stopped and replaced the bird in the nest. That instance of universal sympathy made him a popular boy and yet a more popular man. There are many Toledo lawyers who recall the warm words of advice he would cheerfully give to his client, and many trouble-some cases solved by him were amicably settled without a suit.

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### WORD OF WISDOM.

Love is never so much ours as when we give it to others.

Investments in the stock of kindness pay compound interest.

No one need ever go to a friend in adversity than in prosperity. - *Cloud.*

Bad habits are as infectious by example as the plague itself by contact. Fielding.

There are no tyrants like custom, and no freedom where its edicts are just resisted. Boeve.

The injuries we do and those we suffer are seldom weighed in the same balance. C. H. Smith.

There is but one temple in the world and that is the body of man. Nothing is holier than this high form. - *Neville.*

Resolution is a heavy stone rolled up a hill by a weak child, and moves a little up just to fall back again. W. Hader.

There was but a sorry art which could be comprehended all at once; the last point of which could be seen by only just entering its precincts. Goethe.

Sudden fate and even human strength in the hands of the gods, and when it is taken from us, it is taken, success attend not in whom is the blame? Hippocrates.

It is in general the natural refuge of mortified vanity to persuade itself that it respects contempt upon those that show it, and to pass off upon the rest the anger it feels, for the more dignified passion of scorn. - G. Morgride.

Vanity is the natural weakness of an ambitious man, which exposes him to the secret scorn and derision of those he overcomes with, and ruins the character he is so industrious to advance by. Addison

THE NUTRITIVE VALUE AND DIGESTIBILITY OF FOOD.

A mixed diet therefore seems to be the only sensible one for man. The three classes of nutrients, protein, fat, and carbohydrate, must each furnish a part of our food, and while it is true that the vegetable supply them, it is difficult to obtain from them wholesome, easily digested vegetables these minute constituents of the diet required for the bodily health protection.

A fair proportion of meat, or flesh forming food, in a mixed diet is one fourth, the fats and carbohydrates being three fourths.

The food stuffs which most nearly supply these nutrients in the proper proportions are those which pall on us least readily. When any food does not supply these in the proper amounts, instinct, appetite, and experience guide us to the selection of that food which ought to be added to it. Thus meat deficient in fat, for example, is often added to the diet to increase the fat content.

Man waits but little here below, but he is willing to pay cash for it.

Your Physical condition

Needs attention at this time. If you are tired, weak and nervous, it is clear that blood is impure, and without doubt there has been much over work or strain on brain and body. The course of treatment for the cure of disease is to cleanse the system, and to fit all the organs well. The blood must be purified so that the nervous system, and in fact all the organs will be fed upon pure blood. Intelligent people without number have testified that the best blood purifier and nerve tonic is Hood's Sarsaparilla.

Don't be too intimate with the man who shakes hands with you expecting to find a dollar in his hand when he lets go.

Open as Day

It is given every physician a few small vials of Scott's Emulsion being, if not the most successful instillation has ever been offered to the public. Only years of experience and study can produce the best.

Hood's Sarsaparilla

I am the doctor of the invalids in the largest war of Spain, one detective, of them under the command of Gen. Elio, was taken to Bayonne as prisoners of Victor Hugo, in his letters, tells this incident of the occasion.

Gen. Elio, who had spent seventeen months in prison by order of Don Carlos, pretended to be Spanish crown then Gen. Queen Elizabeth was a member of this troupe. When he reached Bayonne, Gen. Hugo said to him:

"Gen. Elio, I have been ordered to make you a complete fool for children, when

you are to be sent to the schoolroom.

Gen. Elio said to him:

"And for your family?"

"I have just told you."

"You spoke only of your soldiers," said Gen. Hugo.

"My soldiers," said Gen. Elio.

It requires the effort of your life to forgive the persons whom you have wronged.

There are so many cough medicines in the market that it is sometimes difficult to tell which to buy, but if we had a cold, a cold or any affliction of the throat or lungs, we would try Burdock Anti-Cough Syrup. This is the best medicine we think it is ahead of all other preparations recommended for such complaints. The little folks like it as it is as pleasant as candy.

Even a blind man can see that . . .

. . . clearly than daylight, or else why should many consider it a great advantage to have a good night's sleep?

Nothing can be more pleasant for the relief of pain, a preparation just as cheap,

strong, more powerful, and penetrating as Nervilene can be, purchased from any dealer in medicine? Nervilene cures in actual sores and pains. Nervilene is the most efficacious remedy for internal pains. Nervilene applied externally subdues the most intense pain almost at once.

After being intrusted Pillsbury put his hand in his pocket, as if to produce the necessary dourour, and asked,

"Will you take a drink?"

Robert, having expressed his hearty willingness, Pillsbury went on, "Well, you can't bear to get one, and you can either pay for it yourself, get someone else to pay for it or take it without paying for it."

"Admirer," said Pillsbury.

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