

The Action Free Press

THURSDAY, MARCH 26, 1908.

The Young Folks.

A DAY OF ILLNESS.
How do you feel today?
Are you as fit as a fiddle?

A TRUE HERO.

The truest hero is not he who does a great deed but he who acts nobly in the daily events of life.

OFF AND ON.

A lawyer noted for his success on cross examination found his match in a recent trial, who he asked a long suffering wit.

THE OTHER WAY ROUND.

"Sir, said a student to a watchman, in the wee sma' hours of the morning, 'sir, I would like to ask you a question.'

A Common Affliction

Women the Greatest Sufferers.

GRAVE RESULTS OFTEN OCCUR.

In All Cases Paine's Celery Compound Cures and Restores Perfect Health

Headaches are varied in character, of frequent occurrence, and are produced by a variety of causes. The common headache is often produced by some indigestion in diet, or deviation from ordinary habits of life.

NOTES HERE AND THERE.

Items of General Interest to Free Press Readers.

Columnar Report

Should be used in attempting to cure that very disagreeable disease, catarrh. A gastric organism in the blood, local applications can do no permanent good.

Open as they are.

It is given to every physician, the formula of Housh's Emulsion being no secret; but no successful imitation has ever been offered to the public.

A Different Method.

"Many of our customers," said one of our druggists recently, "are surprised to know that they can rid themselves of a constipated or bilious condition without being subjected to the weakening effects of cathartics or purgatives."

Mr. John Hittner, merchant, Waterloo, Ont.

"I have given Stark's Powders for Headache, Constipation, Biliousness and Neuritis an extensive trial, and find them to give the greatest satisfaction in my family. I can very highly recommend them. They are far ahead of anything I have ever used, and I have tried many remedies."

Mr. T. J. Humes, Columbus, Ohio.

"I have been afflicted for some time with Kidney and Liver Complaint, and find Paine's Pills the best medicine for these diseases. These Pills do not cause pain or griping, and should be used when a cathartic is required. They are Gelsatine Coated, and rolled in the flour of Licorice to preserve their purity, and give them a pleasant, agreeable taste."

Always to think the worst I have ever found to be the mark of a mean spirit and a base soul.

There is not a more dangerous class of disorders than those which affect the breathing organs. Nothing is so dangerous as Mr. J. Thomas' Emulsion. It is a pulmonary and acknowledged efficacy. It cures lameness and soreness when applied as a tincture, and as an inward specific, possesses most substantial claims to public confidence.

There never was any heart truer and more generous than that which beats in the breast of the very nature of man.

Coughing.

For all the ailments of Throat and Lungs there is no cure so quick and permanent as Scott's Emulsion of Cod-liver Oil. It is palatable, easy on the stomach, and delicately stomach and effective.

Scott's Emulsion

stimulates the appetite, aids the digestion of other foods, cures Coughs and Colds, Sore Throat, Bronchitis, and gives vital strength to the system. It has no equal as a nourishment for Babies and Children who do not thrive, and overcomes Any Condition of Wasting.

TWO OPERATIONS.

BOTH FAILURES.

A Case of Kidney Complaint That would Not Yield to Surgery or Medication until B.B.B. was Tried.
"Over a year ago," after having undergone two operations for kidney complaint without securing the desired relief, and having had some remarkable cures made by B.B.B. in our neighborhood, I decided to try it.

Patricia Bonhardt, Quebec, Que.

Narrow is a kind of road of soul which every man finds opportunities in his passage to secure away; Johnson.
Stark's Powders, each package of which contains two preparations, one in a round wooden box, the cover of which forms a measure for one dose, an immediate relief for Headache and Stomach complaints, and all kinds of nervous pain, and another in capsules, from 1 to 4 of one is an ordinary dose which acts on the bowels, Liver and Stomach, forming a never failing perfect treatment for all Head and Stomach complaints. They do not, as most pills and so many other medicines do, lose their effect or produce after constipation, and are easy to take. 25 cents a box, at all medicine dealers.

There is a wide difference between speaking to deceive and being silent to be impregnable.

Relief in Six Hours. Destructive Kidney and Bladder diseases relieved in six hours by the Great South American Kidney Cure.

