

The Young Folks

A MONTH AFTER CHRISTMAS

Oh, the whiffy-dum was the greatest thing
That my young folks ever did
With a great, long tail and with good good
Wings and a good and true
And a nice, round, curly hair
And a tail that would almost reach
And he swished the whiffy-dum
The whiffy-dum had a waddling head
And a nice, round, curly hair
And a tail that would almost reach
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And he swished the whiffy-dum

JUST FOR FUN

The other day an elderly lady with an
umbrella stood on the sidewalk in Wash-
ington Street, vainly trying to stop a south-
bound car. A white car came along, and
the woman brandished her umbrella, and
called out: "Here! Stop! You stop!"
The motorist slowed up a little, and
called out: "We can't carry you, this is a
mail car." "Well," screamed the old lady
from the pavement, "can't a female ride
on it?" "Traveller."
"If we have trouble with England,"
said the sad-eyed reporter, whose copy
always needs revision before it goes to the
press, "I have never heard what started
the woman case." "Come," "Let's have
it." "Listen to this testimonial in a
patent medicine advertisement:
"Since taking four bottles of your Health
Restorer I am a new woman." "Life."
A man went into a drug store and asked
for something to cure a headache. The
druggist held a bottle of balm to his
nose, and he was nearly overpowered by
its pungency. As soon as he recovered he
began to rail at the druggist. "But did
not help your headache?" gasped the man.
"I haven't any headache. It's my wife
that has the headache."
Master: "Look here, my man, are you
out of work?" "Denial, no, sir; I'm
not!" "Master, I want a man for a
good job, I'll give you ten shillings a week
and your keep. Is it a go?" "Denial."
"It's sorry O am, sorry, but I can't accept.
O've got to march in the procession of
the unemployed poor next week, say honor."
PUBLIC SCHOOL TEACHERS'
SALARIES.

HOW TO LACE SHOES

Few people lace their shoes correctly.
About the nearest anybody gets to it, is to
lace as tightly as possible. The correct
way is to put your foot as much as possible
in the heel of your shoe, when you are
about to lace it.
The best way to do this, is to rest the
heel of your shoe on a chair standing in
front of you.
Over the instep it should be laced as
lightly as possible, this will hold your foot
back in the shoe, give your toes freedom,
and prevent their being cramped.
Lace above your ankle to suit your
comfort.

INTEREST VS. RENT

"It's cheaper to pay interest than rent,"
so said a business man reputed to be
shrewd, when asked about the heavy mort-
gage on his house. And he carried the
idea into effect in securing a house for his
son-in-law. He has purchased a house for
\$4,000, on which he has paid \$100 down,
and given a mortgage of \$3,900 with
interest at 6 per cent. As the rent would
be about \$3 a month, and the interest
amounts to less than \$20, the saving is
evident. And if he cannot pay up, why
only the \$100 deposit is lost. Doubtless
many would follow this plan, but it is not
easy to buy a \$4,000 house with \$100 cash.

THE INSTANT PLAN

"I have come to ask for your daughter's
hand, Mr. Harrow," said young Walter,
nervously.
"Oh, well, you can't have it," said
Herick. "I'm not doing out my daughter
on the installment plan. When you feel
that you can support the whole job you
may call again."

EVERYBODY SAYS SO

"Everybody says so," is the tag that
labels many an irresponsibility.
There is a danger in neglecting a cold.
Many who have died of consumption dated
their troubles from exposure, followed by
a cold which settled on their lungs, and
in a short time they were beyond the skill
of the best physician. Had they used
Birkle's Anti-Consumptive Syrup, before
it was late, their lives would have been
saved. This medicine has no equal for
curing coughs, colds and all affections of
the throat and lungs.

A MOUTHFUL OF PEARLS

The teeth, perhaps more than any other
feature, enhance or destroy that intangible,
because elusive, thing we call beauty.
What more repellent than ill kept, dis-
colored teeth? What unattractiveness
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IT'S NO TACK TO BEAUTIFUL IF YOU HAVE
SOMETHING TO BUILD UP

NERVOUS HEADACHE

A TROUBLE THAT RENDERS THE
LIFE OF MANY WOMEN
MISERABLE

Dr. Williams' Pink Pills for Pale People

From the "Woman's World" Magazine
The "Woman's World" Magazine has published
accounts of the cure by the use of Dr. Wil-
liams' Pink Pills, its representative has
found that half the wonderful cures effected
by this medicine have not yet been
given to the public. Women as well as
men who have found relief are eager to
let the facts be known for the benefit of
other sufferers. Among them is Mrs.
James Colman, of the township of Wolford.



