

Most of the people who are interested in the health of their families are looking for a reliable and effective disinfectant. The most reliable and effective disinfectant is the one that is most easily used and most economical. The most reliable and effective disinfectant is the one that is most easily used and most economical.

TOBACCO POISONING IN INFANTS

An American contemporary calls attention to the likelihood of the infants of the East being poisoned by living in an atmosphere saturated with tobacco smoke. With the limited accommodation at their disposal, it is quite common that men after coming home from work, and in the early morning, person the air of the room in which the family live. A correspondent goes so far as to say, indeed, that he has met with many cases, the correctness of his diagnosis being proved by the recovery of the infants when the cause was suppressed. Infants a few days old are naturally very sensitive to the effects of nicotine which would, in consequence, even grow persons, and although there is a tendency for tolerance to be established, it can only be at the expense of health. The symptoms are, loss of appetite, swollen eyes, listless days and restless nights, with nausea and vomiting. It would perhaps be as well for medical men practicing in the poorer districts to bear this possibility in mind. Medical Press and Comment.

The Youngest Editor in the World

Lady Margery, daughter of Lord and Lady Aberdeen, has the distinction of being the youngest editor in the world, and her little monthly, "The Little Editor," is an almost ideal specimen of what a child's paper should be. It is simple, natural, interesting, and is glad to hear that it is likely to have an extended range of useful news on the American continent. Lady Margery is an interesting child, somewhat tall for her age, but still a child at her heart. She does her editing in the intervals of play time. Like all the rest of the family she is devoted to her mother, who is naturally very anxious that such a child should not be unduly thrust into prominent activity. Review of Reviews.

HOW LONDON IS FED

The enormous number of transactions composing a year's trading in a large retail establishment may be gauged from the following particulars of goods sold by the provision department alone of Messrs. Spence and Bond's stores during the year 1902. The number of American and Canadian cheeses sold was 6,422, weighing 1,565 cwt., or to be exact, 179,930 lbs., and in addition, 1,974 cwt., 15,300 camemberts, together with 21,178 cwt. cream cheese of various kinds. Of Irish butter there were sold 4,227 boxes, and of salt butter 2,437 packages, the combined weight of which was 109,312 lbs. The number of sides of bacon reached 1,909, weighing 3,026 cwt., or upwards of 150 tons. The hams numbered 11,347, weighing 1,650 cwt., or 182,254 lbs., and the eggs contained in 1,620 cases were 1,231,510.

A Legacy of Shame

There is a will left by a drunkard of Orange, N. Y., to his only surviving grandchild, and a splendid example of a character and a splendid example of a character and a splendid example of a character.

RESOLUTIONS FOR GIRLS

Never write silly letters to men. Answer letters the day they are sent. Get a separation from your parents as soon as you can. Pay those hundred nothing calls that you owe. Remember to wind up your watch every night. Be more philosophical and less given over to moods. Take off that new ring when you wash your hands. Stop wearing high-heeled shoes and tights on your feet. Put a certain amount of money in the bank every week. Refrain from falling in love often. This is one in two months. Minnie's Lament is a little etc. etc. This is the signal of men who have but their intellect for fortune.

Loss of Flesh

is one of the first signs of poor health. Coughs, Colds, Weak Lungs, Diseased Blood follow.

Scott's Emulsion

the Crown of God-liver Oil, cures all of these weaknesses. Take it in time to avert illness if you can. Physicians the world over endorse it. Don't be deceived by Substitutes!

YOUNG GIRLS entering womanhood ought to have the special help that the "Female Complaint" medicine affords. It is a medicine that is specially prepared for the female system, in the "Female Complaint" medicine. It is a medicine that is specially prepared for the female system, in the "Female Complaint" medicine.

NOTES HERE AND THERE

Items of General Interest to Friends of the "Female Complaint" medicine. Life is short. To many people who have the faintest of a cold, the "Female Complaint" medicine is a life-saver. It is a medicine that is specially prepared for the female system, in the "Female Complaint" medicine.

Do Her Own Washing?

If you want to keep your health and strength, and to keep your home free from dirt and smell, and to keep your clothes clean and fresh, you should do her own washing. It is a medicine that is specially prepared for the female system, in the "Female Complaint" medicine.

Get Sunlight Soap

A man who loves is never wholly dead. Sunlight Soap is a medicine that is specially prepared for the female system, in the "Female Complaint" medicine.