Relief in Six Hours. Destructive Kidney and Bladder diseases relieved in six hours by the Great South American Kidney Cure. This new remedy is a great surprise and delight on account of its exceeding promptness in relieving pain in the bladder, kidneys, back and every part of the urinary passages in male and female. It relieves retention of water and pain in passing it almost immediately. If you want quick relief and cure this is your remedy. Sold by J. V. Kennaway, Drugist.

Economy may be as unwise as extravagance.

To destroy worms and expel them from children or adults use Dr. Low's Worm Syrup.

The man who is jealous and envious of his neighbor's success has lost his heart.

If you want to buy, or sell, a Farm or avertise in the Toronto Weekly Mail. That paper reaches 100,000 Farmers' homes every week, and your advertisement would meet the eyes of someone who wants to buy or sell.

Never talk back. It shows a lack of knowledge of human nature.

Oh, What a Cough!

Will you heed the warning? The cure perhaps of the sure approach of this, more terrible disease Consumption. Ask your doctor if you can afford for the sake of saving 50c., to run the risk and do nothing for it. We know from experience that Stark's Cure will cure your cough if it never fails. Sold by J. V. Kennaway.

John's got the Rheumatism and Muscular Pain again.

John's got the Rheumatism and Muscular Pain again. He says he has never felt so well since he used the Pains Expeller. He says he has never felt so well since he used the Pains Expeller. He says he has never felt so well since he used the Pains Expeller.

Because a woman trusts a man is a sign that he should be trusted.

When a man is well, he is content. When he is ill, he is discontent. When he is old, he is discontent. When he is young, he is discontent.

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DELICIOUS MAZAWATTEE TEAS.

15,000,000 Packets

Sold Annually

In Great Britain

The Mazawattee Tea

of the Old Country.

1 1/2 LB AND 1 LB LEAD PACKETS

AT 50, 60, AND 60 CENTS PER LB.

FOR SALE BY

Henderson & Co., Acton.

THANKFUL TODAY

THAT HE IS WELL.

Patricia Bonhardt, Quebec, Que.

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THINGS WELL SAID.

Hated is the medicine of the heart.

For every man there is a woman.

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SPRING

Spring Capes.

Not many but choice goods—just 52 in all—choice stuffs richly trimmed, some with applique.

Spring Millinery

Stocks now completed in this line, and our milliners busy preparing for the opening.

Corsets

100 Dozen LA BELLE CORSETS \$1.00 Goods at 55c.

Men's Furnishings

See our Leading Lines of Men's Neck Ties at 2 for 25c and 25c each. See our Collars at 3 for 25c.

Spring Overcoats

Men's Spring Overcoats at just about half their value. Come and see them.

J. D. Williamson & Co.

23 Wyndham Street, Toronto

GUELPH

But Old Management

The firm doing business in Acton so long under the name of John Speight & Son, has been discontinued, but the old business will go on under the new name.

J. A. SPEIGHT & CO.

100 King Street East, Toronto

GUELPH

We have no objection with

any undertakers' combine and govern our own Prices.

J. A. SPEIGHT & CO.

100 King Street East, Toronto

GUELPH

FURNITURE.

A carefully selected stock of Furniture on hand, which we will dispose of at

BUGGY & WAGON

Repairing done in the same old satisfactory manner and at prices perhaps a little lower.

J. A. SPEIGHT & CO.

100 King Street East, Toronto

GUELPH

The Nicest and Most Refreshing Fluid

for chapped Lips or Hands, or for use after shaving is our

WINTER FLUID.

The Gem of all Cough Syrups is our

CHERRY BALSAM

It stops a cough or cold quicker than any other preparation in the market. Pleasant to take and does its work thoroughly.

PREPARED ONLY BY

W. G. SMITH & CO.,

Wyndham and Macdonald Sts. GUELPH

GUELPH

Horsemen Attention!

A SET OF HARNESS, ROBE, FUR COAT, BLANKET, WHIP,

in the horse furnishing line.

J. H. Matthews

100 King Street East, Toronto

GUELPH

Always a large Stock of Single and Double Harness, made of the best material in the latest style. Largest stock of Robes and Blankets that ever came into Guelph. Prices always down to suit the times.

J. H. Matthews

100 King Street East, Toronto