

The Young Folks.

AFTR A GOIN'.
(If you strike at them or run,
Keep a goin'.
If it fails or if it knows,
Keep a goin'.
Fast as lightning, bold and strong,
When the fail's on your lip,
Hast your look and keep on livin',
Keep a goin'!
When the weather kill your crop,
Keep a goin'.
When the rain falls from the top,
Keep a goin'.
"Bossa you're out of every stinkin'!"
Gittin' broks isn't any crime,
Tell the world you're feelin' pride!
Keep a goin'!
When it looks like all is up,
Keep a goin'!
Doin' the swallows from the cup,
Keep a goin'.
Sige the whoopie on the sing,
Hear the holler that's wavin' strong,
When you feel like singin' sing!
Keep a goin'!

—Atlanta Constitution.

HOW WATCHES RUN.
"Every man is his own magnet" is the proposition recently evolved by a Washington jeweler of many years' experience. "It is all dependent on the animal magnetism of the owner or not his watch will run fast or slow, according to the time when he explains his theory to the postman. "The same watch will run at different speeds when carried by different persons, and no person is likely to put a watch on and have it keep satisfactory time without returning once or twice to the jeweler to have the regulator touched to get the system if keyed up to the same pitch as that of the owner."

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TEA AND TOBACCO INSANITY.

A report upon insanity in Ireland, which was recently issued, enumerated among the causes of mental failure, the insatiable dietary of the poorer population, tends to produce anemia and constitutional debility, which favors the development of nervous insanity, and the moderate use of certain nervous stimulants, particularly tea and tobacco.

"While the moderate use of properly prepared tea," the report adds, "is regarded as innocuous or even beneficial, in its action on the nervous system, its ill effects when decocted or overcooked, on persons who make it their staple article of diet, are dwelt on by almost all the resident medical superintendents in their several reports. Undoubtedly, the method of preparation adopted and the excessive use of tea and tobacco, not to mention the use among our poorer population, tend to the production of dyspepsia, which in its turn leads to states of mental depression highly favorable to the production of various forms of neurotic disturbance. The excessive use of tobacco, also especially among the young, whether by smoking or chewing, in the opinion of certain of our medical superintendents, acts, though perhaps in a minor degree, injuriously on the nerve centers."

In many parts of Ireland it has been found that bread and tea have been substituted for corn-meal meal and for porridge, also that the tea used generally is of an inferior quality, and the method of preparation is to put a quantity in the tea pot early in the morning and to allow it to stand during the day, water being added as required." — *Westminster Gazette*.

THE BALLOON CYCLE.

There floated over the hamlet of Ville neuve le Garonne, the other afternoon, in mid air, a balloon. Suddenly it appeared to burst and fell rapidly toward the earth. Fearing that a disaster had occurred the terrified folk ran to the spot where they expected the aerostat would reach the ground, and in their amazement they saw an aeronautic device cast from the car and descent easily. Inside the basket was a small bicycle which he had brought with him from the aerial regions, and he disappeared in the direction of Lavaur, in the neighborhood of Paris, as rapidly as the machine could carry him. The explanation of this singular occurrence is simple. The balloon was the Caliban, and the ascent was made from Lavaur by Captain Capraza and M. Herivel, the latter being in the basket. Their object was to test the possibility of a balloon being used for carrying men despoiled, and they assumed that an enemy would be destroying it. Yet they proved that by means of the parachute they would be able to make good their escape and to vindicate their partners with the aid of a portable bicycle. — *London Telegraph*.

J. N. Stineau, merchant tailor, Rockwood, is making a specialty of \$13.00 suits to order which he is having a big run on.

NOTES HERE AND THERE.
Items of General Interest to Free Press Readers.

A Grand Feature.

Mr. H. D. Harper's feature is that while it purifies the blood and sends it coursing through the veins full of robust and health, it also imparts new life and vigor to every function of the body. Hence the expression so often heard, "Hood's San sepius makes a new person of me."

Hood's Pills are purely vegetable, perfectly harmless, always reliable and bone-fide.

A heavy dew is the precursor of rain, because it shows that the atmosphere is saturated with moisture.

