

The Acton Free Press.

THURSDAY, DECEMBER 14, 1893.

The Young Folks.

**SILLY AND LOVING DISHES**

Clutter of dishes and array of top-dishes.

We talked so long at a board-table, we were

all tired of it, so we had to eat outside.

And nothing was left but the

utensils.

With silver rolled up and well tucked in,

In shiny silver glass and tin.

We hardly ever have a

potato-peeler; how can an awful crash

As some old man goes to smash.

Our cupboard is full.

But still we have a

spoon-scraper without steel;

And make the old man jump.

With eggs and water, cloth and flour,

The glasses find with many ink,

and many other things.

The second supper comes.

All intersected with gossip-tree,

From what the most lively ought to be,

To pay out a little talk.

Aattle clutter which endures,

Our talk has but begun.

There, having the glistening dish-pans,

And spread the sputter out to dry.

The dishes all are done.

## A Step from Insanity

Nervous System Completely  
Broken Down.

No Sleep! No Appetite!

REDUCED TO A SKELETON.

Paine's Celery Compound Saves  
the Life of a Postmaster

Postmaster P. J. Kilbride, of Inverness,

P. E. I., saw his life and present good

health to the last giving powers of Paine's

Celery Compound.

Some months ago disease had so preyed upon Mr. Kilbride's body that insanity was feared. His nervous system was shattered and broken, he was a stranger to sleep and rest, and his appetite was lost. Suffering had reduced him to a mere skeleton, and those around him, knowing that medical skill had failed, were expecting him to die.

Friends, who had used Paine's Celery Compound, urged Mr. Kilbride to give it a trial. The suggestion was a happy one for the afflicted man. The wonderful medicine soon proved able to cope with the disease. Five bottles of Paine's Celery Compound raised Mr. Kilbride in such a condition of health that enabled him to say, "I feel myself a new man."

We give Mr. Kilbride's letter in full, graphically set forth his struggle with, and his triumph over disease and death:

"Now write about Paine's Celery Compound, having just finished the fifth bottle. It is simple, easy to carry about or store, and strong enough to praise Paine's Celery Compound as I ought."

Today I feel myself a new man. Six months ago I was on the brink of insanity, my nervous system was completely broken down, I could not sleep more than one or two hours at night, and often did not sleep more than four nights in succession. Oh! I never can describe the agony I suffered. I was almost reduced to a skeleton, could only work an hour, when I would be obliged to sit down and rest before I could resume work.

The use of your Compound has given me rest and sweet sleep, and I can now work all day. To tell the honest, candid truth I have not felt so well for fourteen years. When I commenced taking Paine's Celery Compound, my weight was 110 lbs., now I weigh 105 lbs. I am getting in flesh every day, my friends are all surprised at my wonderful cure and changed appearance. Oh! if I had only known of this lifesaving remedy years ago! I would have escaped many days and nights of terrible pain and agony. Thank God the terrible time is past, and I have recovered.

Young men, if you are suffering from a broken down nervous system, use Paine's Celery Compound, it will thoroughly restore you physically and otherwise.

I am not in perfect health, though no longer agony than Paine's Celery Compound. You may use these statements as you please.

Exercise will do for you, but what intellectual training will do for your mind, educate and strengthen it.

A Remarkable Fact

One of the strangest things about dyspepsia to the average individual is the fact that those who originally had the best and strongest stomachs are frequently the very worst victims of dyspepsia after years.

The fact is that the person endowed with a strong digestive apparatus is much more likely to abuse its digestive powers than he who realizes the necessity of care in the selection and mastication of food, whereas those of delicate digestive organs come about in the result of a bad factory as bodies live longer. They are 20 cents a box or 3 boxes for a dollar.

Exercising increases the physical power, and gives more strength to result success.

Hood's Cures in Number

Lotta Dufresne, of Lake, Que., makes the following statement: "My wife has a dangerous skin disease for twenty-four years with which she suffered terribly. Many different medicines were given to her and she also went to a hospital and game back nearly cured but she was still very sick. She read of the good which Hood's Harpagin had done and decided to try it. After she had taken one bottle she had to take two, three, four, five, because she was in very good health. Before her sickness she was always fatigued and tired and suffered with frequent head-aches. These troubles and also the rheumatism has disappeared since taking Hood's Harpagin."

Minard's All-in-one cures children.

## LOSS OF POWER

and Magg's Vision, Nervous Debility, Paralysis, or Policy Disease.

Dreams upon the system, resulting in the loss of power, impaired memory, low spirits, more or less irritability, impatience, melancholy, depression, and various mental derangements of both body and mind.

Practices, when indulged in by the young, though ignorant of their effects, can harm and restrain such functions of health and health.

It is the duty of every decent gentleman who has proper knowledge of the nature, symptoms and causality of the disease to advise his physician to prescribe Hespere's Medical Association, Proprietors of the Invalid Hotel and Surgical Institute, Buffalo, N. Y., 100 centums for powder and 10 cents in drops for powder and 10 cents in drops in case of all useful

and potent and genuine in the

plain but effective treatment.

When you have a

loss of power, call on Dr. Hespere.

He will give you a

receipt for powder and

drops.

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