REPEATED FROM NERVOUS HEADACHE

The lady referred to was for twelve years
a constant sufferer from nervousness, head-
ache and kidney trouble. Having read so
much about Dr. Williams' Pink Pills she
determined to give them a trial. Their
use for a short time brought a great im-
provement, and after taking them for
about a month the nervous headache and
kidney trouble left her. The degree of
thankfulness felt by one who receives such
benefits as the above can better be imag-
ined than described. Here are Mrs.
Colman's words: "If you could only know
of it, you would be glad to know of it."
"I have suffered from the intense suffer-
ing which I have endured and the many
sleepless nights I have spent in mental
and physical agony, you would not wonder
at the degree of thankfulness I feel for my
restoration to health." Her trouble was a
constant dread to her, and for a long time
prevented her from doing any work. Since
using the pills she is as well as ever—she
uses her own words—"Gaily restored." In
the household Pink Pills are now looked
upon as one of the necessities.

AS IS THE CASE WITH EVERY GOOD DRUG

Pink Pills have much to contend with;
spurious articles have been placed on the
market, and, though in appearance and
color they may resemble the genuine, they
have no altogether different effect on the
system. "The remedy was one in a store
when Pink Pills was asked for by a cus-
tomer. The dealer had them but said
that he had something "just as good."
The public are warned against this. For
this good scheme which is too often resorted
to by some store keepers. It should be
borne in mind that Dr. Williams' Pink
Pills are a specific for all diseases arising
from an impoverished condition of the
blood, or a shattered condition of the
nervous force, such as St. Vitus dance,
locomotor ataxia, rheumatism, paralysis,
seizure, the after effects of a gripple, loss
of appetite, headache, dizziness, chronic
arthritis, sciatica, etc. They also cure
the troubles peculiar to the female
system, correcting irregularities, suppres-
sion and all forms of female weakness,
building anew the blood and restoring the
flow of health to pale and ailing women.
In the case of men they effect a radical
cure in all cases arising from mental
worry, or overwork of any nature. Sold
only in boxes bearing the firm's trade
mark and wrapper (printed in red ink),
and which had all the druggist or direct
by mail from Dr. Williams' Medicine
Company, Brockville, Ont., or Montreal,
N.Y., at 50 cents a box, or six boxes
for \$3.00.

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NOTES HERE AND THERE

Items of General Interest to Free
Press Readers

Results Tell the Story

Last week's direct, uncomparative
testimony beyond any possibility of
doubt that the "New York" actually
did perfectly and permanently cure the
case caused by injury to the
of one is uncomparable and those cures have
been accomplished after all other
preparations had failed.

The Lightning's Torch

It is scarcely over rapid than the lightning
like action of New-Rin in all kinds of pain.
It is neuralgia? It is rheumatism? It is
dyspepsia? It is cured as if by magic. Rheu-
matism finds a master in a few applications
of the powerful and penetrating New-Rin.
In a word, pain, whether internal or ex-
ternal, finds a prompt antidote in New-Rin.
Give New-Rin a trial. Druggists sell
dollars everywhere and it costs only
25 cents a bottle.

By natural laws, immutable and just,
enjoyment stops when indulgence begins.

He Has Tried It—Mr. John Anderson

Kindness, writes: "I venture to say few
if any, have received greater benefit from
the use of Dr. Thomas' Electric Oil, than
I have. I have used it regularly for over
ten years, and have recommended it to all
sufferers I know of, and they also found
it of great value in cases of severe rheu-
matism and indolent consumption."

No remedy cures Coughs, Colds, Group,
Hoarseness, Asthma, Bronchitis, Whoop-
ing Cough, etc., as well as Dr. Wood's
New-Rin Pine Syrup. It heals soothes and
strengthens the lungs and throat.

Animals are such agreeable friends; they
ask no questions, they pass no criticisms.

Help your children to grow strong and
robust by counteracting anything that
causes ill health. One great cause of dis-
ease in children is worms. Remove them
with Mother's Friend's Worm Expeller.
It cures fast.

Features—the great anti-appetite test—
Bryant.

Out of Worms—Symptoms, Headache,
loss of appetite, furred tongue, and general
indigestion. These symptoms if neglected,
develop into acute disease. It is a tri-
stating that an "ounce of prevention is
worth a pound of cure," and a little atten-
tion at this point may save months of
sickness and large doctor bills. For this
complaint take from two to three of Par-
mele's Vegetable Pills on going to bed,
and one or two for three nights in suc-
cession, and a cure will be effected.

**BURDOCK
BLOOD
BITTERS**
CURES
DYSPEPSIA,
BAD BLOOD,
CONSTIPATION,
KIDNEY TROUBLES,
HEADACHE,
BILIOUSNESS.

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WORK OF A SINGLE DAY

Some Startling Facts Concerning
"The Action of the Heart"

To people recognize the immense work
performed by the heart in a single day?
It pumps out of the heart in thirty-three
hours of the day, a quantity of blood
equal to that of a small stream of water
flowing in a single day. There is nothing
remarkable in the fact that heart failure
and apoplexy are among the most preva-
lent diseases of the day. Happily a remedy is found in Dr.
Anson's Cure for the Heart, which gives
relief instantly. This medicine should be
kept in every house, so that on the slight-
est indication of trouble it may be
taken. It has been used by the prompt and
efficient work the lives of thousands of
Canadians. Sold by J. V. Kennaway.