Dyspepsia arises from wrong action of the stomach, liver, and bowels. Burdock Blood-Bitters cure dyspepsia and all the diseases arising from it. Price 25c to 100c.

Red hair of that color because it is supposed to have a larger proportion of sulphur than black hair.

How to cure a tan.

It is one of the easiest things in the world to cure a tan. Do not use acids or other caustic preparations, and don't eat a hardy food in your boot. It is simply to apply Nathan's Panacea Corn Extract, and in three days the tan can be removed with no pain. Pure, safe, painless. Take only Puritan's Corn Extract.

Low's Pleasant Worm Syrup removes worms of all kinds from children or adults.

ALL THE YEAR ROUND.
Just as though it were the first time as another year. Dr. Price's Discovery purifies the body. You don't need to go to any special doctor, for he has a very simple recipe, and if you feel unwell or depressed, take it. You'll feel better.

Lower halos are sometimes large and some times small, because these are formed at different heights in the air.

Dr. Low's Pleasant Worm Syrup removes worms of all kinds from children or adults.

PIERCE GUAR. CURE

OR MONEY RETURNED.

The glow worm has a brush attached to its tail because it is necessary to show its light that the back be kept clean.

Testing his Hours.

Your druggist is honest if when you ask him for a bottle of Scott's Emulsion he gives you just what you ask for. He knows this is the best form in which to take Cod Liver Oil.

Silver tarnishes when exposed to the light, because the actinic or chemical property possessed by the rays of the sun.

Rheumatism Cured in a Day. — South American Rheumatic Cure for Rheumatism and Neuralgia radically cures in 1 to 3 days its action upon the system is remarkable and mysterious. It removes at once the cause and the disease immediately disappears. The dose does greatly benefit 75 cents. Sold by J. V. Kannaway, Druggist.

Dacying wood and putrefying fish look luminous in the dark because they are really undergoing a slow combustion.

I was cured of lass back after suffering 10 years, by Miner's Liniment.

Two Rivers, N. Y. Robert Ross.

I was cured of rheumatism after doctor failed, by Minard's Liniment.

Antagonist. John A. Foley.

I was cured of contraction of muscles by Minard's Liniment.

Dalhouse. Mrs. Rachel Saunders.

A burning gas jet is unhealthy in a bed chamber because one gas light gives out at much carbonic acid gas as a sleeping room.

Good thinking.

An eminent expert in the art of cooking says that "cooking" is the art of putting meat to the best use; it is the art of skilfully combining ingredients, to make every particle of food yield the utmost nourishment and pleasure of what it is capable." There are many who enjoy very little of the best cooked food.

Those could increase their enjoyment of the goods things of life by the continued and judicious use of Eelkey's Liver Loss Sustainer.

Iron bedsteads are safe during a thunder storm because, being good conductors, they keep the electricity from the body.

A very observer who walks the streets of a great city, and comes with intelligent eyes, the number of men under fifty per cent of the people he meets, he will agree with us in this statement, that one, which makes such drafts upon the working energies of the greater part of men in the intense pursuit of business, has destroyed his tone, and every part of the urinary passages in man or female. It relieves retention of water and pain in passing it almost immediately. If you want quick relief and cure this is your remedy. Sold by J. V. Kannaway.

The alligator does not attain his full length until he is fifty years of age. When one year old his length is about twelve inches, at the age of fifteen he has grown to two feet.

Dr. Fowler's Extract of Wild Strawberry cures Diarrhoea, Dysentery, Cramps, Colic, Cholera Morbus, Cholera Infantum and looseness of the bowels. Never travel without it. Price 50c.

When I was a boy I used to eat onions.

When I became a man I stopped eating onions.

When I got older I stopped eating onions.

CONSTITUTION CURED.

