

## The Action Free Press

THURSDAY, DECEMBER 19, 1895.

### The Young Folks.

**THE LESSON OF A LIFE.**  
Long ago in poor old England  
Lived a boy of thoughtful looks,  
Who all believed was destined  
To be a man of store of books.  
Opportunities so often  
But nothing to work,  
Yet he, as another grew,  
Never made any mistake.

Years clasping brought him fame  
And he earned his name  
In the roll of Presidents.  
Though we cannot live like him,  
Yet can we not in his place  
Find some opportunity  
To prove ourself a wise.  
**FOR THE YOUNG.** Those  
Whom the world of plucking duty's call  
Is the burden of the song.  
That life repeats to all.

### PROVE NOT WITH ANGER.

We are gentle with the children God  
has given to you; watch them constantly;  
reprove them earnestly, but not in anger.  
In the forcible language of Scripture, "He  
that smiteth his son, he hateth him." Yes, they are  
good boys." I once heard a kind father say:  
"I talk to them pretty much, but I don't  
like to beat my children; the world will  
beat them." It was a beautifull thought  
though not altogether a good one. There  
is no better way to get them to do what you  
want than to let them know that they look  
on whose head, if I look up, the storm  
will not beat. Authority may either then  
sicken's fade, a cold world worn on them;  
but, amid all, let memory call them back  
to a home where a law of kindness reigned,  
where the mother's reproving eye was  
misted with a tear, and she frowned  
more in sorrow than in anger."

### LITTLE GIVERS.

Little givers, come and bring  
Tribute to your heavy King  
Till the youth of earth have come  
While your sons ascend the sky  
With a glad and willing heart  
Till the high Scriptures say  
Give me your gospel, give to day

—Pens.

Give to all the darkened earth  
Tributes of your heavenly birth  
Till the youth of earth have come  
Lest the world's last command

Little givers, come and bring  
Tribute to your heavy King  
Lay the star high  
While your songs ascend the sky

REV. MUNGO FRASER, D. D.,  
Off Hamilton, Ont.—This Well-known  
Presbyterian Divine, Pastor of  
Knox Church, Hamilton, Ont., has  
Used Dr. Agnew's Catarrhal Pow-  
der, and Tells Its Virtues.

Few ministers in the Presbyterian Church of Canada, are better known than the Rev. Mungo Fraser, D. D., of Hamilton. His great talents have been over and over again recognized in the church courts. As a preacher he is far above the average. One of Knox Church, one of the largest Presbyterian churches in Canada, believes he stands at the head of the list. He had suffered, as many in his profession suffer from cold in the head—a serious hindrance to those who have mental work to do. Dr. Agnew's Catarrhal Powder was brought under his notice, and over his own signature he has told of the great benefits it has conferred on him, as it does on all who use it.

One short puff of the breath through the blower, supplied with each bottle of Dr. Agnew's Catarrhal Powder, diffuses the powder over the surface of the nasal passages. Painless and delightful to use, it is relieved in ten minutes, and permanently cures Catarrh, Hay Fever, Colds, Headache, Sore Throat, Tonsillitis, and Deafness, 60 cents. Sold by J. V. Kannawin, 44 Church street, Toronto.

In Pennsylvania a tramp has just died at the age of 81, never having done a day's work in his life. This gives evidence of what can be done, and the fact of how much we do for a man.

Against the world of homoeopathic medicine has been the very soul of progress, as in politics and religion—the individuality of men have been parent to the disagreements by which the standard of these bodies have been elevated.

With most of our famous preparations—foremost in illustrations of which truth stands the world famous remedy to general debility and languor—"Quinine Wine," and which, when obtainable in its genuine strength, is a miraculous creator of appetite, vitality and stimulant, to the general fertility of the system. Quinine Wine, and its improvement, has from the first discovery of the active principle, and its various agents been one of the most thoroughly discussed remedies ever offered to the public. It is one of the great tonics and natural life giving stimulants which the medical profession have been compelled to recognize and practice. Messrs. Northrop & Lyman, of Toronto, have given to the preparation of their pure Quinine Wine the great care due to its importance, and the standard excellence of the article which they offer to the public comes into the market purged of all the defects which skilful observation and scientific opinion has pointed out in less perfect preparations of the past. All druggists sell it.

In 1894 gas was first employed, as fuel. The first gas company in London was in corporation in 1810.

### Burdock Blood Bitters.

Purifies, removes and regulates the entire system, thus curing Dyspepsia, Constipation, Headache, Biliousness, Rheumatism, Drapery, and all diseases of the stomach, liver, kidneys and bowels. It also removes all impurities from the system, from a common pimple to the worst scrofulous sore.

"Idleness travels very slowly, and poverty soon overtakes her."—Hunter.

### Do Not Believe It.

Do not believe that Nervine will cure neuritis almost completely. If your health aches coincide yourself with the condition that pain can't last forever. Don't believe that Nervine might stop the pain. Rheumatism is often difficult to cure. Keep on rubbing the old fashioned liniments as a matter of respect to your Grandfather's aunt. Nervine is a new discovery that in itself ought to confound it. Therefore cling to the old; suffer pain; avoid the use of Nervine, the most powerful, penetrating, and certain pain remedy, in the world.

Don't be afraid to take a substitute. Scott & Sons, Belleville—50c. and 82c.