SHILOH'S CURE

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SHILOH'S VITALIZER

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SHILOH'S CATARRH REMEDY

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CONSULTATION FREE

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That Pie

I had for dinner the best I ever ate. Thanks to COTTOLINI, the new and successful shortening.

ASK YOUR ORDER FOR IT

ASK YOUR ORDER FOR IT. N. R. FAIRBANK & CO., Wellington and Ann Streets, MONTREAL.

Hazard's Pectoral Balm

Hazard's Pectoral Balm cures coughs, colds, hoarseness, bronchitis, asthma, whooping cough, and all throat and lung troubles. Price 25c per bottle, or five for \$1.00.

English Spanish Liment

English Spanish Liment removes all hard, soft or swollen Lumps and Blisters from the face, neck, chest, arms, hands, feet, and all other parts of the body. It is a medicine that is specially prepared for the female system, in the "Female Complaint" medicine.

What a Cough?

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TALKIN' GOOD TIMES

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The Value of Advertising

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A Dozen in the Woman's Movement

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Without Intelligence the Sadder Virtues

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For Headache, Constipation, Biliousness

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Next to the pleasure of admiring the woman we have is that of seeing her adorned by others

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Will Chlorine and Hypophosphates

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No Cold or Cough but the patient yield to the curative power of Dr. Woods' New Way Pine Syrup

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The cheapest and best place for Carpet, Upholstery, and Dry Goods

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Severe Pain in Shoulder 2 Years Cured by the D.E. Menthol Plaster

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STOP!

STOP! That Cough. By using Smith's Cherry Balsam. The enormous demand for Cherry Balsam proves it to be an invaluable remedy for Coughs, Colds, Hoarseness, Bronchitis, etc.

W. G. SMITH & CO.

W. G. SMITH & CO. DISPENSING CHEMISTS. Higinbotham's Block, GUELPH.

John Speight & Son.

John Speight & Son. FURNITURE & UNDERTAKING. We can give you a Bedroom set complete for \$14. Wove Mattresses for \$4. Springs for \$3. Slatboards for \$7.50. Lounging Tables \$7.00. Chairs at any Price.

UNDERTAKING

UNDERTAKING. Good Hearses and Outfit for Funerals. SPEIGHT & SON.

Nothing Pays

Nothing Pays. So well Nowadays as an Advertisement in THE FREE PRESS.

OUR JOB PRINTING

OUR JOB PRINTING. THE FREE PRESS. PRINTERS INK.

BOOTS and SHOES

BOOTS and SHOES. W WILLIAMS. Dealer in Boots and Shoes.

Buy Your Presents BY MAIL.

Buy Your Presents BY MAIL. Buy your presents by mail. Buy your presents by mail.

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RAILWAY TIME TABLE

RAILWAY TIME TABLE. Grand Trunk Railway. Montreal to Toronto. Montreal to Ottawa. Montreal to Quebec.

ENTIRELY NEW COMPOUND

ENTIRELY NEW COMPOUND. Effective Permanent Agreeable. A sure cure for all Headaches, Biliousness, Stomach Complaints.

25 Cents

25 Cents. A sure cure for all Headaches, Biliousness, Stomach Complaints.

DR. WOOD'S

DR. WOOD'S. NORWAY PINE SYRUP. Rich in the long-healing virtues of the Pine.

MONTREAL REPRESENTATIVE HOUSES

MONTREAL REPRESENTATIVE HOUSES. THE ROYAL ELECTRIC CO. Are and furnish all kinds of Electric Work.

THE BEST ADVERTISING MEDIUM

THE BEST ADVERTISING MEDIUM. IN THE WORLD IS THE LOCAL PRESS. A PERFECT ARTICLE. COOK'S FRIEND BAKING POWDER.

CAFFAROMA

CAFFAROMA. The Finest Pure Ground Coffee in the World. Sold in Tins only.

LUBY'S

LUBY'S. PARISIAN HAIR RENEWER. Paragon Hair Renewer. Paragon Hair Renewer.

PISO'S CURE FOR THE BEST COUGH MEDICINE

PISO'S CURE FOR THE BEST COUGH MEDICINE. GOLD MEDAL AWARDS. CONSUMPTION.

DUNN'S BAKING POWDER

DUNN'S BAKING POWDER. THE COOK'S BEST FRIEND. LARGEST SALE IN CANADA.

THOMAS O. WATKINS

THOMAS O. WATKINS. Hamilton, Dec. 14th, 1903.