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THE COOK'S BEST FRIEND
LARGEST SALE IN CANADA.

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TO HEAL MANKIND.

It is a healing medicine for all outward
sores, ulcers, blotches, skin diseases, cancer,
scorbutic sores, etc., that Herdock Blood
Purifier has won some of its most signal
victories over disease. It is every where
it has been faithfully tried a clean white
skin and sound whole flesh have resulted.
Here is what Miss Lillian V. Doyle, of
Hudson's Hill, Ont., says:

For three years I had a very bad breaking
out all over my face and went to a doctor
who gave me a bottle of medicine which I
used but got no benefit. I then went to
another doctor who gave me medicine, but
as my face kept getting worse I asked him
to change the medicine, which he did, but
it also failed to do any good and he told me
he could do no more for me.
About three months ago I got a bottle of
Herdock Blood Purifier and began using it.
I soon found my face getting much better,
and I got another bottle and used it, and on
using a third bottle my face com-
pletely cleared. Several others who have
followed my advice to try H. B. P. have
been cured of similar troubles.

Hope writes the poetry of the boy, but
Emerson writes the prose of the man.

The fruit delivered from labor is the
sweetest of all pleasures.—Yates's Essay.
Sir Hilbert's Tupper has entered the
Halifax law firm of Gordon, Ritchie, Park
& Chisholm.
Two of Harrison's hotel keepers have
been summoned for a hearing before the
Mayor of that town for selling liquor on
Sunday.
If the Prince of Wales cannot preside
at the meeting of the British Association
in Canada next year, the presidency will
be given to the Duke of York, and failing
him to either Mr. Balfour or Mr. Chamberlain.
"There is a clothing strike in Germany
which has thrown fifty thousand men out
of employment."
A report from the Society Islands by way
of San Francisco says that a French iron-
clad in endeavoring to check a native up-
rising on the British flag.
Jordan Minor, of Sparta, was fined \$100
for running an illicit still.

Kennaway's Condition Powders for
Horses, Cattle, Sheep and Pigs are the
best. They improve the appetite and cure
Coughs, Colds and Influenza.

Farmers wanting Hardy, Native Stock
to plant this coming Fall or Spring may
pay for it in work. We want men
with or without experience on full or part
time. Salary and expenses or commission.
Write at once for further information.
Hudson's Hardware Company, Continental
Nurseries, Toronto, Ont.

Don't wait to be happy to laugh; get
used to it and it will grow on you.

Norway Pine Syrup cures Coughs, Cold,
Hoarseness, Sore Throat, Asthma, Bronchitis,
etc.

Old age is consecrated with the dignity
of experience and the tenderness of fare
well!

When Baby was sick, she gave her mother
Wheat. When she was a Child, she craved for
Castoria. When she became a Woman, she
clung to Castoria. When she had Children,
she gave them Castoria.

We need not go to school to learn com-
mon sense, and it's our best balance wheel
THE PAIN LEFT QUICKLY.

Rheumatism of Seven Years; Stand-
ing Cured in a Few Days.

I have been a victim of rheumatism for
seven years, being confined to bed for
months at a time, and unable to do my
I have been treated by many physicians
in the part of the country, none of whom
benefited me. I had no faith in rheuma-
tic cures advertised, but my wife induced me
to try a bottle of South American Remedies
Cure from Mr. Taylor, druggist, Owen
Sound. At the time I was suffering agoniz-
ing pain, but inside of twelve hours after
I took the first dose the pain left me. I
continued until I took three bottles, and
now I am completely cured. J. J.
McLeod, Leith P. O., Ont. Sold by J. V.
Kennaway.

I don't pay for a woman to follow the
profession of being a man, she loses too
many privileges.

Burdock Pills do not grip or stupefy.
They cure Constipation and Bile Headache.

There's nothing in life like the genius
of energy and industry.—D. G. Mitchell.

Coughs, Colds, Sore Throat, Asthma,
Bronchitis, and All Lung Troubles are
quickly cured by the use of Higgin's Pe-
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Rheumatism of Seven Years; Stand-
ing Cured in a Few Days.

I have been a victim of rheumatism for
seven years, being confined to bed for
months at a time, and unable to do my
I have been treated by many physicians
in the part of the country, none of whom
benefited me. I had no faith in rheuma-
tic cures advertised, but my wife induced me
to try a bottle of South American Remedies
Cure from Mr. Taylor, druggist, Owen
Sound. At the time I was suffering agoniz-
ing pain, but inside of twelve hours after
I took the first dose the pain left me. I
continued until I took three bottles, and
now I am completely cured. J. J.
McLeod, Leith P. O., Ont. Sold by J. V.
Kennaway.

I don't pay for a woman to follow the
profession of being a man, she loses too
many privileges.

Burdock Pills do not grip or stupefy.
They cure Constipation and Bile Headache.

There's nothing in life like the genius
of energy and industry.—D. G. Mitchell.