An old physician, retired from practice, having placed in his hands by an East Indian master, the formula of a simple vegetable remedy for the speedy and permanent cure of Consumption, Hydrocephalus, Catarrh, Asthma and all Throat and Lung affections, also a positive and radical cure for Nervous Debility and all Nervous Complaints, after having tested its wonderful curative powers in thousands of cases, has filled his duty to make it known to all his followers. Activated by this unique and cheap remedy from suffering, I will send free of charge, with full directions for preparing and using. Sent by mail by addressing with stamp, naming this paper. W. A. Novak, 260 Powers' Block, Rochester, N. Y.

Minard's Liniment cures rashes, etc.

Scrofula

Disease Germs living in the Blood and feeding upon Life. Overcome these germs with

Scott's Emulsion

The Cream of Cod-liver Oil, and make your blood healthy, skin pure and system strong. Physicians, the world over, endorse it.

Don't be deceived by Substitutes! Scott & Sons, Bellister, All Druggists No. 48.

For Cholera Morbus, Cholera Infantum, Cramps, Colic, Diarrhoea, Dysentery, and Summer Complaint Dr. Fowler's Extract of Wild Strawberry is a prompt, safe and sure cure that has been a popular favorite for over 40 years.

White clothing is cool because it reflects the heat of the sun, black clothing is warm because it absorbs heat.

Broadcloth, silk, satin, and sure regulate the liver and cure Consumption.

The eye ball is white because the blood vessels that feed its retinae are so small they do not reflect the red corpuscles.

If you are dependent, low-spirited, irritable, and peevish, and unpleasant sensations are felt invariably after eating, get a bottle of Northrop & Lyman's Vegetable Extract, and it will give you relief. You have dyspepsia? Dr. H. Dawson, M. D., writes: "Four bottles of Asperges' Discovery entirely cured me of dyspepsia, mine was one of the worst cases, I was fed like a new born."

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So rapidly does lung irritation spread and deepen, that often in a few weeks a simple cough culminates in a tubercular consumption. Give heed to a cough, there is always danger in delay, get a bottle of Buckle's Anti-Consumptive Syrup, and cure yourself. It is a medicine unequalled for all throat and lung troubles. It comes compounded from several herbs, each one of which stands at the head of the list as exerting a wonderful influence in curing consumption and all lung diseases.

The smallest woman now on earth is Miss Pauline, 16 years old, and she has no equal for grace. Mrs. J. S. O'Brien, Huntsville, Ont.

England has produced half the coal of the world since this century.

Fever and Ague and Bilious Disease are positively cured by the use of Dr. Price's Discovery. They are only cobrae the stomach and spleen from the matter, but they open the excretory vessels, causing them to pour copious effusions from the blood into the bowels, after which the corrupted mass is thrown out by the natural passage of the body. They are used as a general laxative medicine with the best results.

SHILOH'S CURE.

Cures Consumption, Coughs, Croup, Bronchitis, Throat, Cold, All Diseases of the Chest, Skin, Eyes, &c. &c. &c.

SHILOH'S VITALIZER.

Mixes with Water & Alcohol.

SHILOH'S VITALIZER NAVY MEDICINE.

Consider this remedy for consolidated systems of the lungs, & for the cure of bilious trouble it excels.

SHILOH'S CATARRH REMEDY.

Consider this remedy for catarrh.

People who are troubled with sleeplessness should drink Shiloh's Cure.

SHILOH'S CURE.

A superior remedy in 12 days.

Is death the last sleep? No it is the final and fatal awakening.

Dyspepsia causes Distress, Headache, Constipation, Vomiting, Appetite, Bloating and Souring of Food. Palpitation of the Heart, Distress after Eating. Burdock Blood Bitters is guaranteed to cure Dyspepsia if faithfully used according to directions.

The huge guns of modern navies can fire only about 75 times before they are worn out.

If your children are troubled with worms, give them Mother Grimes' Worm Exterminator, safe, sure and effectual. Try it, and mark the improvement in your child.

Too much sensibility creates unhappiness, too much insensibility leads to crime.

A Bonn, Germany. One bottle of English Spavin Liniment completely removes one fourth of the blood vessels and killed several of my friends who were plagued with it.

Electric Oil Croup, whooping cough, bronchitis, in short all afflictions of the throat and lungs are relieved by this sterilizing preparation, which also relieves rheumatic pains, so