### NOTES HERE AND THERE,

Types of General Interest to Free Press Readers.

#### You Can Believe

The testimonials published at behalf of Hood's Baraspiralls. They are written by honest people, who have actually found in their own experience that Hood's Baraspirall, purified the blood, creates an appetite, strengthens the system and absolutely and permanently cures affections caused by impure or delirious blood.

Hood's Pills for the liver and bowels, act promptly, easily and effectively.

Human foresight often leaves its proud possessor only a chance of evil.

#### Pure Vegetable.

First the bud, then the blossom, then the perfect fruit. These are the several stages of some of the most important ingredients composing the pastes and curare cure—Putnam's Extractor. The taste of plants greatly concentrated and purified, gains and loses no union in all combined to make the grand result. Putnam's Extractor makes no sore spot, does not lay a man up for a week, goes on quite doing its work until a perfect cure results. Beware of acid substitutes.

A wise neuter joins with neither, but uses both as his honest interest leads him. —Pens.

Sick Headache and Constipation are promptly cured by Burdock Pills. Easy to take, sure in effect.



#### Just spend his Four Quarters for a bottle of Burdock Blood Bitters.

As all people do, he takes Hypertension, Constipation, Biliousness, Sick Headache, Bad Blood, and all Diseases of the Stomach, Liver, Kidneys, Bowels and Blood from a common Pimple to the worst Scrofulous Sore.

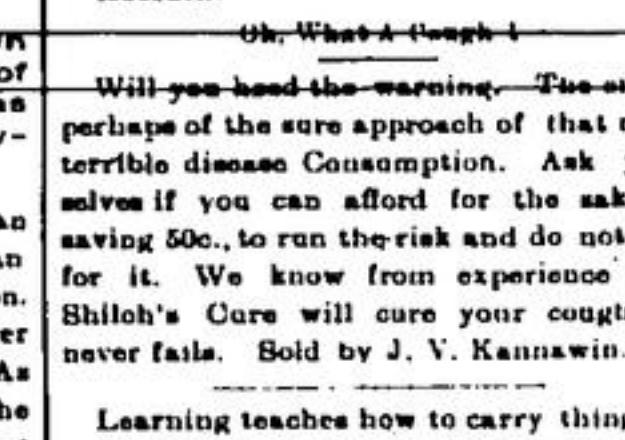
The instinctive feeling of a great people people is often worse than its wisest men—Kosuth.

#### OH! What a Laugh!

With pen-had-the-morning, The signs of the sure approach of that more terrible disease Consumption. Ask your wives if you can afford for the sake of saving 50c., to run the risk and do nothing for it. Know from experience that Shiloh's Cure will cure your cough. It never fails. Sold by J. V. Kannawin.

Learning teaches how to carry things in suspense without prejudice till you resolve. Bacon.

Yellow oil used internally cures or relieves cramps, asthma, sore throat, bronchitis and similar complaints. Used externally on man or beast it cures rheumatism, sprains, bruises, galls, chilblains, frost bites, lambeau, back, cuts, wounds, insect bites.



#### BEST THING IS PALMO-TAR SOAP

It is splendid for washing the head; it prevents dandruff; it keeps the hair from falling out; it freshens the hair nicely.

#### 5¢ FOR A LARGE TABLET

The true danger is when liberty is nimbled away, for expedient, and by parts. Burke.

#### Week and Tired.

Dear Sirs, I am heartily recommended Miltburn's Cod Liver Oil Emulsion. For a long time I felt so weak I could hardly keep up, every little thing tiring me out. I took two bottles and the fatigue and tired feeling left me and have never returned.

#### Mrs. E. CHURCHILL,

#### Springfield, Out

If thou desirest ease, in the first place take care of the ease of thy mind.—Purser.

To Remove Worms of all kinds from children or adults Dr. Low's Worm Syrup is a safe and sure remedy.

Covetousness swells the principle to no purpose, and lessens the use to all purposes.—Jeremy Taylor.

THE OLD, MIDDLE AGED AND OIL DRIVEN

Are One and All Curst of Kidney Trouble By South American Kidney Cure.

Kidney troubles are not confined to those of any age. The grey haired suffer, and kindly sometimes. The man in the vigor of his life has his happiness marred by a disease of the prostate which is due to disorder of the children is due to disorder of the kidneys. South American Kidney Cure, treats effectively those of any age. And the best treatment for the kidney trouble is no less than six hours. It is a wonderful medicine for this one specific and important purpose. Sold by J. V. Kannawin.

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### Scott's Emulsion

is Cod-liver Oil emulsified, or made easy of digestion and assimilation. To this is added the Hypophaeite of Lime and Soda, which aid in the digestion of the Oil and increase materially the potency of both. It is a remarkable flesh-producer. Emulsified, analgesic and consolative persons gain flesh upon it very rapidly. The combination is a most happy one.

Physicians recognize its superior merit in all conditions of wasting. It has had the endorsement of the medical profession for 20 years.

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### CHRISTMAS HYMNS AND CAROLS

#### TIDINGS OF JOY.

Hark! 'tis the song of the angels I hear,  
"Methinks down" thro' the air,  
Shepherds of Bethlehem gathering near,  
Struck with amazement, are filled with delight.

Chorus—Tidings of joy, tidings of joy,  
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